THE Sun ON SUNDAY

Sunday, August 16, 2026

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LOOK WHO'S BACK

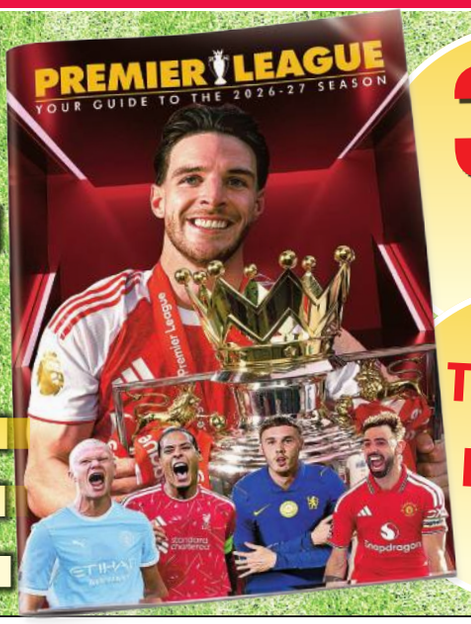
SEE SUNSPORT

EXCLUSIVE

Amanda's Strictly bullying payout

SEE PAGES 8 & 9

FREE PREM MAG INSIDE



32 PAGE GUIDE

ALL THE STATS, EVERY FIXTURE, EVERY CLUB

WIFE 'FED UP' WITH TV RICHIE

EASTENDERS SHANE'S DIVORCE

All over . . . Christie and Shane Richie

EXCLUSIVE

By MICHAEL HAMILTON and RACHEL DALE

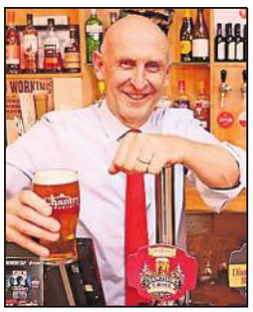
EASTENDERS star Shane Richie has divorced — after his wife grew "fed up" with his behaviour.

The Alfie Moon actor, 62, and Christie, 47, are understood to have dissolved their 19-year marriage last month, days before his drink-drive arrest and rant at petrol station staff.

Full Story — Pages 4 and 5

CHANCELLOR HEALEY'S PLAN

GIVE MIGRANT JOBS TO 1M BRITISH NEETS



Youth jobs drive . . . Healey

YOUNGSTERS facing the jobs scrapheap must be lined up to fill vacancies left by departing migrants, the Chancellor says.

John Healey insists the one million young people not earning or learning should be employed to avoid the "huge waste" of their potential.

Damning figures show there are more than a million 16 to 24-year-olds known as Neets – not in education, employment or training. When asked whether those young people should fill the gaps as the Government cracks down on illegal immigration, Mr Healey said: "100 per cent".

He added: "For too long this country has made that easy trade-off [filling job vacancies with migrant workers].

"The number of people coming in just ballooned under Boris Johnson – and Conservative governments lost control of any sense of the border.

"We've got to have a fair migration system. But fundamentally we've got to make sure that where we've got vacancies we want British youngsters – and British people – being trained and doing those jobs."

Net migration hit 944,000 in the year to March 2023.

But the numbers dropped to 171,000 in the year to December 2025.

Jobs czar Alan Milburn is conducting an independent review of youth inactivity.

He said we face a "lost generation" without action being taken.

The Labour grandee has produced an interim report and will now publish his findings in the autumn.

Business has blamed the rise of the minimum wage for being a barrier to taking on young people.

At the same time, bosses have complained about other labour costs, notably increasing National Insurance contributions and excessive red tape, such as new employment rights laws.

Andy Burnham says he is "on a mission" to reduce the numbers of Neets.

But he said it would be wrong to blame young people when the education system is not set up correctly.

The PM says "building blocks" have to be put in place, such as work experience and work placements.

EXCLUSIVE by RYAN SABEY

Pledges . . . Jenrick

Reform's cuts vow of £50bn from PIP

By SOPHIA SLEIGH

REFORM has pledged to scrap benefits including Personal Independence Payments to reduce the cost of the welfare state.

Its Treasury spokesman Robert Jenrick said a Nigel Farage-led government will save £50billion a year by cutting handouts to 2.89million people.

He said only those with severe disabilities would get financial support.

And employers would pay for a new "Return to Work" insurance to cover the cost of sick leave.

The pledges will come tomorrow in a 50-page policy document, the Sunday Telegraph reports.

Mr Jenrick said: "The share of working-age people claiming for mental and behavioural conditions has tripled since 2002. This is not generosity. It is suicidal empathy."

Labour blasted Reform's "fantasy economics".

Greens' Gazans to UK call

EXCLUSIVE by SOPHIA SLEIGH

A GREEN Party councillor is lobbying PM Andy Burnham to bring in refugees from Gaza under Labour's new sponsorship scheme.

Charli Thompson has written asking him to include Palestinian families in the first phase.

Ms Thompson, from Barnet in North London, said: "Palestinian families have long-standing family and community links with the UK."

But Shadow Home Secretary Chris Philp said: "The Greens have never seen a border they did not want to dissolve.

"We do not need more routes – we need a system that lets in only the highly skilled migrants Britain needs."

Home Secretary Shabana Mahmood is launching a Ukrainian-style scheme for refugees from war zones.

PM GETS CHIPPY

Picture: JAMES MANNING/PA

By SOPHIA SLEIGH, Whitehall Correspondent

ANDY Burnham helps workers sort freshly picked potatoes into different sizes on his whistle-stop tour of the country yesterday.

The PM's visit to Colwyn Farm in Truro, Cornwall, came after he unveiled a £65million funding package for farmers amid fears hot and dry weather could drive up food prices.

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Iran tells Trump to give up

IRAN has called on the US to accept defeat in their conflict.

But President Donald Trump blasted Tehran as "very evil" and told Americans to brace for fuel prices to stay high.

Peace talks and oil tanker traffic through the Strait of Hormuz waterway remain stalled.

Iran's deputy foreign minister Kazem Gharibabadi said yesterday: "This strait will be opened and closed only under Iran's command."

And foreign minister Abbas Araqchi said the US must meet Iran's conditions in order for shipping to resume.

LOOS 'FLIP FLOP'

MINISTERS have been accused of "passing the buck" on Green councils flouting same-sex loo rules.

Spaces like toilets and changing-rooms must be used based on sex at birth rather than gender identity, new guidance says.

But the London boroughs of Lambeth, Hackney, Haringey, Lewisham, Southwark and Waltham Forest have all vowed to ignore them.

Equalities Minister Bridget Phillipson insisted the Equality and Human Rights Commission would act.

But Tory Claire Coutinho claimed Labour was "desperate" to avoid responsibility for enforcing the rules.

PAINFUL END OF 2,000-MILE ROW

TWO rowers had to be rescued near the end of a 2,000-mile trip.

"Devastated" Dawn Smith and Paul Lore had spent 59 days heading to Cornwall from Canada. Penlee RNLI towed them in on Friday night, and said they were cold, tired and struggling with the tide.

TAPS PRICE FEAR

WATER firms will be permitted to charge more during droughts as part of new Government-backed plans.

Suppliers can impose "surge pricing" and factor water "scarcity" into bills, as Brits were warned to use less water in their homes.

Defra insisted the changes "make bills fairer and more affordable while encouraging greater water efficiency".

A 14,000-home trial saw half of customers cut consumption after being made to pay more at peak times.

It comes after Andy Burnham last week hit out at regulator Ofwat for allowing several firms to increase bills beyond agreed levels.

IN BRITAIN'S BEST-SELLING SUNDAY PAPER

TONY PARSONS

Unless Kemi and Nigel do a deal, they are no use to Sun readers

PAGE 11

LIZZIE PARRY

How a bite from a tiny tick could turn your life upside down

PAGES 38 & 39

FREE No1 for TV & fashion

LAST NIGHT'S LOTTO BALLS

LOTTO: R1: 17, 27, 28, 42, 47, 59. Bonus 7. R2: 4, 18, 22, 30, 32, 45. Bonus 55.

HEALTH LOTTO: 8, 21, 27, 40, 45. Bonus 17.

SAV A GO AT MAURA

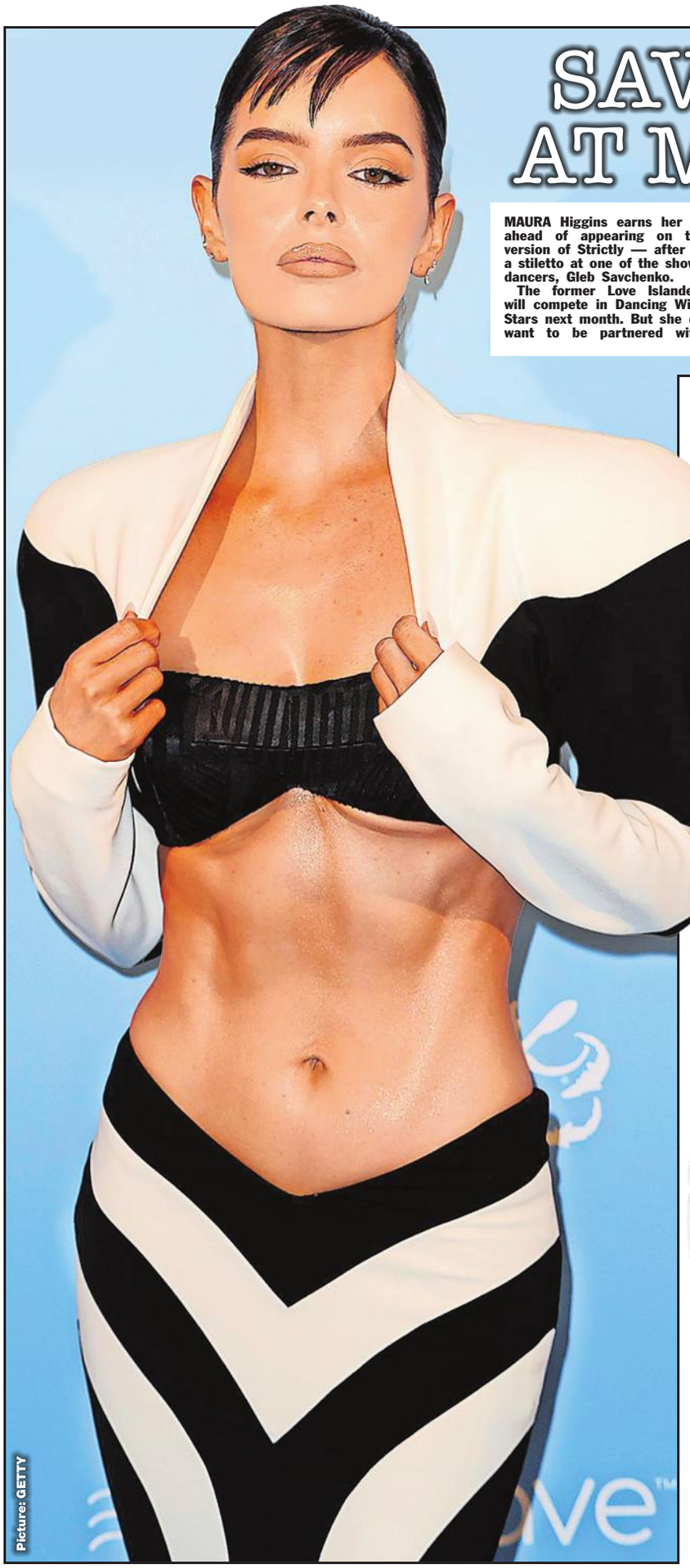
MAURA Higgins earns her stripes ahead of appearing on the US version of Strictly — after aiming a stiletto at one of the show's pro dancers, Gleb Savchenko.

The former Love Islander, 35, will compete in Dancing With The Stars next month. But she doesn't want to be partnered with the Russian, 42, out of loyalty to her Baywatch pal Brooks Nader, 29, who dated then dumped him.

By EMILY WEBBER

She said: "I don't really like the way he speaks about women." Gleb said: "I've never heard of her but it's odd to attack a stranger."

On the US show . . . Brooks and Gleb



Picture: GETTY

EXCLOOSIVE

No crew in new ITV loo

IT'S FOR V.I.PEES

BOSSES at ITV Daytime have allocated a luxury loo specifically for celebrity talent.

Presenters and guests on This Morning, Lorraine and Loose Women can access a fancy toilet facility, with its own VIP pass.

The posh new lavatories have fragrant essential oil reed diffusers, candles and fresh flowers – but they are not intended for crew members.

The move comes after ITV's daytime shows left spacious studios in White City, West London, for a smaller site in the centre of the capital in January.

The Sun on Sunday previously reported how host Lorraine Kelly, 66, was the only star to have her own dressing-room toilet in the reshuffle.

A source said: "The fancy new loo is the talk of the set because you need a special pass to access it, not just any crew member can waltz in.

"Of course, they want guests to have nice facilities to use when they come in and can't have people getting changed in meeting rooms. There were a few teething problems at the beginning of the year but bosses have done their best to add pockets of opulence to make the surroundings as pleasant and appealing as possible to guests."

By HANNAH HOPE, Showbiz Editor

Meanwhile, Lorraine and Loose Women, which both have rolling annual contracts with ITV, have been renewed until the end of 2027.

Lorraine, whose show was slashed from an hour to 30 minutes, said earlier this year: "It's really rubbish. A lot of my team got made redundant.

"It was really hard and harder for them. We were very close-knit but it's all about budget. All television shows are in the same boat, we're not alone."

An ITV source said of the new loos: "If members of staff specifically want to use the loo, the green room host is happy to give them the fob.

"There is a positive vibe across all three shows. Everyone has settled into the new studios now."

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FESTIVAL FUNNIES

THE Edinburgh Fringe is in full swing with comedians battling to win the title of funniest joke of the festival. We've scattered some of the top contenders throughout today's Sun on Sunday . . .

EXCLUSIVE: EASTENDER

'Bad boy' . . . as Ravi

'Hitman' hunk is quitting Walford

EXCLUSIVE by HANNAH HOPE

EASTENDERS hunk Aaron Thiara – who plays bad boy Ravi Gulati – is quitting the soap after four years.

Fans love the 33-year-old's portrayal of the charmer, who arrived in Walford as a hitman.

He was named Best Villain at the 2023 British Soap Awards.

A telly source said: "Aaron has been at the centre of some of the soap's biggest storylines since his arrival in 2022.

"He's an incredibly popular member of the cast and the fans love him.

"He's decided to focus on new projects – but will stay on set until the end of the year to see out some juicy storylines his character has in store."

The news comes a week after The Sun on Sunday revealed Kellie Bright, 50, had decided to walk away from Albert Square after 13 years playing Linda Carter.

Oil's well . . . actor sells kit

Star Cliff making a minty

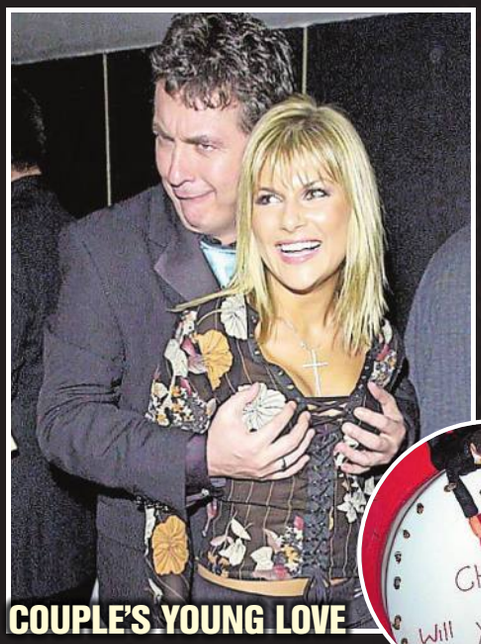
EXCLUSIVE by HANNAH HOPE

EX-EastEnders star Cliff Parisi is snapped flogging his male grooming kit at a market stall.

The actor, 66, who played Minty Peterson in the show, is a regular at Hutleys Sunday Market in Clacton-on-Sea, Essex.

Cliff was inspired to set up his own brand Manley & Moosh, which includes beard oil and moisturiser in oil cans, on Call The Midwife, where he plays handyman Fred Buckle.

Cliff was last seen on EastEnders last year when Minty returned to the Queen Vic for Billy Mitchell's stag do.



COUPLE'S YOUNG LOVE

Getting to grips with romance in 2003

ENGAGEMENT JOY

2005 proposal in birthday cake, left

After 19yrs Christie had reached end of her tether with Shane

By MICHAEL HAMILTON and RACHEL DALE

SHANE Richie's wife Christie had reached the end of her tether with his antics before their divorce, say sources.

The actress, 47, yesterday confirmed the end of their 19-year marriage when asked at their £2million home.

The revelation comes after EastEnders' Alfie Moon actor Richie, 62, was charged with drink-driving after a row with petrol station staff about vaping.

Their divorce is understood to have been finalised on July 23 – six days before the forecourt fracas in Harlow, Essex.

A source said: "Christie was at the end of her tether with Shane and had had enough.

"The divorce was her decision and she pursued it after talking it through with relatives.

"She had put up with a lot over the years and has had a really hard time of things lately.

"There was not one specific incident that led to the end, but a build-up of things.

"She got fed up with his behaviour and did not take the decision lightly. There is a feeling he has been working hard and playing hard and that his behaviour has spiralled a bit.

"Christie has been grown-up about it and not booted him out.

"She still has a lot of love for him but decided they could not go on as husband and wife. They have three children together so that is her main concern."

The Sun told two weeks ago how Richie, real name Shane Roche, had been charged with drink-driving after being nicked at a Tesco petrol station.

Footage at 11pm showed him clutching an e-cig and arguing with staff. After being told vaping on the forecourt was dangerous, the snarling star was heard saying: "I don't give a f***."

Staff called police and he is due in court next month.

Our source added: "Christie had divorced Shane by then but was still shocked at what happened. Shane might have been pushed over the edge because of the split. But it showed Christie was right to fear he had spiralled. It was no way to behave and she hopes it will be a wake-up call to him."

Ex-Pontins bluecoat Richie and former waitress Christie started dating in 2001 when the casts of their separate pantomimes, Cinderella and Jack and the Beanstalk, met for a drink.

Christie later said she believed their romance was "meant to be".

In 2005, Richie proposed with a diamond ring and by having "Will you marry me?" iced into her 26th birthday cake. They wed in 2007 and have kids Mackenzie Blue, 20, Lolita Bell, 18, and Romani-Skye Angel Shelley, 15.

Richie was accused of playing away during the marriage, as he admitted doing with his first wife, singer Coleen Nolan.

The actor recently announced new dates for his Prat Pack tour with TV pals Bradley Walsh, Joe Pasquale and Brian Conley.

A source said: "That tour is a double-edged sword. It might do Shane good to spend time with mates and get his head together.

"But friends are also concerned that a month touring with his drinking buddies from the '90s could do more harm than good."

Richie made his first appearance as loveable rogue Alfie in 2002. The character returned after three years away in 2022, and married Kat (Jessie Wallace) for a third time last year.

Sources said his new hours on the BBC soap put further strain on the marriage.

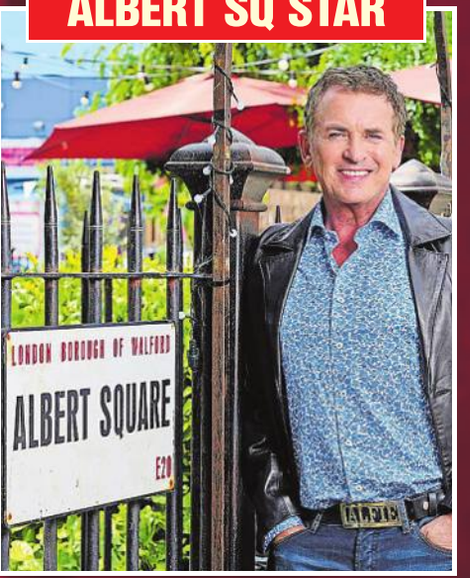
At their Surrey home yesterday, Christie said "yes" when asked if the divorce had been finalised but added: "I don't want to comment, thank you."

Richie's spokesman did not respond to a comment request.

IN MARRIAGE SPLIT

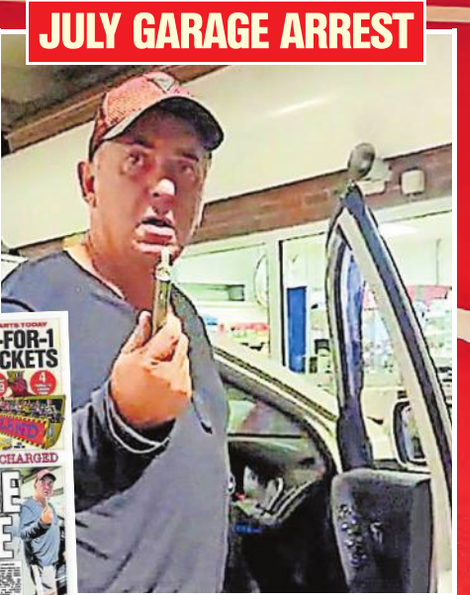
Glamour couple . . . Shane and Christie at 2013 Soap Awards. Right, as Alfie. Below, Sun on his drink-drive rap

ALBERT SQ STAR



ON SET LAST WEEK

JULY GARAGE ARREST



Hitched . . Coleen & Shane

Infidelity, financial woe and drink rap

By MICHAEL HAMILTON

SHANE Richie has led a life worthy of EastEnders itself, with infidelity, money woes and a drink-driving arrest.

He married singer Coleen Nolan in 1990, and they had two kids.

But they split in 1999 after Richie cheated on her. Coleen later said she stayed in the marriage "two years too long".

Two years later, Richie was dating actress Christie Goddard, 15 years his junior, after they met in a pub. They announced their engagement in 2005 and wed two years later.

But in 2011 Richie's fan club manager Alison Hall claimed they had a six-year affair up until 2009.

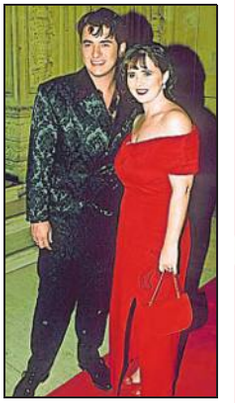
Christie, mum to Richie's three other kids, stood by him. We then revealed he kissed another woman after a TV awards bash in 2014.

Their marriage survived but Christie has now divorced Richie.

In the early 2000s, Richie found himself facing bankruptcy after sinking almost £700,000 into the film Shoreditch.

But in 2002 he landed the role of cheeky Alfie Moon on EastEnders, securing his finances.

The star was last month arrested and charged with drink-driving — and is due in court next month.



Shane and Coleen . . . in 1997

UK ARTS MINISTER FIRED FOR £4M FRENCH FARCE

Theatre debt . . Mackenzie

BRITAIN'S new Arts Minister was sacked by a French theatre after it ran up huge debts.

Andy Burnham made arts exec Ruth Mackenzie a peer last month so she could take up the Government role.

The pair were special advisers to former Culture Secretary Chris Smith in Tony Blair's first Government. But MPs questioned her appointment after it emerged she was fired from a historic Parisian theatre in 2020.

EXCLUSIVE by SOPHIA SLEIGH

She served nearly three years as artistic director at the Théâtre du Châtelet before being booted out amid managerial and financial concerns.

It ran up a multi-million-euro deficit due to a series of struggling projects. They included a loss of more than £855,000 on a production of Singin' in the Rain and a costly immersive reconstruction of Soviet life.

French audit findings said her appointment produced a governance crisis. By the time a new director took over in 2023, it had recorded a cumulative deficit since 2017 of £4million.

After she was fired she said: "I can only assume it's because I'm a woman and foreign." Shadow Culture Secretary Nigel Huddleston said last night: "The woman who lost a million euros on Singin' in the Rain is now deciding how taxpayers' money is spent."

She will serve under Culture Secretary Lisa Nandy. A source close to Ms Nandy said: "She is an asset to the Government, brings a wealth of experience, and her appointment has been rightly welcomed."

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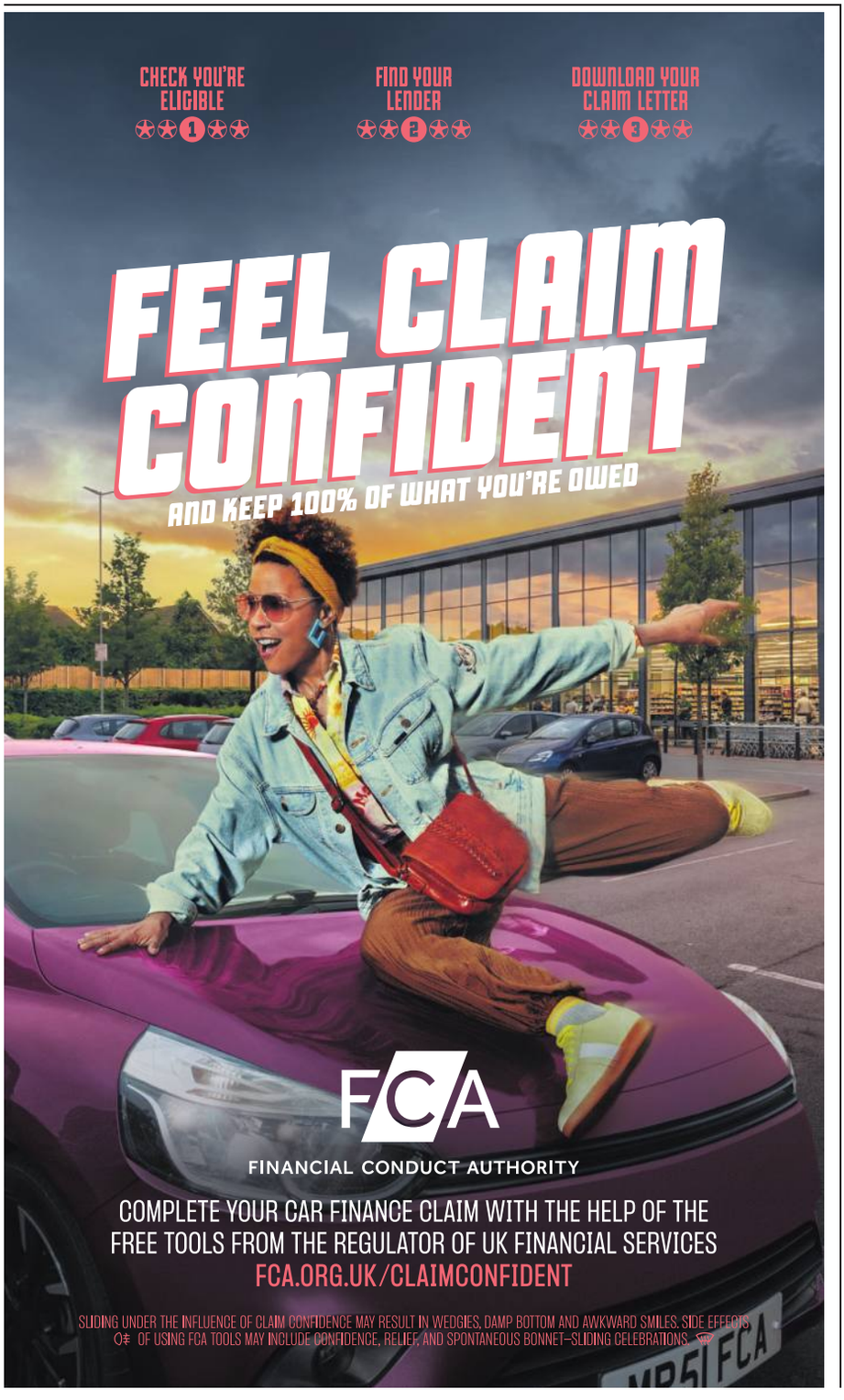
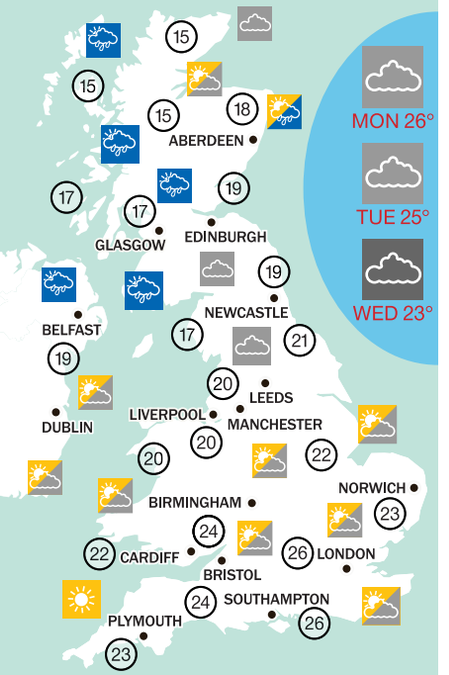
The Sun on Sunday Says — Page 14



Sun WEATHER



TODAY: Cloudy conditions across Northern and Central England. Southern regions experience mostly dry weather with occasional sunshine. Western England sees scattered showers and brisk winds.
TONIGHT: Cloudy conditions persist across England, with mostly overcast skies. The East and South may experience slightly breezier conditions, while the rest remains calm overnight.
OUTLOOK: On Wednesday, expect cloudy skies across England with mild temperatures. Thursday sees similar conditions, though it turns breezy in western areas, staying mild.

A FLASH flood hit Lynmouth, Devon, on August 16, 1952, killing 34 people, washing away 28 bridges and destroying more than 100 buildings. Trees were uprooted and boulders swept down rivers into the harbour village as nine inches of rain fell in 24 hours.

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Aftermath . . . in Granada

Quake of 5 shakes Spanish hotspot

By LEN READ

A SPANISH holiday hotspot was clearing up yesterday after being hit by a rare earthquake.

Officials in Granada, in the south of the country, confirmed there were no casualties from the 5.0-magnitude tremor.

Officials there reported "cracks and fallen walls" but the historic Alhambra Palace was undamaged.

It happened late on Friday night, with its epicentre in Alhendin, six miles south of the city.

One witness of the area's biggest quake since 1955 said: "It was so strong it woke us up."

Meanwhile, a 7.7-magnitude earthquake has killed at least 47 people in Indonesia.

It struck at 6.58am yesterday in East Nusa Tenggara, triggering landslides and tsunamis.

Prostate tests cut

MEN over 50 will no longer be entitled to a blood test that can help detect prostate cancer.

Until now, middle-aged blokes without symptoms were allowed a PSA test.

But under a Government plan, GPs will decide if they have one.

Former PM Lord David Cameron – who beat the killer disease – said: "This is a step backwards. Screening is essential to catch cancers."

There has been a surge in demand for PSA tests since cyclist Sir Chris Hoy told of his diagnosis.

FESTIVAL FUNNIES

"I FOUND out waterboarding and motorboating are not the same. Safe to say my boyfriend had the Valentine's Day from hell." – Bella Hull

Russian sites blitz

UKRAINE struck Russian industrial infrastructure in a large-scale attack yesterday, officials said.

The head of Russia's Samara region said a huge missile blitz was repelled but sites were damaged. People were also injured, he added, but gave no details.

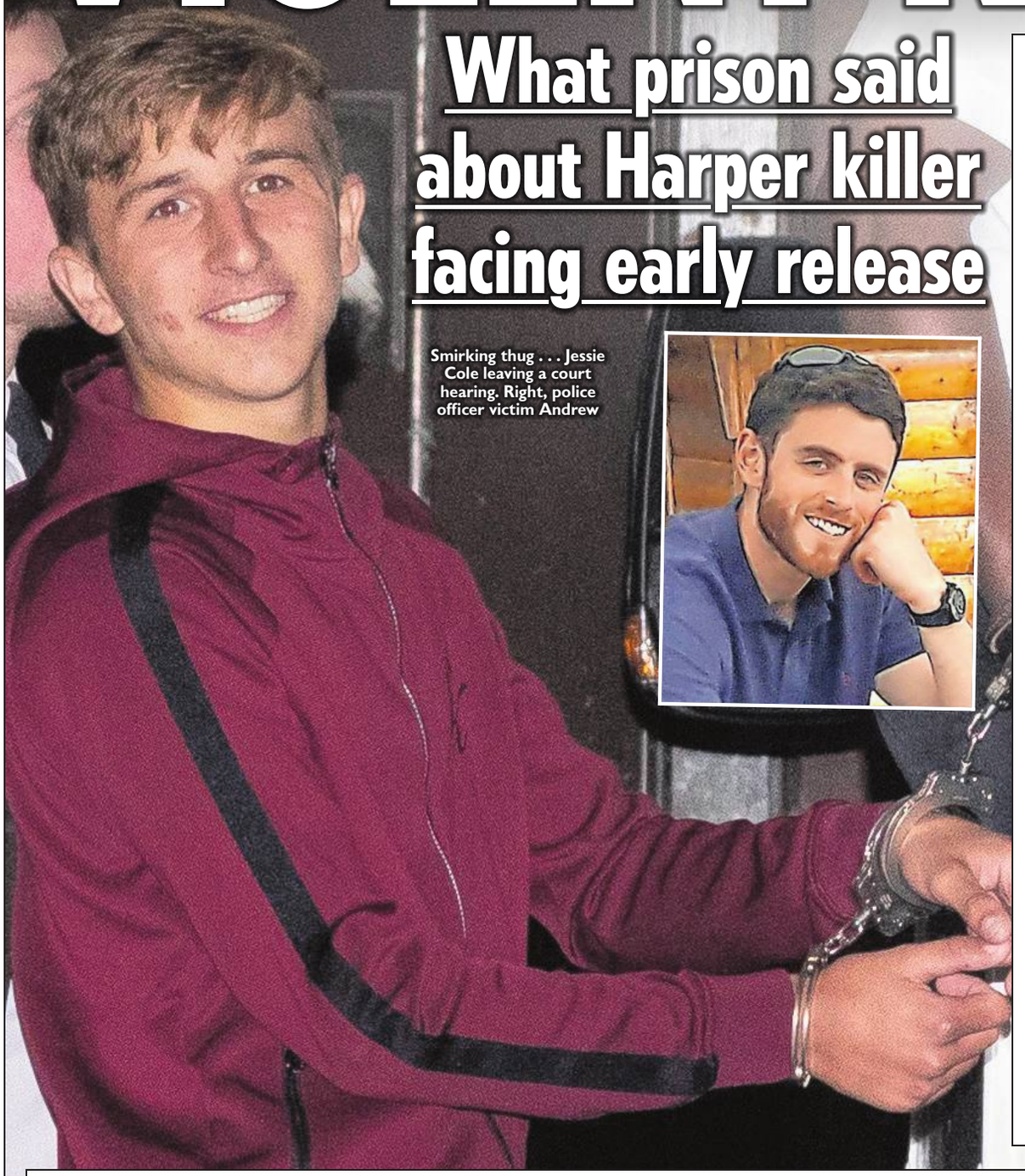
Ukraine has stepped up attacks on Russian industries and facilities.

President Volodymyr Zelensky said his forces had struck an airbase and space agency Roscosmos, which produces rocket tech and electronics.

BRANDED DANGER TO WARDERS

VIOLENT RISK

What prison said about Harper killer facing early release



Smirking thug . . . Jessie Cole leaving a court hearing. Right, police officer victim Andrew

EXCLUSIVE by MICHAEL HAMILTON

ONE of PC Andrew Harper's killers has been listed as a danger to warders behind bars despite being earmarked for freedom under the early release scheme.

Vile Jessie Cole – whose scheduled release alongside Albert Bowers has sparked uproar – is still held in one of the country's eight high-security prisons as he would pose a danger in a more open jail.

Cole, 24, jailed over PC Harper's manslaughter, is marked on files as "violent", a "risk to staff" and "a climber" by bosses at Whitemoor prison, Cambs.

But he is on a "standard" regime there, so gets £20 of taxpayer cash to spend in the canteen per week, TV and DVD rights plus phone calls.

Whitehall insiders said PM Andy Burnham was "increasingly confident" Cole and Bowers would be excluded from the early release scheme.

But a source said: "Jessie should never have been considered for early release because of his crime. But his behaviour and danger risk also show exactly why Jessie is not ready to be freed.

"He is a difficult and dangerous prisoner and a lot of inmates and staff are terrified of him.

"The fact he is in a high-security jail shows that the Prison Service do not see him as someone who will be out soon.

"Normally, an inmate would be moved to a lower-security prison towards the end of their sentence.

"Jessie is still classed as a Category A prisoner too, which is the most dangerous. And he has all these alerts on him which is usually down to behaviour like violence and threats inside."

The source added: "He is intimidating and a trained boxer.

"Jessie was also a pain when he was previously at Feltham Young Offender Institution before he was moved to an adult jail. He was known for bullying other lads there. He would also climb to a height to get his own way.

"Jessie would climb on to a second-floor unit and go over railings there if he was protesting at something like missing a gym session.

"Feltham was full of killers and gang members but he was the worst."

Cole and Bowers were jailed in 2020 for newlywed PC Harper's manslaughter during a theft getaway in Berkshire.

The fact they could have been freed in January after serving half the sentence – instead of two-thirds – has sparked fury.

More than a million people have signed a petition demanding that the duo – who laughed and sneered during their trial – stay behind bars.

Cole and Bowers were both 17 at the time and passengers in the car driven by Henry Long, who was caged for 16 years and not eligible for early release.

The Government said: "We do not believe these offenders should be let out a day before they were due to, and the PM has asked the Justice Secretary to urgently fast track a plan to keep a greater number of the most serious offenders, including these individuals, locked up." *mike.hamilton@thesun.co.uk*

RAPISTS TO GET YEAR'S TAG

JUSTICE Secretary Alex Norris has promised all rapists and paedophiles will be tagged for a YEAR after serving their full prison sentence.

The Justice Ministry says it is part of the biggest expansion of electronic monitoring in British history.

And officials say the plan — part of a £700million investment — means hundreds more will be tagged than now. Probation officers will also be given access to offenders' movements in real time to better protect people.

EXCLUSIVE by SOPHIA SLEIGH

Mr Norris, *right*, told The Sun on Sunday that more criminals than ever will be placed under constant surveillance. He added: "Dangerous offenders should be under no illusion — if they break the rules we will know about it and put them behind bars."

Senior probation officer Amy Hughes said it will make their day-to-day job simpler, adding: "Previously, if we needed to check where someone had been, getting that information could take time. Now we can get a clearer picture of their movements quickly."

The changes will help police and probation to act quicker if criminals breach their licence conditions.

Under the plans, offenders will also be sent push notifications as they approach the boundary of an exclusion zone — warning them to turn back.

EXCLUSIVE: TELLY BOSSES

ELLIE'S 'GIDDY' AT ROLE

Taylor . . . will host It Takes Two

By EMILY WEBBER

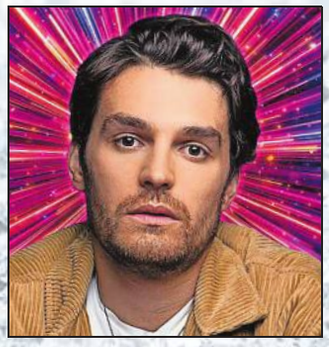
ELLIE Taylor has been confirmed as the host of Strictly's spin-off show, as first revealed by The Sun on Sunday.

The comedian, 42 – who also starred on Apple TV series Ted Lasso – will present the weeknight It Takes Two series on BBC2.

She competed on Strictly with new host Johannes Radebe, 39, in 2022, where she placed seventh.

Talking about her new role, she told new Strictly host Emma Willis: "I am absolutely over the moon. I feel giddy."

DANCE KICKED OFF CV



Dance school . . . Lawrence Robb

EXCLUSIVE by EMILY WEBBER

EMMERDALE actor Lawrence Robb deleted his dance experience from his CV ahead of competing on Strictly.

The star, 34, who plays Mackenzie Boyd, went to The Dance School of Scotland.

And his United Agents' profile used to say he trained in ballet, modern and pas de deux. But that was removed ahead of the BBC show's start next month.

A source said: "Strictly features Latin and ballroom styles. Lawrence has a good foundation but Strictly's a new challenge."

Three years after her agonies in rehearsal Amanda finally gets a big Strictly payout

BEEB'S BULLY BILL

Tearful . . . Amanda in 2024

By HANNAH HOPE
Showbiz Editor who broke the story

THE BBC has paid out a substantial sum to Amanda Abbington after she made a legal complaint about her Strictly Come Dancing bullying ordeal.

The actress, 53, received a five-figure out-of-court settlement from BBC Studios and a contribution to her legal fees after her allegations of mistreatment by professional dance partner Giovanni Pernice.

The agreement – struck nearly three years after her time on the hit show – means the BBC has avoided having to deal with a potential court battle over a personal injury claim for loss of earnings and damages.

Amanda, a mother of two, was diagnosed with post traumatic stress disorder.

The Sherlock star left the BBC1 show in week five of the series in October 2023, citing personal and medical reasons.

She later revealed that her Strictly nightmare with Italian Giovanni, 35, got so bad that she was relieved when a cancer scare meant she could quit the show.

The following year, the BBC started an investigation into the pro dancer's behaviour and he was later axed from the show.

A source said: "Amanda's friends and family are all relieved for her that this ordeal is finally over. It's been a long, hard journey, but now she can close this chapter and move on with her life.

"The fact the BBC have compensated Amanda as well as previously publicly apologising really proves that they are taking responsibility for the bullying she suffered on set.

"She hopes that this case will give others strength and encourage people to speak up."

It comes after the BBC upheld some of Amanda's specific complaints and apologised to the actress in September 2024 after a five-month inquiry into the bullying claims.

At the time, a spokesman for the Corporation said: "The BBC has now concluded its review.

"We take any allegations of bullying and harassment very seriously and this review has taken time due to its complex nature and our desire to ensure a rigorous and robust process was undertaken.

"Strictly Come Dancing is a family show and we rightly expect very high standards.

"While competition can be tough, rigorous and demanding, we want it to

SETTLE AFTER GIO ROW

Hidden hell . . . Amanda with Giovanni on Strictly in 2023

HOW WE BROKE STORY

WE first revealed Amanda Abbington demanded footage of rehearsals with Giovanni Pernice in January 2024.

We also told of a summit between Amanda, Ranvir Singh and Laura Whitmore. Amanda also opened up to us about her "bullying ordeal".

In October 2024, she told us of her relief at a cancer scare that enabled her to pull out of Strictly.

ultimately be a joyous and transformative experience.

"It is a great shame if this hasn't been the case for everyone who has appeared on the show. We have assessed the complaints and we have upheld some, but not all.

"We want to apologise to Amanda Abbington and to thank her for coming forward and taking part. We know this would not have been an easy thing to do."

In the BBC's inquiry, Giovanni admitted making "vegetable" and "lazy" comments to Amanda during training but said they were about her body posture so it was not upheld to be bullying. Cameras were put in their rehearsal room in Barnet, North London, after Amanda raised concerns by day three of their training.

The BBC report upheld that Giovanni's language and his tone was "belittling, dismissive and insulting" in a way that was disproportionate and unmerited.

Amanda said when Giovanni was pleased with her dancing, he would make lewd comments.

She added: "He actually said, 'You're a 51-year-old menopausal woman but I'd still f*** you'."

Amanda also recalled how Giovanni would grab his penis when she danced well.

She said: "He would say, 'You've given me an erection, look at my erection. I really want to f*** you now that you've got that step right'.

"I shouldn't have been put in that situation.

"The report has suggested I was OK with that. That it was banter. This is categorically untrue.

"I managed that behaviour because I didn't know what else to do in that room. I didn't in any way invite it or in any way enjoy it. I thought it deeply inappropriate.

"Strictly's most senior boss, Sarah James, agreed. Yet this has been airbrushed from the report. Why?"

The BBC upheld that Giovanni showed or gestured towards his groin but did not make any finding about the erection comment.

It is understood Giovanni denied any remark about an erection or having one and pointing to it.

Fellow Italian pro Graziano Di Prima, 32, was sacked for gross misconduct in July 2024 over his treatment of Zara McDermott, who was on the same series as Amanda.

Meanwhile, Giovanni is to release a tell-all autobiography called Gio: Taking The Lead in coming weeks. Strictly relaunches with a new look next month with new dancers and a fresh presenting line-up.

Emma Willis, dancer Johannes Radebe and comedian Josh Widdicombe will be on hosting duties, replacing Tess Daly and Claudia Winkleman.

BBC Studios, as the producer of Strictly Come Dancing, declined to comment.

A source added: "This settlement was not paid from the licence fee."

Last night Amanda also declined to comment, as did Carter Ruck, the law firm which represented her.

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Tony Parsons

Follow me on X @TonyParsonsUK

Nige and Kemi must join forces...or they'll both get binned off

SPRINGTIME for Nigel Farage and Reform UK – winter for Count Binface and Baron Von Thunderclap.

It would be churlish of folk who despise Farage to deny that he just won a resounding victory in this week's Clacton by-election.

To get more than 22,000 votes on the hottest day of the year in a contest where your political rivals are a cast of clowns – that is no small achievement.

They call Farage a Marmite politician but it is just not true – 9,455 anti-Nigels came out in Clacton to vote for a man dressed as a bin.

Nobody hates Marmite that much.

But it is also true that no other party leader inspires the level of devotion that Farage has among his true believers.

So why doesn't the Clacton by-election feel like a result of real historical significance?

Why doesn't Clacton feel like a major step on the road to Reform UK reaching 10 Downing Street?

Because from where some of us are watching, Labour look nailed on to win the next General Election.

Because Reform and the Tories hate each other.

Because the antipathy between Farage and Kemi Badenoch seems real, visceral and bitter.

Because it is easy to see how Andy Burnham unites the Left – simply promise to attempt to rejoin the European Union just before the next General Election – and it is impossible to see how the Right will ever unite.

The major parties were happy to sit out the Clacton by-election.

But they were hardly uninvolved.

The Tory leader wrote to voters in Clacton telling them that they deserved far better than Farage.

In retaliation, he promised that Reform were coming for Badenoch's seat in North West Essex.

"We are going to pump big resources into Essex because we see it as very winnable," Nigel smiled on the campaign trail. "That's half the shadow Cabinet who will lose their seats – including Kemi."

OUT . . . Binface

Badenoch sneered: "Reform are a woke party. And a lot of people assume it [woke] is a left-wing thing.

"But when I talk about woke, I talk about people who – it's all grievance, it's victim narratives. 'People are doing this to us, this is the oppressor class'.

"On the left, it's whites who are the oppressors or men are the oppressors. On the right, it's the establishment who are the oppressors. It's all moaning and whinging and not proper solutions.

"I don't see how I could have people like that in some sort of coalition."

So would you prefer five more years of socialism, Kemi?

Badenoch and Farage spend longer attacking each other than they do attacking this catastrophic Labour government – and Kemi and Nigel tear into each other with far more bite.

Isn't it painfully, horribly obvious?

As long as the Tories and Reform regard each other as the major enemy, this country is doomed to a high-taxing, big-spending, anti-business socialist government.

Clearly, our new Prime Minister is hopelessly out of his depth.

Whatever the problem – the death of British business, the mountain of British debt, the unemployment of British youngsters, the collapse of British borders, the opening of British jails – Burnham would much prefer to talk about British buses.

Everything Andy knows about economics he learned studying English Literature at Cambridge University.

Burnham never ran a business. He never created something from nothing.

He knows bugger all about what it takes for the working class to survive in these hard times.

Laughably pathetic

Burnham is more of a career politician than Keir Starmer.

And yet common sense tells us that if Farage and Badenoch continue to waste all their energy on rubbishing each other, then Burnham's Labour are hot favourites to win the next General Election, whenever it comes.

The feud between the Tories and Reform is the most laughably pathetic political spat since the Judean People's Front were spitting feathers at the People's Front of Judea in Monty Python's Life Of Brian.

There is an absurdity at the heart of their mutual loathing.

Robert Jenrick, a politician I like, narrowly missed out to Badenoch in the Tory leadership contest less than two years ago.

If Jenrick had won, he would have been an effective Conservative leader.

Is it really too much to ask for these squabbling politicians to put aside their egos and work together for the sake of the country?

Farage and Badenoch are both popular leaders within their parties.

But if they can't reach some kind of agreement to work together, then they are ultimately of no use to the readers of this newspaper.

And if that is the case, then after they gift the next General Election to our socialist masters, both the Conservatives and Reform UK are going to need bigger, better leaders.

Kate is a mirror image of grace

KATE BECKINSALE poses in a bodysuit covered with mirror fragments while asking for a little kindness from social media trolls.

"Give people a little grace," she pleads, in response to those who have criticised her weight loss.

There are plenty of celebrities whose body shapes should be far more of a concern than that of Kate Beckinsale.

I mean, she is not quite, who-ate-all-the-pies? More like, who-ate-all-the-salad-leaves?

But she is hardly underweight. To me, Kate looks great.

UPSET . . . The Weeknd

BALLS TO POP STARS

FOOTBALL'S back! After waiting for 22 years, can the Arsenal win back-to-back titles?

Will Manchester City slip into terminal decline without Pep Guardiola?

Is Brian Madjo, Aston Villa's 17-year-old, 6ft 4in giant, the new Erling Haaland?

Will Argentina's Enzo Fernandez – gloating destroyer of England's World Cup dreams – be booed every time he touches the ball for Chelsea between now and next spring?

Let us hope so!

And why is today's Community Shield being held in Cardiff?

Because The Weeknd is playing five nights at Wembley Stadium.

This is stark raving bonkers.

The Community Shield is the historic curtain-raiser of English football. It should never make way for a pop concert.

Only a sport that does not give a toss about the travelling fans could believe that playing the Community Shield in Wales is a good idea.

Arsenal and Manchester City would have been better off flipping a coin and playing the match in either east Manchester or north London.

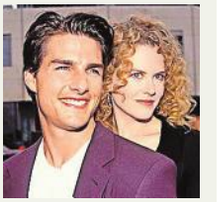
Wembley Stadium is the home of football. And not something for The Weeknd, sir.

HOW was the solar eclipse for you?

In Ibiza, Katie Price squeezed into a nearly-there black bikini to watch the magical moment when the moon blotted out the sun, with Wayne Lineker, *above*.

Astronomers reckon that Spain had the best view of the solar eclipse.

So thank goodness Wayne was wearing protective glasses.



WED . . . Tom & Nicole

NICOLE KIDDING NO ONE

IT does not happen very often, but Nicole Kidman has opened up about her marriage to Tom Cruise.

"I was 22, 23 years old and I had this huge movie star husband," she tells Vogue. "I remember people saying to me, 'OK, well this is really going to affect your career'.

"I was, like, 'I don't care. I'm in love. I want to be married'."

Nicole recalled that when fans started calling her "Cruise's wife", her friends all said: "We told you so."

"I was, like, 'So what? I wasn't meant to marry the man I love? Of course I'll throw my career away, I don't care'."

Hold on – we are meant to believe that marrying Tom had a DETRIMENTAL impact on Nicole's career?

I am not sure I quite buy that theory.

Nicole Kidman is an Oscar-winning actress.

In one of my favourite films, 1995's To Die For, she was hilarious as an ambitious weather girl.

The greatest performance I ever saw on a London stage was in 1998, when Kidman played all ten female roles in David Hare's The Blue Room.

A year later, she co-starred (with husband Tom) in Stanley Kubrick's last film, Eyes Wide Shut.

When Nicole was in her 11-year marriage to Tom, she displayed more humorous self-awareness.

I remember Barry Norman interviewing her and asking if there were any drawbacks to being married to the film star.

With a twinkle in her eye, Nicole said: "I do get to sleep with Tom Cruise every night."

A CLIFF HANGER

"MISTLETOE And Wine was a 1988 Christmas No1 for which British singer?" Ben Shephard asked on Tipping Point.

"The Pogues?" guessed Colin. And how the world mocked.

Yes, the correct answer is, of course, Cliff Richard. But I am with you, Colin!

To some of us, Mistletoe And Wine conjures up the spirit of Christmas and Christmas means Shane and Kirsty and the boys of the NYPD choir singing Galway Bay.

Only 130 days left to go, Colin.

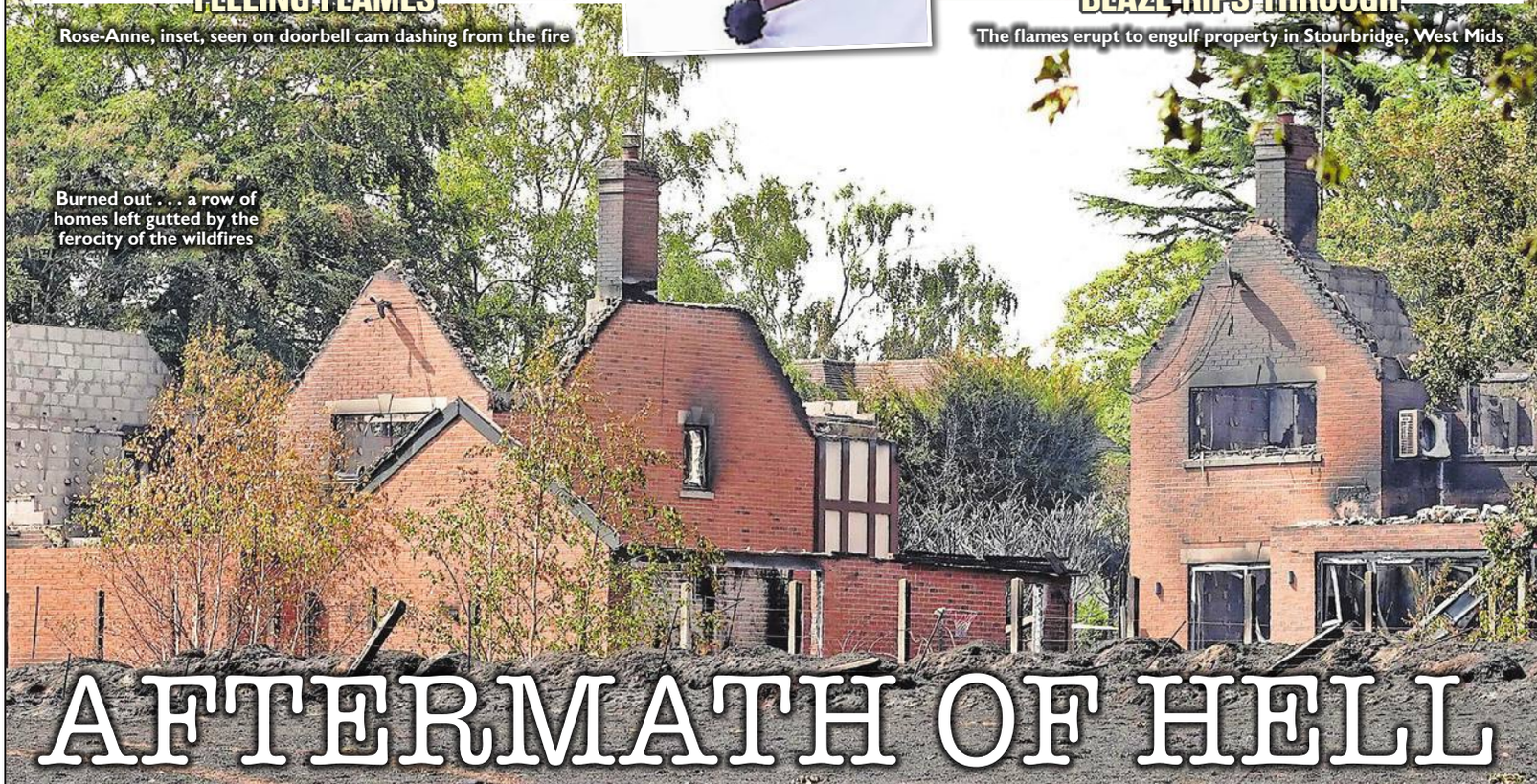
PANIC HITS NATION AS

FLEEING FLAMES

Rose-Anne, inset, seen on doorbell cam dashing from the fire

BLAZE RIPS THROUGH

The flames erupt to engulf property in Stourbridge, West Mids



Burned out . . . a row of homes left gutted by the ferocity of the wildfires

AFTERMATH OF HELL

DOORCAM footage shows the shocking moment a mum of two runs for her life from flames – as multiple houses were burned out by wildfires raging in Stourbridge.

As photos continued to lay bare the scenes of devastation in the West Midlands town, the clip emerged of Rose-Anne Vinte sprinting just a minute before the fire engulfed her family's home.

The property, which she bought with her husband Richard five months ago, has been "completely gutted" by the inferno.

Rose-Anne said she rushed her kids out of the house, before then trying to dampen a fence in her yard in a bid to stop the fire.

She told ITV News: "It was really scary to be honest, it felt like I was in a movie.

"I was really scared but I knew at the same time I needed to be brave for my kids, because my daughter was really worried."

Nineteen homes have been destroyed in the town by the fires.

By BRENDAN McFADDEN

West Midlands chief fire officer Simon Tuhill described the blaze, which was still raging yesterday, as "one of the most serious" he has witnessed in his 28 years serving as a firefighter.

The Bishop of Dudley, the Rev Martin Gorick, who witnessed flames tearing through his neighbour's home in the town, said that it was a "horrifying situation". He added of his experience: "You just hear those crackles, explosions, houses literally going up in smoke before your eyes."

Other blazes that broke out included one on grassland in Kettering, Northants.

A major incident was declared and homes evacuated after an inferno at a bathroom showroom next to train tracks in Luton. On the South Yorkshire-Derbyshire border, trains were halted by a fire inside the Totley Rail Tunnel. East Midlands Railway said trains between Liverpool Lime Street and Nottingham were affected.

Crews were called out to 43 new wildfires in 24 hours, the National Fire Chiefs Council chairman Phil Garrigan said. He said there were a number of requests for shared resources during the busiest period that could not be met.

Prime Minister Andy Burnham has deployed around 100 military personnel to South Wales for "critically needed" support to help battle wildfires.

He has banned disposable BBQs, urged Brits not to light fires and announced plans to commission firefighting planes to combat the spread of the flames.

The PM has also unveiled a £65million package for farmers to help them manage the drought.

Prince William yesterday paid tribute to the emergency services. He wrote on Instagram: "Our thoughts are with everyone affected, particularly those who have lost their homes, and with those working tirelessly to protect communities, homes and the countryside."

Burst water main . . at Heathrow

FLOODS AT AIRPORT

By BRENDAN McFADDEN

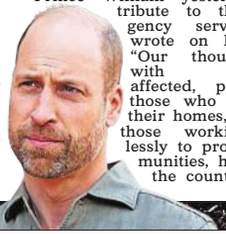
HEATHROW airport was hit by flooding yesterday morning which forced road closures and disrupted flights for several hours.

Access to Terminals 2 and 3 was restricted just before 6am by a burst water main on a ring road. But all routes reopened a few hours later.

George Smyrniadis, 79, missed his flight to a school reunion in Frankfurt. He told the BBC: "I was upset. It's the first reunion I've missed since 1987. I was so downhearted I just wanted to get home."

The affected pipes are owned by the West London airport and it has been in charge of the repairs.

The flooding disruption came in the middle of the hub's busy school summer holiday period.



BBQ BAN ALERT SENT OUT

EXCLUSIVE by MICHAEL HAMILTON
Chief Reporter

DOZENS of prisoners had hidden phones seized after the Government issued its emergency wildfire alert — as panic gripped the nation.

Startled inmates were rumbled when their smuggled devices suddenly blared out the siren sound on Friday evening.

A source told The Sun on Sunday: "Governors are laughing about it because so many have been caught with phones after the alert. It took prisoners by surprise and loads of their phones went off really loudly in cells and other areas.

"Loads were caught red-handed and it also provided loads of intelligence about where phones were.

"Prisoners can't really get rid of them and, when there were more staff on, officers starting spinning cells to find ones that had gone off.

"Some security teams were ready for it and told officers to use the alert to listen out for phones. But it took others by surprise and they reacted quickly."

Prisons where staff found illicit phones are said to include Feltham in West London, Frankland, County Durham, and South London's Belmarsh.

The source went on: "It is hilarious that the Government alert created all this intelligence in prisons. There would probably have been hundreds of phones found across the prison estate because of it. Inmates would have been gutted because phones are worth thousands behind bars and sometimes cost cons up to £4,000.

"It is good that there is at least one benefit to the alerts."

The widely mocked Government warning was sent to every phone in England and Wales and warned of a heightened wildfire risk.

It said: "Residents, landowners and visitors should not undertake any activity that could start a fire."

However it caused widespread panic nationwide, with motorists on major routes, including the M61 near Chorley, Lancs, reporting drivers slamming on their brakes as their mobiles went off in their vehicles.

Motorists were also seen drifting across lanes as they tried to silence or check their phones.

One posted online: "Loads of cars pulled on to the hard shoulder on the motorway to read their alert, very dangerous, but I suppose they wanted to check whether they were driving towards a danger."

Others said they "assumed the worst" before reading the message about the temporary barbecue ban.

In Wales, it was initially sent out in the Welsh language but just 18 per cent of the country speak it.

Some people dialled 999 or sought out people who could translate it.

Retired photographer Richard Williams, 77, was drinking at a Wetherspoons in Colwyn Bay, North Wales. He said: "Every phone in the pub emitted an almighty beep as the Government alert was sent but no one in the pub had a clue what it meant as it was in Welsh.

"People started running around in panic, in a desperate bid to find a Welsh speaker to translate the message. Eventually, after about ten minutes, the English version landed, but it felt a very long time."

The BBC's 20th anniversary special of The One Show was interrupted when multiple phones around the studio simultaneously sounded.

Bemused host Roman Kemp asked live on air: "Is there some sort of fire alarm going on?"

A Prison Service spokesman said: "Mobile phones have no place in prisons, they undermine security, facilitate criminality, and can cause harm to victims and the public.

"We have invested over £40million in physical security measures to clamp down on illicit items and those who break prison rules can face extra time behind bars."

mike.hamilton@thesun.co.uk

Crime ring . . prison phone windfall from blaring alert, below

Emergency Govt phone siren tips off jail staff to hidden mobiles

LAGS' PING STING

Druid: Sun on Sunday can bring rainy spell

By SARAH ARNOLD

A DRUID is today calling on Sun on Sunday readers to join him in reciting a spell at midday, which he claims will end the drought.

The 72-year-old, who calls himself King Arthur Pendragon is convinced the help will be powerful enough to conjure up downpours.

He said: "Normally I'm called upon to stop the rain for festivals or weddings.

"But if Britain gets together and reads this powerful incantation, you'll need brollies in the next few days."

The self-proclaimed reincarnation of 1,556-year-old King Arthur changed his name in 1986 from John Rothwell, a former soldier from Salisbury, Wilts.

As the eclipse started on Wednesday, King Arthur headed to Stonehenge to begin his spell, *above*.

He said: "Only a few druids can do weather magic. Stonehenge is an ancient place where I can call upon ancestors."

CHANT AT NOON:
Rain time is now, the deed is done, by the end of the week, so be it come

THE Sun ON SUNDAY
SAYS 16|08|26

WHEN he was a humble Treasury minister in 2006, John Healey arrived at the till in the Commons tea room and realised he had no cash on him.

To save himself embarrassment Mr Healey quickly asked Labour colleagues to bail him out.

Flash forward 20 years. He is now Chancellor and the nation's coffers are empty thanks to a debt of £3trillion.

So Mr Healey has been tasked with another whipround to save the nation's blushes, this time from his Labour Cabinet colleagues.

Cash call . . . Mr Healey

Labour's forgotten its wallet yet again

Andy Burnham wants the Chancellor to find savings from existing Whitehall budgets across the board.

Mr Healey is very resourceful, but the kind of spending the new PM wants can't be funded by passing the hat round to find some shrapnel from the back of the sofa.

It demands deep cuts to ballooning public spending, most notably the £333billion-a-year welfare bill. For a start Mr Burnham should tackle the staggering £10billion lost to benefit fraud and error every year, which is an insult to every single taxpayer.

There must be no Budget plans to increase Britain's already historically high tax rates until this mountain of welfare waste is toppled.

The new PM talks a good game when he is attacking private financial scandals. Why doesn't he apply the same standards to Government waste?

Only last week Mr Burnham blasted rip-off water companies, saying: "Customers can't be treated as a blank cheque . . . or a bottomless source of funding for other people's failures." Spot on, PM.

Now change the word "customers" to "taxpayers" and sort out the mess on your own doorstep.

Creative accounting

ANOTHER clue to Andy Burnham's business sense can be found in his new appointment as Arts Minister.

The PM went out of his way to make Ruth Mackenzie a peer last month so she could take up the post in his Government.

With that support, most people would imagine she is a much sought-after appointment.

But she was fired from one of her previous jobs in Paris when her ultra-woke regime ended up driving a theatre towards a deficit of almost five million euros.

Earlier in her career she was a boss of Scottish Opera when it was brought to the brink of collapse with debts of £2.5million.

Ms Mackenzie may be a titan of culture.

But when it comes to money she doesn't appear to know her arts from her elbow.

the SUNDAY ISSUE | FARAGE'S LOST DIVIDED RIGHT | MOMENTUM AND A POINT TO COALITION

Burnham is safe in No10 with Lib Dems as kingmakers

IT'S not easy to get 22,000 people out to vote in a mid-August by-election, especially when polling day is the hottest of the year.

By **LUKE TRYL**
Executive Director, More in Common UK

But Nigel Farage's gamble that his Clacton base would rally behind him paid off.

Despite the strange circumstances, Farage got more votes than in 2024, showing he can still motivate his supporters to turn up, even when the stakes are low.

In our Clacton focus groups, Farage's supporters were unmoved by the undeclared £5million gift row. Some saw it as an establishment stitch-up, or no worse than what other politicians do.

Maureen, a retiree, told us: "If someone offered me £5million, I'd take it."

But another number should worry Farage. Not the votes he received, but vote share.

His 63 per cent was lower than expected, especially since the combined Conservative/Reform vote in Clacton in 2024 was 74 per cent.

Comedy candidate

That's a warning many Tory voters still won't rally behind Reform as the face of the right, even without a Conservative candidate on offer.

Count Binface, meanwhile, won nearly 10,000 votes, or 27 per cent, six times higher than any comedy candidate in a parliamentary election. It is a reminder that Farage's opponents, who do care about the £5million, are equally motivated to vote against him.

By-elections are unique. It's difficult to take national lessons from individual local votes.

It's even harder here because the main opposition is not normally wearing a dustbin on his head.

Yet Clacton still offers us a glimpse of how much the political landscape has changed. Last summer, Reform was on the rise. Their weekly press conferences dominated the news, Farage had the highest approval rating of any party leader.

Our MRP model – a tool for estimating the next election – put Reform within spitting distance of a majority in July. By autumn, it looked like Farage might be our next PM.

What goes up can go down, though. Even before the terminally unpopular Keir Starmer left office, Reform started to dip.

Embracing high-profile ex-Conservatives, such as Suella Braverman and Robert Jenrick, worried some that the party was becoming the Tories 2.0.

Now Andy Burnham has put Labour narrowly ahead – winning back progressives from the Greens, who were disappointed by Starmer's government.

Reform won many seats in this year's local elections coming through the middle of a divided Left. If the Left unites, that becomes much harder.

Burnham still has work to do: He is closing the hole on his left flank, but his right remains exposed. He is losing more 2024 Labour voters to Reform than any other party.

As we heard in Clacton, showing he's serious about stopping Channel crossings and controlling immigration is non-negotiable for many voters.

Reform should also be more worried about the Conservatives today.

A year ago, Kemi Badenoch's challenge was just getting heard. Now, it's how to turn her growing fanbase into Tory voters. Badenoch's popularity has surged in recent months, now second only to Burnham. Farage's approvals, meanwhile, have declined from -10 to -27, leaving him as unpopular as Green leader Zack Polanski.

But liking Kemi and voting Tory are not the same. Barely half of those who approve of Badenoch would actually vote Conservative.

The Tory brand has further to go if they hope to take on Reform, but they are back on the pitch.

So what does the electoral map look like? Our modelling suggests that Labour could double their seats from their worst projections last year – up from a projection of 100 seats to well over 200 as Burnham squashed Polanski's Green wave. But still far from a majority.

Attention war

Meanwhile, the same projections show the Conservatives pulling back from the brink of extinction, coming within 20 seats of Reform, who are estimated to drop back behind Labour.

Which brings us to the party not yet mentioned. Amid a four-way attention war between other party leaders, it is easy to forget that, by seats, the Liberal Democrats are easily the largest third party in British politics.

Yet they could emerge as kingmakers, who would be unlikely to get into bed with either Reform or the Tories.

That suggests an election tomorrow could lead to a left-leaning Labour-Liberal Democrat coalition.

A pact on the right, meanwhile, looks unlikely as the war between Farage, Badenoch and Restore Britain's Rupert Lowe becomes more brutal.

Last year, Farage's march on Downing Street looked unstoppable.

A divided Right and united Left mean that a progressive coalition is now much more likely.

Gory . . . stage show

Thrones play gets a bloody warning

By STEPHEN MOYES

PRODUCERS of the new stage play version of TV gore-fest Game of Thrones have issued a warning – for its violence and blood.

The fantasy drama is about a brutal civil war to control the Iron Throne and rule the Seven Kingdoms of Westeros.

The books and TV shows have now been adapted into a four-hour production at the Royal Shakespeare Company in Stratford-upon-Avon.

But bosses said: "Live theatre is exciting. It can be loud, bright, shocking at times, and occasionally some of the effects we use can trigger emotions."

They warn of "adult themes, staged violence and death, stage blood, childbirth and bereavement and loud sounds".

But Telegraph critic Dominic Cavendish complained that "it lacks the grit and gore (not to mention the nudity) of the TV series. Still, it capably serves newbies and devotees."

FESTIVAL FUNNIES

I'M having an awful time. The back of my car fell off and you'll never guess what you can't buy at a car boot sale."

– Anna Thomas

Arrows to Barrows

THE Red Arrows will be replaced by a squadron of wheelbarrows after they were forced to cancel a seaside show.

The RAF's aerobatics team had to pull out of today's appearance in Lyme Regis, Dorset, after poor weather in the US grounded them there.

But help has come in the unlikely form of the Bradninch Red Barrows, from Devon.

The eight-man team describe their show as "precision formation flying through rings of fire, smoke trails and death-defying low passes".

Mark Ellis, who helps organise the event in aid of the town's lifeboats, admitted it "was not quite what was planned".

FESTIVAL FUNNIES

"THE slogan for any mine should be, 'Running our business into the ground'."

– Britney

BONNIE'S FAREWELL UNECLIPSED

Flowers . . . on hearse

Welsh flag . . . on coffin

THOUSANDS of Bonnie Tyler fans burst into a rendition of Total Eclipse Of The Heart as her coffin returns home.

The singer, *left*, real name is Gaynor Hopkins, died in July aged 75 in Portugal.

But yesterday crowds

By EMILY WEBBER

thronged the streets of the Mumbles, Swansea — where she grew up — to honour her.

As the coffin, draped in the Welsh flag, was driven past them, the crowd burst into applause and impromptu chants of her hit songs.

One of them, Carys Edwards, 18, said: "She came back to her fans. She's an icon."

A celebration of Tyler's life will take place at Swansea Minster tomorrow.

Pictures: AFP

£1BN FROM NON-AIR COSTS

GREAT AIRPORTS DROP-OFF RIP-OFF

£10 for ten minutes . . . Gatwick

AIRPORTS raked in nearly £1billion in just one year from non-runway activities — including soaring drop-off charges.

Bosses stand accused of treating hard-pressed families as "cash cows".

Manchester Airports Group, owner of Manchester, Stansted and East Midlands, recorded £453.3million in parking

EXCLUSIVE by JOHN SIDDLE

turnover in the year to April. That compares with £516.1million from aviation.

Motorists dropping off at Manchester terminals pay £5.50 for five minutes or £6.50 for ten. Staying up to 30 minutes costs £25.

At Stansted, drop-off drivers pay £10 for 15 minutes. East Mids demands £5 for 15 minutes.

Consumer champion Martyn James said: "Airport car parks have long been cash cows. In some cases these extortionate fees are more expensive than package holidays."

Heathrow had car park revenues of £197million in 2025, up from £185million.

Fares from the Heathrow Express rail line, where a walk-on one-way fare is £26, added £93million.

Drivers are charged £7 at a drop-off zone, even if they stay a few minutes. Terminal parking is £8 for up to 29 minutes. A stay of 12-24 hours can be £98. Gatwick got £148.1million from parking, charging £10 for ten minutes at drop-off.

Birmingham in 2025 got £96.8million, just under its £104.6million turnover from aircraft streams. Bristol made £75.6million in parking revenues, more than its £69.3million airline revenue.

Mr James added: "Until airport shuttles and trains are more reliable, families will be forced to fork out – or pushed to dodgy off-site parking firms."

£1k room 1066 fury

A HOTEL has been slammed for charging guests £1,000 a room to see the Bayeux Tapestry.

It includes entry to the exhibition of the historic depiction of the 1066 Battle of Hastings, plus cocktails and breakfast.

One Aldwych in London's Covent Garden has a deal with the nearby British Museum hosting the £33-a-head exhibition.

It is on loan from Normandy and the display is sold out for 2026.

Hastings MP Helena Dollimore called it "outrageous", asking: "How is it right some are able to pay their way in while others scramble to see a piece of our heritage?"

Students' free jabs

STUDENTS heading into higher education have been urged to get their free meningitis B jabs.

A million youngsters in England are eligible for a two-dose vaccination from pharmacies as part of a new NHS drive.

It was launched in July after an outbreak in Kent in March and two further clusters at Weymouth in Dorset, and Reading, Berks. Three teens died.

But less than 100,000 have had the jab, so far.

Wendy Lee, of independent pharmacy chain Well, said: "Starting university means youngsters are often living in close-contact settings, where infections spread easily."

MATCH ON-AIR GAFFE TO FAMOUS PUNDIT

Who said: 'Footballers these days often have to use their feet'?

By **SARAH ARNOLD**

WITH the new football season comes fresh on-screen battles among broadcasters and pundits.

But beyond all the banter and sharp analysis, we love their unfiltered views, gaffes and bizarre observations.

So try our fun quiz to identify who came up with these corkers . . .

1. Which manager mixed his metaphors by observing: "They've picked their heads up off the ground, and they now have a lot to carry on their shoulders"?
A) Harry Redknapp
B) Ron Atkinson
C) Neil Warnock

2. Who was the "Boy Wonder" with 89 England caps and 40 goals who stated the blindingly obvious, saying: "Footballers these days often have to use their feet"?
A) Michael Owen
B) Wayne Rooney
C) Alan Shearer

3. Which retired defender momentarily forgot his basic biology when analysing a tackle, saying: "There's a knock on his shin there, just above the knee"?
A) Mark Lawrenson
B) Jamie Carragher
C) Phil Thompson

4. Name the Gary who once said of Brazilian defender David Luiz: "He looks like he's being controlled by a ten-year-old on a PlayStation."
A) Gary Lineker
B) Gary Mabbutt
C) Gary Neville

5. Which of these Kevins was famously prone to on-air slip-ups including the classic: "In some ways, having cramp is worse than having a broken leg"?
A) Kevin Keegan
B) Kevin Phillips
C) Kevin Campbell

6. Identify the Ray who said: "Fabregas literally carries ten yards of space around in his shorts."
A) Ray Wilkins
B) Ray Parlour
C) Ray Houghton

7. Which of these outspoken pundits dismissed one team's performances by claiming: "If Liverpool were playing out in my back garden, I wouldn't watch them"?
A) Roy Keane
B) Gary Neville
C) Graeme Souness

8. Who joked about his pal and fellow pundit live on air, saying: "No one wants to grow up and be a Gary Neville"?
A) Roy Keane
B) Micah Richards
C) Jamie Carragher

9. Which one of these Wrighties was a bit Wrongy when he said: "I don't want Rooney to leave these shores but if he does, I think he'll go abroad"?
A) Ian Wright
B) Mark Wright
C) Tommy Wright

10. Who made this fishy statement: "People say 'go with the flow'. But do you know what goes with the flow? Dead fish"?
A) Roy Keane
B) Paul Scholes
C) Rio Ferdinand

11. In the days of black and white TV, which commentator told viewers: "For those of you watching in black and white, Spurs are in the all-yellow strip"?
A) David Coleman
B) John Motson
C) Kenneth Wolstenholme

12. Which former striker said: "One accusation you can't throw at me is that I've always done my best"?
A) Ian Rush
B) Gary Lineker
C) Alan Shearer

Answers: 1.B; 2.A; 3.A; 4.C; 5.A; 6.A; 7.A; 8.C; 9.A; 10.A; 11.B; 12.C.

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Plagiarism row . . Arday

Death of prof is a tragedy, says PM

By LEN READ

THE PM yesterday called for a "moment for reflection" following the death of plagiarism row professor Jason Arday.

Andy Burnham said: "It's a tragedy on so many levels, but particularly for everybody who knew Jason, his family obviously, his friends.

"It's not a moment for rushing to judgment. It's a moment for reflection."

Dr Arday, 41, who was Cambridge University's youngest ever black professor, resigned on August 5 as bosses launched a probe into his qualifications and past career.

The married dad of two was found "unresponsive" on Friday afternoon at a property in Battersea, South London.

One colleague, Professor Sir Simon Baron-Cohen, said that he spoke to him on Friday morning. He added: "He wasn't coping with the loss of his career, his reputation, and he felt he couldn't go on."

The Met Police said Dr Arday's death is not believed to be suspicious.

FESTIVAL FUNNIES

"I'VE been making prank calls to a Vietnamese restaurant . . . What are they gonna do? Banh Mi?"

– Richard Stott

Hike Brit body find

A BODY has been found in the search for an 18-year-old Brit who disappeared while hiking.

Geology student George Smyth had been missing since last November.

Avon and Somerset Police said yesterday that remains found in the Bucegi Mountains in Romania were believed to be Mr Smyth, who was from Bristol.

His family are being supported by a specialist officer. In a statement, they said: "We're devastated. He was the best of us and is deeply missed.

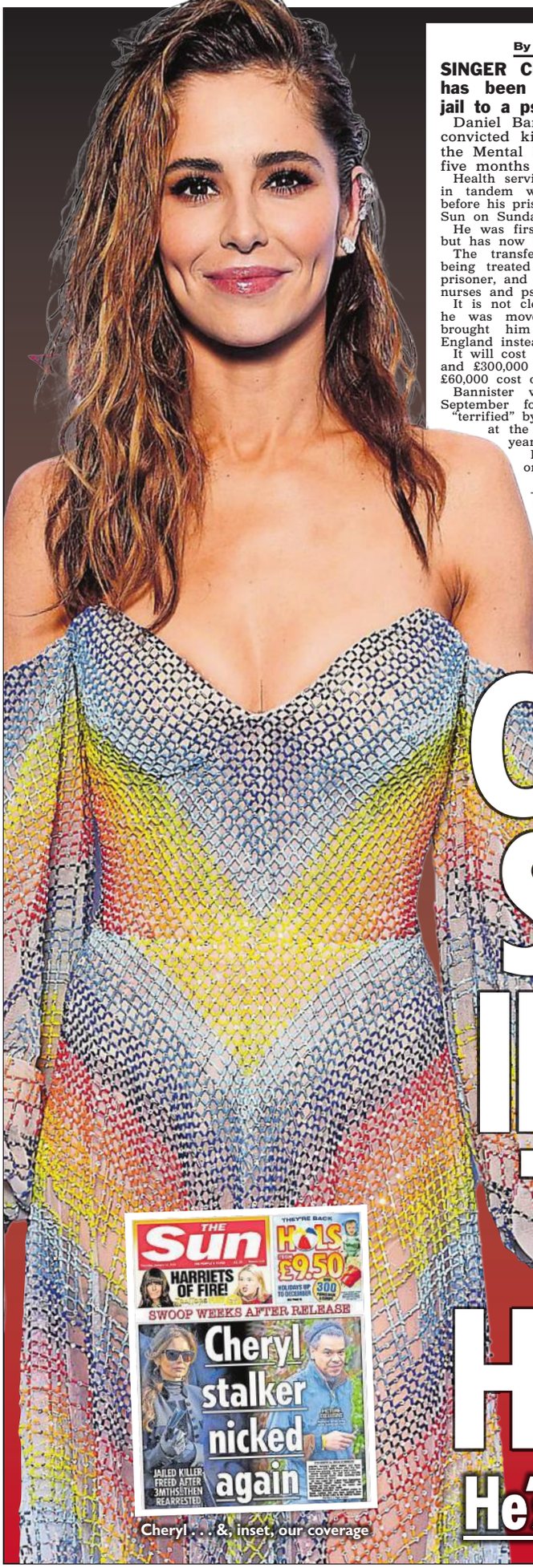
"Although this news is incredibly painful, the torture of waiting is finally over, so we can now focus on bringing George home and saying goodbye."

FESTIVAL FUNNIES

"I SPENT all day writing a joke about margarine and I Can't Believe It's Not Better."

– Alex Kitson

EXCLUSIVE: KILLER SECTIONED



Cheryl . . . &, inset, our coverage

CHERYL'S STALKER IN MOVE TO NHS HOSPITAL

He's switched from prison

By BENEDICT ELLIOT

SINGER Cheryl Tweedy's stalker has been secretly moved from jail to a psychiatric hospital.

Daniel Bannister, 51, who is also a convicted killer, was sectioned under the Mental Health Act after spending five months in prison.

Health service bosses made the decision, in tandem with the Ministry of Justice, before his prison release date this year, The Sun on Sunday can reveal.

He was first put in a secure hospital – but has now been moved again.

The transfer means Bannister is now being treated as a patient rather than a prisoner, and has round-the-clock access to nurses and psychologists.

It is not clear which psychiatric hospital he was moved into – but the transfer brought him under the care of NHS England instead of the Prison Service.

It will cost the taxpayer between £165,000 and £300,000 per year – compared to the £60,000 cost of a prison place.

Bannister was jailed for a year last September for leaving pop star Cheryl "terrified" by turning up for a fourth time at the house she shares with nine-year-old son Bear.

He had breached a restraining order already placed on him.

He was released from prison – but was put back behind bars in January after he was discovered to have alcohol in a bail hostel, which was a breach of his conditions.

Pictures showed him, straggly hair tied back, vaping near his bail hostel in South London and chatting to locals at a bus stop.

He had been scheduled to be released again in June, with the remainder of his sentence to be served on licence. But he has since been moved to a psychiatric hospital.

Under NHS England care . . . Bannister

Bannister's campaign of harassment had started in January 2024.

It then continued after Cheryl's former partner, One Direction star Liam Payne, died falling from a balcony in Argentine capital Buenos Aires in October that year.

One of Bannister's offences took place weeks after Cheryl attended Liam's funeral.

A court last year was told Bannister believed Cheryl had invited him to her home when he turned up on one occasion.

In 2012, he was jailed for 30 months for the manslaughter of Rajendra Patel, 48, after attacking her at a YMCA hotel in Croydon, South London. The Ministry of Justice last night declined to comment.

benedict.elliot@thesun.co.uk

£100K BILL FOR LEEK SKYWALKER

DUBBING Star Wars into Welsh has cost taxpayers £100,000 — in a move blasted as "completely out of touch".

By ALEX WEST

The new version has been produced by Lucasfilm and Disney, helped by the cash from the Welsh Government.

Hollywood actor Matthew Rhys voices Han Solo and Osian Morgan is Jedi Luke Skywalker in Star Wars: Gobaith Newydd – the fresh take on 1977 classic A New Hope.

But the six-figure bill has been criticised by senior Tory Welsh Parliament member Janet Finch-Saunders.

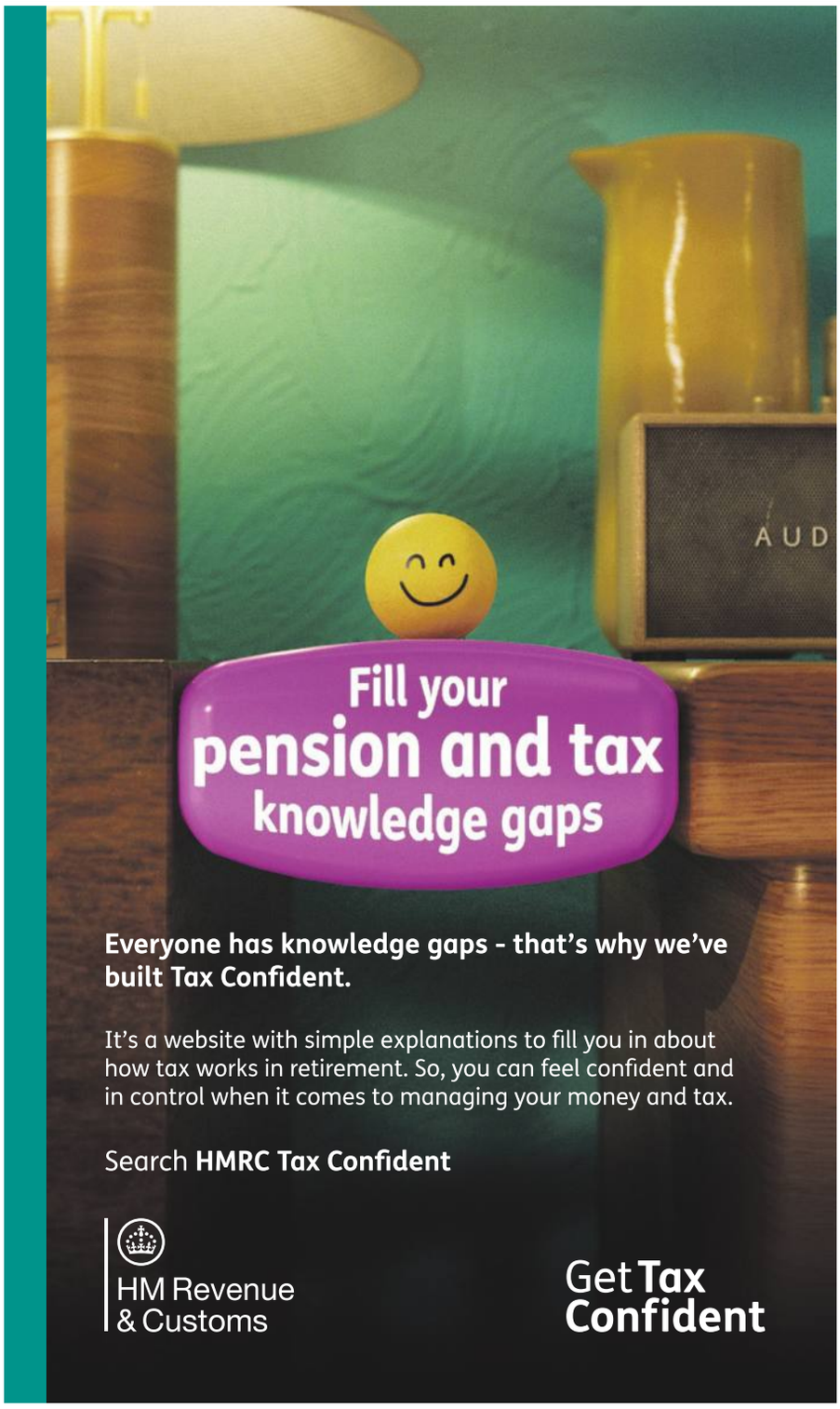
She said the "focus of the Welsh Government should instead be on tackling the challenges facing the Welsh NHS". She added: "We champion the Welsh language but the Welsh Government's priorities appear completely out of touch."

Solo role . . . Matthew Rhys

Lucasfilm co-president Lynwen Brennan, born and raised in Wales, said: "Welsh speakers will finally be able to enjoy the film in our native language and my hope is it will have the same emotional impact as if you were watching it again for the first time."

The film will air on Christmas Day on TV channel S4C ahead of the original's 50th anniversary next year.

alex.west@the-sun.co.uk



VIDEO OF SINGER

EXCLUSIVE by
DAPHNE BARAK

INCREDIBLE unseen footage of Michael Jackson has been unearthed, giving an intimate look at the King of Pop's life just months before it unravelled.

In one clip, the late superstar tours his childhood home in Gary, Indiana, pointing to where he and his brothers used to sleep in bunk beds.

And he jokes: "Take all the dirty pictures out!"

The extensive, candid footage was captured between 2000 and 2003 by Jackson's close friend and producer Marc Schaffel, who was filming a reality series with the star.

He reminisces about his career, pranks his inner circle by dousing himself in expensive perfume and has a phone chat with a starstruck young Beyonce.

Marc told The Sun on Sunday: "The material was originally shot to be a reality show I was making about Michael.

"It is the last material from Michael in the later part of his life.

"My long personal friendship with Michael had made filming this series possible. He fully trusted me. I own and have shot and paid for the footage and production.

"The first episode is entitled 'Going back to Indiana'.

"This show is a 24-hour window into the life of the world's most famous person on a pilgrimage back to his hometown, for the first time since his childhood."

'Consummate prankster'

Marc's fly-on-the-wall series was ultimately shelved when Jackson's Neverland Ranch was raided in November 2003, leading to his arrest on child molestation charges.

Following the swoop, TV network bosses lost interest in the series, leaving Marc with a mountain of unused footage.

Jackson was acquitted two years later in 2005 – after which he fled the US for Bahrain – but the documentary remained unreleased.

Now, Marc wants his film to be seen by a wider audience, capitalising on Jackson's posthumous renaissance following the huge success of the biopic Michael, which grossed more than £740million globally and spawned a sequel, currently in development.

Marc said: "This footage is a perfect real-life account of his life, and perfect to accompany the massive theatrical release of the Michael film.

"I've made a rough sample cut from the footage, but I'm open to collaborating on how to put the material together."

Recordings capture a rare, sentimental moment as Jackson tours the modest, 672-square-foot house at 2300 Jackson Street in Gary, where the Jackson 5 phenomenon was born.

Raising nine children in the cramped, two-bedroom bungalow, parents Joe and Katherine Jackson pushed their sons into a relentless rehearsal routine.

As he walks through the house, Michael points out the small rooms where the bunk beds were kept and the living room where he and his brothers practised every day.

He tells the camera crew: "In the living room, that's where we rehearsed every day . . . Just move the furniture."

It served as the birthplace of global stardom, although Jackson would later talk about his father's notoriously harsh discipline during those early years.

The home shows extraordinary clutter, which Marc explains was because an older relative was living there at the time and had been given little notice before the camera crew arrived.

In another clip, filmed in the back of a limousine, Jackson displays some of his trademark eccentric humour.

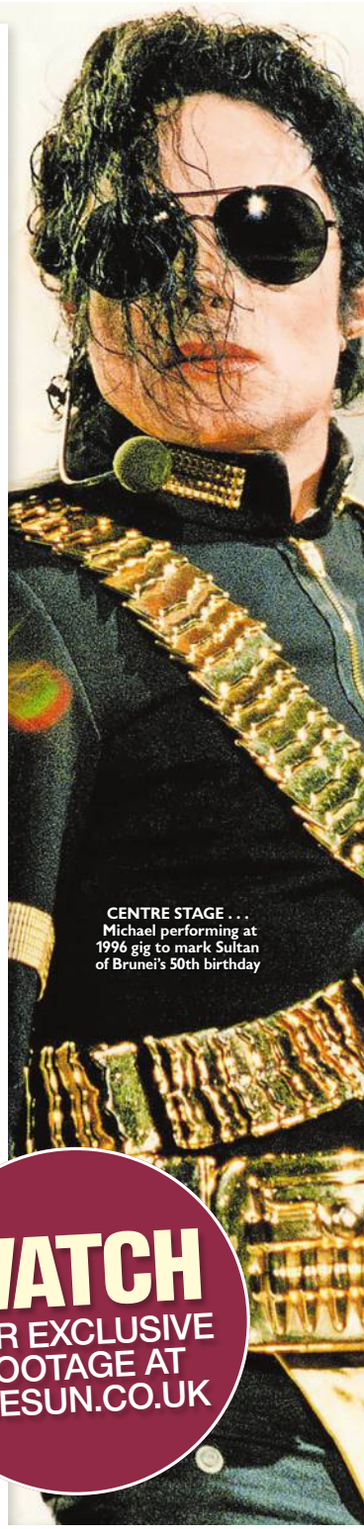
Testing out different fragrances with his team, the singer – whose nickname for cologne was "smells" – asks for his favourite.

His cousin, who was acting as his assistant on the trip, instigates a prank by spritzing Jackson's crotch.

The star howls: "Stop! It's going to start burning."

But the Thriller legend then gets in on the gag by repeatedly spraying his own lap, saying: "Take me to the hospital. Imagine how it feels down there!"

Marc says of the strange scene: "Michael, being the consummate prankster with the people closest to him, would love to overdo the cologne and perfume he liked. In



CENTRE STAGE . . . Michael performing at 1996 gig to mark Sultan of Brunei's 50th birthday

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TAKEN MONTHS BEFORE SCANDAL BROKE

UNSEEN JACKO

VISIT TO HIS FAMILY HOME

'This is the room I grew up in with my brothers...take all the dirty pictures out!'

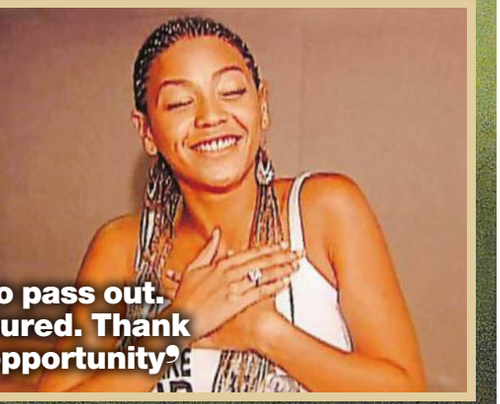
SPRAYED WITH PERFUME IN CAR

'Hey...don't spray me down there...it's burning! Take me to hospital'

Pictures: MARC SCHAFFEL

CHAT TO BEYONCE ON THE PHONE

'I'm going to pass out. I'm very honoured. Thank you for this opportunity'



this case, he liked this very expensive perfume at the time and, when getting ready to go out in public, would put it on.

"His cousin brought out the perfumes and started overspraying as a prank, but unfortunately for all of us in the limo with him, it was so strong we couldn't breathe."

Separately, Jackson reminisces about his past while flicking through a photo album.

He recalls: "Every country we went to, we would dress in their attire. I wanted to do it in India the most and I couldn't.

"I would get all the little Indian children dressed in their attire. I wanted to wear one of those young, Richie hats . . . the turban. We didn't get to do anything."

In another video from 2001, recorded during production for the charity single What More Can I Give, a 20-year-old Beyonce Knowles is seen breathlessly speaking to Jackson over the phone from the recording studio.

Happy and carefree

The star-studded 9/11 benefit anthem brought together acts including Bey, Celine Dion, Mariah Carey, Usher and Justin Timberlake.

But it was only released as a digital download in 2003, and pulled weeks later on the eve of the raid on Neverland.

Shaking with excitement in the footage, a young Beyonce whispers: "I'm going to pass out."

She tells Jackson: "I'm very honoured. Thank you very much for giving me this opportunity." Jackson warmly wraps up the call by telling her he loves her.

Having settled out of court in 1994 following earlier child abuse allegations by 13-year-old Jordan Chandler – for which he accepted no liability and was never charged – Jackson spent the early 2000s attempting a major comeback.

However, behind the scenes, the legal and public net was rapidly tightening around the superstar once again.

By late 2002 and early 2003, Jackson allowed journalist Martin Bashir behind closed doors for the infamous ITV documentary Living With Michael Jackson, which aired in February 2003.

The broadcast brought new scrutiny to Jackson's personal life when he defended sharing his bed with children. In one exchange, holding hands with a 12-year-old cancer survivor, Jackson insisted that letting young boys sleep in his bed was a pure, non-sexual act of love, asking: "Why can't you share your bed? The most loving thing to do is to share your bed with someone."

Public reaction to the documentary was followed by swift action from California authorities and Santa Barbara law enforcement, culminating in the November 2003 Neverland raid – just months after the final footage in Schaffel's collection was shot.

Following his acquittal two years later, the singer kept out of the public eye.

He died in June 2009, aged 50, from an overdose of propofol while preparing for his This Is It comeback residency in London. But Marc insists the Jackson he knew in the early Noughties was happy and carefree, saying: "During the time these clips were shot, Michael was about at the pinnacle of his second half of his career.

"The 1993 allegations made by Jordan Chandler had passed. He was in a great mood and the fans were very welcoming to him.

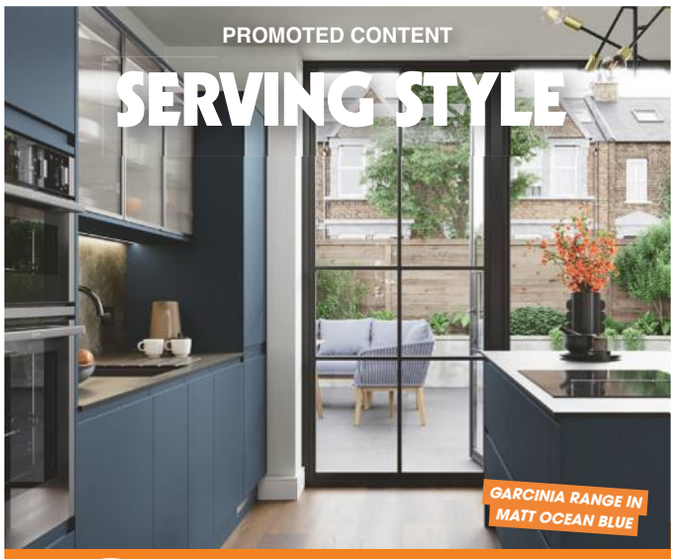
"My filming was always supposed to be the true rebuttal to the Bashir doco. It captured the real Michael."

The Michael Jackson estate has been contacted for comment.

●Daphne Barak is a TV interviewer and documentary filmmaker whose subjects have included Donald Trump, Hillary Clinton, Johnny Depp and Michael Jackson.

PROMOTED CONTENT

SERVING STYLE



GARCINIA RANGE IN MATT OCEAN BLUE

How can your kitchen makeover mix practicality and personality? Love Island star and interiors whizz Olivia Bowen has the answers

What is your advice for adding the finishing touches in a kitchen?
I always think the final touches are what makes a kitchen feel personal.

Once you've picked your colour palette, the materials you're going for and the type of handles you want, you can turn your attention to the areas in the room where the eye naturally lands.

This is where you can add interest with things like open shelving, artwork or statement lighting.

B&Q has loads of fab lighting to choose from, whatever your taste.

Are there must-have appliances you would recommend and why?
The biggest piece of advice I can give is to buy for the way you actually live, not how you think you should.

If entertaining is your thing, you could invest in an extra fridge or double oven.

If it's a busy family home, you may want to look at the biggest sink available, a high-capacity dishwasher and plenty of fridge space.

Integrated appliances create a sleek, seamless look and blend into the colour and design of your kitchen perfectly.

Spend your budget on appliances and kitchen equipment that you'll use every day, rather than the latest gadget that might just sit in a cupboard.

What are the things to consider when picking sinks and taps?
I can't live without our boiling water tap.

B&Q stocks a brilliant range of these – and you can reclaim some precious counter space when you no longer need the kettle.

The sink and tap are probably the hardest-working parts of any kitchen, so always prioritise quality.

Think about the size of the pans and baking trays you wash regularly, and choose a sink that suits them – I personally love a large single bowl, like a classic ceramic Belfast sink, because it's timeless and practical.

When it comes to taps, opt for a finish that ties in with your chosen kitchen feel – it will really bring together all the elements of the room.

At B&Q you'll find everything from warm brass effect and chrome to sleek matt black options.

If budget allows, pull-out spray taps or multi-function boiling water taps just make everyday jobs so much quicker and easier.

FROM TOP: GARCINIA RANGE IN MATT CARBON WITH RIVERO IN WALNUT; CARAWAY OAK EFFECT PANTRY DRAWERS; RANGEMASTER HARMONY BELFAST SINK; LARDER STORAGE WITH PULL-OUT DRAWERS

Do you have any handy tips for smart storage solutions?
The best storage is the storage you don't have to think about.

Make sure every cupboard works hard.

Opt for deep pan drawers instead of lower cupboards, pull-out larders for dry food, and integrated corner storage to make use of those awkward spaces.

Or how about a pantry unit, with shelves, drawers and even counter space hidden behind doors.

B&Q also has plenty of options for internal storage, from pull-out wire baskets and drawer dividers to integrated bins that are cleverly and tidily concealed.

If you spend a little time planning where everything will go before your kitchen is installed, you'll end up with a space that feels calm, organised and effortlessly practical.

Discover more in store, via the app or at diy.com

B&Q

BABY KILLER

Letby grieves 'Doc A' alone

HOLED UP IN CELL FOR HOURS

BABY killer Lucy Letby stayed holed up in her prison cell alone for hours after being told about the death of her doctor friend.

A prison officer broke the news to "devastated" Letby, 36, after seeing The Sun on Sunday's story last weekend.

Yesterday, it emerged the doctor – who cannot be named – was found collapsed in his car on June 24 this year, the date in 2016 when nurse Letby killed her last victim.

The married 53-year-old – called "Doctor A" in court and described as her "boyfriend" – died in hospital on July 3, the eighth anniversary of Letby's first arrest.

Last night a source said: "Lucy took the news of the death calmly, but was clearly devastated by it. She really went into her shell and was in her cell alone for hours afterwards. An official went and told her about it after reading The Sun on Sunday.

"They knew it'd be a trigger for her so were duty-bound to tell her and offer her any support they could.

"But she took it really hard and the coincidence of the anniversaries made it all the more difficult."

A separate source said Letby – serving a whole life order for murdering seven babies and trying to kill seven others at the Countess of Chester Hospital – still hoped to get together with the doctor. They said of Letby, who is appealing her convictions: "She was infatuated with him and thought the world of him.

"She was slightly delusional, but hoped they'd one day be together. But he was a married father of two and did end up giving evidence against Lucy."

Letby, now being monitored around the clock at HMP Bronzefield, Surrey, denied being "in love" with him. But she called him "sweetie" in messages and broke down in tears when he entered the dock.

At the Thirlwall Inquiry in 2024, the doctor said he had been tricked into giving her information about babies she had attacked.

EXCLUSIVE
by MICHAEL HAMILTON

'Devastated' . . . Letby

RITA'S CUP CLASH

By EMILY WEBBER

SINGER Rita Ora shows off her wild side in a clashing animal-print bikini.

The pop star, 35, teamed a two-colour zebra-print bra with snake-skin bottoms.

Sharing the bikini photos with her 16million followers on Instagram, she wrote: "Summertime isn't over yet."

Rita has just finished a string of European dates, with the final gig at the BitterSweet Music Festival in Poznan, Poland, on Friday.

Planes fan . . Cameron

Cancer lad plea for pilot lessons

By AMELIA CALEY

A MUM is fundraising to help her son achieve his dream of flying after he was diagnosed with stage four cancer.

Cameron O'Reilly was due go plane-spotting on his 12th birthday but then woke with severe stomach pains.

Mum Charlotte White, 34, took him to hospital – where doctors diagnosed Burkitt Lymphoma.

Cameron stayed for 130 days, having seven rounds of chemo, more than 50 planned surgeries and four emergency ops.

Now 13, he needs a wheelchair. But he has been told he can live a "long life" with regular hospital checks.

Charlotte, a single mum of three, of Southampton, has set up a GoFundMe for flying lessons, hydrotherapy and a wheelchair-accessible home.

She said: "He has always wanted to be a pilot, but having cancer and being in a wheelchair has made that difficult. He loves planes."

FESTIVAL FUNNIES

"I TRIED to start a company that makes ramps for bowling alleys – but I couldn't get the ball rolling."

– Ollie Horn

Fire gear foils heist

A HEIST of paintings worth £7.7million has been foiled by a fire extinguisher, police said.

A gang took the extinguisher to a museum and let it off near the security office before darting into the art gallery while guards were distracted.

They stole three paintings – by Cezanne, Matisse and Renoir – within minutes and fled.

But they left the extinguisher behind – and cops traced it to a building one of them had access to in Palma, Italy.

Police set up surveillance and raided a house on Friday to find the paintings in a flat-screen TV box. They arrested five Moldovan suspects over the March robbery.

FESTIVAL FUNNIES

"I'VE got friends in an 'open' relationship, which is modern for: 'I don't love you any more but it's hard getting a mortgage.'"

– Chris Cantrill

SICK GANGS' NEW PLOY

Picture: LNP

Dangerous . . . tot dangled over water as it is hoisted on to dinghy last week

HALF PRICE FOR HUMAN SHIELD TOTS

Evil smugglers' Channel offer

EXCLUSIVE from ED SOUTHGATE in Calais

PEOPLE smugglers are luring migrants who have newborns on to crowded cross-Channel dinghies with half-price deals to act as a "human shield".

The gangs want babies on board so French police will not intervene for fear of causing the tots to end up in the water, sources told The Sun on Sunday.

Parents are now getting boat places for babies as young as three months old for just £600 – compared with the standard price of £1,300.

A photo last week showed a months-old baby in a romper suit being hoisted up by the arm on to a dinghy, while dangling over the water.

One female migrant, who asked not to be named, said: "I only have to pay 700 euros for my baby instead of 1500 euros in another boat with other adults and no babies."

Aid workers have warned there are increasing numbers of mums and babies flooding the camps, raising fears that more lives will be put at risk.

One three-month-old baby, who has been sleeping in a camp in woods near Calais with her family, had been on three crossing attempts.

Her mum said she had paid the discounted price for her.

A male relative, 32, said they were only stopped on the first try by cops as the boat was either full or too far away so they could not all get on.

Asked if he worries about the children, he said: "I'm kind of worried, yeah. If anything goes wrong it's bad. With the babies it is bad."

He defiantly added: "But we will get to Britain eventually."

A UK Border Force source said: "We are aware of this tactic by the smugglers, of using babies as a type of human shield in the boats, by offering their parents half the price of a standard crossing.

"It is more evidence of the callous disregard the smugglers show for people's lives."

It comes after 230 people illegally crossed into the UK on one huge boat on Monday.

The increasingly brazen smugglers have been scrambling to reassure migrants after complaints the mega vessels are dangerous.

And they have used the fear spreading through camp as a cash grab by pushing VIP deals for them to pay more to get on a smaller boat containing only around 30 people.

Others warned the 50ft mega dinghies will become more "normal" as they vowed to get into Britain despite repeated failed attempts.

One migrant, Ali Razoul, 53, has been in the camp for two months after travelling from northern Iraq with his family, including two children.

Despite trying, and failing, six times to get on a boat and still being desperate to get to the UK, he said: "I'm not sure about having 200 people on. It's very, very dangerous."

edward.southgate
@the-sun.co.uk

Migrants . . not checked properly for infectious diseases

TB BREAKOUT FEAR

By JULIA ATHERLEY

MEDICAL screenings for small boat arrivals have been branded "poor" — some with tuberculosis not diagnosed before being allowed to leave processing centres.

The detainees watchdog issued the alert over the highly contagious lung disease as part of a review of a centre in Manston, Kent.

Care is provided by private firm DrPA Secure, which has a £60million, ten-year government deal.

The poor rating emerged as part of a report into the Government's one-in, one-out deal with France.

Under the scheme some Channel migrants are held at Manston before being transferred to an immigration removal centre then deported to France. Jane Leech, from the Independent Monitoring Boards watchdog, wrote to Home Office minister Anna Turley to highlight concerns.

She said: "Our confidence in the quality of initial screenings at Manston remains low. For instance, Gatwick IRC recently received an individual with TB."

TB levels in England rose 13.6 per cent in 2024.

TOPLESS PIC JAIL SHRINK LET BACK

A JAIL psychologist who sent an inmate a topless picture of herself has been allowed to return to work.

By THOMAS GODFREY

Lisa Forgione sent the lag a birthday card plus bikini shots, a tribunal heard.

The experienced shrink had sessions with him at HMP Isle of Wight but did not embark on an inappropriate relationship with him until after she left.

He told his probation officer the month she left that they were in a relationship but she denied it.

His Majesty's Prison and Probation Service concluded "it is likely that this relationship was fabricated".

The pair later had frequent contact and in a video call she showed snaps of "herself in a bikini and topless with her arms across her breasts". The service again raised concerns about her "sexual" behaviour but she insisted: "I am not in a professional relationship with the prisoner, nor in a sexual, financial or emotional relationship with him and never have been."

The pair continued communicating and the Health and Care Professionals Tribunal Service suspended her for misconduct. Its has decided she can practise again.

Job . . . Isle of Wight jail

Here's a really tasty giveaway...

£10,000 in prizes

100 winners of £100 vouchers

BELLA ITALIA

CRAVING a little taste of Italy? Your next Italian feast could be extra sweet. One hundred lucky readers will each win a £100 voucher to spend at participating Bella Italia restaurants.

With £10,000 worth of vouchers up for grabs, winners can tuck into everything Bella Italia does best. From hand-stretched pizzas fresh from the oven and comforting bowls of pasta to creamy gelato and other Italian favourites, Bella Italia brings the Italian tradition of sharing great food and good company to every table.

There is even more reason to visit Bella Italia this summer. Take advantage of the Kids Eat Free offer, available every day until September 1, 2026. It means a child can enjoy a free meal from the Kids Menu when dining with an adult who buys a main meal.

Plus, Bella Italia app users can now access Summer Rewards – giving them even more ways to enjoy their favourite dishes. Diners can claim a free two-scoop gelato with a main meal on their first visit, 25 per cent off food on their second visit and 50 per cent off food on their third visit.

There are two ways to enter for a chance to win . . .

1. Either download the Sun Savers app or sign up at sunsavers.co.uk.
2. Go to the Offers section, click Start Collecting on the Win a £100 Bella Italia voucher page.
3. Collect THREE Sun Savers codes. We will print one daily until August 22. Today's is on Page 24.
4. Enter your codes on the app or website by August 29, 2026.

OR join Sun Club at thesun.uk/club for £1.99 a month or £9.99 a year and get instant access to this competition, plus lots of other benefits, including competitions, exclusive articles and offers — with no need to collect Sun Savers codes.

TERMS AND CONDITIONS: 18+ England, Scotland and Wales residents only. Sun Savers multiple code collect August 15 – August 22 or Sun Club digital subscription required. Online access required. 100x £100 Bella Italia vouchers to be won. Competition ends Saturday, August 29. Prize is non-transferable & non-refundable. Full T&Cs apply, see sunsavers.co.uk or club.thesun.co.uk/sun-club. Sun Club new customer offer: £1.99 per month or £9.99 for the first year, then £19.99 thereafter unless cancelled seven days before the next billing date. Full T&Cs apply, see thesun.co.uk/club.

HOT ACTION FROM

By MEL FALLOWFIELD

ENTWINED on the bed, two women kiss and caress each other before beckoning to a third to join them.

It could be a highly-charged scene from an adult film designed to turn men on.

But at Skirt Club, blokes are very much not invited – though some of them drop their wives off, pick them up later and even buy tickets on their behalf.

This is a private members' club for bisexual, straight and bi-curious women who want to meet like-minded ladies.

Most of them have husbands or boyfriends who know exactly what's going on and want to hear all the details later.

Skirt Club holds events in 60 cities worldwide, from London to New York, Vienna and Sydney.

The one I attend at 3pm on a Sunday afternoon near the City of London is among 90 parties and socials put on so far this year.

Bisexual founder Genevieve LeJeune, who began Skirt Club 13 years ago, says: "I wanted to give women a safe space to indulge their desires away from men.

"The parties started small and their popularity grew through word of mouth.

"Now, we have more than 27,000 members, mostly aged between 35 and 55, though we have some in their 70s and others in their 20s, all of whom we have carefully vetted."

This particular Sunday is a Signature Party, an event held in a three-storey private venue on the edge of London's square mile where full-on play is on the cards if you want it.

Tickets cost between £55 and £90 depending on your subscription.

As I ring the bell on the double black doors, I am nervous. I have no idea what to expect.

NEWBIE . . . Mel was invited to an action-packed afternoon

'I haven't told friends'

The 38-year-old event organiser, who goes by the name Selina Simpson, tries to allay my nerves.

She got into the business after attending a party in 2017 and loving the scene.

"Around 30 per cent of women at every event are newbies," she explains. "Most of them are married or in a heteronormative relationship.

"We are tailored to bisexual and bi-curious women.

"Some come with a female partner, but it's the minority."

On arrival, newbies are given a black string with a key attached so everyone can immediately recognise who else there might be feeling nervous.

Genevieve, 48, says: "I call it the key to the gates of heaven – referring to a newfound freedom.

"It's a keepsake and I've had members tell me they've hung it on a mirror or bedpost to remind them of a memorable night."

I have to admit I'm way out of my comfort zone – it's always been men for me.

My husband, Brian, knows that and has no fears about me attending.

But as I enter the bar area, decorated in deep reds and blacks, complete with a small stage and metal dance pole, I start to relax.

The atmosphere is warm and welcoming, the air is fragrant and everyone is smiling.

I had been worried about what to wear. Genevieve had airily said to me: "It's candy-themed – wear pink or pastels. Anything, really."

I'm more of a black dress girl, and the only pastel dress in my wardrobe was a flowery number that I faintly worried looked like a 1970s curtain.

But the women around me were in a huge variety of outfits, from gold sequin dresses that would not have looked out of place on a red carpet to skirts and tops that could work for a school sports day.

MEET THE BOSS . . . Sun's Mel, *right*, with Genevieve in London

When I introduced myself to a group of three women – two newbies like me and one an old hand – they all told me their partners were very enthusiastic about them attending.

One of them, a stunning redhead mum-of-two from Cambridge, revealed: "My husband bought me a lifetime membership to Skirt Club for my 40th birthday earlier this year. He dropped me here at 3pm

THE OFF...BUT DID SUN WRITER ENJOY IT?

My night at the private event where bi-curious women frolic and men are banned...but happily drop off their wives

PLAY TIME . . . Genevieve on swing with others at raunchy party

Picture: CORAL VON ZUMWALT

SKIRT CLUB

and will pick me up at 8pm and be longing to hear all about it.

"I've been coming to the parties for four years, although I've had six-month breaks. I love them.

"I always feel an excited sort of nervous, not knowing who I might meet but being sure it will end with a lot of pleasure.

"My husband is just hanging out nearby waiting for me to call him and say I'm ready to leave.

"No part of him is jealous – he's excited by my sexuality."

One of the newbies – another mum of two – told me that her boyfriend actually did the research to find Skirt Club after she confided she fantasised about being with women.

She said: "I haven't told any of my friends what I'm doing. I love having a secret life away from the school gates and work.

"I can't wait to see what happens – and he's looking forward to a debrief."

The third woman's boyfriend had bought her a ticket to celebrate her promotion.

Edible bikini

When I lied and said I hadn't told my husband, they all encouraged me to do so. I found their honesty very refreshing.

The event kicked off with a welcome speech from Selina, where she touched on rules, such as consent and reading the room.

She also congratulated the women for embracing their sexuality and feeling free to explore.

Selina then stripped off to reveal she was wearing an edible bikini in keeping with the candy theme and invited women to nibble her sweets.

An orderly queue soon formed.

There was a belly dancer twirling around erotically, while upstairs, in a room adorned with a huge nude painting, the ice breaker started – spin the bottle.

Most of the women exchanged lingering kisses in the centre of a circle of attendees seated on plush sofas and armchairs, while around 30 others clapped and cheered.

The rest were mingling and dancing downstairs.

Many of the women started stripping off, revealing what was clearly expensive lingerie that featured wisps of lace in different colours.

As things heated up, they started caressing each other on the sofas.

Some women headed to private rooms, where groups of up to five got involved with each other beneath mirrored ceilings or on benches designed for spanking.

I found such excessive female sexuality confusing as I am completely straight.

With virtually everyone else stripped for action, I stuck out like a sore thumb and left before the end of play.

I was certainly one of the first to head off.

I'd expected it all to start slower, thinking that with only women present, there would be more time spent chatting and getting to know each other.

There was some of that, but the vast majority were involved in sexual activity. One woman I spoke to had recently moved to London and had come along to make friends rather than take part.

Another two were chatting about gardening while everything went on around them, but I suspect they soon moved on.

I couldn't find any of the original women I met to say goodbye, so I can only presume they were having fun in a dark corner somewhere.

It was refreshing to see women indulging their fantasies and loving every second.

They weren't performing for men and they felt safe in the company of other women who, like them, were juggling relationships, children and careers.

I suspect they went home feeling rejuvenated and with huge smiles on their faces.

THE Sun SAVERS

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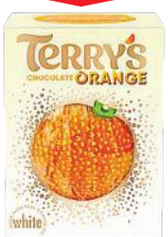
DEAL OF DAY

MAKE a bold statement with the Habitat 60 Klee ceramic table lamp by Margo Selby, down from £96 to £63.99 at Argos.

SAVE: £32.01

CHEAP TREAT



BE among the first try the new Terry's white chocolate orange, down from £2.50 to £2 at Co-op.

SAVE: 50p

DON'T MISS OUT ON ALL THE DEALS FOR TWO

Double delight

SQUEEZE out every last drop of summer fun by making the most of two-for-one offers.

By MEL HUNTER

Enjoy double helpings of drinks, food and family days out with these great deals, which will save you a tidy sum.

SPRITZ BLITZ: Grab a friend and enjoy two-for-one G&Ts, cocktails and spritzes at Bill's every day, from 3pm until the restaurant closes.

ITALIAN JOB: Fancy some pizza or pasta? If you sign up to the Bella Italia newsletter or download the app, you can get a free main course when you buy another.

You will also get the heads-up on offers and a £15 voucher on your birthday. Check out our great competition today on Page 24 too, you could win a £100 meal voucher for the chain.

TWO-TWO TRAIN: If you travel by train, you can get two-for-one tickets on hundreds of attractions, from river cruises in York to the Royal Pavilion in Brighton. For more details, visit daysoutguide.co.uk.

ON A ROLL: Bag a great deal on burgers at Hungry Horse pubs every Friday. If you buy one burger, the second will cost you just £1. You can double up your chips for a quid, too.

DIG THIS: Fancy a quirky day out? Sun Club members can get two tickets for the price of one at the four Diggerland sites around the country.

Simply sign up at thesun.co.uk/club for £1.99 a month or £9.99 a year then go to the offers hub to download the deal.

FLICKS SWITCH: Download Compare The Market's app and treat a friend to a night out at the movies.

You no longer have to buy a qualifying insurance product to get two-for-one cinema tickets – you get the midweek perk simply by having the app.

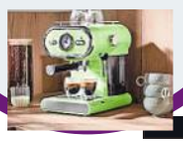
SHARE A SLICE: Claim a free pizza from Domino's with its Two For Tuesday offer.

Just download the app, go to the deals section and order two medium or large pizzas. The cheapest pizza will be free.

●All prices on page correct at time of going to press. Deals and offers subject to availability.

What's new?

COFFEE lovers can give their kitchens a pick-me-up with Lidl's SilverCrest Espresso Machine, £59.99 – or £49.99 for loyalty scheme members.



Little helper

BUY a Quechua tent, from Decathlon, then return it undamaged before September 6 with the receipt. Members will either get the full cost back as a gift card or up to 50 per cent in cash.

TOP SWAP

£19.99

COMMIT to get fit with the 10kg Northern kettlebell from John Lewis, *above*, £19.99, or give yourself a lift with Aldi's 10kg kettlebell, *below*, £12.99.

SAVE: £7

£12.99

THE Sun RAFFLE

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SHOP & SAVE

THERE is a three-for-£10 deal on at TGJones, on files and folders, including the A4 40-pocket display book, £7. All in time for the new term.

SAVE: Up to £11

HOT RIGHT NOW

CLAIM four free baby photoshoots with a free 8x6in print from each. Go to maxphoto.co.uk then search "photoshoots" to download the vouchers.

Tigers & lions roar to safety

THIRTY lions and tigers kept barely alive in cramped cages at a former zoo are being flown halfway across the world to wildlife sanctuaries.

The big cats rescued from appalling conditions in Argentina began entering transport crates this weekend as they began journeys to South Africa and the US.

International animal welfare group Four Paws saved them from the site, 43 miles from Buenos Aires, after years of uncertainty over their fate.

Authorities shut the Lujan Zoo, which let visitors handle and pose with tigers and lions, over safety and animal welfare concerns in 2020.

BIG BACH & FRIES

Anti-social behaviour by youngsters is down 70 per cent since classical music was served up at a Chesterfield McDonald's.

BUGGING BUGGERED UP SHAMES BOND

Daniel Craig . . as James Bond

EXCLUSIVE by SEAN RAYMENT

BRITAIN'S spooks and undercover cops admitted making more than 330 blunders in a year spying on suspected terrorists and criminals.

Spies in MI5, MI6 — home of film spy James Bond — and GCHQ cocked up on ops such as planting bugs in suspects' homes.

Spooks admit 330 terror spy blunders

The botches of "property interference and intrusive surveillance" emerged in the Investigatory Powers Commissioner's annual report for 2025.

It said: "In 2024, there was an increase in errors, with 333 reported by the UK intelligence community, compared with 222 reported in 2023. There was also an increase in the number of errors reported by law enforcement interception agencies, largely from an increase in errors reported by the National Crime Agency."

The watchdog was set up in 2017 to scrutinise spying powers used by police, intelligence agencies and other public authorities. From 2017 to 2024, spies and undercover cops reported more than 1,500 errors while conducting covert surveillance operations.

The report also reveals four child spies, aged between ten and 17, were recruited in 2024 by law enforcement agencies.

Since 2017, about 30 "juvenile covert human intelligence sources" have been hired by police.

The report said: "Juvenile CHIS authorisations remain rare and are granted only in exceptional circumstances."

The Home Office last night said: "We thank the Commissioner for the thoroughness of his ongoing scrutiny."

Terms apply. Max £1634 saving includes £540 Airtime saving, £144 device saving and £950 Trade-in saving (RV + ETI). Google Pixel 11 Pro XL: 24m Unlimited Value Airtime Plan and 36m Device Plan. Airtime saving £15pm over 36m. £5pm discount for paying by recurring payment method; bill increases by £5pm if cancelled. Buy Google Pixel 11 Pro XL from Three UK 12/8/26 - 2/9/26 and trade in Google Pixel 9 Pro XL 256GB in good condition within 14 days to get enhanced trade in. Three Trade in powered by Ingram Micro (tradein.three.co.uk), new device serial number required. Credit by Hutchison 3G UK Limited t/a Three (authorised & regulated by the Financial Conduct Authority) at 0% APR, subject to status, credit checks, 18+ only. Missed payments may impact credit rating & ability to obtain future credit. Registered office: 450 Longwater Avenue, Reading RG2 6GF

Rhyme a reason to get a job

By LEN READ

JOB candidates are being asked to submit a poem to apply for roles at a company instead of a CV.

Education tech firm Thrive Learning said it wanted "something different" — and would also welcome a video or a voice note off applicants.

Ella Holland, from the Nottingham-based corporate training provider, said: "We're asking candidates to get creative. A video. A poem.

"Genuinely anything. As long as it's not a CV, we'll read it."

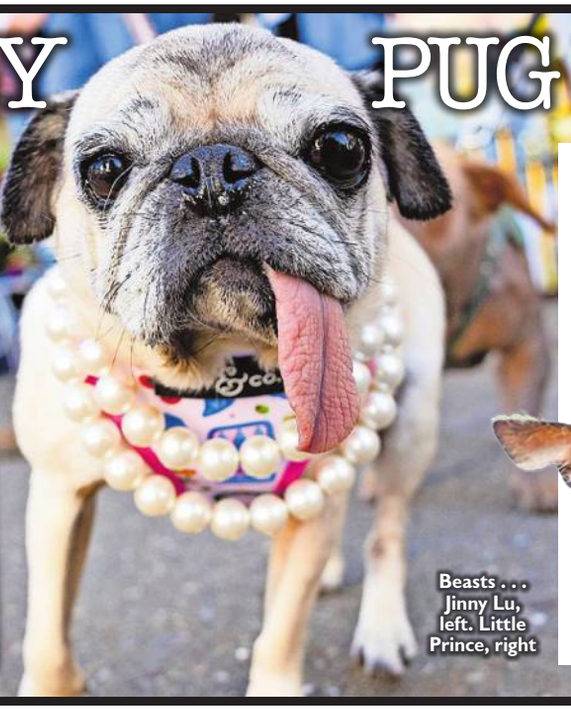
But she added: "This might be a flop. If it is, we'll bring CVs back and pretend this never happened. But we'd rather test it and find out."

ED'S SLICK TOCK

One of 130 custom Tudor Black Bay 58 watches Ed Sheeran gave tour crew is set to fetch £20,000 at a Bolton auction next month.

THE UGLY PUG HAUL

In your face . . Otto has cleft lip & palate



Beasts . . . Jinny Lu, left. Little Prince, right

By LEN READ

A TONGUE-lolling pug had the opposition well and truly licked — winning the World's Ugliest Dog Contest.

Rescue pup Jinny Lu won £3,500 and a trip to New York at the annual competition in Santa Rosa, California.

Runners-up included Yoda-eared chihuahua Little Prince and fangy cross-breed Otto.

Pictures: GETTY

BIZ

HANNAH HOPE'S

This week who I would...

SNOG

I AM loving new single Rescuer by ALEX WARREN. The video for it is brilliant too.

MARRY

DECEMBER 10 dancing to Lush Life by ZARA LARSSON while in Sweden.

AVOID

SELFISH celebs who have been watering their grass in the middle of a hosepipe ban.

EXPERIENCE IS ABBA FAB

DANCING TEAM . . . waiters perform and audience joins in

CAUGHT LIVE

MAMMA MIA! THE PARTY at The O2, London ★★★★★

IF you're an **ABBA** fan, Mamma Mia! The Party might just be the ultimate night out.

The immersive experience at London's O2, based on the hit movies, transports you from Greenwich to Greece, with a taverna setting that genuinely feels like you've landed on a sun-soaked island. Running since 2019, the show has recently welcomed former X Factor singer **SAM BAILEY** to the cast.

While I tucked into a Mediterranean feast, the action unfolded around the tables, with the energetic performers working their way through ABBA's biggest hits. And this is definitely not a show where you sit quietly and politely applaud.

By the end, the taverna has transformed into a disco, with the entire audience on their feet belting out Dancing Queen, Waterloo and Gimme! Gimme! Gimme! (A Man After Midnight). It is brilliantly bonkers, unapologetically cheesy and huge fun.

You've seen the holograms, been to the theatre and now it's time to party . . .

JESY IS ON TEAM TOWIE

LITTLE MIX star **JESY NELSON** believes the only way is Essex.

The pop star is relocating from Cornwall and looking at homes in Brentwood after splitting from her boyfriend **ZION FOSTER**.

Earlier this year, Jesy, *below*, revealed that their twin daughters Ocean and Story have been diagnosed with spinal muscular atrophy type 1.

It is a rare genetic condition that causes muscles to weaken and can affect the ability to crawl and walk.

She has since turned to Towie star **LAUREN GOODGER** for support as she navigates motherhood and her daughters' health.

Lauren tragically lost her second daughter Lorena shortly after birth in 2022.

Jesy has also started dating a new man, gardener Ben Davies, who previously dated Lauren's former Towie co-star **LYDIA BRIGHT**.

A source said: "Jesy has denied joining the cast of Towie, but she is spending more time in Essex to be closer to her mum Janice who has been a rock.

"Jesy is grateful for Lauren, who has also gone through an incredibly tough time."

Sounds like Jesy has an incredible village around her.

EMMA'S TANTRIC TEXT...

HARRY Potter star **EMMA WATSON** could be launching a new career… as a poet.

The actress, who is studying for a masters degree in creative writing at Oxford University, recently read from a collection of "autobiographical poems" at a showcase for literary agents and publishers.

At the high-brow event at one of the Oxford colleges, Emma, *above*, read three poems from her collection, titled Goddess In Repose, including one named Tantra, which appeared to reference the way she has been sexualised in her career. One rhyming line that stunned the audience read: "Madonna Whore, I need to settle this score".

An onlooker said: "The poems were quite revealing, but I don't think she should give up the day job . . . "

COLOMBIAN singer KAROL G was going for gold as she kicked off the first of three nights in Los Angeles . The Tusa hitmaker flaunted her figure in a skimpy metallic outfit with tassels as she performed at the SoFi Stadium in California on Friday night. Karol is playing 58 more dates of her Viajando Por El Mundo Tropitour tour and will head to the Tottenham Hotspur Stadium next July. I can't wait to see her light up London.

CHAKA: MUSIC BOSS GAVE ME ULTIMATMUM

CHAKA KHAN has revealed that a music exec once warned her that she would not be a success in music if she became a mum.

The American soul star defied him and had daughter Milni with ex-partner Rahsaan Morris and son Damien with husband Richard Holland in the Seventies.

Talking to BBC Radio 4's Desert Island Discs, Chaka, *right*, recalled how, when she was pregnant with her daughter, a music business bigwig questioned how successful she would be as an artist. "He said: 'How am I going to make you famous if you're going to be having babies?'

"I said: 'I'll be having babies with you, without you, over you or under you. I am just going to do my life."

Chaka's story has recently been brought to life in London's West End in the musical, I'm Every Woman, with **ALEXANDRA BURKE** in the lead role.

Chaka is clearly a woman who can do it all.

HARRY REDKNAPP is set for a cameo in a film about a mouthy West Ham fan he pulled from the stands to play in a match in 1994.

The film is being made by Sir RIDLEY SCOTT, with ANSON BOON playing Steve Davies, the angry fan that then-assistant manager Harry put on the pitch to play in a Hammers pre-season friendly against Oxford City.

EDDIE MARSAN plays Harry in the film Halftime Hero.

A source said: "This moment is one of football's greatest true stories and fans will love to see it brought to life.

"Harry wanted to be part of the film and is honoured that Eddie agreed to play him."

WHO HAVE YOU SPOTTED?

RAPPER AITCH playing a game of padel with friends at London Premier Padel P1, in Olympia, London, last week.

GEMMA ATKINSON and fiancé GORKA MARQUEZ relaxing at five-star Ribby Hall Village, in Lancashire, last Sunday.

ON SUNDAY

with **EMILY WEBBER**

Got a story? Call or WhatsApp 07929 209431

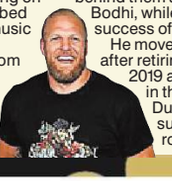
JAMES HASKELL is hitting the right notes again after launching his own record label.

The ex-rugby ace has started Rogue Unit Records, building on his time as a DJ. It is described as "sound recording and music publishing activities".

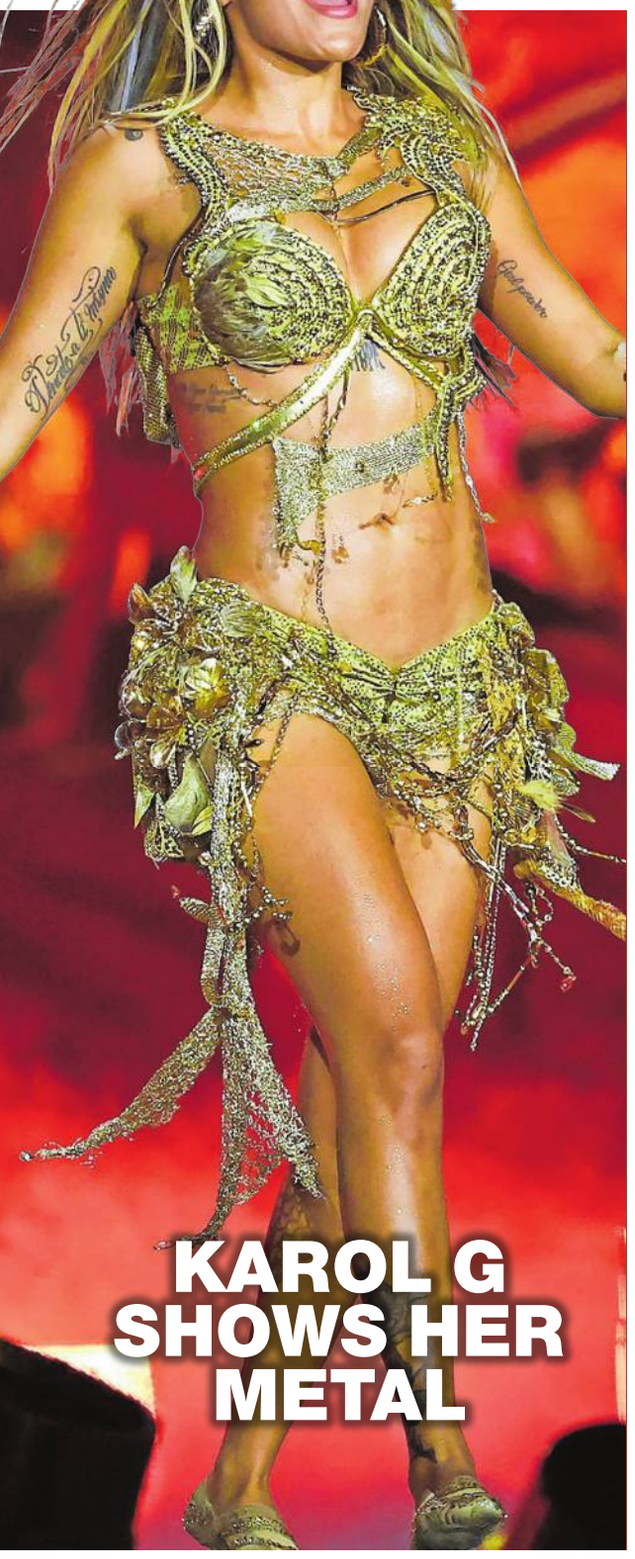
James, *right*, who split from **CHLOE MADELEY** three years ago, made 12 trips to Ibiza the year they had daughter Bodhi.

Commenting on this previously, he said: "Should I have done all of them? No? Should I have been around more? Yes!".

But the pair have put that all behind them and now co-parent Bodhi, while he hopes to make a success of his new label.



He moved towards music after retiring from rugby in 2019 and has played sets in the UK, Ibiza and Dubai. Sounds like summer will be all year round for James.



KAROL G SHOWS HER METAL

ARIANA: LONDON, I ❤ YOU SO MUCH

Star 'overwhelmed' at O2

ARIANA GRANDE revealed she felt "overwhelmed" with emotion on stage as she thanked her fans for their support.

At the opening night of the UK leg of her Eternal Sunshine Tour, the American singer said: "London, I love you so much. I feel overwhelmed right now. I'm so grateful to be doing this with you all.

"As you know, London is my final stop on this tour. And I just wanted to say I'm going to savour every last second of these last ten shows with you guys.

"As this is one of my favourite places in the world."

There was no hint of any underlying upset as Ariana took to the stage at The O2 London despite her shock decision to take an extended break from the public when her ten-night stint in the capital ends.

She seemed excited to be back, having spent so long living and working here during filming for the Wicked movies. Ariana said: "I lived here for a while so it will always have a special place in my heart.

"I want to say thank you to my fans for being the most incredible, loving beings and a presence in my life. I'll always cherish you."

Perhaps Ariana had something else to smile about. Her boyfriend, Ricky Alvarez – who she first dated a decade ago before recently rekindling their romance – was watching at the side of the stage.

Old Hollywood

Ariana's powerhouse vocals were pitch-perfect throughout her 26-song set, and the choreography was flawless.

But this show, her first since 2019's Sweetener World Tour, felt like a deep exploration of her inner psyche.

It was littered with references to her childhood, ballet and old Hollywood-style glamour.

Enjoy your stint here, Ari, we're grateful to have you.

SET LIST

ACT I
Yes, And?; **Positions;** Dandelion; **The Boy Is Mine**
ACT II
Eternal Sunshine; **Just Like Magic;** Thank U, Next; **7 Rings**
ACT III
Imperfect For You; **Warm;** Safety Net; **One Last Time;** Rain On Me (Lady Gaga cover); **Break Free**
ACT IV
Twilight Zone; **Past Life;** Dangerous Woman; **Honeymoon Avenue;** Hampstead
ACT V
Into You; **Hate That I Made You Love Me**
ENCORE
Kiss Me; **Bad Thing (Bunny Hop);** Petal; **We Can't Be Friends (Wait For Your Love);** Supernatural

UP FOR A BANG BANG, JESSIE?

JESSIE J is back on the dating app where she fell for her ex, CHANAN COLMAN.

The Price Tag singer and basketball star connected through celeb matchmaking service Raya in 2021.

Now, I can reveal Jessie – who has a three-year-old son, Sky, with Chanan – has returned to the site a month after announcing their split. In her Raya bio, which is under the name Jessica, she says she is a self-employed singer.

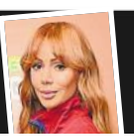
She has even included a glamorous snap of herself at July's O2 Silver Clef Awards in London's Royal Albert Hall.

A source said: "Jessie is putting herself out there again. She is focused on co-parenting Sky but is open to dating . . . if it is the right person."

On her split from Chanan, Jessie told her 13.9million Instagram followers last month: "It has been a sad and difficult situation, but we have been focused on navigating the change privately."

Hopefully, Jessie can find the right match.

RADIO DJ DEAN McCULLOUGH taking a phone call while standing outside Ann Summers in the capital's Soho, on Wednesday.



PRESENTER OLIVIA ATTWOOD getting a pedicure at Serenity Nails & Beauty in London's Chelsea last Sunday.

KATIE PRICE posing in a baby blue gym kit with fans while waiting at Ibiza Airport, in Spain, last Sunday.

COPS' THEFT FAIL EVERY SIX MINS

COPS gave up on finding a phone or bag thief every six minutes last year.

A Sun on Sunday trawl of police figures found 87,514 of 100,976 recorded "theft from the person" offences ended with no suspect identified.

In 11,932 cases, police were unable to prosecute a suspect, while 92 were given a caution.

Overall, police closed an investigation without finding a suspect

EXCLUSIVE by THOMAS GODFREY

240 times a day – or one every six minutes. Former Met detective Peter Bleksley said the failure damages public confidence.

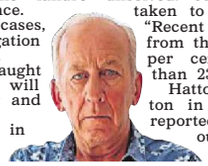
He added: "In many cases, police close the investigation without even opening it.

"If people are not caught for these crimes, they will push boundaries further and steal even more."

The top 23 theft areas in the country were all in London, with Leeds city centre next.

Worst was the West End with 10,579 thefts reported and 10,091 unsolved. Just 52 suspects were taken to court. The Met said: "Recent figures show theft from the person has fallen 23 per cent in London, more than 23,000 fewer offences."

Hatton, Stretton and Walton in Cheshire saw all 43 reported thefts unsolved. Zero out of 32 were solved in Stanmer, East Sussex.



Warning . . Mr Bleksley

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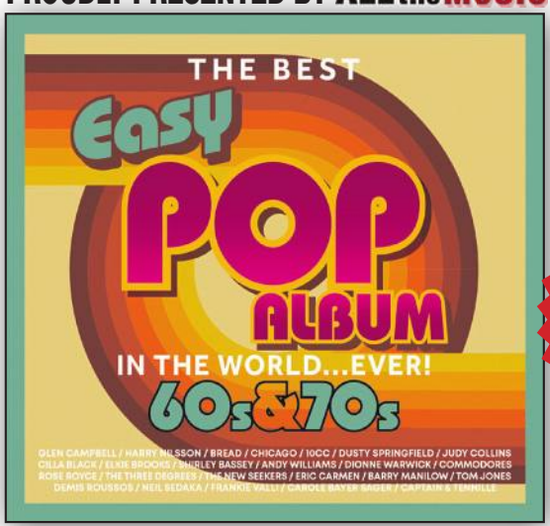

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A FANTASTIC COLLECTION OF THE BEST POP SONGS... EVER!

This brand-new collection contains **66 of the biggest hits** from the 60s and 70s! Starting off with **Glen Campbell's** electrifying hit 'Wichita Lineman' followed by chart-toppers from **Chicago**, **The Walker Brothers** and **Bobbie Gentry**, **Harry Nilsson** with 'Everybody's Talkin" and **Captain & Tennille** with 'Love Will Keep Us Together' keep the chart hits coming. We then have some of the best female voices ever to enter a recording studio: **Dusty Springfield**, **Shirley Bassey**, **Mama Cass** and **Dionne Warwick**. Do you remember 'Easy' from the **Commodores** and 'Love Don't Live Here Anymore' from **Rose Royce**. Disc 2 opens with hits from **Three Degrees**, **The New Seekers**, **Aretha Franklin**, **Cilla Black**, **Matt Monro** and **Tony Bennett** singing 'The Good Life'. Disc 3 begins with 'Theme from "A Summer Place"' followed by iconic artists **Crystal Gayle**, **Barry Manilow**, **Tom Jones** and **Demis Roussos** with his number one 'Forever And Ever'. Closing this fantastic round up with soul ballads from **Brook Benton** and **Danny Williams** and the truly sensational 'She' performed by **Charles Aznavour**.

Disc 1
1 Glen Campbell - Wichita Lineman
2 Harry Nilsson - Everybody's Talkin'
3 Bread – Make It With You
4 Chicago – If You Leave Me Now
5 10cc - The Things We Do For Love
6 Alessi Brothers - Oh Lori
7 Andrew Gold – Never Let Her Slip Away
8 Captain & Tennille - Love Will Keep Us Together
9 Helen Reddy - Angie Baby
10 Dusty Springfield - The Windmills Of Your Mind
11 Judy Collins – Send In The Clowns
12 Rita Coolidge - We're All Alone
13 Elkie Brooks - Don't Cry Out Loud
14 Gladys Knight & The Pips - Try to Remember/The Way We Were
15 Shirley Bassey – Something
16 Andy Williams - (Where Do I Begin) Love Story
17 Mama Cass - Dream A Little Dream Of Me
18 The Walker Brothers - Make It Easy On Yourself
19 Jackie DeShannon - What The World Needs Now Is Love
20 Bobbie Gentry - I'll Never Fall In Love Again
21 Dionne Warwick – This Girl's In Love With You
22 Acker Bilk - Stranger On The Shore

Disc 2
1 Commodores - Easy
2 Rose Royce – Love Don't Live Here Anymore
3 The Three Degrees - Woman in Love
4 Aretha Franklin – Until You Come Back To Me (That's What I'm Gonna Do)
5 Cilla Black – Anyone Who Had A Heart
6 Lesley Gore - Misty
7 Engelbert Humperdinck - The Last Waltz
8 Al Martino - Spanish Eyes
9 Matt Monro - Born Free
10 Tony Bennett - The Good Life
11 Jack Jones - Wives And Lovers
12 The Johnny Mann Singers - Up-Up And Away
13 Christie - Yellow River
14 The New Seekers - I'd Like To Teach The World To Sing (In Perfect Harmony)
15 Dawn & Tony Orlando - Tie a Yellow Ribbon Round the Ole Oak Tree
16 Carole Bayer Sager – You're Moving Out Today
17 Peter Shelley – Love Me Love My Dog
18 Dana - Please Tell Him That I Said Hello
19 Jacky - White Horses
20 Sammy Davis Jr. - The Candy Man
21 George Baker Selection - Paloma Blanca
22 Scott Fitzgerald & Yvonne Keely – If I Had Words

Disc 3
1 Percy Faith & His Orchestra - Theme from "A Summer Place"
2 Bobby Goldsboro - Honey
3 Charlie Rich - The Most Beautiful Girl
4 Crystal Gayle - Don't It Make My Brown Eyes Blue
5 Eric Carmen - All By Myself
6 Barry Manilow - Tryin' to Get the Feeling Again
7 Tom Jones - She's A Lady
8 Demis Roussos - Forever And Ever
9 Ben E. King – Spanish Harlem
10 Johnny Mathis & Ray Conniff & His Orchestra & Chorus - Wonderful Wonderful
11 Doris Day - Move Over Darling
12 Ketty Lester - Love Letters
13 Mary Mason - Angel of the Morning / Any Way That You Want Me
14 Liverpool Express – Every Man Must Have A Dream
15 Neil Sedaka - Laughter in the Rain
16 Frankie Valli – My Eyes Adored You
17 George Benson – The Greatest Love Of All
18 Brook Benton – Rainy Night In Georgia
19 Danny Williams – Moon River
20 Perry Como - And I Love You So
21 Charles Aznavour - She - Tous Les Visages De L'amour
22 James Galway - Annie's Song

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GIANT BILL FOR

WE'RE IN THE SUNNY . . . tourist draw

2,244 people on Personal Independence Payment (PIP) despite living in places like Spain, Italy, Portugal and France

EXCLUSIVE from **GRAEME CULLIFORD** In Benidorm

LAZING on a sun lounger, out-of-work Callum Fletcher is loving every minute of his four-day break in Benidorm – his second holiday in a month.

The father of four splurged £1,000 of his monthly sickness benefit payments on flights and accommodation so he and his partner could live it up in Spain just weeks after a trip to the same resort.

Last year, the couple splashed out £4,500 on a family holiday to Antalya in Turkey.

And despite being on handouts, Callum insists: "I know some people say you shouldn't go abroad if you're on benefits, but a holiday is good for your mental health."

Last September, his welfare payment – awarded after he suffered a ruptured bowel and hernia – was doubled to £798 a month.

The builder has since decided he is well enough to resume working part-time, earning between £150 and £200 a day.

But Callum, 41, explains: "When I told them I wanted to come off benefits, they refused.

"They said I had been signed off for 18 months and would need to have another assessment next year before the payments ended.

"I thought, how ridiculous!"

'All-day boozing'

Callum, from Neath Port Talbot, between Cardiff and Swansea, is claiming benefits legitimately and there is nothing to suggest he is doing anything wrong.

But his case – and the fact the system will not allow him to stop receiving taxpayer money – underlines how bloated our benefits bill has become.

The Sun on Sunday spoke to Callum as part of an investigation into the so-called "Costa del Dole" after it was revealed that thousands of expats are claiming disability benefits while living overseas.

Statistics show 2,244 people are on Personal Independence Payment (PIP) despite residing in countries such as Spain, Italy, Portugal and France.

The Department of Work and Pensions is shelling out up to £10million a year on the expats, and the number claiming has shot up by 86 per cent since before the pandemic.

Those living in European Economic Area countries are only allowed to claim the "Daily Living" component of PIP, which is up to £114.60 a week to help them wash, dress and cook in their overseas homes.

However, a Benidorm whistleblower claims some are getting rich off fraudulent claims and spending the money on Botox and all-day boozing sessions.

She said: "I've met people awarded PIP and you see them dancing in the disco the following week."

Every year they are joined by scores of holidaymakers with disposable income thanks to our generous welfare system, with PIP alone set to cost the exchequer £41billion by 2030. Callum also feels frustrated by the benefits trap. His partner, Sophie Mercer, 38, recently took a full-time job as a chef at a restaurant, which led to her Universal Credit payments being cut.

£41bn what the PIP is expected to cost the country per year by **2030**

It was an argument between the couple that eventually saw them take this holiday to make up.

Callum said: "We had a big barney five or six weeks ago and I got so angry I came out here on a one-way ticket.

"The flight was £100 including hand luggage and it was cheaper for me to fly to Alicante than to stay at the Castle Hotel in Wales so I thought, why not? I was in Benidorm on my own for eight days and she wouldn't speak to me for ten days, so I had a lot of making up to do when I got back.

"I told Sophie, let's take a trip, just the two of us without the kids, and that's what we are doing.

"We're here for four days and we're

THE 'COSTA DEL DOLE' PIP CLAIMANTS

Some say you shouldn't go abroad if you're on benefits... but a holiday's good for your mental health

SAYS CALLUM ON HIS **SECOND** SPANISH BREAK WITHIN WEEKS

LIFE'S A BEACH . . . Callum relaxes on Benidorm break
Pictures: SIMON JONES

having an amazing time. It's about £1.50 a pint and the breakfast we had this morning was fantastic.

"The apartment we are renting is huge and it's 450 euros for four nights, which would make it cheap as chips if there were a few of you.

"We paid about £600 for the flights from Cardiff with easyJet."

Callum was signed off from work in March last year after a nagging lump on his belly button became "incredibly painful".

He said: "I went to hospital and they told me I had a hernia.

"I had to wait for six to eight weeks to sign on, but then I was awarded sickness benefits, and in September, when I went for another assessment, they doubled it to almost £800.

"In April, I told them I was well enough to go back to work. The woman said I'd been signed off for 18 months and I would need to wait until I had another assessment, which means I can't come off benefits until March next year.

"I'm back working part-time now, but I still have bad weeks where I can't face working, so perhaps they were right to continue with the payments.

'Find a loophole'

"I often feel that the more you work the more you are punished.

"Sophie went back to working full-time a couple of months ago and they've taken away the help we used to get with the council tax and cut her Universal Credit.

"We are £500 worse off from benefits a fortnight."

Walking around Benidorm, surprisingly few people are willing to speak about the benefits issue, which critics say is set to bankrupt Britain if current trends continue. Benefit fraud cost the UK taxpayer £6.5billion in 2025, a sum that has more than doubled since 2020.

One middle-aged woman we approached said she was living in Spain and claiming PIP, but her partner, a man in his 60s, quickly cut her off, saying: "You're making me very nervous. Come on, Love, it's best we're on our way."

One person willing to speak out was a whistleblower involved in expat visa applications. Declining to give her name for fear of reprisals, she estimates one in ten of the 3,500 Benidorm expats are fraudulently claiming UK benefits.

The source said: "The majority of my clients are Brits and so I see it all the time when they present their papers for a non-lucrative visa.

"I would say I see between ten and 15 fraudulent cases for every 100 applicants. The British community in Spain is amazing, if they can find a loophole they will and they don't worry about getting caught.

"I've met people who say, 'I've just been awarded PIP', which means you need help with basic tasks, and you see them out dancing the following week.

"Or they say, 'I've just been awarded full Attendance Allowance,' which can mean you are not able to feed yourself.

"Then I see them drinking at a bar all day getting absolutely paralytic.

"You can spot the people on benefits because they are frivolous with their money, always getting their hair, nails and Botox done.

"It's become a way of life for many people.

"The sad thing is this behaviour is passed down through the generations and when their children grow up, they will do the same."

● Names have been changed on request.

HOT SPOT . . . Benidorm coastline

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Abusive . . . Wheeler

Prem 2's help on race hate

By LAUREN UTTLEY

TWO Prem footballers defended a security guard from a tirade of racist abuse, a court heard.

Boozed David Wheeler, 63, thought Nigerian Israel Ilesanmi was a "burglary lookout". He filmed himself ranting in Richmond, South West London: "You're not English. Why are you here?"

Brentford's Vitaly Janelt, 28, and Kevin Schade, 24, were driving past and got out to confront Wheeler, who called them "German f***ing p****s".

Wheeler was punched, causing a black eye, and had his phone swiped in the bust-up, Wimbledon magistrates' court heard.

The van driver claimed he was not racist as his company made staff watch "inclusivity" videos.

But he admitted racially aggravated harassment using threatening and abusive language.

He was fined £1,699 and ordered to pay £150 compensation.

Cabbies' stab kits

HALF of London's black cabs are being fitted with military-grade medical gear to treat stab victims.

Charity Rapaid is kitting out the fleet with 7,000 emergency packs.

They contain an instruction card, four pressure bandages and surgical gloves.

Bystanders just need to spot a green Rapaid sticker on a cab window.

Charity founder and ex-Special Forces soldier Alex Chivers said: "The sooner direct pressure's applied, the better your chances of survival."

Beat the dull jobs

ELECTRONIC dance music helps workers perform dull tasks better, a study has found.

Boffins found the regular beat improves concentration and keeps people alert.

But pumping tunes can also impair people with tricky jobs, especially if they have lyrics.

Prof Christopher Ballmann, of the Alabama University study in the US, said: "Some benefit from external stimulation.

"But music with lyrics, at high volume or unfamiliar can be distracting."

KYLIE BARES SOLE

Picture: KHY

By LEN READ

NAKED Kylie Jenner looks well-heeled — in a new range of shoes.

The 29-year-old entrepreneur, worth around £700million, wore silver strappy heels and wedge-heeled flip-flops, *below*, the result of a collaboration between her Khy label and Italian firm Gia Borghini.

EXCLUSIVE

Mister Chef! Gregg storm

Chain reaction . . . Wallace and McIlroy

SEXIST STAFF AD FOR MEN ONLY

By HANNAH HOPE, Showbiz Editor

SHAMED MasterChef star Gregg Wallace is caught up in a sex discrimination row after an associate said he would only employ men.

The sacked host, 61, is ambassador for a chain of pizza and fast food restaurants run by Will McIlroy, 41.

But McIlroy claims it would be "inappropriate" if he employed any young women.

In an Instagram clip posted by Wallace and the new brand – called Austin's Dad – millionaire McIlroy says he wants "to employ hundreds of thousands of men aged between 18 to 25".

He adds: "It's not out of disrespect that I don't want to employ young girls. It's out of respect." He said he would not know how to mentor them.

Wallace has been promoting the venture on his social media.

He was fired from BBC's MasterChef last year over "inappropriate sexual language and humour" claims. He and McIlroy were asked to comment.

In video . . . McIlroy

FESTIVAL FUNNIES

"HAVE you heard of an egg and spoon race? Spoiler, they just sit there. Waste of my bloody time."

– MC Hammersmith

2 DIE IN AIR CRASH

TWO people died when a light aircraft crashed in remote countryside.

Air and ground searches were carried out after the plane flying from an airfield in England did not arrive at Caernarfon airport in North Wales.

The wreckage was found near to Trawsfynydd, Snowdonia, on Friday.

The two people on board died at the scene. The Air Accidents Investigations Branch has launched a probe.

Chief Supt Owain Llewellyn, of North Wales Police, said: "This has been a challenging search operation and I am grateful to all the agencies involved for their professionalism."

FESTIVAL FUNNIES

"I MISS Jamie's Italian. I miss walking past it and going, 'No he isn't'."

– John-Luke Roberts

Country . . Clarkson

We're Jez going on UK hols

By BRENDAN McFADDEN

STREAMING hit Clarkson's Farm has boosted staycations this summer.

Three in ten adults off on a countryside break had been inspired by Sun columnist Jezza's efforts to run his Oxfordshire farm, a poll found.

The Traitors, set in the Scottish Highlands was also cited, with the top destinations including the Peak District, Lake District and Cornwall.

But a quarter worried about breaking down in a remote spot, with flat batteries, punctures and clutch failure the leading causes. Green Flag said: "These programmes have helped showcase the beauty of rural Britain but many locations can be a distance from towns.

"Before setting off, drivers should ensure the vehicle is roadworthy, plan routes carefully, and ensure they know what support is available."

QUOTES OF THE WEEK

Count Binface
As victor Nigel Farage fails to turn up to Clacton by-election count

"I can officially say that I am the winning candidate... of the candidates who bothered to turn up for the results."

Lucy Davis
The Office star reveals she's been diagnosed with terminal breast cancer

"I'm not scared of whatever comes next. I'm at peace with it."

James Norton
Says he won't be the next James Bond

"I've been asked a thousand times over the last ten years. And I can honestly, hand on heart, say no."

Donald Trump
Says Fifa axing hated boss Gianni Infantino would be an error

"He is fantastic... If he is gone, it will never be as successful or profitable again!"

Brad Pitt
Discusses suicidal thoughts

"I could feel the cold steel of the bullet in my head, and it felt like relief."

SERPENT UP FEELING

The Loch Ness Monster has officially been "sighted" 11 times so far this year – already topping 2025's total of ten.

TOWIE DIVA ON WHY IT'S TIME TO

When I want t I don't

Sa

PURPLE PATCH . . . Gemma Collins enjoying the Chelsea Flower Show last year

Picture: BRETT D COVE/SPLASHNEWS.COM

EXCLUSIVE by **BECKY PEMBERTON**

SHE first burst on to our screens 15 years ago as unapologetic diva "The GC" – but now Gemma Collins wants to put her sassy alter ego to bed.

While the Towie favourite built her multi-million-pound empire on being brash and fearless, she insists that behind the glitz she is just a big softie.

In an exclusive interview, Gemma said: "I had to become a caricature of myself.

"You either bring it to the cameras or you're gone. I had to get a thick skin – became very performative . . . that's business.

"The GC has got that armour up. Whereas I love my family. I'm always at home, always cooking. I cry over the most stupid things.

"I'm actually a very sensitive person. But you can't be soft in business.

"Since turning 45, I said, 'I want to bring out Gemma. I don't want to be The GC as much'.

"People still want The GC but, as I've got older, I've got a lot more comfortable in my own skin.

"I'm not false. Whether you like me or you don't, I don't lose sleep over it. I know who I am inside.

"I knew what The GC brand business had to do, to get where she needed to get."

Despite being emotional, when it comes to business Gemma insists she's "very on the ball when it comes to making a pound note".

'I'm a grafter'

She is worth a reported £4million thanks to brand deals, reality TV shows, social media ads and property investments.

Gemma said: "I had my first job at 13. I've always had it in me. Forget The GC, what you see on the TV – me, Gemma Collins, I am a grafter.

"I'm not frivolous. I like to have a good time. I love a bargain. I'll go down the market still and ask for money off.

"I did go through a stage where I had loads of money and it was a great feeling. I'd never had money like that before.

"And I did go in Gucci and it bores the hell out of me now."

Gemma says that her incredible work ethic is the reason she took part on the 2014 series of I'm A Celebrity, just hours after being assaulted.

The Diva Forever star was dating convicted drug dealer Alexander Moss at the time, who she claims assaulted her during a vicious robbery the day before she was due to fly.

She said: "I was dating a very bad person who had a criminal past, stupid me, and he robbed me basically, and beat me very badly.

"He broke into my flat. Took all my shop earnings for the day. And literally left me for dust on the floor.

"And even after that, I still managed to pick myself up, pack my bags and head for the airport.

"I couldn't let ITV down, and I think this is what a lot of people lack in their work life, especially youngsters.

"I still thought, 'Even though I'm in a terrible state, I cannot let ITV down'. I can't not turn up for this massive opportunity.

"And I got to the airport and I got on the plane and when I went into the jungle, you know, they sent the counsellor and everything and I was like, 'No, I'm fine . . . jazz hands!'

"Because I knew I'd been given such a fabulous opportunity. I didn't want anyone to take that away from me. But when I went into the jungle, I went into the camp, it hit me.

"My body was in pain. I was just not in a good place." Gemma was heavily ridiculed for her appearance on the show, after becoming hysterical when she was asked to jump from a plane and complaining she'd contracted malaria.

'I'm not false. Whether you like me or you don't, I don't lose sleep over it. I know who I am inside. I knew what The GC brand needed to do to get where she needed to get'

She ultimately left the jungle after just 72 hours.

Gemma added: "I took so much stick for that for years. She can't do the jungle, blah, blah, blah.

"And I don't blame anyone because they didn't know what had happened.

"But I admire myself, actually, knowing that I was not in a good way and I had to say no and come away.

"And that meant me taking lots of stick, lots of embarrassment, lots of people saying not nice things about me.

"That was a really awful time in my life and, you know, the phones then go quiet, the work's not coming in. And it was just a very, very bad time."

Now Gemma is happily settled with fiancé Rami Hawash, 49.

The pair are set to document their IVF treatment and journey to the altar in a new Sky Max series Gemma Collins: Four Weddings And A Baby, which will air next month.

And Gemma said that becoming a mother was a struggle, revealing: "I'm trying to have a baby, but let's see. It's not going very well at the minute."

In a clip for the upcoming show, she said: "Having a baby is not easy. You don't want to be making the wrong decisions in your life."

Gemma was also offered a shot at I'm A Celeb redemption when she returned for the All Stars special in South Africa this year.

She said: "I was so excited and again, thank you to the man above for giving me this brilliant opportunity because I took such a massive blow last time. It was the best thing, and I'm so grateful. Life has a funny way of showing up for you when you need it.

"People got to see the softer side of me. When I went into the jungle, I had nothing to lose. I didn't need to be The GC – I've already made a career doing that."

Gemma was working as a saleswoman at BMW in Harold Wood, Essex, when she was plucked for TV stardom.

She said of her former job: "The day I sat in the showroom with the earpiece in, selling cars and making a fortune I could not believe it – 'How the hell have I gone from £3.25 an hour and now I'm taking home thousands?'

"They'd come in, I'd size them up a bit. I never, ever judged anyone because the people that have got all the flashy gear, they've got f*** all. You get to my age and realise it's the people with the holes in their shoes

O RETIRE HER BRASH ALTER EGO

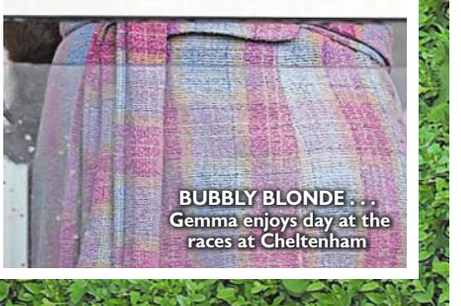
I turned 45 I said: 'I o bring out Gemma. t want to be the GC'

ys GEMMA COLLINS

THE G SEA . . . Gemma in Baywatch mode at the beach

LOADS OF LOLLY . . . star's worth around £4m

GREEN PARTY . . . diva frolics with giant brocolli in 2024



BUBBLY BLONDE . . . Gemma enjoys day at the races at Cheltenham

the carrier bags that have really d money."

e previously revealed a spooky e told her that her life was about hange.

e told her All Stars campmates: as sitting in the showroom one and it was like someone was ding next to me and whispered in ear, 'Your life's about to change'.

'No guarantees'

looked round and thought, 'What that?' But I knew I'd been given essage.

hen I received a call, 'Would you to come in – Towie here, we've d you're a bit of a character?'

nd they said, 'We really want you the show. If you could have a k from your job for seven weeks, then we'll see where it is at the So there were no guarantees."

well as the highs of fame, ma has also dealt with crushing lows in the industry. Her clothing boutique in Brentwood, Essex, went bust in 2018 – and her subsequent fashion brand was folded in 2022 after it expanded too fast.

Gemma said: "The failures and the falls are the best things that can ever happen to you.

"So, you know, the shop was printing money, then I had a clothing brand.

"I was supplying 50 stores of Evans up and down the country with my own clothing brand. I went from a small shop to having loads of stuff, a massive warehouse.

"Basically, we grew too quick. I couldn't control it. I didn't have the experience. And then it ended pretty quickly.

"I didn't pay myself for a couple of years. It was very hard work.

"One day I broke down crying, it was over breakfast to a dear friend of mine, and I said, 'I don't know how my life has become so out of control. Where have all these big finances come from? Where's all this volume? I've run before I can walk.'

"I did fold the company. I was advised to fold the company. The shame I felt from that. At that point, I'm just being honest. I did feel an absolute failure.

"But I went to bed that night and tomorrow's always another day and I thought, I'm going to wake up tomorrow and I'm going to start again.

"Anyway, two days later, New Look called me, unbelievable, going, 'We're going to offer you £250,000'.

"I'd just bought a house, so any bit of money after you buy a house . . . you know we all need that.

"And I was like, 'Hell yeah! I'm back in business, baby'.

"I believe in God massively and I was like, He's pulled it out of the bag for me – because it doesn't matter where you are in life.

"You do always think, 'How long have I got left?' But it just seems to keep coming. It just doesn't seem to end. But you know what's for you, won't pass you."

Last month, Gemma lost her beloved mum Joan, who died aged 70 after suffering with pneumonia.

In a touching tribute, Gemma said it had been the "greatest privilege" to be Joan's daughter.

Gemma credits Joan with being the "real driving force" in her family when she was growing up, sacrificing to put food on the table for Gemma and her older brother Russell.

Gemma said: "I grew up seeing Mum going without. She couldn't even afford to get a bus to Romford. She'd walk.

"If we had a chicken, she'd make it last three days – chicken dinner, chicken soup, chicken sandwich.

"As life went on things did change a bit, but I've never, ever gotten over the sacrifices it takes to make it."

the Sunday

THERE'S SO MUCH MORE TO COME...

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MONEY
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PETS
Page 37

HEALTH
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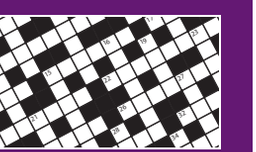

PUZZLES
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TRAVEL
Pages 45-47

23 pages of
SPORT

+ plus + plus
TV AND LISTINGS PULLOUT

WANT to make your tan last? Then keeping your skin hydrated is a must – but heavy, sticky lotions in hot, humid weather are uncomfortable. Here are three lightweight options, at every price point.

you BEAUTY

with TARA LEDDEN

budget

Mixa Urea Cica Repair Body Lotion, £8.99 for 400ml, boots.com: I've used up at least three bottles of this over the last six months – which must say something on how much I rate this product.

The formula is nourishing without being oily or thick, and it spreads easily over skin so you don't have to work hard to rub it in.

There's a very light scent which isn't at all overpowering and doesn't compete with my perfume.

When I shower the next day, I can feel the protective barrier washing away despite there being no sticky or greasy residue.

mid-range

Naturium Bio-Lipid Body Lotion, £18 for 414ml, spacenk.com: I've long been a fan of the body wash in the same range, but tried this via a travel-size sample on a recent trip and immediately purchased a full-sized bottle when I returned home.

It's the thickest of the three and the best of the lot if you have super-dry skin.

Thanks to the combination of glycerin, squalane, panthenol and camellia, it soothes skin on contact and provides long-lasting hydration.

The XXL pump is a bonus and makes application quicker.

luxury

Elizabeth Arden Eight Hour Cream Hydrating Body Lotion, £29 for 380ml, boots.com: This is the body lotion that convinced me I should moisturise the skin below my chin on a daily basis, and it's still one of my favourites.

It feels thick when you pump it into your hand, but immediately melts into skin like butter and makes a visible difference from the first use.

The only downside is the packaging, which makes it hard to finish the product inside without taking the lid off and smacking it on your hand to avoid waste. A tube would make the process easier!

pick of the week

WHEN did you last clean your hairbrush? If, like me, it's never, the Killabrush will be a revelation. Each bristle contains antimicrobial tech to reduce the bacteria on our hair and in the brush. BioBristle™ remains active for around 18 months, the average lifetime of a hair brush.

There's a traditional paddle brush and vented blow dry style, £29 each. Both gentle on hair and great on tangles. Shop now at killabrush.com.

The Sun VEGAS
Play smart with The Sun Vegas by setting Deposit Limits and using Reality Checks. Visit thesunvegas.co.uk/smart-tips to find out more.
PLEASE PLAY RESPONSIBLY
18+ GamCare.org.uk

Landlord lover betrayed me by sleeping with new tenant
deardeidre PAGE 44

the Sunday
thesun.co.uk

Sunshine on a plate

BRING the holiday menu home with these delicious and tasty – but budget-friendly – recipes from chef Amy Sheppard.

They're from her new book, Speedy 10, serialised exclusively this month in The Sun on Sunday.

With the flavours of Spain, Mexico and Greece, they will help you continue that holiday feeling at any time of year when you serve them up . . .

Sun ON SUNDAY FOOD

Paella(ish)

AMY SAYS: "My eldest son loves paella, so I was worried whether he'd like this cheat's version but he does. I'm not going to pretend that this recipe has all the time, care and intensity of an authentic paella but it has a lot of the same flavours and it makes a quick, delicious midweek dinner."

Serves 4

Prep: 5 minutes
Cook: 15 minutes

YOU NEED:

200g chorizo ring, cut into 2 pieces then halved lengthways
Oil, for frying
1 red and 1 green pepper, deseeded, finely chopped
1 onion, finely sliced
2 garlic cloves, finely chopped
2 tsp smoked paprika
2 × 250g pouches microwave white basmati rice
1 tbsp honey
2 tbsp red pesto
100g frozen peas
350g passata
100ml water
Salt and freshly ground pepper
Fresh parsley leaves, to garnish (optional)

"My son loves paella and likes my cheat version"

METHOD:

Chop the chorizo into half-moon slices.

Stir-fry the chorizo, peppers and onion for 5 minutes. Then add the garlic and paprika and continue to cook for 2 minutes.

Meanwhile microwave the rice.

Add the honey, pesto, peas, passata and water to the chorizo mix. Stir. Then add the rice and season.

Turn the heat down to a simmer and stir well for a couple of minutes.

Take the pan off the heat and leave to rest for a couple of minutes.

Garnish with parsley, if you like, and serve as it is or with salad and garlic bread.

tips & swaps

PRAWNS would be lovely in this. Stir in the cooked prawns when you add the microwaved rice, and heat through.

To make this in a slow cooker, add all the ingredients, except the rice and the water. Cook for six hours on low. Stir in the rice, season and add as much hot water as you need to get the consistency you want.

Photography by DAN JONES

Smoky chickpeas with garlic butter couscous

AMY SAYS: "I had forgotten how quick this is to make and how filling it is. This dinner has me obsessed again. It's the perfect combo – garlic butter couscous is a quick and easy way to add a lot of flavour. And it makes a great lunch too – just add pan-fried courgettes and feta."

Serves 4
Prep: 5 minutes
Cook: 18 minutes
YOU NEED:
For the chickpeas:
Oil, for frying
7 rashers smoked bacon
1 red onion, finely chopped
1 red pepper, deseeded and finely chopped
1 yellow pepper, deseeded and finely chopped
1 garlic clove, finely chopped
2 tsp smoked paprika
2 tsp red pesto
1 tbsp honey
400g can chickpeas, drained
400g can chopped tomatoes
100g feta cheese, crumbled
Salt and freshly ground black pepper
For garlic butter couscous:
220g dried couscous
310ml boiling water
2 garlic cloves, finely chopped
1 tsp dried parsley
50g butter

METHOD: Stir-fry the bacon for 5 minutes, until cooked. Remove and cut with scissors into 1-2cm pieces, then set aside.

In the same pan, stir-fry the onion and peppers over a medium heat for 5 minutes.

Meanwhile, mix the couscous with the boiling water. Season and stir.

Once the onion mix is soft, add the garlic, paprika, pesto and honey. Fry for 2 minutes.

Stir in the chickpeas, tomatoes and bacon. Half-fill the empty tomato can with water and add it.

Season, bring to the boil and simmer for 5 minutes.

Microwave the garlic for the couscous with the parsley and butter for about 45 seconds. Season and stir.

Fluff up the couscous, add the garlic butter, stir, then divide between four bowls and top with the chickpeas.

Finish by crumbling the feta over the top.

tips & swaps

SWAP the bacon rashers for 100g of sliced chorizo.

Use the best chickpeas you can – jarred ones are more expensive, but they're usually bigger and softer.

with AMY SHEPPARD

Halloumi doner kebabs

AMY SAYS: "A doner kebab is one of my guilty pleasures, it always has been. That, plus my obsession with halloumi, means this recipe was always on the cards. Don't worry too much about getting the halloumi strips neat, or even equal. They'll crisp up just fine and taste incredible however you cut them."

Serves 4
Prep: 7 minutes
Cook: 10 minutes
YOU NEED:
2 × 225g blocks of halloumi
½ tsp garlic granules
2 tsp smoked paprika
1½ tsp ground cumin
1 tbsp dried oregano
Oil, for frying
2 garlic cloves, finely chopped
150g mayonnaise
2 tsp lemon juice
Salt and freshly ground pepper
To serve:
4 white pitta breads
Lettuce, shredded

Lemon wedges, for squeezing

METHOD: Use a vegetable peeler to slice the halloumi into very thin strips. (Don't worry if it falls apart a bit, it doesn't need to be perfect.) Pat the strips dry with paper towel then mix with the garlic granules, paprika, cumin and oregano.

Season with ground black pepper and mix with your hands.

Stir-fry the garlic for 2 minutes over a low heat, so it doesn't colour. Remove and set aside.

Clean the pan then stir-fry the halloumi over a medium-high heat for 5-7 minutes, turning regularly until it is golden brown.

Meanwhile, mix the fried garlic with the mayonnaise and lemon juice, season and stir.

Toast the pittas. Open them up and spread mayo inside each, then divide the halloumi.

Finish with shredded lettuce and a squeeze of lemon.

tips & swaps

IF you want to soften the hot sauce kick, add a dollop of sour cream to the wraps.

Buffalo chicken enchiladas

AMY SAYS: "If you like enchiladas as well as a bit of heat, this is going to be right up your street. It's pretty spicy but the tomato and honey balance it out perfectly. Serve it with salad or steamed veggies."

Serves 4
Prep: 8 minutes
Cook: 20 minutes
YOU NEED:
Oil, for frying
1 red onion, finely chopped
500g chicken breast, diced
6 tortilla wraps
80g grated cheddar
For buffalo sauce:
100g hot sauce (I use Frank's RedHot)
100g garlic and herb passata, plus 150g for the top
1 tsp garlic granules
1 tsp paprika
1½ tbsps honey
50g fresh spinach leaves
Salt and freshly ground black pepper

METHOD: Stir-fry the onion and chicken in a frying pan for 5 minutes, stirring regularly.

Meanwhile, make the buffalo sauce. Mix together the hot sauce, passata, garlic granules, paprika and honey and add to the pan.

Simmer for 5-7 minutes, stirring occasionally until thickened and chicken is cooked through.

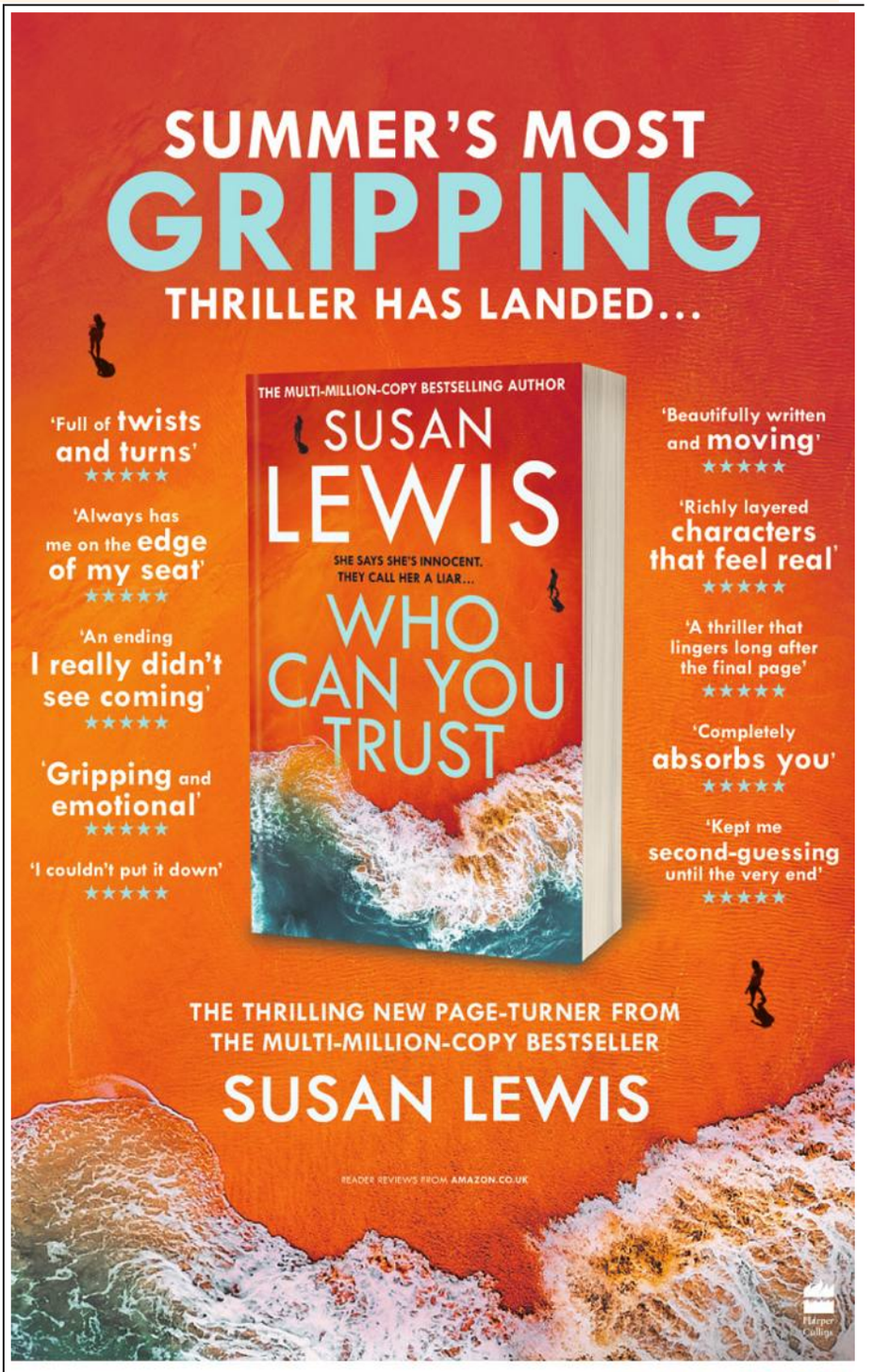
Add the spinach for the final minute and stir until wilted. Remove the pan from the heat.

Preheat the grill. Microwave the tortillas for 1 minute, then divide the chicken and sauce between each tortilla, placing it in a rough line down the middle.

Roll up the wraps and return them to the pan, squashed tightly together. Gently press them down.

Drizzle passata over the tortillas, top with the cheese, and grill until crisp and golden.

Serve with salad.



Available at TESCO

Selected stores. Excludes Express. While stocks last.

RED FLAG ON CARD SCAM

MILLIONS of us could be at risk of a new bank card fraud, consumer group Which? warns.

It is a particularly dangerous scam as it falls outside the refund schemes banks provide.

The scammers may have already stolen the victim's card details and other data through phishing or a data breach. Then the victim receives a cold call from a fraudster pretending to be from a bank, the police or a regulator. They tell their victim their account is under attack and ask them to move money to a "safe account"with a different bank.

The scammer then triggers card payments and asks the victim to approve them in their app, pretending this will stop fraud attempts. They may also manipulate the victim into sharing passcodes.

If you are a victim of authorised push payment fraud when you are tricked into transferring money, you have a right to be reimbursed by your bank within five business days, up to £85,000. But if you are manipulated into approving card payments, it may be harder to get cash back. Lisa Webb, a consumer law expert at Which?, explained: "Card payments fall outside of the automatic refunds that banks are obliged to provide for authorised push payments."

Raise a claim with your card provider and escalate the case to the Financial Ombudsman.

If you receive a call from someone claiming to be your bank, hang up and call your bank using the number on your card.

EMILY MEE

£250 ENERGY DISCOUNT

THE first areas where households are set to get a £250 yearly discount on their energy bills have been revealed.

The Government has said it will offer reductions to homes close to new pylons and energy grid infrastructure that is being built.

A total of 43 projects will be included in the scheme, the Energy Department has said.

Those living within 500 metres of the new or upgraded overhead transmission lines will start receiving money next year.

Some of the projects included are National Grid transmission infrastructure from Bramford to Twinstead Tee in East Anglia, the North London Reinforcement project and the Emmock substation in Scotland.

Roughly two-thirds of the projects are in Scotland but others are north of London and in East Anglia, the Midlands and North Wales.

Projects where construction started on or after March 10, 2025 will be eligible.

More than 100,000 households are expected to benefit from the scheme. Most qualifying households will get the discount on their electricity bill every six months through their energy supplier.

Officials said they will be contacted by their energy supplier or Ofgem.

Energy Minister Michael Shanks said: "It's vital we build again as a country and we are determined those communities which host pylons should benefit."

EMILY MEE

Got money worries? We can help. Email us at **money@the-sun.co.uk** or write to **Sun Money, News UK, 1 London Bridge Street, London SE1 9GF**

Sun MONEY ON SUNDAY

Edited by **FRAN IVENS** with **LUCY ANDREWS**

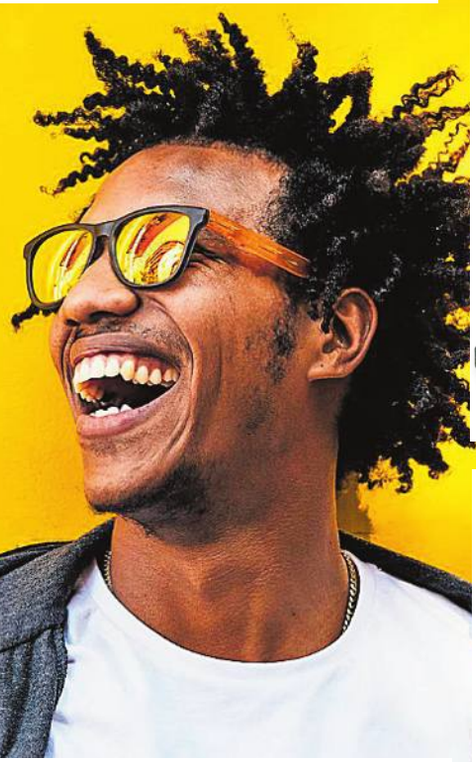
BAGGING a bargain is not just about knowing where to buy – timing is just as important.

August is one of the most important shopping months because prices for lots of items, such as games consoles and school essentials, drop to their lowest.

Here, BLATHNAID CORLESS pulls together a shopping list that could save you over £300 in total. But before you part with your cash, check comparison sites like Google Shopping, PriceSpy and Idealo to make sure you are getting the best deal.

What's hot to buy in August

TIMING IS KEY TO LANDING A DEAL



Airfryers

IF you are looking to level up your home cooking, there is no better time than now to grab an airfryer.

This is again likely due to end-of-summer sales, as well as retailers offering promotions to entice university students who are getting ready to move out.

PriceRunner says they cost £128 on average in August, compared with £178 when they are at their most expensive in February.

That's a saving of around £50 (29 per cent).

Asda is currently selling the Scoville black 9L dual basket air fryer for £40, down from £79.

Jackets

IT might feel odd thinking about your winter wardrobe when it has been one of the hottest summers on record.

But now is the time you will get the best bargains on jackets, according to PriceRunner.

It found prices are around £112 on average across all retailers in August, compared to £148 in December – a saving of £36 (25 per cent).

This is thanks to bargains in the summer sales before retailers bring out their autumn/winter collections.

Next is selling a black shower-resistant padded longline coat, great for the upcoming winter, for £39, down from £98.

School bags & suitcases

"BACK to school" is just around the corner – but don't panic if you haven't got your child a new bag yet.

In August, backpacks are the cheapest they will be all year, shopping experts say.

Comparison site PriceRunner says they cost £37 on average, compared with £59 in October.

Now you can get an Adidas backpack in Decathlon for £14.99, reduced from £24.99 (40 per cent off). Katy Phillips at idealo.com says prices are cheaper due to "back-to-school demand and retailers competing".

The same goes for suitcases. Katy says you can save £5 in August when they cost £152, as stores clear stock after the summer travel season.

At Dunelm, for example, Elements Hard Shell Suitcase, was £35, now £24.50.

Tablets & games consoles

NO need to wait for the Black Friday sales if you have your eye on a tablet – they are the same price now.

iPads and similar tablets are £299 on average, PriceRunner found, but go up to £352 in February – so you would save £53.

There are also some savings to be had on various games consoles in August, according to Idealo. They cost £239 on average now, £16 (six per cent) less than in February when they cost £255.

This is because they are not normally high on shoppers' lists at this time of year, so retailers may offer stronger promotions.

Argos is selling a Lenovo Idea Tab 11 Inch 128GB Wifi Tablet + Tab Pen for £189.99, down from £209.99.

Sunglasses

SPOTTED the perfect pair of designer sunnies but worried you will be paying a fortune for them in peak summer?

Surprisingly, August is actually the best time to buy your shades. That is likely because of discounts in end-of-season sales.

You can save up to 20 per cent compared to December, when they are most expensive, according to PriceRunner.

They typically cost £141 this month but £176 in December – a £35 saving. Last year, they were 24 per cent cheaper in August than during Black Friday, too.

There are also great deals on the high street. Oliver Bonas has slashed the price of its sunnies by more than 50 per cent. Its crystal green square sunglasses were £26 and are now £12.

Tents

AUGUST is by far the cheapest month to buy a tent, mainly thanks to prices being slashed in end-of-season sales.

Prices this month are £193 on average, PriceRunner says, compared with £293 in February, when they are most expensive.

That's a saving of £100 (around 34 per cent) – and also far cheaper than Black Friday when they are £266 on average.

B&Q is selling a Coleman Darwin summer beige dome three-man tent for £25, down from £80.

Don't buy... GARDEN furniture until September or October when average prices drop from £197 to £108. Wait for a new iPhone till the new model launches in autumn and last year's model is cheaper.

IN ASSOCIATION WITH Tails.com

Paws & Claws

STAR of the WEEK

WABANA is now a trained doggy lifeguard – despite initially struggling to swim.

Owner and retired maritime project manager Catherine Stovin says: "Although she's always loved being in the water, at first she would only do doggy paddle and struggled.

"It took a year to settle into her Newfoundland stroke, which is a bit like a polar bear swimming. Now she's a water baby."

Catherine, 59, of Farnham, Surrey, added: "She has trained as a lifesaver and passed the top level of Newfoundland Club lifesaving qualifications."

The pooch, 11, also comforts sick kids at the boarding school where Catherine's hubby, Steven Davey, works – by giving them a cuddle.

"She's one in a million," Catherine said.

WIN

Five £50 vouchers for Fish4Dogs

FIVE lucky Paws and Claws readers will each win a £50 online voucher to spend at Fish4Dogs.

Its grain-free and hypoallergenic fish treats include award-winning Sea Jerky Whoppers, salmon sticks and new white fish sausage slices.

For a chance to win, send an email headed FISH4DOGS to sundaypets@the-sun.co.uk by August 30. See fish4dogs.com. T&CS apply.

Puss such a scaredy cat

NEEDS MEDS FOR MOVE

Pet VET SEAN McCORMACK

HE is on a mission to help our pets . . . and is here to answer YOUR questions. Sean, who is the head vet at tailored pet food firm tails.com, has helped with owners' queries for ten years.

He says: "If your pet is acting funny or is under the weather, or you want to know about nutrition or exercise, just ask. I can help keep pets happy and healthy."

Send your questions for the Pet Vet to **vet@the-sun.co.uk**

OUR 14-year-old domestic shorthair cat, Cloud, is a rescue pet who had a bad start in life and doesn't like to be handled.

We are due to move house later this year and I am really concerned about transporting her.

To get her into the carrier, we have to "trick" her with treats. Once inside, she goes crazy and yowls.

It's very distressing to witness and I worry she's going to hurt herself.

Getting her to a vet to discuss a sedative for anxiety would be an issue as we couldn't guarantee being able to catch her for an appointment.

If I called the clinic, could they prescribe something without seeing her? She's otherwise healthy, not on any meds, active, playful, generally happy and weighs around 4kg.

VICKY BRUERTON, High Wycombe

■**Sean says:** Cloud sounds lucky to have found such a patient owner.

Many cats with difficult starts find confinement very stressful, so I'd start preparing for your move now.

Leave the carrier out permanently with soft bedding, treats and meals inside so it becomes part of the furniture rather than something scary.

Pheromone sprays can help, too. Your vet may be able to prescribe anti-anxiety medication in advance.

But we would prefer to have examined her recently and know her medical history, so it's worth having that conversation sooner rather than later.

If, for example, she had an undiagnosed heart problem or similar medical issue, it could make sedative medications dangerous. Planning ahead will make all the difference.

I HAVE read that canaries commonly get overweight due to seed mixes. I give a combination of pellets, seeds and greens.

How do I know if my pair, Meg and Mog, are too plump?

LIZ JOHNSON, Penzance, Cornwall

■**Sean says:** Seed mixes are delicious to birds, like crisps and cake to us, so it's great Meg and Mog already eat pellets and fresh greens.

You shouldn't judge a bird's weight just by looking through the feathers.

Instead, your vet can show you how to gently feel the breastbone. Ideally, it should be easy to feel, but not razor sharp or buried beneath fat.

Plenty of flying space is just as important as diet.

A complete and balanced canary pellet diet will stop selective feeding, ensuring they don't just eat their favourite, often high-fat ingredients.

MY little terrier George seems to have endless energy and will walk for miles.

He's one year old. I always take plenty of water on hikes. What's the longest a little dog should walk?

EM HUGHES, Northampton

■**Sean says:** Terriers (my fave) are wonderfully enthusiastic little athletes and, aged one, George is probably just reaching full adult fitness.

There isn't a magic mileage as every dog is different. Build distances gradually and watch for excessive panting, slowing down, sore paws or stiffness the following day.

Take regular breaks, plenty of water and avoid the hottest part of the day. Your vet can advise on how much exercise is sensible.

WHENEVER I do online yoga, my cat Nutmeg lies on the mat.

Why does that happen?

LIZ HUGHES, Basingstoke

■**Sean says:** Cats seem drawn to yoga mats. Nutmeg is likely attracted by a mix of warmth, routine and your calm focus. Some cats just enjoy being involved in whatever their human is doing. Never mind downward dog, this is the downward cat!

HOW KITTIES GET KIDS UP TO SCRATCH

CATS are quietly teaching children life skills – from respecting boundaries to understanding that "no" isn't always verbalised, Paws and Claws can reveal.

Living with felines plays a powerful role in children's emotional development, reinforcing lessons in empathy, responsibility and self-control.

A new survey revealed 95 per cent of 1,000 cat owners polled said their pets have helped their child to understand respect and boundaries.

Daniel Warren-Cummings of Cats Protection, which carried out the survey, said: "Unlike dogs, felines communicate in subtle ways.

"Children who grow up with cats learn to read those signals – whether it's a swishing tail or a cat walking away – and adjust their behaviour accordingly. These are valuable skills."

Eighty per cent of parents say their child changes their behaviour in response to their cat's signals, while 62 per cent say interacting with felines makes children more observant.

Psychologist Jo Hemmings said: "Cats are teaching children life's most important social skills."

●**See education.cats.org.uk and the charity's YouTube channel.**

CUES . . . cat and kid

Mystic Meg

with MAGGIE HYDE

ARIES March 21 – April 20

You're ambitious for friends and colleagues, but give more thought to your own needs, too. One woman's encouragement at work helps you to succeed in ways you never imagined. News about a partner's family means juggling time and money, but once you've got your head round it, things will run smoothly.

TAURUS April 21 – May 21

Friends want you to visit them far away, but you've got your own journey to make. Plus if there's something you're already set on, make that your priority. Get on top of official paperwork by forensically focusing on it. Be fair about involving others in a group. You need to let people help.

GEMINI May 22 – June 21

You'll find clever ways of dealing with the financial fallout from a shopping spree, provided you see to your bills. Your sense of purpose is boosted when a loved one shows generosity or reveals true feelings. If a project hits the decks, dust yourself down and get moving again – you'll have a second chance.

CANCER June 22 – July 22

A partner's activities take over as new projects get under way, benefitting you both. You're impatient for home plans to begin, but first get finances in place. Single? You may be out of your depth when it comes to romance. Avoid an ultimatum – you can't see the consequences, but give it more time and you will.

LEO July 23 – August 23

Sticking to health resolutions is still possible, and the body changes you promised yourself can take root because the planets are providing you with so much self-discipline. Give a workout, diet or treatment your best shot and you'll feel much more in control, but say goodbye to an activity that's become a chore.

VIRGO August 24 – September 22

Things are slower to happen than you had planned, but stay upbeat. Your projects will flower soon, you just need to keep your belief. Focus on kids, fun and polishing a skill or talent – you'll need it when your popularity soars. Monday and Saturday bring new warmth to love. You've got so much to give each other.

LIBRA September 23 – October 23

Home is so perfect these days, it's tempting to let the outside world roll by without you, but friends need your help, especially to get a message across. If you're buying or selling, hold out for the right price. A relative makes demands on your time, but don't feel guilty about making your needs a priority.

SCORPIO October 24 – November 22

You're keen to get back into action with an activity close to your heart, but you can't get ahead on your own. There's so much planning needed, with others who want a say in it, so listen to what they have to say. Restore inner zen with a yoga class or take a dog for a walk in nature – whatever works to create calm.

SAGITTARIUS November 23 – December 21

Things are tough money-wise, but good times will come again. A former love interest spends time with you, and if you and your current partner are solid, old love could become new friendship, but do be careful. It's decision time about a housing issue, and if it involves a big financial risk, think it through again.

CAPRICORN December 22 – January 20

Many strands of your life come together to give you new energy. Your clever ideas bring cash rolling in, which feels like a big achievement, so you can treat loved ones. If your needs always come second, the sun's eclipse is bringing a quiet revolution – you'll change the way both you and a partner think.

AQUARIUS January 21 –February 18

Your optimism is needed, with so many grumpy people around, so keep spreading light. It's also time to get steely about work. The powers that be have something brewing – do some digging to get the intel on any changes. Beauty captures your imagination and inspires you to make changes. Go for it!

PISCES February 19 – March 20

You know people only change when they want to, so if someone is on the wrong path, give them the right information. Your magical streak brings lots of luck, especially with people from abroad. A friend's issues are never solved, so don't let her manipulate you into spending hours sorting her life out.

Phone Meg's psychics for a chat on 0905 005 8102

Or to pay by credit/debit card call 08000 356 684 or mobile users call 020 7111 6406

Text a psychic. Just text MEG then a space and your question to 60016

Calls cost £1.50 per minute plus your telephone company's network access charge. You must have bill payer's permission. Calls recorded for your protection. Max call duration 19 mins for 0905 numbers. Over 18s only. These services are for entertainment only. SMS cost £1 per received message, max 3 messages per reply. UK only. To opt out of three promo messages call Helpline: 0330 114 0300. SP: Inveroak.com, PO Box 10015, CM1 9HH.

ask alfie

Used car specialist

Q&A

Send your questions to motors@the-sun.co.uk

Q I HAVE had my DS 3 1.2 Prestige automatic from new. It is a 67-plate but has only done 17,000 miles. I'm told its wetbelt should be replaced at 100,000 miles or every ten years. Should I replace the belt? Also, with full service history, what is it worth?

BILL JOHNSON

A Have the belt assessed by a reputable garage to see if it is degrading.

If it isn't, you might be OK to not do the belt, but for peace of mind – with a 1.2 PureTech like this – it could be well worth getting it swapped. And doubly so if you're planning on selling it.

For that super-low mileage, your car ought to be worth £7,500.

Q NO ONE seems to know where the refrigerant refill port is on my 2006 Ford Mondeo 2.5 Ghia. Even at garages. I am just told: "Sorry, I've never worked on these."

MICK PEMBO

Kirkby-in-Ashfield, Notts

A I'm surprised garages don't know this. How can older mechanics have not worked on a Mondeo?

Anyway, the low-pressure recharge port on a V6 Mondeo is down near the front bumper and wheel-arch liner. Hopefully, that helps you – or a mechanic – locate it to regas the aircon.

Q IN our Ford Galaxy, we could put our son's wheelchair in the boot folded up, but standing on its wheels.

Ford stopped making the Galaxy, so we have a Nissan X-Trail – but the wheelchair has to lay down, making putting other luggage in a problem.

Is there a new vehicle available with a similar boot height to a Galaxy?

MICHAEL TURNER

A Have a look at the Land Rover Defender 110 or the Jeep Wrangler.

Otherwise, you're looking at van-based MPVs like the Citroen Berlingo or Space-Tourer, VW Multivan or the Peugeot Rifter.

Alternatively, the Kia PV5 Passenger looks great and costs less than £35k with a plug-in-car grant. It's not too intimidating to drive, with a near 250-mile range.

READER'S CAR OF THE WEEK

A MODERN classic sent in by Dave Willis.

He tells me: "I bought this 1999 BMW 328Ci in 2009 when I was made redundant and had to give up my company car.

"When I got another job, I didn't have the heart to sell it. Over the years, I've refreshed most of the car, but kept it as original as possible.

"It's on 156,000 miles and drives like new. It's a pleasure to take on a run and gives newer cars a run for their money."

● Send pictures of your beloved motor, with details, to motors@the-sun.co.uk.

THREE . . . NICE NISSANS UNDER £9k

2017 (67) Nissan Qashqai 1.6 dCi Tekna 5dr, 64k, £8,500, Riverside Autos Ltd, Stowmarket, (riversideautos.co.uk): The Mk2 Qashqai is certainly ubiquitous. This one is in a nice colour and flagship Tekna spec, and as a 1.6 diesel, it avoids any wetbelt issues.

2012 (12) Nissan Navara 2.5 dCi Tekna 4WD 4dr, 71.5k, £8,995, Dartford Car & 4x4 Centre, Kent (dartford4x4centre.co.uk): I'd normally steer clear of recommending a 14-year-old commercial vehicle, but this looks super-clean, has low mileage for its age and has the Tekna trim.

2018 (68) Nissan Micra 0.9 IG-T Bose Personal Edition 5dr, 34k, £9,000, Carbase, Bristol (carbase.co.uk): This is a proficient and talented supermini, maybe hobbled by the connotations of the Micra name. As a Bose edition, it has a powerful sound system.

MERC'S NEW VAN FOR SPORT FANS

HELLO, sport vans. Mercedes has a new crew van on the way called Vito Sport-X.

Looks tidy, to be fair. Body kit and black stripes. Two individual seats up front rather than the usual three-seat bench. Powered by a 190hp 2-litre diesel with a nine-speed auto.

Choice of two body lengths – L2 and L3 – with payloads of up to 733kg.

We like everything about Vito Sport-X. Except the price.

Wait for it . . .

£56,995 excluding VAT. Mind you, Ford's Transit Custom MS-RT and Volkswagen's Transporter Sportline cost an arm and a leg, too.

● ONE in four of us think we could qualify for the 2028 LA Olympics if we trained full-time, according to a poll by Team GB sponsor Vauxhall. I think not.

● DRIVERS have been hit with 100,985 penalty charge notices on ONE STREET over the last year. Avoid Birmingham's Corporation Street at all costs.

DON'T MISS motors EVERY THURSDAY

TRIED & TESTED with JANE ATKINSON

AUGUST is National Hair Loss Awareness Month – an issue now impacting 15million people in the UK.

Our locks are primarily made of a protein called keratin. If you're short on nutrients, those you do have go to more vital parts of your body first, which can affect hair growth and quality. Tresses need protein, zinc, iron, biotin and omega 3 for health. I tried some supplements that can help . . .

DRINK

PERFECTIL Platinum Collagen Hair is a supplement combining 7,000mg of marine collagen with vitamins, minerals, amino acids and botanical extracts, which all help to maintain healthy locks.

Collagen provides the protein, while nutrients include biotin, which helps the body make keratin, zinc, selenium, vitamin C and copper. Plus l-cysteine which forms part of keratin.

It has a sweet berry-fruit flavour and a slight aftertaste, but is a bit pricey.

Ten 50ml bottles (one daily), £41.45, vitabiotics.com.

+ FITNESS
+ FAMILY HEALTH
+ DIET & NUTRITION
+ SLEEP & WELLBEING
+ MENTAL HEALTH

Sun ON SUNDAY

Simple tick bite robbed me of my memory ...and ruined my life

By CLARE O'REILLY

IT was a simple, tiny insect bite that flipped Tim Taylor's whole life upside down.

What started as a flu-like illness stretched into a year of brain fog, confusion and memory loss so severe that he couldn't remember his own address.

The former headteacher, then 51 years old, was eventually diagnosed with Lyme disease, which is spread by ticks.

The black insect – about the size of an apple seed – is typically found in long grass and latches onto exposed skin.

While in most parts of the UK, ticks don't carry the bacteria that trigger Lyme disease, there are high-risk hotspots dotted across the country.

The UK Health Security Agency estimates between 1,000 and 1,600 Lyme disease cases are diagnosed each year, but experts suspect the true toll is much higher.

It is treatable when caught early. But a small number who do not get quick medical care can develop long-term issues.

Flu-like symptoms

Tim, from North Owersby, Lincs, now 60, tells Sun Health: "The illness didn't just rob me of my job, it also stole my confidence, my independence and the active life I'd always enjoyed.

"I started forgetting appointments, turning up on the wrong day and making mistakes that were completely out of character. I tried to return to work, but I couldn't follow meetings or even remember the names of colleagues I'd worked alongside for years."

While ticks can bite anywhere in the UK, many high-risk areas for catching Lyme disease – woodlands, grasslands and moors – are also upmarket tourist hotspots.

Southern England spots such as the Cotswolds, where Kate Moss, Simon Cowell and the Beckhams have homes, are particularly susceptible. The North York Moors, Thetford Forest, Cumbria, North Wales and the Highlands are ones to monitor.

Celebrities have discussed the debilitating effects of Lyme disease, from Justin Timberlake to Bella Hadid, Justin Bieber, Miranda Hart and Ben Stiller.

But anyone, regardless of their age or wealth, can be infected with it.

The first classic symptom is a rash that looks like a bullseye or a target. About two thirds of infected people get this and it usually appears within three months of the bite.

Patients might also develop flu-like symptoms, including a fever, headache, tiredness and aches and pains.

Dr Helen Wall, a GP at The Oaks Family Practice in Bolton, says: "Seek medical advice as soon as possible.

"Early treatment offers the best chance of a full recovery. The good news is that most people recover fully with a course of antibiotics."

Doctors couldn't put their finger on Tim's illness when he was struck down with a fever he describes as "the worst illness of my life" in 2017.

"In a few weeks, my health spiralled," he recalls. "Almost overnight, I lost the hearing in my left ear, which I still don't have back today.

"I developed constant balance problems and then the cognitive issues began. As the months

See Tuesday's Sun for THREE PAGES of health

POWDER

COLLAGEN Complex from Revive Active contains 8,500mg marine collagen peptides plus ten active ingredients for hair, skin and nails.

It also contains biotin to boost keratin, zinc, selenium, copper and vitamin C, which contributes to normal collagen formation and supports natural production of the protein. There are B vitamins and vitamin E, too.

It contains 200mg of hyaluronic acid, which is known for its ability to attract and retain moisture, helping to support skin hydration. I prefer this – a higher dose of collagen and I like being able to add water to the sachet to get a fruity drink.

It has a tropical orange and pineapple flavour – and it is cheaper, too.

£49.95 for a 30-day supply at reviveactive.com.

TRI SYSTEM

THE Viridian Tri-Hair System is a three-step programme with a supplement, a botanical oil blend and a serum to put on your hair.

The Hair Support Complex capsules (take two daily) contain biotin, zinc, selenium, iron, vitamin C and copper plus a natural chemical called MSM that helps with hair health.

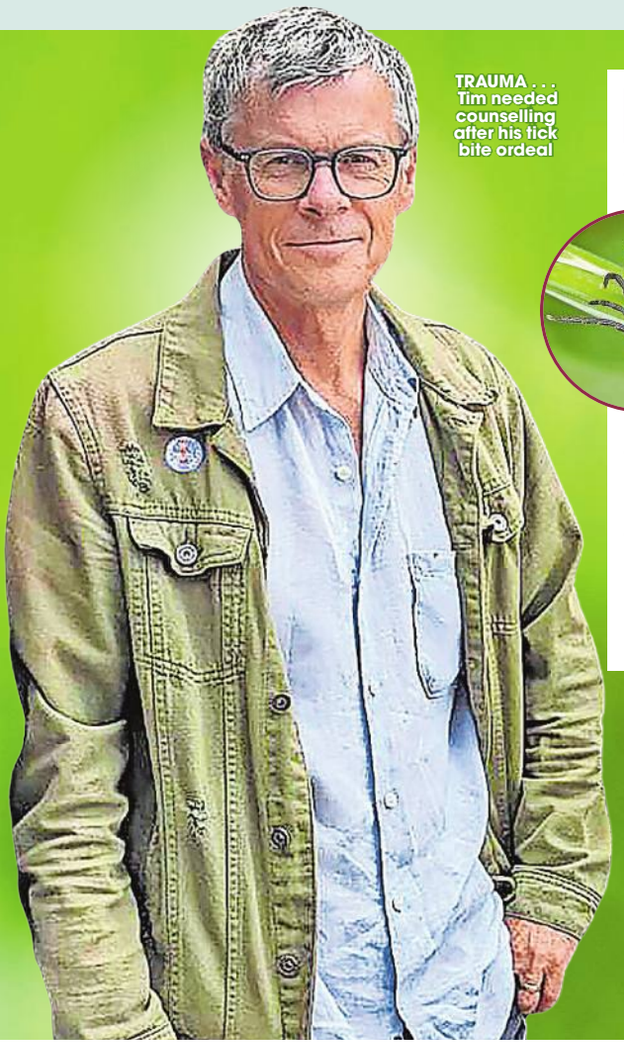
The Organic Hair Growth Liquid is the one you drink (1tsp daily), which contains flaxseed, safflower, pumpkin seed and evening primrose oil, alongside millet extract and rosemary oil. It sounds disgusting, but it's not bad at all.

Then there's The Organic Hair Restore Serum (apply 2ml) with pumpkin seed, castor, argan, rosemary and black seed oils to moisturise the scalp.

£70 at viridian-nutrition.com.

HEALTH+

Edited by **LIZZIE PARRY**



TRAUMA . . . Tim needed counselling after his tick bite ordeal

BE TICK SAFE

TICKS are like mosquitoes and feed off the blood of mammals.

You can defend against them with a DEET insect repellent and long sleeves and trousers.

Check your body after a day outdoors – a tick would be stuck to the skin and look like a black or brown seed or bean.

If you find a tick, remove it safely.

Incorrect tick removal can result in parts of it being stuck in the skin, which increases the risk of diseases or infection.

A tick removal tool (which you can buy in pet shops) is best, or fine-pointed tweezers.

Visit Lyme Disease UK for more information.

TEACHER ON LYME DISEASE THAT LEFT HIM ILL LIKE CELEBS

passed, I became terrified I was going to lose my job." His GP was baffled. Tim says: "I felt like I was being brushed aside."

The NHS says Lyme disease can be difficult to diagnose without an obvious rash, as symptoms can be mistaken for other illnesses.

It took 15 months for Tim to finally get his diagnosis after his GP ordered full blood tests in 2018.

He was treated with intravenous antibiotics but had already suffered permanent damage. Many people with Lyme disease never recall being bitten by a tick but have been exposed to tick habitats.

Tim remembers at least one bite, years earlier, in 2012.

Dr Wall says: "If Lyme disease isn't treated, symptoms can develop weeks or even months later.

"These include joint pain and swelling – particularly in the knees – facial weakness, nerve pain, numbness or tingling, memory and concentration problems and, rarely, heart rhythm disturbances.

"Some people continue to experience symptoms such as fatigue or memory difficulties even after successful treatment, sometimes known as post-treatment Lyme disease syndrome."

Tim tried to return to work but, ultimately, retired early with his wife, Tara, 56, who had also been a teacher.

"Within months, my career in education was over and I lost the future I'd worked so hard towards," says Tim.

"It was devastating physically, emotionally and mentally. For a long time, I carried anger and resentment and I eventually needed some counselling.

"My message is simple – if you think something isn't right, don't stop fighting for answers.

"Lyme disease can change your life forever, but getting diagnosed sooner could stop someone else from losing everything the way I did."

ASK Dr Zoe

Expert advice from Dr Zoe Williams, our resident specialist and NHS GP

Q MY GP surgery's policy has changed and they will not prescribe HRT to women over 65 (I am 74 and have been on HRT for 23 years).

There was no individual risk-benefit assessment, despite my healthy weight, non-smoking status and clear mammograms. I was offered antidepressant Fluoxetine instead or told to go private. I dread the thought of coming off HRT.

A I am not aware of national guidance that says HRT must be stopped at 65. At your age, your GP does need to consider risks such as breast cancer, blood clots, stroke, blood pressure and wider medical history.

You're in good health, but this doesn't remove all risk. Switching to patches is often preferred as women get older because, compared with tablets, they are associated with a lower risk of blood clots and are kinder on the liver.

If the surgery is refusing to help, ask for a written clarification and request a medication review with a GP partner or prescribing lead. You could specifically ask them to document an individual risk-benefit discussion rather than applying a surgery-wide age policy.

Fluoxetine can sometimes be used for hot flushes, but is not a like-for-like replacement.

Your aim is not to demand HRT at any cost. It is to make sure the decision is individual, informed and properly explained. Failing that, it is your right to choose a different practice.

TIP: Some 90,000 young people have received the NHS MenB vaccine since the July rollout. If you've got a youngster heading to uni, make sure they've had it.

EMAIL Dr ZOE health@thesun.co.uk

the Sunday

Your fantastic three-page

double Sun DOKU

TODAY'S TEASER

Call 0905 757 0156 for clues or solutions. Cost £1 per minute plus network access charge.

3		5		2		7		1
6			5	1	7			3
		1				2		
	1						5	
5			6		3			7
	9	6		5		3	8	
	6	7		4		1	2	
1								4
			9	7	1			

TODAY'S TOUGHIE

Call 0905 757 0152 for clues or solutions. Cost £1 per minute plus network access charge.

	5	6	9					7
8			4	6	7			
		4		8			2	
	8		1				9	2
4				9				5
9	7				5		6	
	6			1		5		
			7	5	9			6
5					6	9	8	

Calls cost £1 per minute from BT landlines plus network extras

YESTERDAY'S SOLUTIONS

Teaser

3	7	6	2	1	9	4	5	8
2	8	1	4	6	5	9	7	3
9	4	5	8	3	7	1	6	2
8	5	2	1	4	6	7	3	9
1	9	7	5	2	3	6	8	4
4	6	3	7	9	8	5	2	1
6	1	4	3	5	2	8	9	7
7	2	9	6	8	1	3	4	5
5	3	8	9	7	4	2	1	6

Toughie

5	9	4	7	2	8	3	6	1
8	3	1	5	6	9	4	7	2
6	2	7	4	1	3	5	9	8
7	8	3	2	9	1	6	4	5
2	5	6	8	7	4	1	3	9
1	4	9	6	3	5	2	8	7
4	1	5	9	8	6	7	2	3
3	7	8	1	4	2	9	5	6
9	6	2	3	5	7	8	1	4

MINDBENDER

Harrogate, Redcar, Scarborough, Skipton, Whitby

BRAINBOX

0-0, 0-3, 1-3, 1-5, 2-3, 2-4, 4-6, 6-6

HAPPY BIRTHDAY TO...

FORMER newsreader **SIR TREVOR McDONALD**, **87**, *right*, comic **FRANKIE BOYLE**, **54**, pop icon **MADONNA**, **68**, TV presenter **ULRIKA JONSSON**, **59**, antiques expert and Bargain Hunt host **DAVID DICKINSON**, **85**, actor **STEVE CARELL**, **64**, Top Gear producer **ANDY WILMAN**, **64**, and former footballer **JOLEON LESCOTT**, **44**.

SUNDIAL

SEE how many words of four or more letters you can "dial" using the one at the centre in each word. You can make at least one word using all of them. Don't use the letters more than once in any word. No proper names or plurals ending in 's'. Words from Collins Concise Dictionary.

BRILLIANT: 20. EXCELLENT: 17. GOOD: 12. GREAT SCORE FOR KIDS: 10.

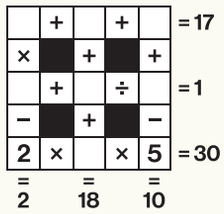
YESTERDAY: Actor, aero, avocet, carrot, cavort, coat, core, corer, cote, cove, cover, covert, covet, creator, octave, orate, orca, ovate, over, overact, overate, overeat, overrate, overt, reactor, recover, recto, rector, retro, roar, rota, rote, rove, rover, taco, taro, tore, trove, vector, veto, vote, voter, OVERREACT.

Check today's answers by calling 0905 757 0155 before midnight. Calls cost £1 per minute plus your telephone company's network access charge.

Calls for extra clues and answers last no longer than two minutes (Sundial answers may vary). Helpline: 0333 202 3390 (9am-5.30pm). Service provider: Spoke, W1T 4HD

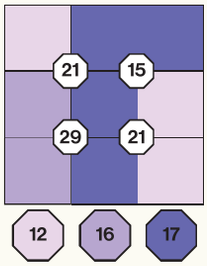
SET SQUARE

Place each of the digits 1 to 9 in the grid to make the sums work. We've started you off with two numbers. Solve the calculations in order, left to right, or top to bottom.



Sun SAKURO 1

Enter the numbers 1 to 9 in the spaces so that the number in each octagon is equal to the sum of its four surrounding squares. Each coloured area should add up to the colour totals below.



Sunday quizword

ACROSS

1 Night when Santa comes (9,3)
8 Singing voice, highest for males, lowest for females (4)
12 Jet-black bird similar to a rook (7,4)
13 Actress/model wife of Sir Michael Caine (7)
14 Make of trainers (6)
15 Seventh sign of the zodiac (5)
16 Any non-wizard in the Harry Potter books (6)
20 Steak cut between two ribs (9)
22 Garment associated with Gandhi (9)
23 Widow in Aladdin (7)
25 Scott's Antarctic companion (5)
26 Noel Gallagher's brother (4)
29 Pop star formerly known as Scary Spice (3,1)
30 First name of talent-show judge Cowell (5)
31 Condition in a legal document (7)
35 Republic in Central America (9)
36 Italian car maker established in 1910 (4,5)
38 First name of poets Browning and Burns (6)
39 Surname of TV sports presenter Gabby (5)
40 Island that is a borough of New York City (6)
44 Official text of the Roman Catholic Church (7)
46 Keeley Hawes TV series set on Corfu (3,8)
47 Ark-builder in the Bible (4)
48 Actress and comedian who had a 1983 hit with They Don't Know (6,6)

DOWN

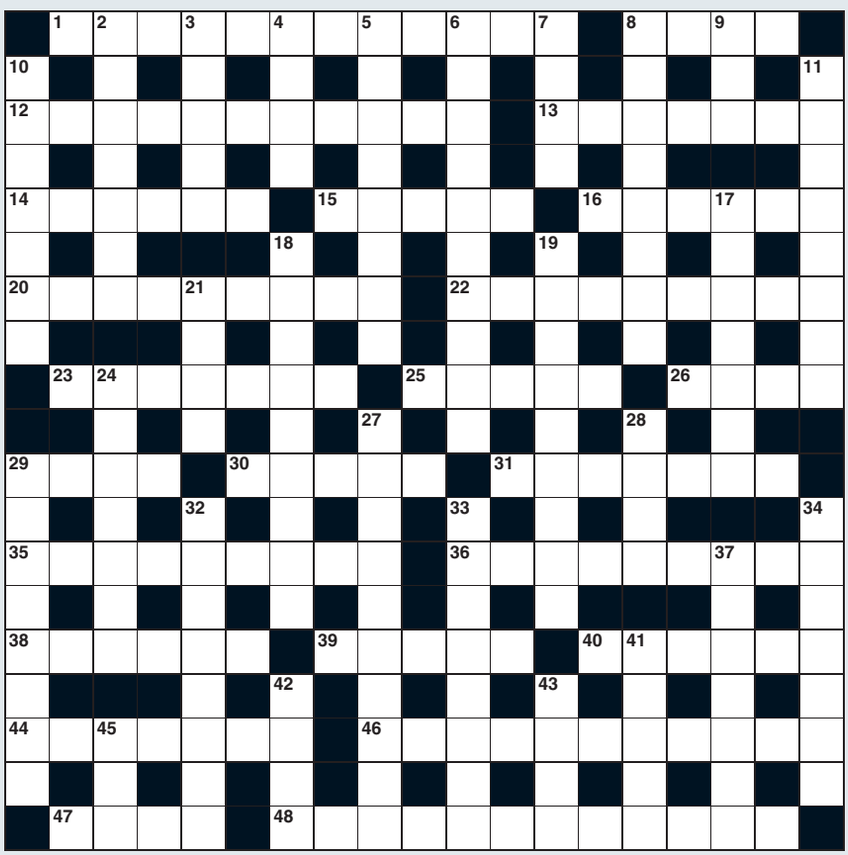
2 Author of All Creatures Great And Small (7)
3 One of Chekhov's Three Sisters (5)
4 West Side Story hero (4)
5 Frequent flyer points (3,5)
6 'Nonsense' verse writer (6,4)
7 Forecourt fuel company (4)
8 Winter seaside resort and port of southern Mexico (8)
9 Popular travel firm, formerly Thomson (3)
10 F1 team for which Lauda, Prost and Senna drove (7)
11 Part of an east London borough (8)
17 Bill Oddie, Graeme Garden and Tim Brooke-Taylor (7)
18 English poet who wrote The Rime Of The Ancient Mariner (9)
19 Video game featuring building blocks (9)
21 Europe's highest volcano (4)
24 Young lupine animal (4,3)
27 Commonly used name for the Mafia (4,6)
28 First name of Welsh composer Mr Novello (4)
29 Tree growing in muddy swamps (8)
32 Scottish fishing port (8)
33 Birth nationality of Yoko Ono (8)
34 From Penzance, for example (7)
37 English queen and wife of William I (7)
41 Popular winter sports area of Austria (5)
42 High Street clothes chain (4)
43 Scottish pop singer who sang Shout (4)
45 Name of the current pope (3)

YESTERDAY'S SOLUTION

ACROSS: 1 West Africa, 6 Bowsprit, 12 Rhone, 13 Scapula, 14 Andie, 15 Cylinder, 16 Isle Of Dogs, 18 Beirut, 20 Ireland, 22 Jeff, 25 Abe, 26 Blanc, 27 Windy City, 29 Iga, 30 Ian Hislop, 31 Titan, 32 Del, 34 Piaf, 36 Britpop, 37 My Lord, 40 Regularity, 42 Malaysia, 45 Ellen, 46 Moomins, 47 Scout, 49 Tennyson, 50 Homeopathy.
DOWN: 1 War, 2 Stool pigeon, 3 ASEAN, 4 Russet, 5 Chas, 7 O'Hare, 8 Staffa, 9 Red rose, 10 Tsetse fly, 11 Russell Watson, 15 Cobra, 17 Precipitation, 19 Umbria, 21 Ninety, 23 Mahler, 24 Sydney, 28 Indoor sport, 30 Imperfect, 33 Lydia, 35 Angolan, 38 Clancy, 39 Lassie, 41 Romeo, 43 Aesop, 44 Vito, 48 Tay.

Check today's answers before midnight by calling 0905 757 0157 for Across and 0905 757 0160 for Down. Calls cost £1 per minute plus your telephone company's network access charge.

Purchase the latest Sun Puzzle Books, including crosswords, wordsearches & sudoku, for as little as £4.99 from the HarperCollins website harpercollins.co.uk or phone 0141 306 3100.



bumper puzzle section starts here

More puzzles than any other paper

CLUE SQUARE

Using the nine letters provided, can you answer these clues? Every answer must include the highlighted central letter. What word or phrase uses all nine letters? There may be more than one.

5 letters
Acting platform
Bottom of a fireplace
Classified, valued
Palm fruits
Was propped up

6 letters
Found out
Horn of a deer
Ready ___, crisp flavour
Red gemstone
Shore, beach

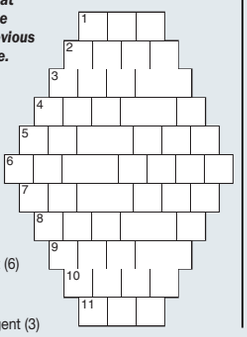
7 letters
Greatest in size
Mesh used to trap fish or game
Odd

N	D	A
R	T	E
G	S	L

8 letters
Most magnificent

BRICKWORK

Answer each clue so that every entry contains the same letters as the previous entry, plus or minus one.



1 Part of a tennis match (3)
2 Take it easy (4)
3 Guide (a vehicle) (5)
4 Harass, bother (6)
5 Snake (7)
6 Stops from happening (8)
7 Current (7)
8 Be sorry for the past (6)
9 Arrange feathers (5)
10 Look closely (4)
11 Holiday company agent (3)

PATHFINDER

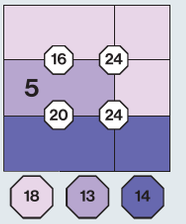
Beginning with the highlighted letter, follow a continuous path in the grid to find the listed words associated with Harry Potter. The path passes through each and every letter once, and may twist up, down or sideways, but never diagonally.

E	S	O	R	T	I	N	G	H
N	F	F	Y	C	T	I	D	A
O	I	G	R	H	S	I	D	T
I	N	E	P	A	N	U	Q	S
M	D	W	E	A	S	L	E	Y
R	O	O	G	W	A	I	C	H
E	R	H	I	W	R	G	A	A
H	T	S	G	D	T	S	M	G
E	L	A	C	E	H	D	I	R

CASTLE
GRYFFINDOR
HAGRID
HEDWIG
HERMIONE
HOGWARTS
MAGIC
QUIDDITCH
SNAPE
SORTING HAT
WEASLEYS

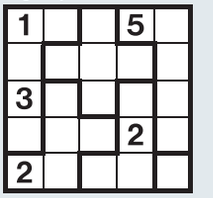
Sun SAKURO 2

Enter the numbers 1 to 9 in the spaces so that the number in each octagon is equal to the sum of its four surrounding squares. Each coloured area should add up to the colour totals below.



SUGURU®

Each cell in an outlined block must contain a digit: a two-cell block contains the digits 1 and 2, a three-cell block contains the digits 1, 2 and 3, and so on. The same digit must not appear in neighbouring cells, not even diagonally.



THE NAME GAME

EACH clue leads to a well-known name. Put the initials or stated letters in the appropriate squares to identify an actor:

1	2	3	4		5	6	7	8

7 & 4	Mr Burn, 6'7 Newcastle and England defender (second and third letters of name)
1	Ms Spiro, singer with the hits The Visitor and Die On This Hill
5	The Count who faced off against Nigel Farage
2 & 8	Ms Aluko, footballer who played 102 times for England before she became a pundit for ITV (first two letters of name)
3 & 6	Ms Street-Porter, journalist and broadcaster (second and fourth letters of name)

● **Yesterday: Musician ROY WOOD ((Lamine) Yamal, Whoopi (Goldberg), David Renwick, Ogden (Nash), (Johnny) Weissmuller). Another Name Game in The Sun tomorrow.**

■ **If you can't wait until tomorrow for the answers, just call 0901 293 6298. Calls cost £1 plus your telephone company's network access charge.**

MINIDOKU

As normal sudoku, using digits from 1 to 4.

	4		2
2			
1			
	2		1

2			4
	3		
	2		
3			2

PUB QUIZ

1 Movies
Which 1946 classic film set on Christmas Eve stars James Stewart as George Bailey?

2 Music
Which Russian composer wrote the children's symphony Peter and the Wolf?

3 TV & Radio
Which BBC comedy stars Jennifer Saunders as a wealthy mother-of-four in the village of Clatterford St Mary?

4 Leisure
In the game of croquet, players score points by striking balls through what?

5 Geography
What is the capital of Kazakhstan?

6 Science
What "E" refers to the point on the earth's surface directly above an earthquake or atomic explosion?

7 Art & Literature
Which Russian playwright wrote The Cherry Orchard?

8 People
Which Norwegian explorer was the first to navigate the Northwest Passage completely by ship?

9 Words
What is a borborygmus?
[a] An extremely deep lake
[b] A rumbling sound made by the stomach
[c] A type of medieval manuscript

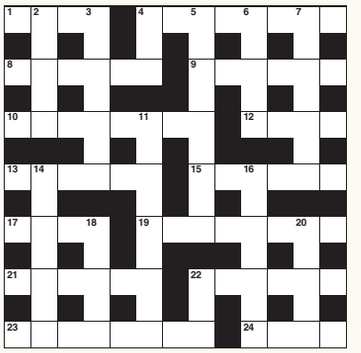
10 The British Isles
Which river flows through Shrewsbury, almost encircling the town centre?

11 Food & Drink
What type of food is the French dish cassoulet?

12 Pot Luck
Which Roman god is the equivalent of the Greek god Ares, the god of war?

TWO-SPEED CROSSWORD

Two sets of clues but the answers are the same



Check today's answers before midnight by calling 0905 757 0150 for Across and 0905 757 0151 for Down. Calls cost £1 per minute plus your telephone company's network access charge.

Coffee time

ACROSS
1 Sound made by a goose (4)
4 Additional support (8)
8 Grass (6)
9 Motto (6)
10 Chew the cud (8)
12 Animal's extremity (4)
13 Insect regarded as divine by ancient Egyptians (6)
15 Colour between red and yellow (6)
17 Prudish (4)
19 Adolescent (8)
21 Cape with a hole for the head (6)
22 Framework that supports equipment (6)
23 Killer (8)
24 Relate (4)

DOWN
2 Very angry (5)
3 Strip of toast to dip in boiled egg (7)
4 Inlet (3)
5 Covered pot for food (9)
6 Nose (5)
7 Giving a formal speech (7)
11 Handicap few golfers achieve? (9)
14 Unusual (7)
16 In contact with (7)
18 Birthplace of the Prophet Muhammad (5)
20 Enlist (5)
22 Well-developed bicep? (3)

Cryptic clues

ACROSS
1 Whistle belonging to that man and son (4)
4 Supports Kitty returning as catcher in baseball (8)
8 Only just having left westwards to get cereal (6)
9 Doggedly work with a new catchphrase (6)
10 Consider change of date and time (8)
12 Follow some affiliates back (4)
13 Mark a black beetle (6)
15 Go near fresh fruit (6)
17 Formal chief finishing early (4)
19 Youngster brewed green tea (8)
21 Cloak messed up on chop (6)
22 Angry about taking temperature in tower (6)
23 When to stop idiot, perhaps sloth murderer? (8)
24 Inform William? (4)

DOWN
2 One judge is furious (5)
3 Fighter to join around one (7)
4 Horse's neigh? Run away (3)
5 Cereals so terrible in stew (9)
6 Poles out police informer (5)
7 Terrible score for speaking? (7)
11 Bird from Scotland sorts rocks (9)
14 Inquisitive scoundrel with promises of money (7)
16 Opposed to a giant's bust (7)
18 Number leaving construction set in holy city (5)
20 Register weird loner (5)
22 German with a French weapon (3)

YESTERDAY'S SOLUTION

ACROSS: 1 M-ant-ill-a, 6 (l)slam, 8 Demo-c-rat, 9 Wrap (rap), 10 Et al, 11 Mal(e)-dives, 13 S-curvy, 15 G-al-osh, 17 Obs-cures, 19 Base (bass), 20 Beau (bow), 21 S-hang-hai(l), 22 Adze, 23 P-(l)h-easant.
DOWN: 2 A-s(c)eptic, 3 T-r-oll, 4 Lord Mayor, 5 (C)a-c-t, 6 Saw-bill, 7 Adage, 12 Leg-is-late, 14 Rec-l-use, 16 Su-stain, 18 B-re-ed, 19 B-og-us, 21 Sap.

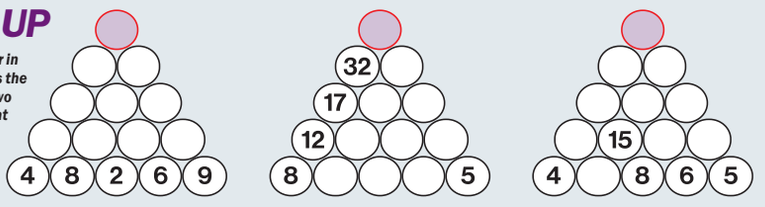
ARROWORD

The arrows show the direction in which the answer to each clue should be placed.

Checked cotton cloth		Verve, energy		Self-im-portance		Exploited		Simple		Word paired with 'neither'	Person paid to vacuum, tidy up etc		Make an engine run faster
						Attitude, pose							Run out, lapse
Repairing, mending		Spooky		Get ___ of, discard		Saunter		Find the answer to (a clue)					
Stuff, kit					Think highly of							Antlered male animal	
Balloon gas							Feather scarf	Feline pet		Cleopatra's snake			
Barren, dry					TV and radio company (inits)				Against				
				Large cape						Part of the head			
Fail to mention	Sight organ				Take in food				Strongly advise				

ADD UP

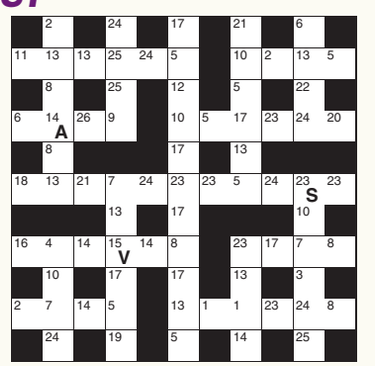
If the number in each circle is the sum of the two below it, what is the top number?



WORD WORKOUT

THIS is the world's best brain-teaser, The Sun's clueless crossword. Here is how to play: Each grid number in our Word Workout game represents a letter. So if you think 4 is the letter Y, write Y in all the squares with a 4. All the alphabet is used and we have supplied some letters to start you off. We will print the answers tomorrow.

YESTERDAY'S SOLUTION
ACROSS: Acquittal, Ledge, Cumin, Wither, Haze, Ours, Exodus, Clean, Adage, Joviality.
DOWN: Cud, Uneven, Tick, Armband, Blowtorch, Unleashed, Torpedo, Oxtail, Anti, Aft.



For 4 Extra Clues Call 0901 293 6299
Calls cost £1 plus network access charge
or text SUNWORD to 64343
Texts cost £1 plus your standard network rate
For clues from the last 7 days CALL 0905 624 0010 Cost £1 per min plus network charge

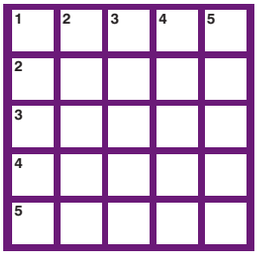
the Sunday

More puzzles than any other paper

WORD SQUARE

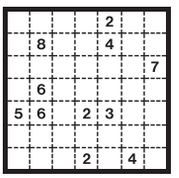
ACROSS
1 Large ponds
2 Make amends (for)
3 Assert
4 Covered with ceramic squares
5 Marks of wounds

DOWN
1 Continues
2 Roof space
3 Australian 'bear'
4 Come in
5 Grains, pips



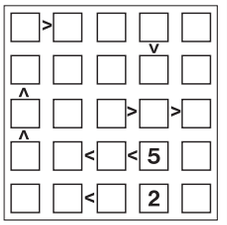
CELL BLOCKS

Divide the grid into blocks that are either square or rectangular. Each block must frame a single number, and each block must contain the same amount of cells as the number it frames.



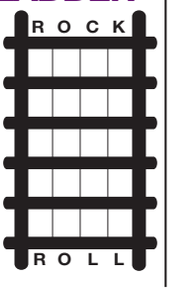
FUTOSHIKI

Use the greater than (>) and less than (<) signs to fill in the squares with the numbers 1-5. The same number cannot occur more than once in any row or column.



WORD LADDER

Change one letter at a time (but not the horizontal position of any letter) to make a new word – and move from the word at the top of the ladder to the word at the bottom using the exact number of rungs provided.



SPOT THE SAYING

Which two well-known sayings or expressions can be found below?

1 CENTURY

2 BANANA

WORDSEARCH

These words associated with light can all be found in the grid. Words may run either forwards or backwards, in a horizontal, vertical or diagonal direction, but always in a straight, unbroken line.

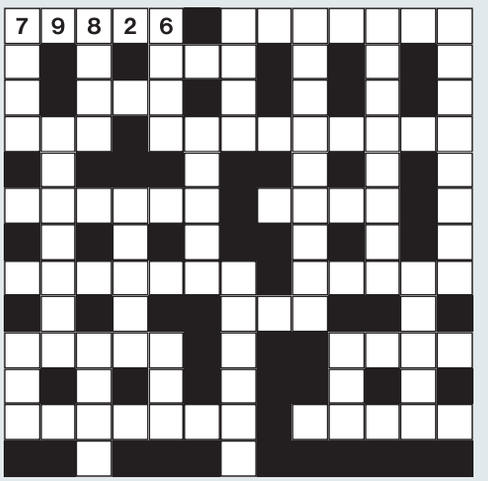
D	Y	W	T	H	G	I	L	N	O	O	M	W	Z	Y	C
D	G	F	L	A	R	E	U	D	U	Y	O	D	P	A	L
S	N	L	R	U	S	O	C	D	E	L	S	K	N	R	A
O	I	R	A	E	T	E	P	W	G	Y	T	D	U	E	N
C	N	D	N	S	K	F	L	A	S	H	L	I	G	H	T
S	T	R	O	O	E	C	T	E	G	E	S	A	T	S	E
R	H	S	E	O	I	R	I	I	I	T	A	R	B	U	R
E	G	B	C	D	N	T	L	L	A	R	E	O	S	N	N
U	I	I	E	K	F	T	A	R	F	Z	O	E	T	S	E
P	L	L	R	A	O	I	L	N	A	A	G	T	N	H	R
E	I	A	N	P	C	I	R	L	I	L	S	E	O	I	E
A	P	M	S	O	G	O	B	E	E	M	T	M	Y	N	M
S	E	P	C	H	E	D	N	A	B	L	U	B	R	E	A
N	M	A	T	C	H	N	M	I	S	A	A	L	E	K	L
E	O	R	E	M	M	I	H	S	U	T	L	R	L	A	F
N	E	A	B	I	H	C	R	O	T	P	S	L	W	I	M

BEACON
BEAM
BLAZE
BULB
CANDLE
FIREBALL
FLAME
FLARE
FLASHLIGHT
FLICKER
GLEAM
GLOW
ILLUMINATION
LAMP
LANTERN
LASER
LIGHTNING
MATCH
METEOR
MOONLIGHT
NEON
RAY
SHIMMER
SPARK
SPOTLIGHT
STARLIGHT
SUNSHINE
TORCH

SOLUTIONS IN THE *Sun* TOMORROW

NUMBERFIT

All of the listed numbers fit into the grid and there's only one way to do it. One number has been provided to get you started.



3 digits
196
266
509
588
630
631
878

4 digits
5743
6169
7803
7898
8128
8675
8779

5 digits
12336
18492
55866
61544
~~79826~~
88115
98628

6 digits
765173
897115

7 digits
4653347
7196685
8177418
9772047

8 digits
42050361
83206155

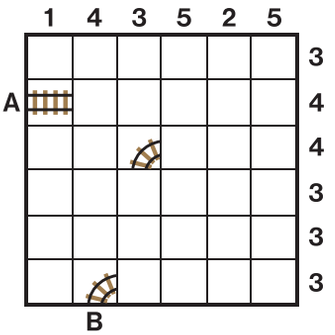
9 digits
779728681
965172590

NEWSPAPERS SUPPORT RECYCLING

The recycled paper content of UK newspapers in 2025 was 34.7%

MAKE TRACKS

Lay tracks to enable the train to travel from town A to town B. The numbers indicate how many sections of rail go in each row and column. There are only straight rails and curved rails. The track cannot cross itself.



MISSING LINK

Find a word that can follow the word on the left and precede the word on the right. When you have filled in all the answers, the shaded squares will spell out an animal (5,5).

TOP		CHANGE
SOYA		BOTTLE
CHINA		PIGEON
WELL		OUT
RELEASE		STAMP
SPEED		INTO
QUANTUM		YEAR
GET		MONEY
DRY		STRIKE
LOSE		PACK

NUMBERCRUNCH

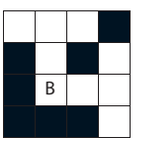
Starting at the top with the number provided, work your way down the three lines one at a time, applying all the mathematical instructions to your running total.

EASY	MEDIUM	HARDER
52	134	569
-13	+390	-149
÷3	Quarter of it	5/6 of it
+249	+257	+176
Half of it	Half of it	50% of it
+135	+444	-125
÷7	÷11	÷6
-29	-49	+737
×4	×7	÷8
-27	Third of it	+3413
ANSWER	ANSWER	ANSWER

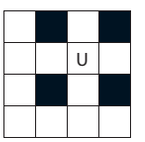
MINI FIT

Which one of the listed words won't fit in each of these mini grids?

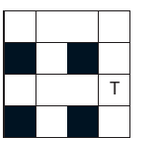
BED
ODE
RUT
SUB
USE



BRUT
BUNG
DUEL
OBEY
YOGA

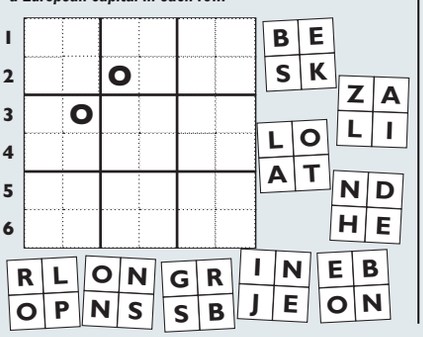


PUCE
SCUT
SOYA
SPIT
TOTE



MINI JIGSAW

Fit the pieces in the grid to spell out a European capital in each row.



MIND THE GAP

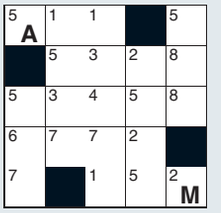
Place the three-letter words correctly in the spaces to reveal a seven-letter word in the shaded squares.

R	E	A	D				T	S
M	A	U				E	U	M
C	O	L				A	N	T
C	A	R	T				G	E
I	N				D	I	N	G
C	H	A	R				E	R
S	C	A	L				E	D

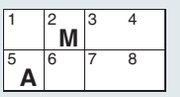
ACT
JUS
LOP
OUR
RID
SOL
TEN

MINI CODE

Eight letters have been given a number from 1 to 8. Break the code to complete the crossword.



A D E I M R S T



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The AirRAM 2 and Multi work together to tackle every corner of your home. From carpets and hard floors to stairs and upholstery, they make everyday cleaning quicker, lighter and easier. No cables, no complicated settings and no compromise on performance.

The award-winning **AirRAM 2** uses patented AirLOC Technology to capture large debris on the forward push and fine dust as you pull back. Its low-profile handle reaches under furniture with ease, while bright LED headlights reveal hidden dust.

The lightweight **Multi** handheld is always ready for the places an upright can't reach. Its powered brush head lifts dirt from upholstery and stairs, while the integrated tools make quick work of skirting boards, shelves, car interiors and awkward corners.

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- **Upright handheld for complete whole-home cleaning.**
- **Up to 60 minutes combined runtime.**
- **Patented AirLOC Technology for carpets and hard floors.**
- **No settings to change – simply switch on and clean.**
- **Low-profile handle reaches beneath furniture.**
- **Full-width LED headlights illuminate hidden dust.**
- **Lightweight design – AirRAM 3.3kg, Multi 1.5kg.**
- **Crevice & Dusting brush attachments.**
- **Easy-empty bins for quick, hygienic disposal.**
- **22V lithium-ion batteries with twin chargers included.**

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the Sunday dear deidre

Edited by
SALLY LAND
Team: Jane Allton, Hilary Freeman, Kally Lewis, Catherine Thomas and Kate Taylor

No matter what the issue, I answer every single problem

FAMILY FORUM

Dear Deidre

OUR teenage daughter is struggling to get into school and our daily reality has become a nightmare.

My husband and I are both approaching 50 and are exhausted trying to keep everything calm at home and yet all we get from the rest of our family is criticism and judgement.

I manage a restaurant, my husband has an e-commerce business he runs from home.

But since our daughter has been unable to go into school, he hasn't been able to get any work done. We plan for this during school holidays, but we are struggling with the reduced income.

Our daughter is vulnerable and withdrawn. When she started to struggle at the beginning of year 10, we suspected she might be autistic. She couldn't get out of bed in the morning and began making ridiculous excuses to avoid school.

We took her to an educational psychologist who agreed she may well be neurodivergent. Since then her attendance has completely stopped and she didn't manage to go in at all last term.

We are doing our best to learn how to support her.

However my sister and brother have been so unsupportive. They insinuate we are weak by letting her stay home. My dad even commented that all children could be manipulative.

She is overwhelmed and her nervous system can't cope but whenever we try to explain this to them they glaze over and roll their eyes.

How do we get through to them?

■ **DEIDRE SAYS: The label Emotionally Based School Avoidance refers to pupils who struggle to attend school due to emotional distress, fear or anxiety.**

I'm sorry you are going through this challenging time without support and understanding from family.

I'm sure you have tried to explain that she isn't being manipulative. If you have the energy, it might be worth sharing the EBSA blog on edpsyched.co.uk with family. But if they still don't make an effort to understand you'd be best putting your energy into getting your daughter into a better place mentally.

Once she feels safe and understood, you'll be able to start working out what is the right sort of learning environment for her.

hot topic

TRYING to conceive can be an emotional rollercoaster, especially when things don't go to plan.

When each month brings more questions than answers, it's normal to experience a mix of hope, disappointment and anxiety about the future.

As many as one in seven couples in the UK experience difficulty conceiving. If you're finding the journey tough, my support pack, Want To Have A Baby?, can help.

stories deidre's photo casebook

HANNAH'S FAUX FRIEND: **FINAL DAY**

Dear Hannah

YOU have regained your sense of self worth but lost a friend. While Zoe has proved herself untrustworthy, she did you a favour by nudging you to finish a joyless relationship.

Liam showed little respect for you and, in time, he would have worn down your confidence to nothing.

Zoe will soon discover what you came to realise – that life with Liam is a lonely affair.

Meanwhile, you can focus on getting out with your true friends and immersing yourself in your interests.

You would be best off leaving those two to each other while you build yourself back up. My support pack Moving On has more advice.

Deidre

Clothes by boohoo and boohooMAN

Dear Deidre

THE last two men I've met through dating apps have had sex with me and then told me they are in an open relationship.

I recently broke up with my boyfriend of 12 years and, at 38, I feel like I've entered a foreign world.

If they told me first I wouldn't mind because then I could make my own decision about whether I want to be with them or not.

But telling me after we've been physically intimate feels sneaky.

One of them wants to see me again. Should I simply go along with it – to see how it all works?

I feel out of my depth.

■ **DEIDRE SAYS: This is the sort of information you deserve to be told up front so you can make your own decisions.**

I agree it feels sneaky and would make me question whether they are genuine. Steer clear unless you know what you are dealing with.

The dating world has changed hugely, with social media and dedicated apps.

My free support pack How To Date Successfully has lots more information.

Dear Deidre

DESPITE it being a year since my girlfriend passed away, I don't feel any stronger. We had 15 happy years together before she died suddenly of a heart attack in her late 50s.

I feel so bad because I wasn't there at the time and came back to find her dead in our lounge. Everyone tells me time heals, yet she is still the first thing I think about in the morning and the last thing at night.

I don't have any energy and constantly feel low.

I'm 59 but can't see that I'll make it to retirement age.

■ **DEIDRE SAYS: It is said that time lessens pain, but unless you address underlying hurt the overwhelming feelings remain firmly lodged.**

I'm sorry you are feeling such despair. It is normal to feel anger, denial and guilt after someone you love dies. It would help you to talk to friends and family about her. Don't lock away your memories, try to celebrate her.

If you still feel you're not learning to live with the pain, consider some bereavement counselling. My bereavement support pack explains more.

Landlord lover has betrayed me with new tenant

Dear Deidre

MY landlord led me to believe we had a future as a couple, but after walking in on him fooling around with another tenant, I realise he's made a complete fool of me.

I'm 43, he's 49, and I've rented the floor above his apartment for nearly 17 years. He owns two flats, mine and the one upstairs.

For many years, I've seen various girlfriends come and go.

I've always liked him, but was wary. Then, around six years ago, he started to make more of an effort with me, popping out to the communal garden whenever I was there or offering to help with odd jobs and carrying bags.

The sensible part of me remembered that, as he was my landlord who lived just below me, it would be crazy to start a relationship with him.

But when he invited me to share a meal, that level-headed person jumped ship.

The attention went to my head, as did the wine! We ended up in bed and I spent a wonderful night with him. The next morning, he cooked me a lovely breakfast.

We got closer and in time we were spending at least two nights a week in each other's space.

Our relationship felt relaxed and easy, but it changed when a new tenant moved in above me.

I liked her at first and the three of us would often share a bottle of wine in the garden.

Then I sensed he was losing interest in me. Suddenly, he was too tired to come over or had to get up early so couldn't see me. One evening, when he'd told me he was working late, I decided to drop off a casserole for him.

That was a mistake – I walked in on him and the other tenant undressing each other on the sofa. I fled and they have both been avoiding me since.

Now, I need to either move out (at great cost) or stay and suffer seeing the burgeoning romance. I'm heartbroken and humiliated.

■ **DEIDRE SAYS: You've seen this man date several women, set his sights on you and then, as is his routine, move on to someone new.**

All evidence suggests he's not capable of commitment, instead constantly seeking excitement and validation from new relationships.

I imagine if you hang around a little, he will quickly tire of this latest fling. Could you keep yourself busy, meeting other friends and avoiding him until you feel stronger?

Then you may feel comfortable seeing him around, once you appreciate his very real limitations.

However, if the thought of staying is too painful, moving out and letting him get on with his life is likely to be the best option. My support pack, Moving On, will help you decide.

HERE TO HELP YOU

IF YOU are worried about anything please get in touch with my team of counsellors and we will do our best to help you. Every email receives a personal response.

deardeidre@the-sun.co.uk

GET IN TOUCH

My team is here to help. Please feel free to contact us and follow us.
Online: thesun.co.uk/deidre **Instagram:** @dear.deidre **Facebook:** @DearDeidreOfficial
X: @DearDeidre **Post:** Dear Deidre, The Sun, 1 London Bridge Street, London, SE1 9GF

Dear Deidre

I FEAR I'm driving my daughters away with my explosive temper.

My two daughters are my life, but if I drink too much alcohol, I say nasty things that I don't mean, and it really hurts them.

Whenever I drink, it starts off fine, but very quickly takes a turn for the worse.

I'm 54 and my daughters are in their early twenties.

Their mum and I split up nearly ten years ago, because she said she couldn't live with my foul mood, or drinking any longer.

Ever since, I've suffered with serious bouts of depression and, although I have had a couple of flings, nothing meaningful has ever developed.

My daughters are brilliant, feisty and independent women.

I love them more than anything but every time we have met up recently we ended up having a fallout. The last argument was bad, after I told my youngest daughter that she was the size of a fridge.

She took great offence and stormed out of the pub.

Now she's ignoring me and doesn't want to see me unless I agree to cut back on my drinking.

I have tried and managed to quit for a couple of weeks, but always return to the bottle.

When I feel low it is often the only respite that I get.

The worst part is my dad was an alcoholic and Mum left him when I was 13. He died of a heart attack soon after and I worry history will repeat itself.

Do I really need to give up drinking altogether or can I simply focus on my temper?

BOOZING IS DRIVING MY KIDS AWAY

■ **DEIDRE SAYS: Alcohol abuse has been a damaging theme throughout your life and you clearly are living with a lot of unresolved issues.**

It is important to acknowledge what a positive step you have taken by getting in touch and asking for guidance.

You have done well to cut out alcohol before and you can do it again with support. Contact WithYou (wearewithyou.org.uk) which offers free drug and alcohol support.

You have identified that whenever you drink too much you end up hurting the people you love the most. So if you struggle to drink in moderation, then you have your answer.

It doesn't matter what I tell you to do. If you are ready to make positive changes to your life, you are the only person who can make that happen.

the Sunday TRAVEL

Edited by LISA MINOT

Follow on @TheSunTravel

2 MORE PAGES

hot spot

MEXICO is 33C: Seven nights' all-inclusive at the 4★ Sandos Caracol Nature Resort on the stunning Riviera Maya is from £950pp including flights from Manchester on September 3. See thomascook.com.

NOTHING beats a hotel nobody has tried yet – so check out this future opening in Jamaica.

Unico 18°77° Montego Bay sits on the island's north coast, and almost all of its 451 rooms will boast ocean views and private spa tubs.

As well as opening out on to white-sand beaches, the adults-only hotel will have nine restaurants and bars, four pools with swim-up bars and a 32-room spa featuring hydrotherapy and a hammam. Guests also get pickleball courts, a gym and access to Montego Bay's golf courses.

It is the first resort outside Mexico for Unico Hotel Collection and is due to open on March 1, 2027.

The all-inclusive resort will be bookable through Virgin Atlantic Holidays, Tui, BA Holidays, Kenwood Travel and Best At Travel from next month.

See unicohotelcollection.com/montego-bay.

A COLLECTION of new, dementia-friendly films has been added to Virgin Atlantic's flight entertainment system.

Curated by the Women Over 50 Film Festival (WOFFF), the inclusive flicks aim to provide a "calm, engaging and accessible viewing experience" for customers who have difficulty following full-length films, complex plots or fast-paced genres. It will also be easier for carers and family to enjoy watching a movie together.

See virginatlantic.com.

hot spot

IT is 27C in GRAN CANARIA: Seven nights' self-catering at the 4★ Tui Blue Tres Vidas with its spacious rooms is from £401pp including flights from Gatwick on September 14 with 20kg luggage and transfers. See tui.co.uk.

EGYPT IS TOP FOR ECLIPSE

IT LOOKS like we've all got eclipse fever after this week's lunar event.

Co-op Holidays has reported a surge in bookings for Egypt next summer, during the time that the Nile Valley will experience a total eclipse.

Searches for the holiday provider's Egypt Eclipse tour skyrocketed in the days following this week's natural phenomenon.

Meanwhile, searches for "Luxor eclipse" have shot up by 700 per cent in the past week and "eclipse 2027 Egypt" searches rose by 550 per cent.

But don't leave it too long to book.

Travellers can save £400 on Co-op Holidays' eclipse tour and selected Egypt holidays when they book before August 24.

See cooptravel.co.uk.

IMPERIAL IS BACK IN BLOOM

THE Imperial Bloomsbury is once again welcoming guests after a mega makeover that took ten years to complete.

The historic hotel, in London's Russell Square, first opened its doors in 1905 and is now entering its third chapter of life. Visitors will be able to check into one of 357 swanky guest rooms and suites, including the Hideaway Suite, which comes with a private terrace and outdoor bathtub.

Those with cash to splash can check in to one of the largest suites in the collection, The Nest, which comes with a mezzanine level designed for cinema nights.

The hotel is also home to Arcus, Bloomsbury's first and only rooftop bar and restaurant with panoramic views of the capital's skyline.

Guests can tuck into small plates and cocktails on the roof or head to the Edit Bar & Lounge, the perfect spot for casual eating, working or enjoying a coffee.

See imperialhotels.co.uk/hotels/the-imperial.

ROMANTIC WEEKEND IN NEW FOREST LUXURY LODGE

A holiday park? You'll Lovat

CRACKING PUB . . . Lucy at The Rockingham Arms

WHEN I told my husband I was whisking him away for a romantic weekend, he was expecting a quaint B&B with chocolates on the pillows, not a static caravan.

But our three-night trip to Green Hill Farm Holiday Village turned out to be rather luxurious, not to mention quite steamy . . . ahem, due to our private hot tub.

The Lovat Holiday Parks site sits just minutes away from the New Forest and it's so much more than a budget family getaway destination.

We stayed in a modern two-bed luxury lodge, which overlooked a pond filled with ducks.

Alongside a comfy double bed, the lodge featured a cosy living room, a large kitchen and a decking area complete with a hot tub that glitters with LED lights at night.

The complimentary slippers and dressing gowns elevated the experience above your bog standard holiday park stay.

If the kids come along, there's an endless list of activities as well as a play area with a splash pad, and a board game library.

Plus there's a forest ranger programme, unique to this holiday park, offering special segway-riding trails through the woodland, and archery and trampolining.

Meanwhile, parents can relax by the enormous lake, where they can try fishing, or get their workout fix at the small outdoor gym.

The highlight for us as a couple was the stunning location. Perched at the edge of the New Forest, with direct access to the National Park, it's a haven for nature enthusiasts.

We went for a romantic ramble on the moors, where we spotted wild ponies and donkeys, many of which were tame enough to pet.

You don't need to be a top-tier hiker, there's a variety of routes to suit all abilities on your doorstep.

GO: NEW FOREST

STAYING THERE: Prices for a two-bed lodge with hot tub at Lovat's Green Hill Farm Holiday Village in the New Forest this September start from £741 in total. Lodge sleeps up to four.

See lovatparks. com.

Hearty fare

After working up an appetite, we treated ourselves to pizza from the Ember Restaurant back on site.

The margherita was £13.50, or you can opt for the Inferno, which comes with pepperoni, chilli and peppers smothered in hot habanero sauce. There's also the delicious Greek, which comes with olives, feta, red onion and oregano. For burger-lovers The Smashed Buns van is sure to hit the spot. Standard burgers will set you back £8.50 and fries are an extra £3.50.

There's also a takeaway spot for coffee and fresh pastries in the morning and a mini on-site shop selling groceries, beer and wine.

The nearby Rockingham Arms has a cracking beer garden and does an excellent Sunday roast.

The barmaid entertained us with ghost stories about the local area.

Architecture fans will love ornate Salisbury Cathedral, while the high street offers a great mix of quaint independent stores and giants like Primark and Marks and Spencer.

For lunch, head to The Tabletop Tavern, a medieval-themed bar with a wooden chandelier and candle-like bulbs. The menu is all hearty stews and Elderwine sausages.

Even the board games have a Medieval theme – Dungeons & Dragons, anyone?

Our favourite pub, however, was The Bishops Mill, which hosts regular live music sessions and quiz nights, and does excellent sharing dishes like the crispy duck nachos.

We could have spent hours kicking back with a pint, listening to the singer belt out ballads, but the romantic setting left us in the mood to get steamy back at the lodge.

And we know what that means – hot tub time!

LUCY ANDREWS

the Sunday
Food • Money • Pets • Motors • Health

OUR favourite fictional footie coach Ted Lasso is back on our screens.

Season four of the Apple TV series, starring Jason Sudeikis, *below*, began last week with the first episode seeing Brits Rebecca, Keeley and Higgins tour Kansas City.

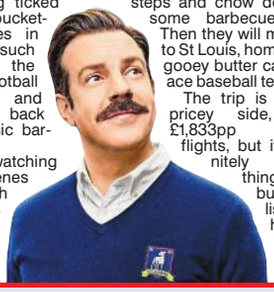
The gang ticked off some bucket-list activities in Missouri, such as visiting the CPKC football stadium and knocking back some classic barbecue food.

Just watching those scenes was enough to give Brits an appetite for exploring the Midwest. Hays Travel has a cracking eight-night trip that ticks off two famous cities in one hit.

stay with the stars

Travellers will spend four nights in Kansas City where they will explore the 18th & Vine historic jazz district, plus they will get to walk in Ted's footsteps and chow down on some barbecue grub. Then they will move on to St Louis, home of the gooey butter cake and ace baseball team.

The trip is on the pricey side, from £1,833pp without flights, but it's definitely something for the bucket list. See hays-travel.co.uk.



lates

IBIZA: Seven nights' all-inclusive at the 4★ Fergus Style Bahamas is from £889pp including flights from Bournemouth on September 27. See jet2holidays.com.

LAKE GARDA: Seven nights' all-inclusive at the 4★ Hotel Leonardo da Vinci is from £580pp including flights from Gatwick on September 30. See thomascook.com.

LAKE DISTRICT: Four nights' self-catering at Landal Ullswater Heights is from £132.25pp, based on four sharing. Arrival on selected dates in August. See landal.co.uk.

PEMBROKESHIRE: Three nights at The Kingfisher Houseboat is from £112.50pp based on four sharing in September. See coolstays.com.

BARCELONA: Three nights' room-only at the 4★ Leonardo Royal Hotel Barcelona Fira is from £276pp including flights from Gatwick on August 24. See easyjet.com/en/holidays.

essential

Vango Scafell 300+ Tent, Outdoor World Direct, £169.99 (on sale from £250) outdoorworlddirect.co.uk

MAKING the most of the last of the great British summer and heading off camping?

The Vango Scafell 300+ tent is a sturdy choice, sleeping up to three people. It is super quick and easy to pitch, thanks to having only two poles which are identical.

These form a gothic arch shape, which stops any water from pooling on top of your tent. There's plenty of room to sleep inside, plus a spacious porch area to store your gear, making it suitable for campers who require more space.

I took it wild beach camping and, even when pitched on sand, the tent stood firmly against a battering sea breeze, its sturdy alloy poles and clever internal tension system keeping it firmly in one piece.

It is a great pick for outdoor adventurers and, weighing just 3.6kg, it is remarkably lightweight and easy to carry on your back.

JENNA STEVENS

OUR WRITER LOVED AYIA NAPA PARTY... 15 YEARS

WHEN twenty-something me holidayed in Ayia Napa, gorgeous scenery and chic cuisine were the furthest things from my mind.

I was firmly focused on foam parties and feral antics.

Now, 15 years on, I'm back to savour a different side to the party town and see what the rest of Cyprus has to offer.

And while there were still plenty of excited Gen Z holidaymakers on my Tui flight from Gatwick, this trip was to be a much more grown-up affair.

Luxury, relaxation and an itinerary younger me simply wouldn't recognise.

Ayia Napa's famous party strip and old fishing port looked very similar as we travelled from the airport, but arriving at the 5★ Mare Ayia Napa could not have been more different from my youthful experiences.

A ten-minute drive out of town, Mare sits on the edge of the Cape Greco national park, with its turquoise waters, nature walking trails and limestone sea caves. The resort resembles a sun-drenched Cypriot village with low-rise, whitewashed bungalows featuring terracotta roofs set among winding stone paths.

Young me made do with a hostel. This time, I walked into a modern luxe dream. Think muted tones, Molton Brown toiletries and Nespresso on tap.

Some rooms have access to pretty gardens, while others have swim-up pools or even a private place to take a dip.

After a long day travelling, I hit the hotel's adult-only Sky Lounge rooftop bar to watch sunset.

It delivered stunning beachfront views as well as a potent Paloma cocktail of tequila and grapefruit soda. A girl still needs her treats. On that subject, the all-inclusive hotel has eight restaurants to enjoy, ranging from poolside sushi and charcoal grilled kebabs to Mediterranean meze and dry-aged steaks.

There is also a splash park with slides for the kids, and adults can escape to their own pool with plush cabanas.

By day, there's a sandy and quiet Blue Flag beach in a calm bay that's perfect for paddling kids and paddleboarding.

With Tui's extensive range of tours, there's the option to explore parts of Cyprus younger me would never have considered.

A Coastal Landmarks trip takes us through the stunning Cape Greco park where we admire clifftop views over the caves and the tiny white-washed Agioi Anargyroi church perched over the water. Legend has it that if you kiss while making a wish at the Lovers' Bridge – a natural limestone arch spanning the sea – your dreams will come true.

While I didn't have anyone to pucker up with, the view alone was worth it.

After a leisurely stop at

GO: CYPRUS

GETTING/STAYING THERE: Seven nights' all-inclusive at the 5★ Mare Ayia Napa is from £1,519pp including Gatwick flights, transfers and 20kg luggage. Seven nights' all-inclusive at the 5★ Aphrodite Hills Resort is from £1,493pp including flights, transfers and luggage. See tui.co.uk.

OUT & ABOUT: Underwater Walk & Sea Scooter, from £52. Coastal Landmarks tour, from £35. Aphrodite's Rock and Folk Dinner, from £50pp. See tuimusement.com.

IN TUNE . . . meeting musicians in Kouklia

DIVINE . . . bungalow at the Mare Ayia Napa

TO INFINTY . . . view from pool at Aphrodite Hills

Cyprus is perfect for seabed and board

ON SHE'S BACK TO SEE QUIET SIDE

Cyprus's most famous stretch of sand, Nissi Beach, for a drink and quick dip, we move on to the Ayia Napa Sculpture Park. I adored the hundreds of statues, mythical beasts and art installations right next to the Cacti Park, also perfect for a stroll. We end the day with coffees and cocktails at a beachside taverna in Protaras. Called Fig Tree Bay, it is named after the single tree that has stood near the beach since the 17th century.

Little Mermaid

Next day we up the ante on the adventure front with some unique experiences that would normally be the reserve of qualified scuba divers.

Underwater Sea Adventures on Ayia Triada beach take you out to a purpose-built pontoon positioned over a reef.

There are two unusual ways to observe it. On the seabed walk, you wear a huge "space age" helmet that is supplied with fresh air pumped down from the surface via a hose. Once on, your head and hair stay dry – you can even keep glasses on – while you follow a guided trail along the seabed, little fishes dart in and out.

Or take the pace up a bit with an underwater scooter or Breathing Observation Bubble (BOB). You sit upright with your head inside a clear dome helmet fed with air as the scooter glides along the seabed doing the hard work for you. The crystal-clear waters mean you feel like you're in a Little Mermaid remake, walking, dancing and feeding the fish. It was an incredible experience.

My rediscovery of this one-time party island of my youth wasn't over yet.

First there was a trip into the hills to see a different side of the island above the town of Paphos.

Aphrodite Hills Resort is perched high on a coastal plateau overlooking the legendary birthplace of the ancient Greek goddess. The huge estate feels more like a self-contained village, complete with its own central square, chapel and a dozen restaurants. This is low-key luxury and we were soon in golf buggies zipping through the sprawling grounds, ticking off the Elemis spa, 18-hole PGA championship golf course and Real Madrid-backed kids' football academy.

But with Aphrodite's birthplace just below us, we make a pilgrimage to admire Petra tou Romiou at sunset before making our way up to the village of Kouklia for an evening of fabulous food, live music and dancing.

Emboldened by one too many glasses of glorious Cypriot wine, I am first on my feet to join in.

You can take the girl out of Ayia Napa, but you seemingly can't take Ayia Napa out of the girl.

BECKY PARKINSON

YOU ROCK . . . beautiful beach at Petra tou Romiou

BOULDER MOVE . . . Becky at Aphrodite's Rock

MAKING HEADWAY . . . underwater using a breathing bubble

THRILLS & CHILLS AT SCAREFEST

THIS year's Scarefest at Alton Towers is set to be the most terrifying yet.

The Halloween experience will run from September 26 until November 1 with some old favourites – and some horrific new attractions.

Final Exhibit, a new scare maze, is themed around some recently discovered Alton Towers artefacts.

Visitors will be lured into the archive of The Curator, where they'll stumble upon hypnotised servants in search of creepy memorabilia.

According to the theme park: "Those who fail to escape are transformed into living exhibits, trapped within the archive forever."

Familiar favourites for this year include COMPOUND, The Edge Of the Forest, and the Altonville Mine Tours: Tiny's Revenge.

There will also be scare zones like Dark Hollow, an eerie extension of the Dark Forest and Burial Ground, inspired by the Wicker Man.

Youngsters, meanwhile, can take advantage of Trick O' Treat Town, where they'll be tasked with knocking on doors along Spooky Avenue and in the Witchy Woods.

Family scare mazes are open to anyone aged six and over, while thrill scare mazes can be enjoyed by visitors over the age of 12.

Thrills Combo tickets, giving you single-use access to four Thrill Mazes cost from £43pp, while Family Duo tickets, with single-use access to two Family Attractions arev from £16.

Thrills & Family Combo tickets with single-use access to four Thrill Mazes and two Family Attractions start from £60. For more information or to book, see altontowers.com.

DEAL . . . on Winter Wonderland

NEVERLAND TAKEOVER IN WINTER

WINTER Wonderland tickets are now on sale – and they start from just £1.

The UK's largest Christmas event is due to run from November 19 to January 3, 2027.

You can bag the bargain tickets for off-peak visits from Monday to Thursday in November.

And there will be a whole host of new attractions for visitors to enjoy this year, including a K-Pop circus and a frozen "Neverland".

The Neverland experience, which has been created in association with the Great Ormond Street Hospital Charity, has been inspired by Peter Pan and can be accessed by walking through the Jolly Roger ship.

But a number of fan favourites will also return this year, including The Giant Wheel – the world's largest transportable wheel, standing 70m high.

The event, at London's Hyde Park, will also be home to the country's largest open-air ice rink, plus the UK's largest free Santa's Grotto.

Thrillseekers won't be disappointed either as the Coaster Pass is being introduced this year, allowing visitors to go on all the rollercoasters for a discounted price.

Standard Winter Wonderland tickets cost £5.50 while visiting at peak times will cost £8.25.

Anyone spending £25 on activities in advance will get free entry. See hydeparkwinterwonderland.com.

GREAT FOR KIDS . . . mall has lots of cheap activities

POWERFUL DAY OUT AT BATTERSEA

SPENDING the afternoon at a shopping centre is pretty much my seven-year-old son's worst nightmare when it comes to activities.

Unless, of course, that shopping centre used to be a massive nuclear power station, which now houses some of the country's most expensive flats and sits on the River Thames.

Battersea Power Station is a masterclass in how to turn an empty site into a prime tourist destination after its multi-billion pound regeneration. The site reopened in 2022 and by 2024 it was named one of the world's best places to visit by National Geographic.

As a local – I live 25 minutes drive away – it is now one of my favourite places to bring my child.

Despite its large number of luxury shops such as Calvin Klein and Chanel and high-end restaurants, it also has masses of free and cheap activities for kids in the school holidays, seasonal family events and one-of-a-kind attractions.

This summer, Horrible Histories has launched its first live museum show at The Pharaohs' Gold exhibition in the immersive NEON venue. It features more than 180 priceless, 3,000-year-old artifacts from Cairo's Egyptian Museum, including the coffin of Ramses The Great.

What truly brought it to life was the Horrible Histories show, where an actor portraying Pharaoh Ramses took us through the exhibition, telling us fascinating stories. It's not the cheapest, at £37.50 for adults and £17.50 for children, but it doubles up as a theatre experience and never have I seen my son so engaged at a museum. Equally engaging is Electric Summer, a retro-style fairground on the riverside garden in front of the power station, from now until the end of August.

There were free games like splat the rat and giant chess, along with paid-for activities like dodgems and petanque. Our favourite by far was the roller rink, which hosts everything from silent discos to kids' specials for the £12 tickets.

During our session, my son and the other kids got a whole hour's skating lesson from the wonderful staff.

As we were visiting in the summer holidays, we were also able to take advantage of the kids-eat-free offers at various restaurants.

This meant my mum and I were able to have a slap-up meal at Gordon Ramsey's Bread Street Kitchen & Bar for just £22 each for a two-course set menu, while my son got "the best burger ever" and a banging sticky toffee pudding, for free.

Of course, if you can't make it during the summer holidays, there is still plenty going on for kids.

The Chimney Lift is a recent Tripadvisor Travellers' Choice Award winner that takes you 109 metres up to the top of one of the towers for 360-degree views of the capital. Then there's the Lego store with free play areas, and the world's first standalone Transformers store.

A five-minute walk away is Battersea Park, with a huge outdoor playground, Go Ape and Battersea Park Children's Zoo.

You could spend three whole days in a 500m radius and not get bored. Not bad for a venue that just 16 years ago was voted "Britain's second worst eyesore".

CAROLINE McGUIRE

PURE GOLD . . . Caroline's son with pharaoh exhibtion actors

GO: The Horrible Histories Show runs till August 30. For more info on other activities, see batterseapowerstation.co.uk

ADVERTISEMENT FEATURE

A natural solution for aching joints

For those who want to move more freely, stay independent, and enjoy life without being held back by sore joints...

Pictures: NATURAL SKINCARE FACTORY

Stiff knees in the morning, struggling to climb the stairs, aching joints that make gardening, walking, or even getting out of bed harder than it should be?

For thousands across the UK, these everyday pains are a constant reminder of how much joint health affects quality of life.

That's why so many people turn to ActiveCare Cream – a trusted natural remedy that has been providing comfort for over three decades. Made with soothing lavender, rosemary and eucalyptus, the cream is designed to ease soreness and help support daily mobility.

Behind this long-standing favourite is a remarkable family story. The original formula was created more than 30 years ago by Janet Warrander, a skincare expert who wanted to help people manage the aches and stiffness of everyday life. Her son, Adrian, was just five years old when he first watched her mixing the cream. Today, Adrian runs the Natural Skincare Factory, proudly continuing the tradition his mother began.

> *ActiveCare Cream is a trusted natural remedy that has been providing comfort for over thirty years*

With more than 40,000 happy customers annually, ActiveCare Cream has built its reputation through word of mouth and results that speak for themselves. Many loyal users say it's the one product that helps them keep doing what they love, from long countryside walks to playing with grandchildren. Adrian says: *'We've always kept it simple and natural. Our customers trust ActiveCare because it works – and because it's been part of their lives for so many years.'*

For those who want to move more freely, stay independent, and enjoy life without being held back by sore joints, ActiveCare Cream offers a natural, time-tested solution that truly makes a difference.

Adrian further commented: *'We pride ourselves on friendly customer service and offer a no-quibble refund if you're not completely satisfied. Customer satisfaction is at the heart of everything we do.'*

For further information visit www.naturalskincarefactory.com

Sixty-six-year-old finds her rhythm again with **natural joint cream**

For years, Margaret Paton from Fife had loved her weekly dance class. But recently, she began to feel too stiff and uncomfortable to join in. "I thought I might have to give it up," she admitted.

That changed when she discovered **ActiveCare Cream**, made by Scottish family business Natural Skincare Factory in Peterhead, Aberdeenshire.

"For over 20 years, we've been making **ActiveCare Cream** with natural ingredients including lavender, eucalyptus, and rosemary," explains company owner Adrian Whalley. "We receive letters and testimonials every week from happy customers."

Margaret now makes the cream part of her daily routine. "I use it twice a day, and I feel much more comfortable. I've even gone back to my dance class!" she told us.

EASE STIFF, ACHING JOINTS
Feel the difference when getting out of bed or climbing the stairs.

GET BACK TO DOING WHAT YOU LOVE
Gardening, walking, dancing or playing with the grandkids, without the constant discomfort.

TRUSTED NATURAL FORMULA
With lavender, rosemary & eucalyptus used by thousands across the UK.

Don't let sore joints slow **you** down - act now...

Adrian added, "So many people tell us they're frustrated with feeling stiff in the morning or finding simple things like walking to the shops harder than before.

It's those everyday challenges that drive people to look for something natural to support them."

OVER 1 MILLION TUBES SOLD

60ml ActiveCare Cream
£14.90
+FREE DELIVERY

3 EASY WAYS TO ORDER:

Telephone: 0800 0199932 Web: www.naturalskincarefactory.com

Post: Cheque payable to: Natural Skincare Factory - send to: NSF, PO Box 18699, Peterhead, AB42 9SJ

All major cards accepted. **Also available at: Porter Pharmacy, Loirston Ave, Cove, Aberdeen**

Trustpilot

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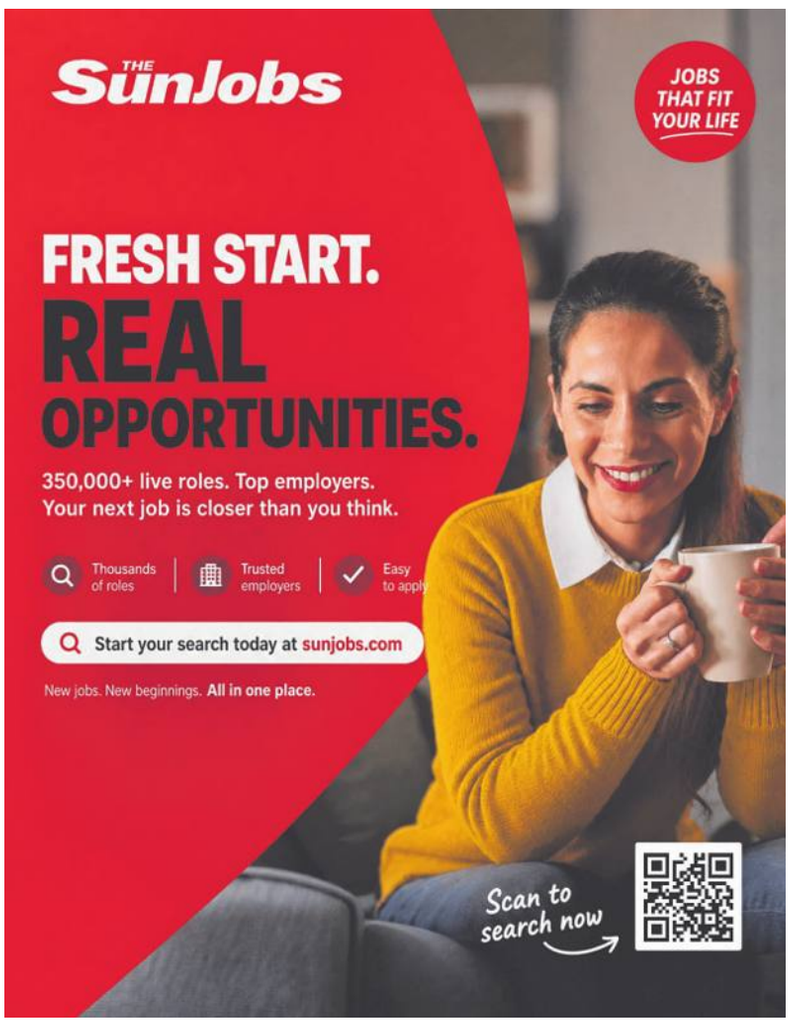

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CRICKET

ENGLAND CURVEBALL

RED, WHITE AND STEW

Tongue: Busy schedule's crazy

By JOHN ETHERIDGE

BEN DUCKETT, Gus Atkinson and Josh Tongue sum up the problem of trying to squeeze The Hundred into an already-packed cricket schedule.

The trio will play in the final at Lord's today, drive to Leeds tomorrow and then attempt to represent England in the First Test against Pakistan on Wednesday.

They will do so not having played any red-ball cricket for a **MONTH**.

For the past four weeks, Duckett has been smashing the white ball around the park for the table-topping Trent Rockets.

Atkinson and Tongue have bowled a maximum of just 20 balls per match for fellow finalists Manchester Super Giants.

Now Duckett must build an innings and try to score a century for England while Atkinson and Tongue could deliver 20 overs or more in one day.

Tongue admitted: "It's crazy scheduling, obviously.

"That's part and parcel of being a cricketer, making sure you recover well and putting yourself in a good position to change formats.

"The body is feeling good. I've been recovering really well during The Hundred, obviously getting certain gym stuff in as well and running.

"It's those little top-ups that will keep me going.

"Test cricket is very demanding but I'm ready."

Atkinson and Tongue have bowled with a red ball at the end of Hundred training sessions and been in regular touch with Troy Cooley, the ECB's fast bowling coach.

Last year, England played a one-day international against South Africa at Headingley a couple of days after The Hundred final.

They were bowled out for 131 in fewer than 25 overs and the Proteas won by seven wickets.

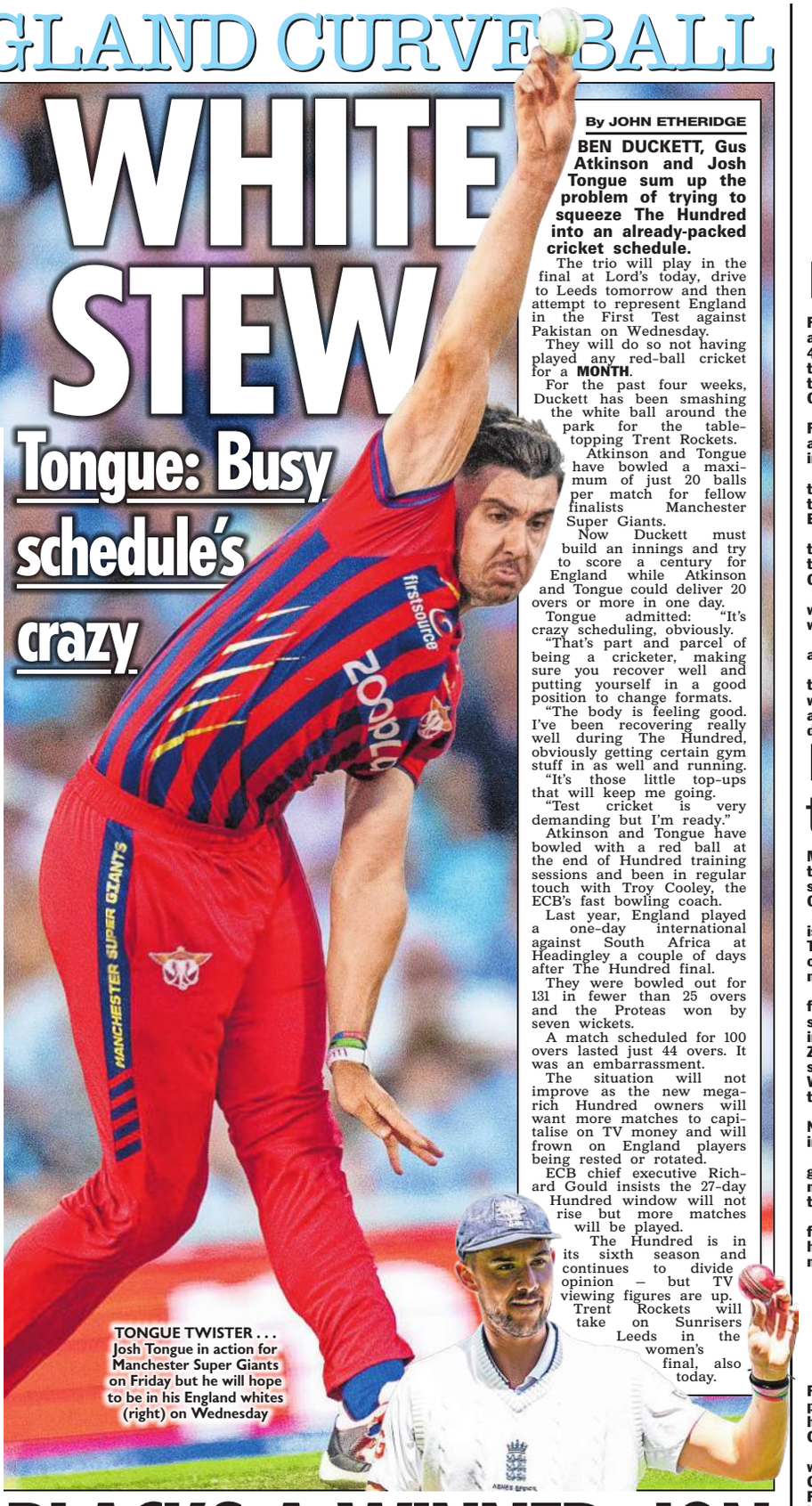
A match scheduled for 100 overs lasted just 44 overs. It was an embarrassment.

The situation will not improve as the new mega-rich Hundred owners will want more matches to capitalise on TV money and will frown on England players being rested or rotated.

ECB chief executive Richard Gould insists the 27-day Hundred window will not rise but more matches will be played.

The Hundred is in its sixth season and continues to divide opinion – but TV viewing figures are up.

Trent Rockets will take on Sunrisers Leeds in the women's final, also today.



TONGUE TWISTER . . . Josh Tongue in action for Manchester Super Giants on Friday but he will hope to be in his England whites (right) on Wednesday

BLACKS A WINNER, JON

By ROB MAUL

JONNY CLAYTON wore an All Blacks-themed shirt as he battered fellow Welshman Gerwyn Price 8-4 to win the New Zealand Darts Masters.

It was not lost on the pair that the final took place a long throw from Eden Park in Auckland, home of the legendary rugby union team.

Former plasterer Clayton *(left)*, 51, avenged Price's win over him in the 2022 final.

Clayton said: "Being a rugby man myself, I said to the guy designing my shirt that we have to go something like the All Blacks. It had to be black and white and with the fern. I am happy with the design. There have been a lot of comments on social media.

"It was great to play in the final with my World Cup partner.

"It just shows two rugby boys can play darts. To play against each other in the rugby world of New Zealand . . . I've got a smile on my face.

"I really enjoyed that. It's 1-1 now. So next year – winner takes all!

"I'm looking forward to Wollongong next week. Hopefully the sun will shine on me and I can lift another trophy!"

FERN-ED IT . . . Clayton lifts trophy

SPORTS ROUND-UP: RESULTS & FIXTURES

FRIENDLY MATCHES

M'GLADBACH (2) 2 Kleindienst 32, 35
ASTON VILLA (0) 1 McGinn 69

BRENTFORD (3) 7 Schade 2, 70 Sangare 12 Thiago 40, 68 Ouattara 52 Lewis-Potter 58
F RANKFURT (0) 0

BRIGHTON (0) 1 Hinshelwood 59
BOLOGNA (0) 0

CHELSEA (1) 3 Rogers 11 Joao Pedro 21, 77
R SOCIEDAD (1) 1 Aramburu 45

EVERTON (1) 1 Ndiaye 42
LILLE (0) 1 Arnar Haraldsson 90

FREIBURG (0) 3 Engelhardt 56 Holer 66 Scherhant 104
CRYSTAL PAL (0) 0

FULHAM (0) 1 Castagne 67
STUTTGART (0) 0

HULL (0) 0
NICE (0) 0

LEEDS (3) 4 Stach 2 Muharemovic 19
AUGSBURG (0) 0

MAINZ (1) 2 Becker 14 Boving 78
BOURNEMTH (1) 1 Evanilson 41

MAN UTD (1) 2 Maguire 2 Dorgu 51
AC MILAN (1) 4 Chukwueze 37 Cisse 58 Goncalo Ramos 68 Loftus-Cheek 72

NEWCASTLE (1) 1 Thiaw 44
BAYER LEV (1) 2 Maza 1 Boniface 82

SUNDERLAND (0) 2 Brobbey 61 Hume 70
RENNES (1) 1 Lepaul 32 (pen)

TOTTENHAM (1) 3 Richarlison 35 Moore 59, 79
HOFFENHEIM (0) 0

UNION BERLIN (1) 2 Van Den Bosch 9 Juranovic 53
IPSWICH (3) 4 Clarke 16 Emersonn 41 O'Shea 45 McAteer 78

ATHLETICS

EUROPEAN CH'SHIPS (Birmingham): **Finals - Men, 4 x 100m relay final:** 1 GB & NI (R Glave, Z Hughes, J Azu, L Hinchliffe) 38.45s, 2 Germany 38.64, 3 Belgium 38.70. **1500m:** 1 S Nillessen (Ned) 3m 35.70s, 2 S Pihlstroem (Swe) 3:36.16, 3 A Coscoran (Irl) 3:36.24, 4 J Heyward (Gbr) 3:36.40, 5 A Ludewick (Gbr) 3:36.65, 6 J Wightman (Gbr) 3:37.1

Women, Women's 4 x 100m relay final: 1 GB & NI (D Asher-Smith, S Eduan, A Hunt, I Lansiquot) 42.05s, 2 Switzerland 43.12, 3 Poland 43.15.

CRICKET

FIRST TEST
Sri Lanka v India

Galle (day 1 of 5): India 288-2 (73.0 overs; D D Padikkal 131no; K L Rahul 77 ret hurt; R R Pant 27no).

FIRST TEST
Australia v Bangladesh

Darwin (day 3 of 5): Australia 198 (53.0 overs; S P D Smith 71; H Mahmud 6-55) & 161-4 (53.0 overs); Bangladesh 426 (138.0 overs; T H Tamim 101; N H Shanto 84; M H Miraz 65; J R Hazlewood 6-89).

FIFTH ONE DAY INTERNATIONAL
Ireland v Afghanistan

Belfast: Ireland 298-7 (50.0 overs; C Campher 96; H T Tector 53; A Omarzai 3-74); Afghanistan 302-4 (48.5 overs; R S Zurmatai 143no; S Atal 98; L McCarthy 3-47). **Afghanistan win by 6 wickets.** Afghanistan win Series 4-0.

CYCLING

CZECH TOUR: Stage 3 (Pardubice to Dlouhe strane (170.9km) - 1 A August (US) Netcompany INEOS Cycling Team 4h 3m 39s, 2 A Fancellu (Ita) MBH Bank Ballan Telecom Fort +1s, 3 D Pozzovivo (Ita) Solution Tech-NIPPO-Rali +6. **Overall -** 1 August 11h 26m 02s, 2 Fancellu +11s, 3 Pozzovivo +23.

ARCTIC RACE OF NORWAY: Stage 3 (Stokmarknes to Storheia, 142.5km) - 1 T Silva (Uruguay) XDS Astana Team 3h 29m 11s, 2 L Van Eetvelt (Belgium) Lotto-Intermarche at same time. **Overall -** 1 Silva 11m 31.07s, 2 Van Eetvelt +10s, 3 A Pinarello (Italy) NSN Cycling Team +21, 15 M Donovan (GB) Pinarello-Q36.5 Pro Cycling Team +1m 09s.

DARTS

NEW ZEALAND MASTERS (Auckland): **Final -** J Clayton (Wal) bt G Price (Wal) 8-4.

GOLF

DANISH GOLF CHAMPIONSHIP (Kerteminde, Funen): **3rd Rnd** (Gbr & Irle unless stated) - **202** R Langasque (Fra) 69 66 67, **203** Y Zhou (Chn) 69 67 67, **204** A Rozner (Fra) 69 64 71, **205** M Jordan 68 67 70, C Surratt (USA) 69 66 70, **206** J Winther (Den) 71 67 68, **207** R Hoejgaard (Den) 70 67 70, E Ferguson 69 65 73, B Stone (Rsa) 66 69 72, C Adam 70 63 74, **208** D Horsey 68 71 69.

VP BANK SWISS LADIES OPEN (Risch-Rotkreuz): **Final Rnd** (Gbr & Irl unless stated) - **200** E Givens 68 66 66, **201** A Foster 67 66 68, A Foerstering (Ger) 66 68 67, W Hillier (Aus) 66 67 68, **202** K Arwefjaell (Swe) 64 66 72, **203** A Latorre (Spa) 65 71 67, **204** L Hall 70 68 66.

MOTORCYCLING

BRITISH SUPERBIKE CHAMPIONSHIP (Thruxton): **Race 1 -** 1 K Ryde (GB) Ducati 20m 15.306s, 2 R Skinner (GB) Yamaha +0.644, 3 R Vickers (GB) Honda +0.862.

RUGBY LEAGUE

BETFRED SUPER LEAGUE

BRADFORD (0) **6** **WIGAN** (16) **34**
Bradford - Tries: Ackers. Goals: Hooley.
Wigan - Tries: Wardle (2), Keighran, French, McDermott, Kerr. Goals: Smith (5).

TOULOUSE (6) **10** **HUDDSFIELD** (22) **26**
Toulouse - Tries: Hands, Jussaume. Goals: Shorrocks.
Huddsfield - Tries: Halsall (2), Greenwood, Wrench. Goals: Flanagan (5).

WAKEFIELD (16) **16** **ST HELENS** (12) **46**
Wakefield - Tries: Smoothy, Vagana, Sinfield. Goals: Sinfield (2).
St Helens - Tries: Sailor (3), Murphy (2), Keeley, Davies (2). Goals: Hastings (7).

	P	W	D	L	F	A	Pts
Leeds	23	18	0	5	784	346	36
Wigan	23	18	0	5	689	407	36
Warrington	22	16	0	6	598	360	32
Wakefield	23	16	0	7	625	422	32
Hull K R	22	15	0	7	660	349	30
Leigh	23	15	0	8	508	428	30
St Helens	23	13	0	10	548	508	26
Catalans	23	9	0	14	449	691	18
Castleford	23	8	0	15	408	716	16
Toulouse	23	7	0	16	460	618	14
York	23	7	0	16	454	665	14
Hull	23	6	0	17	399	499	12
Huddsfield	23	6	0	17	401	661	12
Bradford	23	6	0	17	392	705	12

WOMEN'S SUPER LEAGUE - Barrow 14 Featherstone 22, Leigh 0 Huddersfield 34, St Helens 24 Leeds 34, Wigan 44 York 0.

RUGBY UNION

INTERNATIONAL

AUSTRALIA (21) **56** **JAPAN** (17) **17**
Australia - Tries: Nasser, Tupou (2), Bell, De Lutiis, Cale, Wilson, Paenga-Amosa. Cons: R. Lonergan (5), Donaldson (3).
Japan - Tries: Hocking, Saito, Riley. Cons: Matsunaga.

SNOOKER

CHINA OPEN (Taiyuan City): **Semi-finals -** N Saengkham (Tha) bt Y Zhou (Chn) 6-5; M Selby (Eng) bt S Bingham (Eng) 6-2.

TENNIS

ATP & WTA CINCINNATI OPEN (Cincinnati Ohio): **2nd Rnd, Women -** L Noskova (Cze) bt K Boulter (Gbr) 6-3 6-3.

TODAY'S SPORT

ATHLETICS
European Ch'ships (Birmingham).
CRICKET
First Test—day 2 of 5: Sri Lanka v India (Galle, 5.30am).
First Test—day 4 of 5: Australia v Bangladesh (Darwin, 1.30am).
The Hundred Finals (Lord's:) **Women:** Trent Rockets v SunRisers Leeds (2.15). **Men:** Trent Rockets v Manchester Super Giants (6.0).
One-Day Cup Semi-finals: Leicestershire v Notts (Grace Road, 11am), Middlesex v Durham (Radlett, 11.0).
GOLF
Tour FedEx St. Jude Championship (Memphis, Tennessee).
Danish Golf Championship (Kerteminde, Funen).
Ladies European Tour VP Bank Swiss Ladies Open (Risch-Rotkreuz).
LPGA The Standard Portland Classic (Portland, Oregon).
RUGBY LEAGUE
Betfred Championship (3.0): Batley v Keighley, Doncaster v Midlands Hurricanes, Halifax v Widnes, Oldham v London Broncos, Sheffield v Hunslet, Swinton v North Wales Crusaders (1.0), Whitehaven v Dewsbury, Workington v Rochdale (4.0).
SNOOKER - China Open (Taiyuan City).

ANDERSON . . . gold

It's pool Britannia

FREYA ANDERSON sealed a hat-trick of mixed 4x200m freestyle relay titles for Great Britain at the European Swimming Championships.

Jack McMillan, Matt Richards, Freya Colbert and Anderson triumphed in 7min 24.13sec.

Anderson, 25, has swum the anchor leg all three times GB have won the Euros title in five events.

And she steered them to bronze the first time the event was staged at Glasgow 2018.

She said: "My breakout was this race in 2018, which is showing my age.

"Hopefully I've still got a bit left in me."

The title keeps Britain top of the medal table with six golds, two silvers and four bronzes with a day left in Paris.

Battle for top Mark

MARK SELBY will be in the mix for the world No1 spot if he wins the China Open today.

The Jester from Leicester is having a superb week in Taiyuan, having dropped only seven frames in four matches.

Selby, 43, would be in a five-way race for snooker's summit — along with incumbent Judd Trump, Zhao Xintong, Neil Robertson and world champion Wu Yize — if he banks the £250,000 top prize.

He now faces Thailand's Noppon Saengkham, hunting his first ranking title.

Selby said: "If I feel good about my game, then my confidence will be there. I'm feeling good.

"Noppon is in the final for a reason. I know I have to be at the top of my game to get through."

Lambert walks it

ROBERT LAMBERT'S six perfect rides secured a hat-trick of British Championship titles.

The Norwich-born star was unstoppable and beat Charles Wright and Leon Flint in the final at the National Speedway Stadium in Manchester.

Lambert, 28, reeled off five easy wins in the qualifying heats before streaking clear in the final.

He said: "I'm obviously over the moon. I was made out to be the favourite but you've still got to win the races.

"It's always a tough night in any British final."

Meanwhile, 16-year-old Cooper Rushen finished fourth just a fortnight after his school prom.

The Essex lad was already racing full-time when he sat his GCSEs.

RUGBY LEAGUE

ALL THE KEY ACTION

Eamon to set Sail

TRISTAN SHOUT . . . hat-trick hero Sailor touches down for St Helens

SAINTS PLOT COURSE FOR THE PLAY-OFFS

By GARY CARTER

TRISTAN SAILOR navigated St Helens to a vital win that keeps their fading play-off hopes afloat . . . just.

Lewis Murphy's double also silenced his doubters.

Not for the first time, a Sinfield looked set to be Saints' nemesis as Jack guided Wakefield into a half-time lead.

But Sailor grabbed a hat-trick as he filled in three positions, with his kick spilled by Caius Faatili and touched down by Billy Keeley for a key score.

Murphy's two diving finishes on the pitch that made him helped Eamon O'Carroll's side pull off a shock with 34 unanswered second-half points.

And as the saying goes, 'Never write off the Saints.'

Yet interim boss O'Carroll warned: "We have to keep our feet firmly on the ground, we've still got a lot of work to do.

"Tristan puts his hand up and plays really well in any position and regardless of where anyone plays, everyone's all in.

"I'm so happy for everyone. Although it's not showed on the pitch in terms of performance, we had belief it would and it did.

"The players believed and didn't listen to outside noise."

In 2022, St Helens won their fourth straight title – Wakefield finished tenth, Hull KR came eighth and Leigh were in the Championship.

Wakefield.....16
St Helens.....46

All three clubs are above them now. Yes, injuries have wrecked their season, but Saints' problems extend beyond the pitch.

O'Carroll insisted belief was still there but every game has to be like a Grand Final. The play-offs have already started for Trinity.

Tyson Smoothy stole over for their first and Sinfield punished awful defending to send Isaiah Vagana in, at a cost as he dislocated his shoulder while scoring.

Jackson Hastings' kick put Sailor's first on a plate. Then Murphy *(left)* planted down the leveller.

He then weighed in with a second before limping off after Sinfield darted over.

A try-saving tackle from Sailor, out on the left wing after starting at centre and moving to full-back, kept the hosts out.

And he added two more tries, as did Jake Davies, to leave Wakefield's boss Daryl Powell fuming.

Powell blasted: "Our effort was appalling. We did all right until half-time. The way we ended the game was not us."

V'LANDYS . . . numbers

Still leagues apart

By GARY CARTER

SUPER LEAGUE clubs are not ready to agree a tie-up being offered by Australian rugby league chiefs.

The NRL wants to introduce a five-year strategic partnership to unify the sport's two major competitions.

But the Australian Rugby League Commission's first offer for a stake in Super League was described by one club boss as "lowball".

The offer would see the Australian Rugby League Commission pay £7million per year for ten per cent equity.

Super League's four games not chosen for Sky coverage each week would be streamed for nothing by DAZN, now owner of Foxtel which recently retained rights to broadcast the NRL in a £2.77billion deal.

Peter V'Landys, who runs rugby league Down Under, admitted bringing the two hemispheres together is more challenging than expected.

He said: "We're having trouble making the figures work.

"Unless the figures work, we won't do it. I don't know what will happen.

"We need to talk further with Super League. We understand the importance of the international game, so we're not giving up."

It is understood V'Landys' negotiation tactics have not gone down well on this side of the world. He has spoken of the game here heading for "a train crash".

Yet Super League is enjoying record broadcast audiences and attendances – the latter could reach two million for the first time this year.

Harry so bootiful

HARRY SMITH pulled the strings as Wigan joined Leeds on top of the table.

Jake Wardle grabbed a double and the Warriors took full advantage of Rhinos' slip-up on Thursday night.

But England half-back Smith was at the heart of everything.

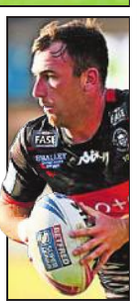
He had a role in scores for Bevan French and Kian McDermott along with booting five goals.

Adam Keighran also powered over before French rose highest to catch Smith's kick.

Bradford.....6
Wigan.....34

Andy Ackers replied for the Bulls but Wigan's Taylor Kerr was ruled to have squeezed the ball down on the try line.

Bradford's Luke Hooley hobbled off after twisting awkwardly with three minutes left.



SMITH . . . master

JOHNSON-THOMPSON

KJT's last spot woe

By ROB MAUL

INJURY-PLAGUED Katarina Johnson-Thompson's future is in doubt after she came LAST in one of her worst-ever heptathlons.

The Liverpool athlete, 33, ran a below-par 2:24.92 for the women's 800 metres — the contest's final event.

The two-time world champ's slowest two-lap time for 11 years meant she finished in 21st spot.

Johnson-Thompson quit the recent Commonwealth Games with a calf issue.

And she admitted: "It's not easy to come into a competition not in shape.

"I am thinking of the future. If I am not competitive I will start to ask questions."

Brit Jade O'Dowda was 13th while the gold went to Irish star Kate O'Connor with 6,751 points.

Bell's an 'animal'

GEORGIA HUNTER BELL has felt like a "caged animal" ahead of her late appearance at the European Championships.

Hunter Bell — who will be the only Brit in the women's 1500 metres final tomorrow — continues her 2026 quest for a Quadruple of gold medals.

She has already won the World Indoors 1500m and Commonwealth 800m and is eyeing the inaugural Ultimate Championships next month.

Yet she was forced to wait until the penultimate day of the week-long Euros.

Hunter Bell, 32, said: "I feel like a caged animal, waiting to get going. I was excited to get out there, hear that home cheer."

Amber to red light

AMBER ANNING withdrew from the women's 400 metres final — with just TEN MINUTES notice.

The Londoner — who qualified fifth fastest for the showpiece — picked up an injury in the warm-up.

Anning, 25, is a two-time Olympic relay medallist and the 2025 world indoor champion.

And she would have had a chance of another gong over one lap in Brum.

Charlotte Henrich, 19, was instead drafted in as a last-minute reserve.

Gold went to Norway's Henriette Jaeger in a national record of 49.04sec.

Brits Yemi Mary John, 23, and Henrich came fifth and sixth respectively.

GOLDEN GIRLS . . . GB's Success Eduan, Dina Asher-Smith, Amy Hunt and Imani-Lara Lansiquot celebrate

Relay great!

AMY STORMS TO THIRD GOLD AS FAB 4s BLITZ 'EM

By ROB MAUL

AMY HUNT is having "the time of her life" in Birmingham as she prepares to chase a unique achievement this evening.

A clean sweep of four gold medals at the same track-and-field Championships is rare – think Americans Carl Lewis or Jesse Owens at the Olympics – but it has never been done by a British athlete.

Having been the fastest woman over 100 and 200 metres, bullion No3 came in thrilling style as Britain's women triumphed in last night's 4x100m relay final at the European Athletics Championships.

Britain's men also triumphed in their sprint relay.

Hunt could make it four in the inaugural mixed 4x100m relay on the final day at the Alexander Stadium.

There were three successful baton exchanges between Dina Asher-Smith, Hunt, Success Eduan – who is studying to be a midwife – and anchor leg Imani-Lara Lansiquot.

The winning time was 42.05sec and they crushed Switzerland by 1.07sec – one of the biggest winning margins in Euros history.

It was Asher-Smith's seventh continental gold and tenth medal in total to make her the joint most decorated woman in the 92-year history of the competition.

And Hunt, 24, paid tribute to her team-mates rather than focusing on her own achievements.

She said: "I'm stood next to Dina, she's the most decorated European athlete in history. She has got thousands of medals.

"I'm stood next to some amazing women. Success is a midwife. She brings new babies into the world. Imani wrote a play.

"That was stunning for it to come together. It's the time of my life."

Wonderwall was played by the DJ after the race. And to keep the Oasis theme going, Hunt's profile has gone Supersonic this past week.

She added: "We have won nearly all of the medals, haven't we?

"We have relay camps which mean we can come out here and put on a masterclass from both the teams."

Individual European champion Romell Glave tossed aside the wrap-around sunglasses for the men's final as he anchored GB to glory.

The changeovers were perfect between Jeremiah Azu, Louie Hinchliffe, Zharnel Hughes and Glave as they clocked a time of 38.45sec. It was the slowest winning time in 20 years but the conditions were not suited to fast running.

Jake Wightman *(left)* was sixth in the men's 1500m final with his lack of fitness and endurance evident on the final straight.

The former world champion in this event clocked 3:37.18 in a race called by his stadium announcer dad Geoff.

Fellow Brits Jake Heyward (3:36.40) and Arlo Ludewick (3:36.65) overtook Wightman to finish fourth and fifth.

Morgan Lake was eighth in the women's high jump after failing to clear 1.92m with three attempts.

Steve Backley was "delighted" to see his javelin Championship record surpassed as he watched from the BBC commentary seats.

The four-time European champion threw 89.72m in Budapest in 1998 but German giant Julian Weber overtook that with a mark of 90.40m.

Gracious Backley, 57, said: "I'm delighted for him. Julian Weber is my favourite thrower.

"He has thrown ridiculously far. Records are there to be broken. Medals are for keeps, records are to borrow."

BRIT SPECIAL . . . it's gold for men's quartet Zharnel Hughes, Jeremiah Azu, Louie Hinchliffe and Romell Glave

THE Sun TRANSFERS EXPOSED

Hot Tai on Cov menu

COVENTRY are keen to boost their firepower by signing Nottingham Forest striker Taiwo Awoniyi.

The Nigeria hitman, 29, is valued at around £17million after netting 21 Prem goals over four seasons.

Boss Frank Lampard knows he needs reinforcements if the Sky Blues are to succeed on their Premier League return.

Awoniyi *(right)* is understood to have already undergone a medical.

Douath's done it

MIDFIELDER Lucas Gourna-Douath hopes his Champions League experience can benefit Hull in the top flight.

He has signed for £3.5million from RB Salzburg, for whom he played 17 times in Europe's premier competition.

The Frenchman *(above)*, 23, said: "I've learned a lot and I'm really happy to put this experience on the pitch in the Premier League."

Joe Gelhardt has finalised his permanent move to Hull.

POCOGNOLI . . . job

SCOT TO BE SEB

BELGIAN Sebastien Pocognoli has agreed a shock deal to become Scotland boss.

Pocognoli, 39, is set to succeed Steve Clarke, who quit following the Tartan Army's group-stage exit at the World Cup.

The ex-Monaco coach could be in place in the next 24 hours as Scotland prepare for their first Nations League games next month.

Pocognoli led Union Saint-Gilloise to their first Belgian title in 90 years in 2024-25.

That success earned the former West Brom and Brighton player the Monaco job — but that only lasted eight months before he was axed by the Ligue 1 side.

EAGLES' CAN DO

CRYSTAL PALACE sealed a £21million move for Anan Khalaili from Union Saint-Gilloise.

The Israel international, 21, can play full-back or winger and signed a five-year deal from the Belgian club.

He said: "I'm excited and I can't wait to start.

"I've followed Crystal Palace for a long time. I'm happy to be here."

Khalaili becomes Palace's fifth summer signing after the arrivals of defenders Oscar Mingueza and Takehiro Tomiyasu, plus attackers Dwight McNeil and Evann Guessand.

IT'S A BIG CRIS OFF

Rom exit 'wait' dig for Spurs

MAD ABOUT THE BOY . . . former Tottenham skipper Romero is unveiled at Atletico Madrid

CRISTIAN ROMERO admits he had been eyeing a Spurs exit "for a while" after sealing a £34.2million switch to Atletico Madrid.

By TOM BARCLAY

And fellow defender Djed Spence posted an emotional video as he joined Inter Milan on a five-year deal.

Romero, 28, ended a five-season stay in North London to join up with fellow Argentinian Diego Simeone in Spain.

Tottenham fans have long suspected their captain wanted to move on — and Romero made no attempt to deny it.

He said: "I know that it is going to be amazing because I have wanted to be here for a while. I can't wait to play here in this team."

Romero played against Atleti twice in the Champions League last season, including a chastening 5-2 thrashing in Madrid.

The 2022 World Cup winner added: "The staff inspired me to come here and when I played here in the Champions League the fans with their support convinced me, too."

His only achievement at Spurs was helping win the 2025 Europa League.

And his disciplinary record was shocking — he was sent off **SIX** times and missed 14 games because of bans.

It also seemed to many that he prioritised his country over his club.

No wonder then that Romero was happy to join a club notorious for rough-house tactics under Simeone.

He said: "In terms of my playing style, let's say we're a perfect match. I've got a lot of team-mates from the national team playing here."

England defender Spence is Milan's new £26m man, with potential add-ons also part of the transfer.

The ex-Middlesbrough full-back was disparagingly described as a "club signing" by then-manager Antonio Conte when he joined Tottenham in 2022.

But he leaves as a success and posted a showreel of highlights under the caption 'memories of a lifetime'.

Roberto De Zerbi's Spurs side stand to make up to £20m from the sale of Ashley Phillips to Boro.

Centre-back Phillips, 21, went for an initial £7m with £13m worth of extras and a 20 per cent sell-on clause also attached.

SUZUKI . . . Villa link

SUZUKI DRIVE

ASTON VILLA want Zion Suzuki after the Japan keeper's £30million switch to Paris Saint-Germain fell through.

Unai Emery's side are in talks with Serie A Parma over matching the deal agreed by the European champions.

The breakdown of the PSG move for World Cup star Suzuki, 23, comes as Juventus revive their interest in Villans keeper Emi Martinez.

Argentina No1 Martinez, 33, is due back at Villa tomorrow but the club have concerns over a hand injury.

The Midlanders are still in the hunt for midfielder Joao Palhinha, 31, despite seeing a loan bid KO'd by Bayern Munich.

FERR PRICE

PARIS SAINT-GERMAIN snapped up World Cup winner Ferran Torres for £42.75million.

The Spain forward, 26, has joined the two-time European champions from Barcelona on a five-year deal.

Supersub Torres netted the only goal in extra time against Argentina in last month's World Cup final.

And he has reunited with ex-Spain boss Luis Enrique — who handed him PSG's No 9 shirt.

Enrique said: "He will adapt to what we want, he can play anywhere up front — it's great news to get him."

NEWS TICKER

SOUTHAMPTON have rejected a £17million bid from Benfica for 24-year-old Taylor Harwood-Bellis.

Marco Silva's side have made the £25m-rated defender a top target.

SUNDERLAND are close to sealing a £25million move for Toulouse full-back Dayann Methalie.

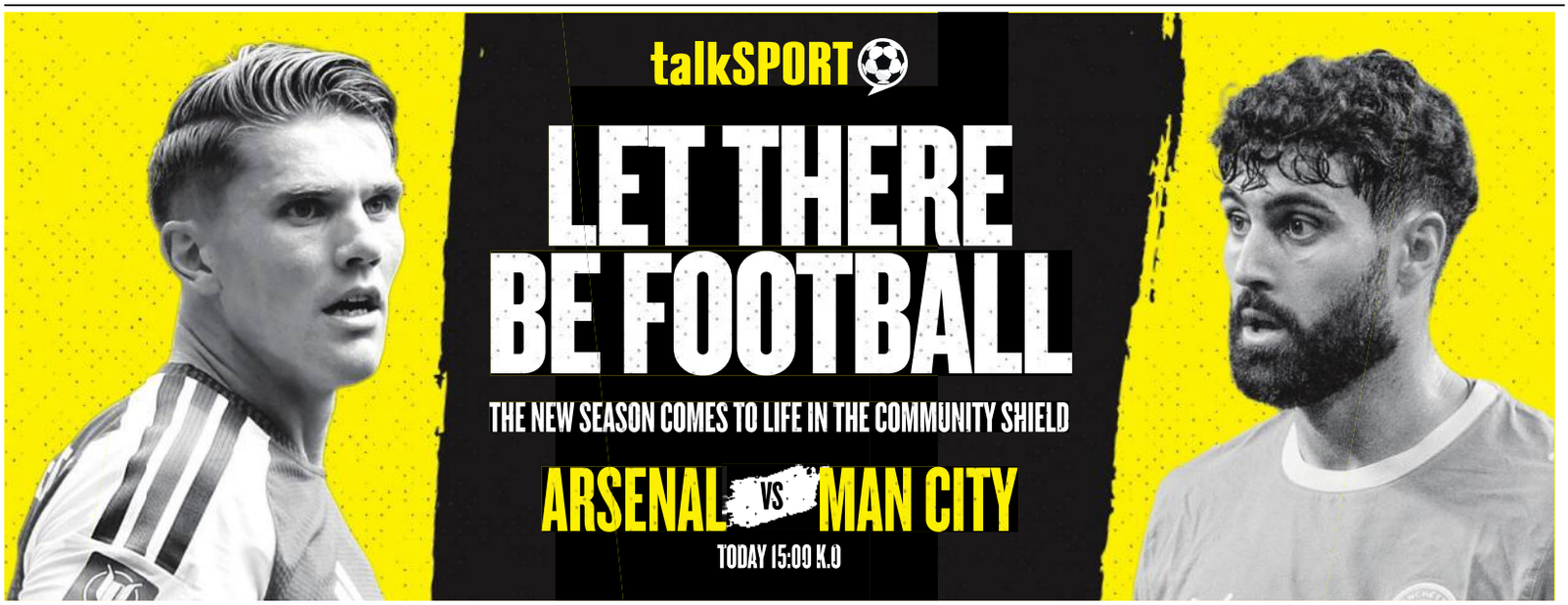
The French ace, 20, is set to pen a five-year deal after a medical.

LEEDS agreed a £6.8million deal for Swiss defender Nico Elvedi.

But Borussia Monchengladbach have secured a 15 per cent sell-on clause for the 29-year-old.

NESTORY IRANKUNDA now has a £68.5million release clause after leaving Watford for £17million.

The forward, 20, signed a five-year deal at Sporting Lisbon.



Dan King

OUR COLUMNISTS ARE THE TALK OF SPORT

NO FUN AS AN INBETWEENER

Enzo has to avoid joining ranks of stop-gap gaffers as he follows Man City icon Pep

AWKWARD SQUAD . . . our mock-up of managers as The Inbetweeners — Moyes, Slot, Maresca and Emery
Graphic: MIKE RUSSELL

ENZO MARESCA knows he is in danger of being an Inbetweener.

The new Manchester City manager has probably never seen the TV series and films.

Although Maresca's Chelsea successor Liam Rosenior was teased for his resemblance to nerdy Will, the Italian could hardly be more different from the lead characters, who are knee deep in teenage angst.

Yet, like them, Maresca is at a crossroads in his life.

Can he mature into one of the big boys of football management?

Or is departed boss Pep Guardiola too hard an act to follow, condemning Maresca to life as a stop-gap appointment while City search for an alpha male?

Maresca could take some encouragement from the example of Arne Slot, who won the Premier League in his first season after replacing Jurgen Klopp at Liverpool.

Yet that triumph did not insulate Slot from the consequences of a poor second campaign — and the feeling that his face did not fit at Anfield after all.

Maresca himself acknowledged, on the day he was unveiled as Guardiola's replacement, that the situation was similar to when Sir Alex Ferguson left Manchester United and Arsene Wenger said adieu to Arsenal.

Ferguson's anointed heir, David Moyes, was sacked in 2014, 10 months into a six-year contract.

Unai Emery lasted just 18 months after inheriting the Gunners from Wenger in 2018.

In each case, the fact the previous boss was a great in the history of both the club and English football cast a shadow over the next man from which he could not escape.

Which feels like an appropriate image at the end of a week that featured the most spectacular UK solar eclipse for 27 years.

While City and Guardiola were hand in glove, the sun shone out of his behind most of the time — burning so brightly it scorched rivals into dust.

Maresca's predicament is more like that of Moyes than Emery.

Wenger left Arsenal in 2018 after a trophyless season at the end of a long period when the club had not challenged to be English or European champions.

But Ferguson pulled off the trick of going out at the top, riding into the sunset after winning one more title — his 13th overall — in the most dominant era any English club has ever enjoyed.

City then failed to be crowned champions in Guardiola's last two campaigns, the only back-to-back 'failures' of his 10 seasons in charge. Nevertheless he left as a winner, adding another FA Cup and Carabao Cup to his Etihad roll of honour.

So City face champions Arsenal today in Cardiff.

And Maresca is up against a manager who has shown why it is usually better to be the man who comes **AFTER** the man who came after **THE** man.

Mikel Arteta returned to Arsenal after Emery was sacked in late 2019. The way things had gone wrong under Wenger's immediate successor — and the deeper issues that were exposed — bought him some time.

Winning the FA Cup in his first season also earned Arteta patience from the club hierarchy as they attempted a full rebuild.

It was patience he tested until last season, when he finally led Arsenal to their first title since Wenger's Invincibles of 2003-4.

To do so, Arteta abandoned some of the principles he had learnt at Guardiola's knee — as well as the Gunners' reputation for attractive football from the Wenger era.

A team consisting mainly of big, strong athletes, who were physically dominant all over the pitch and especially at set-pieces became champions in what felt like the beginning of the post-Pep world.

Maresca is his own man. He even chose not to move into Guardiola's old office to underline the change.

But at the same time, someone who was City assistant boss in the Treble-winning campaign of 2022-3 has no plans to rip up the Etihad playbook completely or go down the dead-ball route.

Even last season, the latest version of Pep-ball was good enough for City to come out on top in head-to-head battles with Arsenal.

Only Gabriel Martinelli's late equaliser stopped Guardiola's side winning at the Emirates.

City followed up a comfortable win in the Carabao Cup final with an April victory at the Etihad, which put them in control of the title's destiny.

Yet as Declan Rice memorably claimed at the moment of defeat, it was not over.

City failed to press home their advantage and Arsenal's greater consistency, especially in defence, saw them over the line.

In that sense, today's clash will tell us little about how any title race might go.

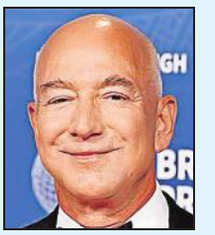
But Maresca will do well to avoid the fate of Moyes and Emery, let alone become a more successful Inbetweener like Slot.

Brum brings us a Brit of respite

BEFORE the football juggernaut really gets going again and chokes every other sport with its fumes, the European Athletics Championships in Birmingham have been a breath of fresh air.

For all the doping scandals of the past — and those probably still to come — there remains something wonderfully pure and simple about human beings running, jumping and throwing.

And it was good to see Brits like Amy Hunt and Matt Hudson-Smith *(left)* winning, especially in a summer of World Cup disappointment and Test series defeat by New Zealand.



BEZOS . . . loaded

Bez bet is hands off

LIVERPOOL fans know better than to get excited about the prospect of Jeff Bezos becoming a co-owner.

But they should probably be alarmed.

As the Saudi purchase of Newcastle proved, having billionaire backers does not mean you can suddenly spend unlimited amounts.

The only real beneficiaries of the sale of 30 per cent of the Kop giants are FSG.

The club's supremos are making a massive profit on the £500million they have spent on the Reds — and still retain their status as majority shareholders.

But for how long? The deal is believed to contain clauses which allow Bezos & Co to go for a full buyout.

And if what Bezos has done to another venerable institution is anything to go by, that is a scary prospect.

His reign at the Washington Post, who exposed the Watergate scandal, has been slammed by reporters.

What might Bezos do to the club of Toshack, Keegan and Dalglish?

FAIRYTALES often have unhappy endings. And so it is with Leicester City and owners King Power.

The Jamie Vardy documentary which came out a few months ago was a reminder of what a brilliant story their Premier League title triumph in 2015-16 was.

Just ten years later, the Thai family which bankrolled it have put the club, now in League One, up for sale.

King Power's core duty-free business has suffered a downturn and there is no more money to put in football.

Which is why we still need rules about owners and sustainability. Just better ones than we have now.

Dark Arts not so Fab

IT says something that the first person to make contact about new rules this season was an Arsenal supporter.

The amended regulations — especially on time-wasting — may well have an impact on the way Mikel Arteta's Gunners control games.

Brighton boss Fabian Hurzeler will feel vindicated after complaining about the 1-0 home defeat in March.

Arsenal took 30 minutes 51 seconds to restart play in total. Hurzeler said: "If they win the Premier League, they won't care how — and you can see they do everything to win it."

Arsenal are at the Amex on September 19. Bring popcorn.

LEAGUE ONE

NOTT AN EASY DAY

SMARTIN'

Foxes boss in for a tough ride

FOX ACHE . . . Grant levelled late on to deny Leicester victory

By JAMES SHIELD

RUSSELL MARTIN admits his Leicester team must learn the facts of life in League One in order to bounce straight back up.

Just over a decade after being crowned top-flight champions, the Foxes now find themselves in the third tier.

And battling Notts County reminded them that promotion will not be a breeze after Conor Grant's 81st-minute strike secured a deserved draw.

Boss Martin *(right)*, who had earlier seen Jayden Joseph fire his side in front, said: "We've got loads of learning to do and we'll be better for that.

"I loved the energy and the aggression in the team. We regained the ball so many times and I love the fight and the togetherness.

"We had to work hard because, make no mistake about it, this was always going to be a difficult game.

"In the second half, we had to weather a storm and, once we'd done that, we regained

Notts County.....1
Leicester.....1

control. It was an amazing goal to score – but then a bit of anxiety crept in.

"The whole atmosphere in the stadium changed and that's a big lesson for us.

"If we don't look after each other with the ball, then it doesn't suit us."

The Magpies burst out of the blocks and caused Martin's men all sorts of problems.

After Cal Roberts had fizzed an effort inches over the bar, Ollie Cooper struck it having closed down the dithering Alex McCarthy. But gradually, Leicester began to show some of the skills which make them strong favourites to win the division.

Twice Bobby De Cordova-Reid went close.

Combining with the lively Will Alves, he steered a clever attempt just past the post having already tested James Belshaw's handling from the edge of the six-yard box.

The Foxes continued to improve after the break, with Nick Tsaroulla forced to clear another De Cordova-Reid attempt off the line.

Then Joseph, 20, broke the deadlock by smashing home a first-time shot after combining with Sammy Braybrooke.

But County rallied and Grant levelled after fellow sub Emile Acquah's header had bounced off a post.

Magpies boss Martin Paterson said: "I am so disappointed, because we were at home.

"I've spoken to the group, which was a little bit quiet because they felt they had chances to win the game and I felt that was a fair reflection.

"For me, that was a really competitive performance against a very good team."

MATCH STATS

NOTTS COUNTY		LEICESTER
16	SHOTS	11
2	SHOTS ON TARGET	2
31%	POSSESSION	69%
277	PASSES	638
197	COMPLETED PASSES	563
39	TOUCHES IN OPP BOX	16
3	CORNERS	5
15	FOULS CONCEDED	11
2/0	YELLOW/RED CARDS	1/0

BARNSLEY (0)	**0**	**BROMLEY (0)**	**1**				
		Adeboyejo 70					
		Att: 11,163					
BLACKPOOL (0)	**1**	**WYCOMBE (1)**	**1**				
Munroe 77		Onyedinma 7					
		Att: 9,911					
BRADFORD (0)	**2**	**PETERBORO (0)**	**0**				
Gillespihey 54							
Powell 75							
BURTON ALB (0)	**1**	**STEVENAGE (0)**	**1**				
Armer 74		Sanderson 90					
		Att: 3,001					
CAMBRIDGE (2)	**3**	**WIGAN (0)**	**2**				
Watts 3		Perkins 69					
Appere 34		Higgins 73					
Heath 52		Att: 7,506					
HUDDRSFLD (2)	**3**	**AFC WIMB'DN (0)**	**0**				
Sanches Fernandes 4, 16							
Radulovic 78							
L ORIENT (1)	**1**	**SHEFF WED (1)**	**2**				
Olowu 26		Slattery 19					
		J Lowe 66 (pen)					
MANSFIELD (1)	**2**	**DONCASTER (0)**	**1**				
Oates 26		Senior 49					
Reed 74		Att: 8,868					
NOTTS CO (0)	**1**	**LEICESTER (0)**	**1**				
Grant 81		Joseph 62					
		Att: 17,172					
OXFORD UTD (1)	**2**	**MK DONS (2)**	**2**				
Harris 20		Goode 29					
Brown 90		Collins 34					
		Att: 10,964					
PLYMOUTH (0)	**1**	**STOCKPORT (2)**	**3**				
Amaechi 79		Diamond 13					
		Wootton 26					
		Glover 49					
READING (3)	**3**	**LUTON (1)**	**4**				
Marriott 8, 31, 38		Richards 6					
		Palmer 50, 52					
Att: 14,065		Kodua 90					

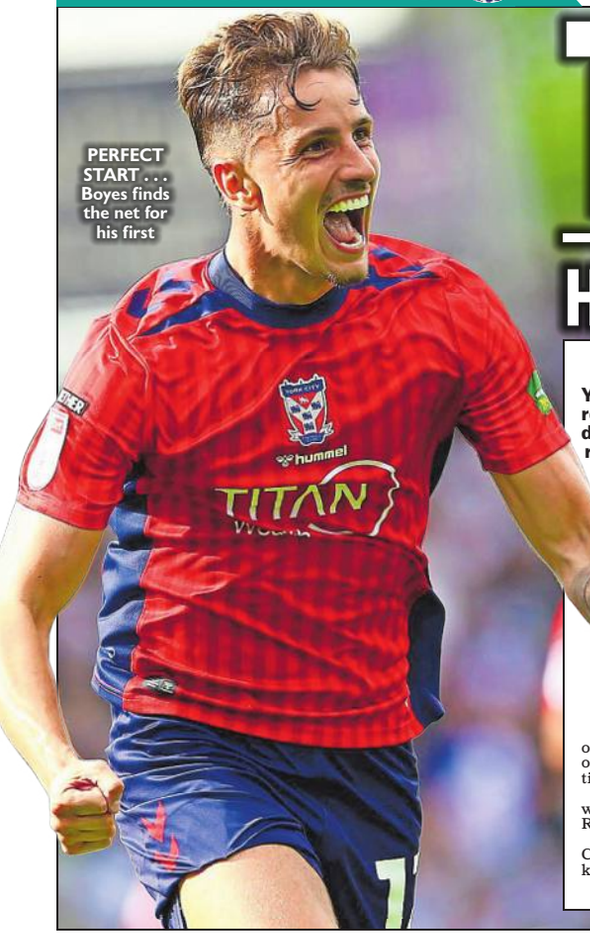
	P	W	D	L	F	A	Pts
Huddersfield	1	1	0	0	3	0	3
Stockport Cty	1	1	0	0	3	1	3
Bradford	1	1	0	0	2	0	3
Luton	1	1	0	0	4	3	3
Cambridge	1	1	0	0	3	2	3
Sheff Wed	1	1	0	0	2	1	3
Mansfield	1	1	0	0	2	1	3
Bromley	1	1	0	0	1	0	3
MK Dons	1	0	1	0	2	2	1
Oxford Utd	1	0	1	0	2	2	1
Leicester	1	0	1	0	1	1	1
Stevenage	1	0	1	0	1	1	1
Wycombe	1	0	1	0	1	1	1
Blackpool	1	0	1	0	1	1	1
Burton Albion	1	0	1	0	1	1	1
Notts County	1	0	1	0	1	1	1
Reading	1	0	0	1	3	4	0
Wigan	1	0	0	1	2	3	0
Doncaster	1	0	0	1	1	2	0
Leyton Orient	1	0	0	1	1	2	0
Barnsley	1	0	0	1	0	1	0
Plymouth	1	0	0	1	1	3	0
Peterborough	1	0	0	1	0	2	0
AFC Wimbledn	1	0	0	1	0	3	0

LEAGUE TWO

BRIGHT CITY LIGHTS

Top Boyes

HARRY DOUBLE FOR MINSTERMEN


PERFECT START . . . Boyes finds the net for his first

By JASON MELLOR

YORK coach Scott Lindsey reckons his players laid down a marker on their return to the EFL after a decade away.

Debutant Harry Boyes scored twice either side of conceding a penalty against Bristol Rovers.

Lindsey *(right)* came into only his second competitive City game under pressure after a limp League Cup defeat to his old club Crawley.

But in front of a sold-out Community Stadium, York outplayed a team widely tipped for the division's title.

That looked far from certain when Clinton Mola's goal sent Rovers in 1-0 up at half-time.

Mola picked up Fabrizio Cavegn's cross to fire past keeper Alfie McNally.

Then after the break, City

York.....3
Bristol Rovers.....2

sub Alex Newby and Boyes scored three minutes apart. Newby turned in a Joe Grey cross, then Boyes hit home from about 15 yards.

The Gas levelled after Morgan Williams was controversially penalised for a shove. Tommy Leigh sent McNally the wrong way from the spot.

But Boyes headed in from a yard out in the 80th minute to win it.

Lindsey said: "I think like most games where I've won on the first day of the season, we've gone on and had a good season. It's a massive boost.

"I think last year, out of the four teams that got promoted from this division, there was only one team who actually won on day one.

"So it's big that we got that, especially against a good side in Rovers.

"I thought the fans were amazing as well. I've got to add that in because they had a big part to play in the game.

"We were outstanding in the first half, though I did feel that we should have asked more questions of them in the final third.

"I didn't think we played as well in the second half. But I'll take it – it's a start.

"It's a really good marker of where we are and what we need to improve on."

Rovers manager Steve Evans groaned: "I think we were second best in a lot of areas all over the pitch.

"But the game comes down to goals – and there were individual errors for all of the goals we conceded."

MATCH STATS

YORK		BRISTOL R
16	SHOTS	13
5	SHOTS ON TARGET	3
70%	POSSESSION	30%
574	PASSES	237
500	COMPLETED PASSES	160
24	TOUCHES IN OPP BOX	21
7	CORNERS	6
9	FOULS CONCEDED	10
2/0	YELLOW/RED CARDS	0/0

ACCRINGTON (2)	**2**	**COLCHESTER (1)**	**2**				
Caton 29, 45		Iandolo 24					
		Hunt 60					
		Att: 1,959					
BARNET (2)	**3**	**SALFORD (0)**	**1**				
Gallagher 24		Oluwo 90					
Lakin 42		Att: 2,230					
Tshimanga 87							
CHELTENHAM (1)	**2**	**ROTHERHAM (0)**	**1**				
McCann 30		Buyabu 62					
Evans 71		Att: 4,467					
CHESTERFLD (0)	**0**	**FLEETWOOD (1)**	**1**				
		Evans 35					
		Att: 7,856					
CRAWLEY TN (0)	**0**	**CREWE (0)**	**1**				
		March 90					
GILLINGHAM (0)	**0**	**WALSALL (0)**	**3**				
		Moore 81					
		Connolly 89					
		Pressley 90					
		Att: 6,125					
GRIMSBY (1)	**1**	**EXETER (0)**	**0**				
Rodgers 35		Att: 7,483					
NEWPORT (2)	**3**	**ROCHDALE (0)**	**0**				
Cameron 18		Att: 4,872					
Gwengwe 38							
Bamba 90							
NORTHAMPTN (0)	**0**	**SWINDON (0)**	**0**				
		Att: 7,120					
OLDHAM (0)	**2**	**PORT VALE (0)**	**0**				
Kavanagh 60, 75		Att: 9,449					
TRANMERE (1)	**2**	**SHRWSBURY (0)**	**0**				
Davies 35		Att: 7,826					
Whitaker 63							
YORK (0)	**3**	**BRISTOL R (1)**	**2**				
Newby 60		Mola 30					
Boyes 63, 80		Leigh 78 (pen)					
		Att: 8,156					

	P	W	D	L	F	A	Pts
Walsall	1	1	0	0	3	0	3
Newport Cty	1	1	0	0	3	0	3
Barnet	1	1	0	0	3	1	3
Oldham	1	1	0	0	2	0	3
Tranmere	1	1	0	0	2	0	3
York	1	1	0	0	3	2	3
Cheltenham	1	1	0	0	2	1	3
Crewe	1	1	0	0	1	0	3
Fleetwood	1	1	0	0	1	0	3
Grimsby	1	1	0	0	1	0	3
Colchester	1	0	1	0	2	2	1
Accrington	1	0	1	0	2	2	1
Northampton	1	0	1	0	0	0	1
Swindon	1	0	1	0	0	0	1
Bristol Rovers	1	0	0	1	2	3	0
Rotherham	1	0	0	1	1	2	0
Chesterfield	1	0	0	1	0	1	0
Crawley Town	1	0	0	1	0	1	0
Exeter	1	0	0	1	0	1	0
Salford City	1	0	0	1	1	3	0
Port Vale	1	0	0	1	0	2	0
Shrewsbury	1	0	0	1	0	2	0
Gillingham	1	0	0	1	0	3	0
Rochdale	1	0	0	1	0	3	0

CHAMPIONSHIP

THE EFL IS BACK!

HAMMER TIME . . . Irons kept hold of skipper Bowen

NUNO: STAR BOWEN STILL LION IN WAIT

NUNO ESPIRITO SANTO has told Jarrod Bowen that his England dreams have not died after relegation to the Championship.

By ANDREW DILLON

West Ham pulled off a major coup by keeping hold of their star man and captain despite the drop last season.

Bowen, 29, missed out on the World Cup in the summer.

But Hammers boss Nuno believes England chief Thomas Tuchel and his scouts will still be keeping an eye on him in the second tier.

Nuno said: "I believe they do because of the qualities of the players.

"They don't ignore the competition. They look at the players and I hope it comes for Jarrod.

"We are delighted to have Jarrod – but there are so many players still with us.

"It means a lot for us, it means a lot for our fans."

West Ham's squad is in flux as they prepare to kick off their first Championship season in 14 years at Burnley today.

Many of the players who featured for them in the Premier League last season remain at the club – but there is plenty of interest in them.

Former Hull man Bowen, though, is staying put.

The England winger joined the Irons from the Tigers – then in the second tier themselves – in January 2020 for £18million.

And he has since shown that to be a shrewd bit of business, claiming 86 goals and 64 assists in 281 appearances.

Bowen has also thrown his name in the hat to be Arsenal star Bukayo Saka's understudy on the right wing for the Three Lions, racking up 22 caps.

West Ham are the bookies' favourites for promotion, which means they will also be the team to beat for all opposition this season.

But at least no VAR.

Nuno added: "It's back to the old days. I've been there, so it's going to be new for everybody.

"We had a meeting with the referees explaining all the details of the changing of law.

"It's going to be surprising for our players also. But we have to handle it.

"It's going to be a long, long ride and we take it game by game.

"Approaching, preparing the boys, realising that expectation, that the pressure is on us.

"Burnley, alongside a large group of teams, has the same expectation, that is to go back up.

"We're going to find a tough opponent, a good team.

"We've been analysing it. It's going to be a tough match."

The Hammers last night completed the £22million signing of Celtic's Belgian international Arne Engels.

Midfielder Engels, 22, agreed a five-year deal but was not registered in time to play against the Clarets.

I'm coached by a Pretty Woman

JULIA HELPS DIONISI TO LEARN ENGLISH

WATFORD'S new boss is aiming to build a top team – with the help of Julia Roberts.

By GARETH DAVIES

Italian Alessio Dionisi took over at Vicarage Road in the summer and has been improving his English by watching films including Notting Hill, starring the Hollywood superstar.

Roberts *(right)* shot to global fame in Pretty Woman alongside Richard Gere.

And Dionisi admitted: "I'm a Julia Roberts fan – but I must be careful what I'm saying. I love my wife. She's better!

"My wife often chooses the films. When she was over recently, we went to see where Notting Hill was filmed.

"Every day I try to watch one movie in English, however I also have to do my work!

"My wife told me that when I was watching movies, it would be better to watch an English actor if I wanted to improve my English. So I also watched Hugh Grant in Love Actually."

Dionisi, 46, is the latest gaffer to walk the managerial tightrope at Watford, where owner Gino Pozzo axed three head coaches last season.

So the new man might get more inspiration from the 1981 classic Escape to Victory, starring Pele, Bobby Moore and Ossie Ardiles attempting to break out of a German PoW camp. But a sprinkling of Hollywood stardust from the beautiful Julia would be handy as Watford, after an underwhelming transfer window, host Southampton at Vicarage Road in today's live lunchtime TV match.

The Saints, villains of last season's Spygate scandal, when they were thrown out of the play-offs and deducted four points, are among the favourites for promotion this time round.

Boss Tonda Eckert, who is due to face an FA disciplinary commission next month, is bound to face taunts from home fans.

But Dionisi said: "It was strange. I know the Southampton coach – he worked in Italy. I spoke with him at a meeting three weeks ago.

"Now it's all in the past and it's not my problem. My only problem is my team."

That problem is obvious – Watford are light in defence and face a team who were second-highest scorers in the Championship last season with 82 goals.

Dionisi said: "We need centre-backs but we're ready to go against Southampton with the players we have. In the next 15 days, players will arrive to complete the team."

There is also a question mark over the future of star midfielder Imran Louza.

Last season's leading appearance-maker looks to be on the way out at the Hornets but could be available for today's clash.

Dionisi said: "He's a good, good player, but the situation is still not clear.

"He's working well but I must make the right decision for the team – not for me, not for Imran, or any other player."

Watford also have injury problems in attack, where Kwadwo Baah is the latest casualty with a thigh injury.

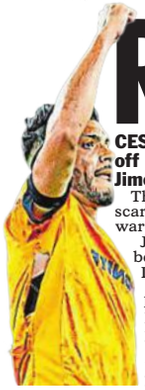
Ex-West Ham striker Michail Antonio, 36, has been training with the Hornets but Dionisi said: "He's working with us – there's no possibility of him playing in the team at the moment.

"I don't know what his future will be."

● Watford will pay tribute today to Hornets legend Kenny Jackett, who died in June aged 64.

The late Kevin Keegan, who spent two years at Southampton, will also be honoured.

RAUL OUT RED CARPET



CESAR PEIXOTO wants Wolves to feed off the bond between fans and Raul Jimenez to fire their promotion push.

By JUSTIN ALLEN

The Mexico ace, 35, bought 'Si Senor' scarves for everyone in the Sir Jack Hayward stand for Friday's 2-2 with Blackburn.

Jimenez *(left)* also took to the pitch before kick-off with partner and actress Daniela Basso to praise their support.

The forward was re-signed from Fulham this summer and marked his Molineux comeback with a 93rd-minute penalty equaliser.

Boss Peixoto said: "Raul has a fantastic relationship with our supporters and you could feel that emotion in the stadium before the match even started. The connection is very rare in modern football but as a group we have to feed off positive energy and use it to push us forward.

"When you have that level of passion coming from the stands, you must turn it into a weapon on the pitch."

Peixoto also highlighted new signing Kieran Trippier as a key figure in a new dressing-room leadership group.

He said: "We also have leaders like Kieran who bring so much quality, composure and big-game experience. I don't just want one captain, I want four or five sharing that responsibility. Raul knows this club inside out, Kieran understands what it takes at the highest level – and together they give us massive authority on the pitch."

Despite the late rescue act, Peixoto felt his side lost tactical shape as emotions got the better of them in a chaotic second half.

He added: "It's a lesson as we worked so hard to get into a winning position.

"The players wanted to win so badly for the fans that we allowed our heart to rule our head in the second half.

"When you do that against quality teams, you lose stability and become disorganised.

"We became disjointed in pressing, gave away space and lost our identity."

MY HERO . . . a young fan holds up gift from Jimenez

CHAMPIONSHIP UP 'N AT 'EM

JONES . . . comeback

Cam and sign deal

Charlton.....2
Derby.....1

By ANDREW DILLON

NATHAN JONES wants Charlton to tie up match-winner Tyreece Campbell's long-term future.

Campbell's cheeky 80th-minute winner sealed a comeback win over Derby.

The 22-year-old winger's contract is up at the end of the season but Addicks boss Jones said: "We know what we have to do.

"TC wants to sign a new deal. I'm a 50-something from South Wales trying to get into the head of a 20-year-old Londoner, so I have to adapt sometimes."

Prolific forward Sammie Szmodics fired Derby in front on 23 minutes but went off injured after the break with a thigh injury.

Charlton skipper Lloyd Jones met new signing Karlan Grant's deep cross to equalise — before Campbell's winner with ten minutes left.

Rams boss John Eustace said: "We have to hope we don't lose Sam for long."

GALE FORCE!

Thierry and Trotters back with bang

ON A HIGH . . . Max Conway lifts Gale after his curler made it 2-0

By SIMON YAFFE

BOLTON made a triumphant return to the Championship after seven years away — thanks to a dazzling display from Thierry Gale.

The winger helped blow sorry Preston away and made it 2-0 soon after Sam Dalby's 15th-minute opener.

But he also skied a few chances and boss Steven Schumacher said: "I have joked with Thierry he'll owe me £100 every time he puts it over the bar — so he might be skint soon!

"He has definitely come back physically stronger and he understands the demands of his division.

"On the whole, we probably deserved the three points.

"The way we played — certainly in the first half — was really good but we can learn from the second half because we looked a bit tired."

The hosts made a fine start to their first second-tier game since 2019.

They took the lead after John McAtee's half-volley was parried by keeper Daniel Iversen to Dalby, who coolly slotted it into the corner.

They doubled their lead 11 minutes later with a sweeping counter attack saw McAtee find Gale — and he curled it in beyond Iversen.

Preston right-back Pol Valentin was struggling to cope with Gale's pace, with the Spaniard turned inside out by the pocket rocket, who then fed McAtee only for him to shoot over the crossbar.

The Trotters began the second half in similar fashion.

North End lost possession and a ball in behind from Gaizka Larrazabal reached McAtee but he volleyed it first time and it bounced wide.

Gale then curled an effort around the post from the edge of the box on the hour mark.

The visitors' first chance on 65 minutes saw Milutin Osmajic put through but he was denied by Bolton No1 Jack Bonham.

They clawed one back on 86 minutes with sub Jusef Erabi's bullet header to set up a nervy finish but Bolton hung on to record a first win against North End since the First Division play-off final in 2001.

Preston boss Paul Heckingbottom said: "I am frustrated, especially given the nature of their goals.

"We gave ourselves a mountain to climb. You give any team a two-goal lead in the Championship and you make it tough for yourself."

Bolton.....2
Preston.....1

COBURN . . . out of rut

Coburn's two good

Bristol City.....0
Millwall.....2

By ROB STEWART

MILLWALL boss Alex Neil's heart-to-heart inspired two-goal Josh Coburn.

The Lions striker had struggled as he tried to recover from last May's play-off semi-final defeat.

But gaffer Neil made Coburn watch highlights of his campaign and the pick-me-up worked a treat at Bristol City.

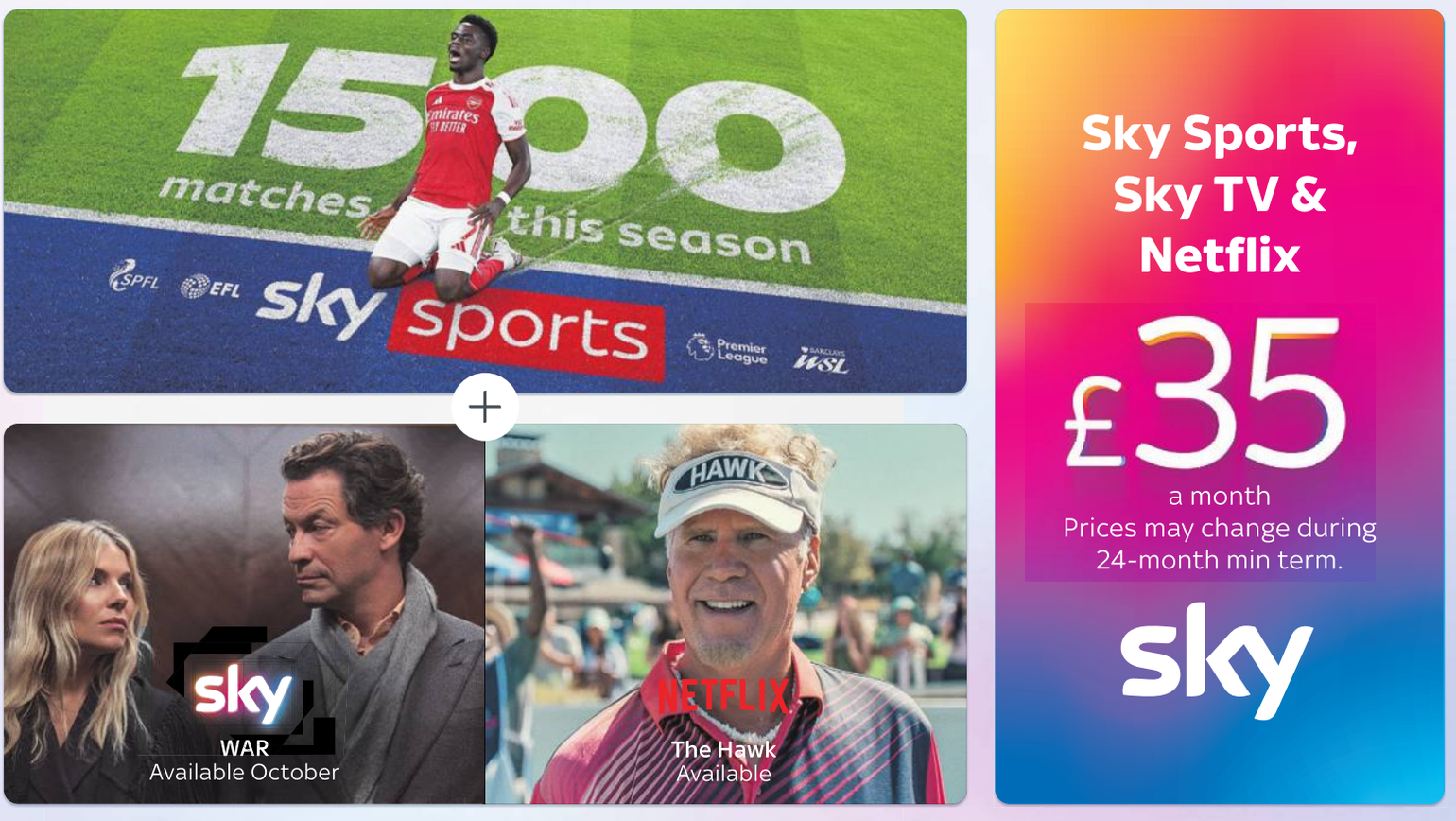
Robins midfielder Adam Randell picked up two yellows and was off for an early shower on 36 minutes.

Coburn, 23, then struck either side of half-time to sink ten-man City.

And Neil said: "I showed him all the best bits from last year — and he really was back at it.

"When he can perform like that, he's one of the best in the league."

Robins boss Mike Skubala, after his first Championship game since leaving Lincoln, said: "The sending-off killed the game but Adam thought it was soft."



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CHAMPIONSHIP

ALL THE

ROBINS . . . 'fed up'

Robins reliant on patience

Stoke.....1
Swansea.....2

By GRAHAM HILL

MARK ROBINS admits he is "desperate" to get it right at Stoke this season.

And he hinted his job will not be safe if he cannot get results.

But the Potters gaffer insists he needs time to end eight years of hurt since they were relegated from the Premier League.

Robins, 56, said: "I'm desperate to give the supporters results. But it takes time.

"I know what it's like, I'm not stupid. If it carries on for any length of time, you will be talking to somebody different. I hope it doesn't happen as I want to get this right.

"Life at Stoke is that people have been fed up for eight years.

"We are working hard to get new bodies in — players who can make a difference. The owner is backing us to the hilt.

"We have to be better this season. Some much-needed quality would be welcome."

Stoke were sunk by Adam Idah — who needed only a minute to seal the points for Swansea.

Swans boss Vitor Matos took off £20million-rated Zan Vipotnik after 65 minutes as part of a triple substitution.

And Idah grabbed the winner with his first touch.

Stoke had taken a 23rd-minute lead when Eric Bocat smashed a shot in off the bar. It was his first goal — two years after joining the club.

But left-back Bocat was caught out as Joseph Opoku levelled on his league debut following a £5.5million move from Belgian side Waregem.

Matos said: "The subs impacted the game.

"It was about mindset and mentality. We're building a proper team here."

SHEAR CLASS!

Will power sinks battling Imps

Middlesbrough.....2
Lincoln.....1

By COLIN YOUNG

WILL LANKSHEAR'S brace denied Lincoln a dream start to their first second-tier season in 65 years.

The cheeky Imps silenced the Middlesbrough faithful when former Boro academy boy Adam Reach hammered home a beauty.

And they hung on for more than an hour before former Tottenham striker Lankshear *(right)* bagged a double for Kim Hellberg's big spenders.

Defender Ashley Phillips, another new signing from Spurs, was introduced to a packed Riverside before an entertaining game.

After Boro secured a third successive opening-day victory, manager Hellberg said: "They were better than us first-half – which hasn't happened for a long time – and they deserved to be ahead.

"We looked like another team. That's on me.

"This place was electric and over the 90 minutes we deserved the win. So many people are going home happy and I love that, it's beautiful."

Lincoln co-boss Chris Cohen added: "It was an amazing performance and we just have to learn the lesson quickly.

"We had them where we wanted them and lost that in the second half, but we're so proud of the players and fans."

Lincoln took the lead on 12 minutes, just seconds after Lankshear had been denied his first Boro Championship goal. The striker was about to tap in Sebastian Berhalter's cross when ref Bobby Madley halted play due to Berhalter's nudge on Reach.

Reach reaped his revenge with a rampaging run in the visitors' next attack.

The left-back, 33 – who made the first of his 60-plus Boro appearances 15 years ago – lost Morgan Whittaker as he surged upfield.

He was unmarked when he met Imps skipper Tendayi Darikwa's cross and delivered a firm half-volley beyond Radek Vitek's reach.

Cohen added: "It was a fantastic start and a proper Lincoln City goal – no surprise, Reachy does that every day in training."

After Adilson Malanda headed comfortably into George Wickens' arms, the Lincoln keeper made an outstanding save to keep out Lankshear's diving header.

Middlesbrough missed out on automatic promotion last season because of their failure to convert.

And shortly before the break, Whittaker and Lankshear both somehow failed to tap home Neto Borges' pass.

Madley further frustrated home fans two minutes before half-time when he failed to award a penalty after Whittaker fell awkwardly under Conor McGrandles' challenge.

Wickens produced another great stop to keep out Kyle Joseph's close-range effort.

Lincoln had a Tanto Olaofe strike ruled out for offside, then Lankshear hit the bar.

The best chances fell to Whittaker but he twice fluffed his lines.

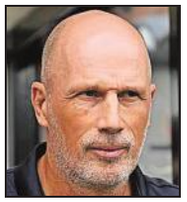
Lankshear pounced just after the hour for the leveller, diverting the ball home.

And the game was turned around in added time when sub Riley McGree twisted past Ivan Varfolomeev and side-footed across goal for Lankshear to do the same over the goal-line.

I'LL LEVEL WITH YOU . . . Lankshear nets the equaliser for Boro just after the hour mark

MATCH STATS

MIDDLESBROUGH		LINCOLN
23	SHOTS	10
7	SHOTS ON TARGET	2
77%	POSSESSION	23%
630	PASSES	184
557	COMPLETED PASSES	105
39	TOUCHES IN OPP BOX	20
5	CORNERS	5
12	FOULS CONCEDED	12
0/0	YELLOW/RED CARDS	2/0
	MATCH TIME: 98m 05s	
	BALL IN PLAY: 56m 54s	



CLEMENT . . . annoyed

Officials will Phil my wrath

Norwich.....1
West Brom.....2

By TONY RUSHMER

PHILIPPE CLEMENT hit out at officials for failing to rule out Aune Heggebo's second-half opener.

The Baggies star scored from Jimmy-Jay Morgan's 76th-minute cross — but Norwich felt he used an arm as he bundled the ball in from close range.

Morgan's late solo strike made it 2-0 before City sub Mathias Kvistgaarden headed a consolation.

The hosts fumed at ref Tim Robinson's refusal to chalk off Heggebo's goal.

Boss Clement said: "I expect referees see things like what happened with this goal as it's incredible we can see that from the bench 50 yards away.

"The players tell the referee but still the goal is allowed. For me, that's very disappointing.

"It's clearly with the arm the player scores. I think the linesman had the best angle in the stadium to see that. It's a game-decisive moment."

Albion chief James Morrison had a different take.

He said: "I haven't seen it and I think over the course of the season, he'll get some vice versa.

"And if it is — I don't really care."

Morrison preferred to focus on a hardworking team performance from his side, who withstood long periods of pressure.

But it was Morgan — signed from Chelsea in June — who really shone.

Morrison added: "It was a great goal. He's got a bit of a swagger and confidence and you need that to play for West Brom.

"I'm really pleased. I think he'll be walking in next week with a bit of swagger — and I'll have to knock him back down because it's one game.

"In the league you have to be consistent — and he knows that."

SCOTTISH FOOTBALL RESULTS & TABLES

PREMIER SPORTS CUP SECOND ROUND

ABERDEEN (0) 3 DUNDEE (0) 0
Nisbet 51, 63
Ntelo 57
Att: 10,018

DUNDEE UTD (0) 0 CELTIC (2) 4
Trusty 22
Duran 24
Tounekti 54
Nygren 63
Att: 9,136

DUNFERMLNE (0) 1 ROSS CNTY (0) 2
Oyinwoth 76
Lindsay 58
Att: 3,535
Chin 85

Played Friday

KILMARNCK (1) 3 AYR (1) 2
Hugill 42
Stirton 5
Schjonning-Larsen 79
Taylor 48
Clescenco 89
Att: 12,365

TODAY

Hearts v Inverness CT (2.0), Hibernian v Partick (2.0), Rangers v St Mirren (4.0) (Live on Premier Sports), Stenhousemuir v Motherwell (2.0).

WILLIAM HILL LEAGUE ONE

	P	W	D	L	F	A	Pts
Hamilton	3	3	0	0	10	0	9
East Kilbride	3	2	1	0	9	2	7
Ross County	2	2	0	0	3	1	6
Peterhead	3	2	0	1	3	2	6
Alloa	3	1	1	1	3	1	4
East Fife	3	1	1	1	3	2	4
Airdrieonians	3	0	2	1	1	5	2
Cove Rangers	3	0	1	2	0	5	1
Queen of Sth	2	0	0	2	1	6	0
Montrose	3	0	0	3	1	10	0

ALLOA (2) 3 MONTROSE (0) 0
Glasgow 8
Rankin 42
Foster 75
Att: 553

E KILBRIDE (0) 3 COVE (0) 0
Elliott 56 (pen), 67 (pen)
Smith 90
Att: 502

HAMILTON (1) 4 AIRDRIE (0) 0
MacDonald 13, 49, 90 (pen)
Smutek 81
Att: 1,048

PETERHEAD (0) 2 EAST FIFE (0) 1
Mackie 84
To 90 (pen)
Healy 77
Att: 602

WILLIAM HILL LEAGUE TWO

ANNAN ATH (1) 1 CLYDE (1) 2
A Smith 40
Att: 447
Williamson 30
Connell 89

DUMBARTON (0) 0 EDINBURGH (2) 3
Foster 4
Lawson 34
Aiken 76
Att: 725

ELGIN (1) 4 KELTY (0) 1
Hester 30
Mackay 51
Dingwall 81
MacIver 85
Cole 71
Att: 524

FORFAR (2) 3 STIRLING (0) 0
Arnott 9
Shepherd 42
Brown 70
Att: 473

STRANRAER (0) 1 SPARTANS (0) 0
Mcluckie 69
Att: 435

	P	W	D	L	F	A	Pts
Elgin	3	2	1	0	10	2	7
Forfar	3	2	1	0	5	1	7
Clyde	3	2	0	1	5	3	6
Spartans	3	1	1	1	6	5	4
Annan Ath	3	1	0	2	4	6	3
Stirling	3	1	0	2	4	6	3
Stranraer	3	1	0	2	2	4	3
Kelty Hearts	3	1	0	2	4	7	3
Dumbarton	3	1	0	2	1	5	3
Edinburgh City	3	1	1	1	5	7	-1

(Edinburgh City deducted 5 points)

BREEDON HIGHLAND LEAGUE - Brora 4 Banks ODee 2, Clachnacuddin 1 Keith 1, Deveronvale 3 Rothes 0, Fraserburgh 2 Nairn County 0, Huntly 3 Wick Academy 0, Invergordon 1 Formartine United 2, Lossiemouth 2 Forres Mechanics 1, Strathspey Thistle 1 Inverurie Loco Works 3, Turriff United 1 Buckie Thistle 2.

SUPPORT . . . Colombian forward Duran reveals a message to fans after earthquake

O'NEILL'S ZEAL

MARTIN O'NEILL looked in good form as he returned to the dugout to oversee Celtic's progress into the League Cup quarter finals.

The Hoops boss, 74, missed last week's 5-1 Premiership thrashing of Kilmarnock because he was in hospital — but was back for a 4-0 second-round win at Dundee United.

Auston Trusty headed Celtic ahead on 22 minutes before new signing Camilo Duran bagged his first Hoops goal two minutes later.

Sebastian Tounekti and Benjamin Nygren then netted after the break on a day when the unlucky hosts hit the woodwork FIVE times.

Ace Nygren said: "That energy played a big part last season, now we must keep going."

DRAMA AND BIG MATCHES

BLUE IT . . . Paik Seung-ho head a big chance wide

MATCH STATS	
SHEFF UTD	BIRMINGHAM
3 SHOTS	10
1 SHOTS ON TARGET	2
45% POSSESSION	55%
306 PASSES	373
195 COMPLETED PASSES	254
8 TOUCHES IN OPP BOX	18
2 CORNERS	8
12 FOULS CONCEDED	12
0/0 YELLOW/RED CARDS	0/0
MATCH TIME: 95m 10s	
BALL IN PLAY: 45m 47s	

Pint made

CHRIS THIRSTY FOR MORE

Sheff Utd.....0
Birmingham.....0

By JUSTIN ALLEN

CHRIS WILDER claimed Sheffield United must get a pint out of a half-pint pot after they failed to break down stubborn Birmingham.

The Blades boss lost the creativity of Gus Hamer this week when the talismanic midfielder left for Premier League new boys Coventry.

And Wilder was left counting his lucky stars that the Blues showed little spark of their own in last night's goal-less snore-fest at Bramall Lane.

He admitted it will be a tough task to get United into promotion contention in their third Championship campaign since the drop in 2024-25.

Wilder said: "This is a strong division – possibly the strongest it's been in a long time.

"You've got three relegated clubs, plus Middlesbrough and Southampton.

"We have to overachieve. We have to get – to use an old Yorkshire saying – a pint out of a half-pint pot!

"That's what we'll try to do. There are no parachute payments for us.

"That makes a real difference in terms of how we recruit and what we can spend."

Patrick Bamford had the only real chance for the Blades deep into the second half, drawing a good save out of keeper James Beadle.

Birmingham – who showed far more attacking intent after the break – should have won this. Blues' Carlos Vicente saw a shot deflected inches wide while Jay Stansfield was denied by Blades goalkeeper Michael Cooper.

Wilder *(below)* is working on a replacement for Hamer but was satisfied with an opening-day point.

He added: "It's going to be the Wild West in the last two weeks of the transfer window. Hopefully, we can pick up a bit of magic late on.

"Our defensive metrics last season were poor, even if our attacking was top three.

"We need something to build on, so a clean sheet is massive."

Birmingham are notoriously hard to break down on the road – but they did not show much going forward.

But boss Chris Davies insisted: "We were the team most likely to win.

"We had so many moments around their box and chances, so we probably deserved to win it.

"It's an encouraging day for us to build on moving forward. We were ready to do everything you need to do in the heat of battle at places like this.

"We went to Swansea in the Carabao Cup before Sheffield and got a win and a draw. Those are two really good Championship teams, so there's a good template there for us."

CHAIR . . . quick double

Chair lifts QPR to rare win

Portsmouth.....1
QPR.....3

By GRAHAM NICKLESS

MOROCCAN marvel Ilias Chair presented QPR with their first league win at Portsmouth in 26 years.

Chair poached two first-half strikes as Rangers stunned their hosts with three goals in 14 minutes after falling behind.

Terry Devlin opened his season with a sensational 30-yard belter that left R's new goalkeeper Pierce Charles for dead.

But Pompey were sunk out of sight after the first-half water break, leaving fans reflecting on last season's late relegation escape.

Rangers chief Julien Stephan said: "I like the calm of the players — there was no panic when the goal was conceded.

"Ilias is an important player for us, he's a match-winner — but I would have liked him to have scored another one to take the pressure off."

Ebou Adams' volleyed clearance set off alarm bells in the home box on 33 minutes and Harvey Vale made Pompey pay.

His clever chip put Chair in like a flash to poke the ball home.

Seven minutes later Chair found Koki Saito, whose low effort took two deflections before bouncing into the net.

And two minutes into stoppage time before the interval Pompey's defence went missing, allowing the unmarked Chair to chip Amadou Mbengue's low cross over keeper Nicolas Schmid's dive.

Chair was then denied a hat-trick by Schmid's outstretched leg.

Pompey boss John Mousinho said: "We were in complete control and deserved the lead.

"But once we conceded, we seemed to fall apart."

RESULTS & TABLE

BOLTON (2) 2 PRESTON (0) 1
Dalby 14, Gale 25 — Erabi 86 — Att: 26,262

Bolton: Bonham, Stephenson (Brunt 85), Forino-Joseph, Famewo, Conway (Toal 82), Sheehan, Erhahon, Larrazabal (Ilinq-Junior 75), McAtee (Hardie 75), Gale (Dong 85), Dalby. Subs not used: Harrington, Davies, Christie, Watson. Booked: Forino-Joseph, Sheehan.

Preston North End: Iversen, Valentin (Offiah 64), Storey, Lindsay, Hughes (Vukcevic 79), McCann, Thompson (Leroy 64), Devine, Lang (Erabi 64), Burgzorg (Small 79), Osmajic. Subs not used: Nicholls, Nolan, Moran, Gryba. Booked: McCann, Thompson, Valentin.

BRISTOL CITY (0) 0 MILLWALL (1) 2
Coburn 41, 50 — Att: 24,168

Bristol City: Tickle, Tanner, Dickie, Atkinson, Eissat (Cardines 56), Knight, Randell, Hirakawa (Williams 46), Ballard (Wallace 64), Greenwood (Jakobsen 64), Tolaj (Bell 64). Subs not used: Collins, Yah, Eile, Twine. Booked: Randell. Sent-off: Randell.

Millwall: Jensen, Leonard, Taylor, Cooper, Sturge (Kelly 82), Metcalfe (Sykes 64), De Norre, Neghli (Lisbie 29), Azeez, Coburn (Dykes 83), Arconte (Cundle 64). Subs not used: Crocombe, Baggott, Batth, Bangura-Williams. Booked: Coburn, Metcalfe.

CHARLTON (0) 2 DERBY (1) 1
Jones 61, Campbell 80 — Szmodics 23 — Att: 21,531

Charlton: Mannion, McNamara (Mesik 85), Jones, Koumetio, Bell, Coventry, Chalobah (Sichenje 85), Campbell, Carey (Alli 59), Ahearne-Grant (Rankin-Costello 73), Godden (Leaburn 59). Subs not used: Brooks, Knibbs, Apter, Nwamba.

Derby: Zetterstrom, Ward (Johnston 84), Langas, Sanderson (Salvesen 85), Forsyth (Brewster 84), Taylor, Fraulo (Blackett-Taylor 83), Travis, Clark, Morris, Szmodics (Mowatt 54). Subs not used: Vickers, Bilbija, Nyambe, Eames. Booked: Brewster, Langas, Mowatt.

MIDDLESBRO' (0) 2 LINCOLN CITY (1)1
Lankshear 62, 90 — Reach 12 — Att: 31,487

Middlesbrough: Vitek, Brittain, Ayling, Malanda, Borges (Arfsten 63), Kante (McGree 63), Berhalter, Whittaker (Jones 90), Castledine (Peart-Harris 63), Lankshear, Joseph (Sarmiento 71). Subs not used: Brynn, Edmundson, Ibeh, Cartwright.

Lincoln City: Wickens, Darikwa (Coubis 90), Hamer, Elerewe, Towler, Reach (Bayliss 90), Jefferies (Street 59), Varfolomeyev, McGrandles, Draper (Olaofe 59), House (Hackett 71). Subs not used: Gauci, Melia, Honohan, Elder. Booked: Draper, Olaofe.

NORWICH (0) 1 WEST BROM (0) 2
Kvistgaarden 90 — Heggebo 75, Morgan 87 — Att: 26,374

Norwich: Kovacevic, Fisher, Darling, Cordoba, Chrisene, McLean, Mattsson (Field 86), Brooks (Wright 79), Ben Slimane (Schwartau 72), Maghoma (Diallo 72), Toure (Kvistgaarden 86). Subs not used: Grimshaw, Stacey, McConville, Bruno Alves.

West Brom: O'Leary, Galves (Mepham 90), Phillips, Campbell, Styles, Whitwell (Molumby 68), Diakite (Bielik 90), Myhre (Nzingoula 68), Price, Heggebo, Morgan (Stewart 90). Subs not used: Ingram, Williams, Townsend, Johnston. Booked: Diakite, Phillips.

PORTSMOUTH (1) 1 QPR (3) 3
Devlin 15 — Chair 33, 45, Saito 40 — Att: 20,479

Portsmouth: Schmid, Devlin, Poole (Milovanovic 72), Shaughnessy, Swanson (Arthur 72), Shein, Adams (Bailey 84), Kamara (Murphy 65), Segecic, Brooke-Smith (Kavuma-McQueen 46), Bishop. Subs not used: Bielica, Dia, Swift, Le Roux.

QPR: Charles, Mbengue (Varane 74), Dunne, Clarke-Salter, Kemper (Adamson 20), Vale, Edwards, Poku (Kamara 58), Chair, Saito (Smyth 58), Burrell (Lloyd 75). Subs not used: Ward, Morrison, Kone, Alemayehu. Booked: Edwards.

	P	W	D	L	F	A	Pts
QPR	1	1	0	0	3	1	3
Millwall	1	1	0	0	2	0	3
Swansea	1	1	0	0	2	1	3
West Brom	1	1	0	0	2	1	3
Bolton	1	1	0	0	2	1	3
Charlton	1	1	0	0	2	1	3
Middlesbro'	1	1	0	0	2	1	3
Blackburn	1	0	1	0	2	2	1
Wolves	1	0	1	0	2	2	1
Birmingham	1	0	1	0	0	0	1
Sheff Utd	1	0	1	0	0	0	1
Burnley	0	0	0	0	0	0	0
Cardiff	0	0	0	0	0	0	0
Watford	0	0	0	0	0	0	0
West Ham	0	0	0	0	0	0	0
Wrexham	0	0	0	0	0	0	0
Derby	1	0	0	1	1	2	0
Lincoln City	1	0	0	1	1	2	0
Preston	1	0	0	1	1	2	0
Norwich	1	0	0	1	1	2	0
Stoke	1	0	0	1	1	2	0
Portsmouth	1	0	0	1	1	3	0
Bristol City	1	0	0	1	0	2	0
Southampton	0	0	0	0	0	0	-4

(Southampton deducted 4 points)

SHEFF U (0) 0 BIRMINGHAM (0) 0
Att: 27,684

Sheff Utd: Cooper, Seriki, Tanganga, McGuinness, McCallum (Burrows 78), Peck, Rothwell (Arblaster 67), Donovan (Chong 60), O'Hare, Bamford (One 77), Cannon (Campbell 60). Subs not used: Davies, Doherty, Baptiste, Riedewald.

Birmingham: Beadle, Samuel, Neumann, Klarer, Cochrane, Iwata, Solis, Vicente (Laird 87), Paik (Bird 80), Stansfield (Gray 74), Priske (Vazquez 87). Subs not used: Allsop, Roberts, Fry, Lund, Fujimoto.

STOKE (1) 1 SWANSEA (1) 2
Bocat 10 — Opoku 23, Idah 66

Stoke: Johansson, Wilmot, Lawal (Talovierov 46), Graham, Bocat, Galbraith, Ingelsson (Soumare 70), Manhoef, Rigo (Bae 70), Thomas, Gallagher (Bozenik 70). Subs not used: Griffiths, Pearson, Gibson, Anderson, Martin. Booked: Graham.

Swansea: Vigouroux, Lissah (Key 55), Cabango, Welsh, Tymon, Fulton (Walta 84), Opoku, Just (Widell 65), Stamenic, Yeo (Eom 65), Vipotnik (Idah 65). Subs not used: Fisher, Parente, Ronald, Heywood. Booked: Lissah, Tymon, Widell.

PLAYED FRIDAY

WOLVES (1) 2 BLACKBURN (1) 2
Munetsi 18, Jimenez 90 (pen) — McLoughlin 27, Gudjohnsen 48 — Att: 30,984

Wolverhampton: Bentley, Trippier (Tchatchoua 68), Mosquera, T Gomes, Wolfe (Pedro Lima 79), Lopez, Andre Trindade (Chirewa 79), Munetsi, R Gomes (Doyle 68), Armstrong (Jimenez 60), Mane. Subs not used: Jose Sa, Bueno, Djiga, Edozie. Booked: Mane.

Blackburn: Toth, Alebiosu, Atcheson, McLoughlin, Pickering, Montgomery, Forshaw (Morsy 55), Morishita (Yuri Ribeiro 80), Cantwell (Ohashi 68), Afolayan (Fevrier 68), Gudjohnsen (Garrett 79). Subs not used: Pears, Tavares, Carter, Henriksson. Booked: Cantwell, Forshaw, Pickering.

LEADING SCORERS

Coburn	(Millwall)	2
Chair	(QPR)	2
Lankshear	(Middlesbrough)	2

CLEAN SHEETS

Jensen	(Millwall)	1
Cooper	(Sheff Utd)	1
Beadle	(Birmingham)	1

SAM EFFORT . . . Dalby goal for Bolton

O'NEILL . . . on the mend

NON-LEAGUE RESULTS & TABLES

ENTERPRISE NATIONAL

	P	W	D	L	F	A	Pts
Harrogate	2	2	0	0	8	3	6
Hornchurch	2	2	0	0	5	1	6
Sutton Utd	2	2	0	0	4	0	6
Southend	2	2	0	0	4	1	6
Hartlepool	2	2	0	0	3	0	6
Forest Green	2	2	0	0	5	3	6
Boreham Wood	2	1	1	0	6	4	4
AFC Fylde	2	1	1	0	4	3	4
Gateshead	2	1	0	1	3	2	3
Boston Utd	2	1	0	1	2	1	3
Worthing	2	1	0	1	4	4	3
Eastleigh	2	1	0	1	2	2	3
Aldershot	2	1	0	1	1	1	3
Kidderminster	2	1	0	1	1	3	3
Yeovil	2	0	2	0	2	2	2
Tamworth	2	0	1	1	4	5	1
Carlisle	2	0	1	1	3	4	1
Scunthorpe	2	0	1	1	1	2	1
Wealdstone	2	0	1	1	3	5	1
FC Halifax	2	0	0	2	3	6	0
Altrincham	2	0	0	2	1	4	0
Barrow	2	0	0	2	1	4	0
Solihull Moors	2	0	0	2	2	7	0
Woking	2	0	0	2	0	5	0

ENTERPRISE NORTH

	P	W	D	L	F	A	Pts
Chester FC	2	2	0	0	4	1	6
Worksop Town	2	2	0	0	4	2	6
Macclesfield FC	2	2	0	0	3	1	6
South Shields	2	2	0	0	3	1	6
Oxford City	2	2	0	0	2	0	6
Hebburn	2	1	1	0	4	2	4
Brackley	2	1	1	0	3	2	4
Buxton	2	1	1	0	3	2	4
Spennymoor	2	1	1	0	3	2	4
Harborough	2	1	1	0	2	1	4
Merthyr	2	1	0	1	3	2	3
Spalding Utd	2	1	0	1	2	1	3
Darlington	2	1	0	1	4	4	3
Scarborough A	2	1	0	1	4	4	3
Hereford FC	2	1	0	1	2	2	3
Morecambe	2	0	1	1	1	2	1
Southport	2	0	1	1	2	4	1
King's Lynn	2	0	1	1	1	3	1
AFC Telford	2	0	0	2	2	4	0
Bedford	2	0	0	2	2	4	0
Chorley	2	0	0	2	2	4	0
Marine	2	0	0	2	0	2	0
Hednesford	2	0	0	2	3	6	0
Radcliffe	2	0	0	2	1	4	0

ENTERPRISE SOUTH

	P	W	D	L	F	A	Pts
Weston-S-Mare	2	2	0	0	6	0	6
Dag & Red	2	2	0	0	3	1	6
AFC Totton	2	2	0	0	2	0	6
Salisbury FC	2	1	1	0	5	0	4
Hemel Hemp	2	1	1	0	3	1	4
Truro City	2	1	1	0	2	0	4
Torquay	2	1	1	0	3	2	4
Folkestone Inv	1	1	0	0	5	1	3
Tonbridge	2	1	0	1	5	2	3
Maidstone Utd	2	1	0	1	4	2	3
Billericay	2	1	0	1	2	1	3
Dover	2	1	0	1	5	5	3
Farnborough	2	1	0	1	2	3	3
Braintree Tn	2	1	0	1	3	6	3
Chelmsford	2	0	2	0	1	1	2
Horsham	2	0	2	0	1	1	2
Dorking	2	0	1	1	0	1	1
Maidenhead	2	0	1	1	0	2	1
Ebbsfleet Utd	0	0	0	0	0	0	0
Slough	1	0	0	1	3	5	0
Farnham Tn	2	0	0	2	1	3	0
Chesham Utd	2	0	0	2	2	6	0
Walton & Hersh	2	0	0	2	1	8	0
Hampton & R	2	0	0	2	0	8	0

ENTERPRISE NATIONAL

Aldershot 0 Hartlepool 1, Barrow 1 Hornchurch 2, FC Halifax 1 Boreham Wood 3, Gateshead 2 Woking 0, Kidderminster 1 Eastleigh 0, Solihull Moors 0 Boston Utd 2, Southend 1 Scunthorpe 0, Sutton Utd 1 Altrincham 0, Tamworth 1 AFC Fylde 2, Wealdstone 1 Harrogate Town 3, Worthing 1 Forest Green 2, Yeovil 1 Carlisle 1.

ENTERPRISE NORTH

Bedford Town 2 Darlington 3, Brackley 1 Hebburn Town 1, Chester FC 2 King's Lynn Town 0, Harborough Town 1 Morecambe 0, Hednesford Town 3 Scarborough Athletic 4, Hereford FC 1 Marine 0, Macclesfield FC 2 Radcliffe 1, South Shields 2 Chorley 1, Southport 1 Buxton 1, Spalding Utd 0 Oxford City 1, Spennymoor Town 2 Merthyr Town 1, Worksop Town 2 AFC Telford 1.

ENTERPRISE SOUTH

AFC Totton 1 Billericay 0, Braintree Town 3 Chesham Utd 2, Chelmsford 0 Truro City 0, Dover 5 Slough 3, Ebbsfleet United P. Folkestone Invicta P (Postponed - new date to be confirmed), Farnborough 0 Hemel Hempstead 2, Horsham 0 Salisbury FC 0, Maidenhead Utd 0 Dorking Wanderers 0, Tonbridge Angels 1 Torquay 2, Walton & Hersham 0 Maidstone Utd 3, Weston-S-Mare 3 Hampton & Richmond 0. **Played Friday** - Dag & Red 2 Farnham Town 1.

THE PITCHING IN NORTHERN PREMIER

Alfreton Town 3 AVRO 0, Bamber Bridge 1 Ashton Utd 0, Bury FC 1 Warrington Rylands 0, FC United of Manchester 0 Gainsborough Trinity 3, Lancaster City 1 Hyde Utd 2, Quorn 1 Redcar Athletic 1, Stockton Town 1 Leek Town 1, Warrington Town 1 Cleethorpes Town 1, Whitby Town 2 Ilkeston Town 0, Workington 2 Guiseley 2. **Played Friday** - Emley AFC 2 Curzon Ashton 1.

THE PITCHING IN ISTHMIAN PREMIER

AFC Whyteleafe 2 Wingate & Finchley 2, Aveley 3 Whitehawk 2, Burgess Hill Town 2 Leatherhead 2, Carshalton Ath 2 Cray Wanderers 1, Chatham Town 3 Three Bridges 1, Dulwich 2 Cheshunt 0, Eastbourne Borough 3 Brentwood Town 2, Enfield Town 3 Ramsgate 2, Maldon & Tiptree 1 Dartford 2, St Albans 0 Lewes 2, Welling 4 Stanway Rovers 0.

THE PITCHING IN SOUTHERN PREMIER SOUTH - Bath City 1 Hanworth Villa 0, Bracknell Town 0 Malvern Town 0, Chertsey Town 1 Yate Town 1, Chippenham 3 Plymouth Parkway 2, Evesham Utd 3 Chichester City 0, Gosport Borough 1 Uxbridge 1, Hanwell Town 0 Sholing 0, Havant and W 1 Frome Town 0, Poole Town 0 Basingstoke Town 2, Taunton Town 2 Berkhamsted 1, Wimborne Town 1 Gloucester 1.

THE PITCHING IN SOUTHERN PREMIER CENTRAL - Alvechurch 2 Needham Market 0, Banbury Utd 1 Real Bedford 3, Bromsgrove Sporting 1 Anstey Nomads 2, Halesowen Town 1 Bishop's Stortford 0, Hitchin Town 1 Redditch Utd 1, Leamington 0 Kettering 1, Leighton Town 2 Worcester City 1, Leiston 1 Rushall Olympic 2, Peterborough Sports 1 Stourbridge 2, Stamford 1 Racing Club Warwick 2, Stratford Town 1 Bury Town 3.

PREM

PRE-SEASON FRIENDLIES

Tel's buzzing for De Zerbi

By TOM BARCLAY

MATHYS TEL says Tottenham are pumped up for a new start after being re-energised by Roberto De Zerbi.

Spurs stayed up by the skin of their teeth last term but boss De Zerbi has overseen a mass overhaul of the squad ahead of the upcoming campaign.

Forward Tel *(right)*, who set up two goals in yesterday's 3-0 friendly win over Hoffenheim, is hoping for better times ahead.

The Frenchman, 21, said: "It's a new season, new goals, new opportunities.

"With my team-mates, we are going to be ready for the new season."

Asked what has changed compared to last term, Tel replied: "I'd say the energy.

"Last year we missed this energy, and now we can feel it, on the pitch, off the pitch, with the manager behind us and always with us.

"You can see we are together and happy."

The scoreline flattered the hosts, who had freebie Marcos Senesi starting for the first time, given Hoffenheim had ten chances and hit the bar.

Richarlison finished off a flowing move, started by £100million man Sandro Tonali, in the first half.

Tel then set up Mikey Moore for both of his goals after the break.

Moore, 19, has a loan lined up to Cologne which is likely to go ahead when a new winger arrives, with Spurs keen on Savinho and Cody Gakpo.

Romero's Spurs dig — P53

DAN'S MAN IN TYNE OF NEED

By IAN MURTAGH

DAN BURN was named as Newcastle's new captain — and the Toon will need all his leadership qualities based on this result.

The Mags host Liverpool on Sunday in their Prem opener having won just one of their marquee pre-season games — and that was against ten-man Valencia.

If new boss Matthias Jaissle did not already know the size of the job ahead, he does now after Bayer Leverkusen made it a losing St James' Park debut for the German with a 2-1 win.

Burn's appointment as Bruno Guimaraes' successor makes sense — a big man for a very big job.

Jaissle said: "He is the right fit. A great player and a great human being.

"Dan has the character to represent Newcastle on and off the pitch."

Burn *(below)* added: "It's an absolute honour."

Jaissle, who revealed Joelinton will miss the opening weeks, knows his new-look side will face Liverpool undercooked.

He said: "We will make the best of the situation — but it is a big challenge."

Toon switched out of their traditional kit after a first-half colour clash with the Germans.

Malick Thiaw's header cancelled out Ibrahim Maza's first-minute opener for Leverkusen but Victor Boniface won it for the visitors on 83 minutes.

Jaissle hopes to bag Benfica's Bosnian full-back Amar Dedic, 23, for £30million.

Unai left with Tammy ache

By ALEC SHILTON

UNAI EMERY faces a striker dilemma after losing Tammy Abraham to a groin injury.

The Aston Villa forward *(below)*, 28, slipped during their 2-1 pre-season defeat at Borussia Monchengladbach yesterday and hobbled off.

While the injury did not look serious, he is a big doubt for Villa's Prem trip to Brighton on Sunday.

Superkid Brian Madjo, 17, who scored in a stunning midweek debut against Paris Saint-Germain in the Uefa Super Cup final, is also crocked.

The teen is set to be out until at least September after picking up a problem following Villa's 2-1 defeat on Wednesday.

It leaves Ollie Watkins as Villa's only available senior striker – but he has not even returned to pre-season training.

The England star is due back at Villa's Bodymoor Heath base tomorrow after a four-week post-World Cup break.

Players are entitled to a minimum of three weeks off but boss Emery gave Watkins, Ezri Konsa and Emi Martinez an extra week to relax.

It means he must either play Watkins – with less than one week's training – or find another solution.

Villa's defeat in Germany yesterday came after a first-half double from Tim Kleindienst.

Skipper John McGinn pulled a goal back on 69 minutes after coming on as a half-time substitute.

Suzuki for Villa — Page 53

MORG PLAYS IT COOL

Rogers off mark but he resists Palmer cele

ICE, ICE, BABY . . . pals Palmer and Rogers hug

MORGAN ROGERS chose not to test Cole Palmer's celebration threat after scoring on his first Chelsea outing.

By JACK ROSSER

But on the evidence of this 3-1 win over Real Sociedad, the most expensive British player in history will have plenty more chances.

Pal Palmer joked he would send the bailiffs round if the new man pulled out the 'Ice Cold' celebration they both use – but which Chelsea's No10 has trademarked.

Rogers, who joined from Aston Villa this summer in a shock **£117MILLION** deal after Arsenal spent weeks chasing his signature, slotted home after just nine minutes.

He will score far better goals than this tap-in after Joao Pedro's header was saved but it was a very encouraging start for the new-look fearsome front three.

Pedro netted a second-half brace, a header and a fine solo finish, to make it seven goals across pre-season.

Add in Palmer, who has impressed new boss Xabi Alonso early on, and Chelsea have a forward line to rival any in the Premier League this season.

There were first Stamford Bridge appearances too for Maxence Lacroix, at the heart of Alonso's preferred back three, and Marco Palestra.

A comfortable win sets the Blues up for the short trip to Fulham in their Premier League opener a week on Monday. But while the team-sheet was full of big names, it also raised questions.

Liam Delap, Nicolas Jackson, Tosin Adarabioyo and Mykhailo Mudryk were all absent. None were sat behind the dugout, where new signings Danny Welbeck and Jordan Henderson watched on despite not being in the matchday squad.

Adarabioyo, a target for both Benfica and Marseille, would have also noted that his No4 shirt has been handed to new arrival Valentin Barco.

The Argentine World Cup pantomime villain was named on the bench but not given any minutes here.

Delap and Jackson's absence may well have been down to managing minutes – but it is very telling and there was no suggestion of injury.

After Welbeck's arrival and Dastan Satpayev's loan to Burnley, Chelsea still have six strikers on their books – a number they would like to cut in half.

Valuations may prove tricky when it comes to moving some on, with Jackson's asking price set at £65m and Delap's £50m, despite scoring just twice following his £30m switch from Ipswich last summer.

Shifting that pair, cutting the fat at the back and attempting to settle an unpopular Enzo Fernandez back into the squad means Alonso still has his fair share of headaches.

BOO BOYS

From Back Page

Cup semi-final, was then jeered whenever he was on the ball. Manchester City missed Chelsea's deadline of 5pm on Friday to meet their £120million asking price.

Blues manager Xabi Alonso now expects Fernandez — who returned to training this week — to stay this season, although it remains to be seen whether ex-boss Enzo Maresca's City will test the Londoners' resolve.

Following the victory over LaLiga side Sociedad, Fernandez joined other Chelsea players in walking around the pitch to thank fans for their support.

Unlike some team-mates, he did not acknowledge many supporters as he headed down the tunnel.

Strikers Nicolas Jackson and Liam Delap were left out of Blues' squad yesterday. Jackson is wanted by Aston Villa and Spurs while Delap could also be on his way out.

NOT A SNIFF . . . Rashford had quiet game

MARCUS

From Back Page

2-1 Europa League win at Viktoria Plzen on December 12, 2024. He was banished by Amorim before going on loan to Aston Villa and then to Barca.

Rashford taking Rasmus Hojlund's old No9 shirt is not confirmed as clubs need only to finalise numbers on the eve of the Prem season this Friday.

United stripped Rashford of his No10 shirt last summer before he even left on loan — and handed it to new signing Matheus Cunha.

Harry Maguire and Patrick Dorgu scored yesterday but United's defensive frailties were clear as Milan netted three times in 15 second-half minutes, including one from Ruben Loftus-Cheek.

Bruno Fernandes fluffed a penalty for a second friendly in a row, also missing against Leeds.

Ahead of Saturday's Prem opener at Hull, United boss Michael Carrick said: "Some of the boys played their first minutes. But no excuses, we just didn't play very well. We're still in good spirits going into next week."

TOP DORG . . . Tielemans hails scorer Dorgu

CALAFIORI . . . told off

BAN

From Back Page

able to use the towels is already a big one."

The Spaniard fears his side's set-piece threat will be reduced after throw-in protocols changed.

And Arteta joked he will send his players out in HATS so they have something to dry their hands on before launching the ball.

He added: "Let's see what we do. Maybe we will play with hats on!"

Previously both teams have had to agree over the use of towels.

Against Newcastle last season, Arsenal defender Riccardo Calafiori tried to use a towel left near Nick Pope's goal to dry the ball before a throw-in.

Referee Jarred Gillett intervened and took the towel away.

A new crackdown on time-wasting has also been deployed throughout English football.

That will see countdowns for goal-kicks and throw-ins, time-limited substitutions and injured players being forced off the pitch for a minute.

If a goalkeeper asks for the physio, an outfield player must also leave the pitch for 60 seconds.

Asked which rule will have the biggest impact, Arteta said: "We will have to see when the season starts, how this unfolds, what is more doable and what is less doable.

"All the restarts and the countdowns will bring a different dynamic. So I am very curious to see."

Yet it was Arsenal who were often accused of time-wasting as they ended their title drought.

Brighton manager Fabian Hurzeler criticised keeper David Raya after the Spaniard received treatment THREE times with Arsenal holding on to secure a crucial 1-0 win.

IPSWICH — with new manager Gary O'Neil (right) at the helm — will start the season in a different division for the **FIFTH** campaign in a row. They have been promoted three times in four years, suffering relegation from the Premier League two years ago.

COMMUNITY SHIELD

MIK'S MISSION

THE A TEAM . . . Arsenal stars flex their muscles in training yesterday

Musical cheers

ARTETA SITTING PRETTY AS RIVALS ROTATE

ENGLISH football's top flight has never witnessed a game of managerial musical chairs like this one.

By **CHARLIE WYETT**

For the first time, nine clubs have new men in charge and the main winners will surely be Arsenal.

The Premier League champions will take on Manchester City today in the Community Shield, the season's appetiser before the main course arrives in a few days.

Regardless of the score at Cardiff's Principality Stadium — history tells us not to read too much into the result — Gunners boss Mikel Arteta and his squad are superbly placed to successfully defend their title.

Even by recent standards, the managerial mayhem has been extraordinary.

Arteta's big mate, Pep Guardiola, has left Arsenal's main rivals which is an even bigger boost than the Gunners buying a world-class striker.

Pep's replacement Enzo Maresca could do well but considering the amount of experience the City team has lost, there is no guarantee.

Andoni Iraola faces a massive task at Liverpool and it would be a huge surprise if he turns them into contenders again straight away.

Xabi Alonso will improve Chelsea but the only guarantee is that they will not finish tenth again.

Michael Carrick was only confirmed as Manchester United's permanent manager this summer and they could close the gap.

But United are a work in progress and they will do well to really cause Arsenal some discomfort.

The other top-six boss from last season to stay in his job was Unai Emery but he has lost players rather than improved his Aston Villa team, so it looks as though it is Arsenal's title to lose.

Asked if so many managerial changes will help his side, Arteta said: "Every club would have their strengths. Some because they have won a lot in the last ten years, some because of the squads, some because of the money they have spent.

"We know ours and ours is related to what we have been producing for the last four or five years in a really consistent way.

"But we can be better and that is what we are focusing on to sustain that consistency — you called it stability. But I don't want to be stable, I want to be better and more ambitious. That is what we want."

City will still be Arsenal's main competitors.

However, Arteta claimed: "We will have a lot of challengers, looking at the squads, at the managers and at the clubs they are.

"But we know that. We need to focus on ourselves and make sure we maximise every resource we have to give ourselves the best chance.

"Then, day by day, it is going to be a long, long run.

"We know this league is full of incredible managers. It is so challenging every week to prepare games against them.

"That will elevate our level and my level for sure and we will try to be better."

Despite being in a good position, and the pressure finally off after winning the title, Arsenal fans do have some concerns.

William Saliba, the best defender in the Prem, is sidelined with injury and Arteta is looking at Villa's Ezri Konsa and Bayer Leverkusen's Jarell Quansah.

After failing to land Vinicius Junior, Arsenal are still looking at a left winger but a high-profile arrival appears unlikely.

But this Gunners team is still not yet at its peak.

Declan Rice and Bukayo Saka returned last week and could be on the bench in Wales.

Saka's absence has also allowed more game-time in pre-season for Max Dowman and it is inevitable that he will soon receive a senior call-up for the England team.

While some roll their eyes when the name of striker Viktor Gyokeres is mentioned, he is not quite as bad as you think — despite back-heeling the ball to an invisible Arsenal player against Borussia Dortmund in last week's 3-2 Emirates Cup defeat.

An upgrade would be the dream but it is not realistic.

Gyokeres still scored 21 goals in his opening season and even though he cost £63.5million, that is still £8.5m less than flop Nicolas Pepe.

The Swede could enjoy a better second season and you would still expect him to improve on his Prem tally of 14. Although he played 36 games in the top flight, just 26 of those were starts and he will have another major battle for a starting spot with Kai Havertz.

Undoubtedly, Arteta would like to strengthen but he has options in every department and all of the new managers this summer would love to be in his position.

IN THE MIKS . . . Arteta's Gunners will be title favourites

SMILES BETTER . . . Haaland and Dias share a joke in training

Captains must give their Haal

ENZO MARESCA warned Erling Haaland and Ruben Dias he expects more from them as captains.

The new City boss confirmed the pair will form part of the leadership group for the coming season.

Centre-back Dias is likely to be skipper with goal-machine Haaland as his deputy – but the rest of the committee is still to be determined.

But boss Maresca has told them the honour of wearing the armband for his team comes with a price.

The former Chelsea boss said: "It's important for the captain and the leader to know that the reason they are captain is because I expect more from them. It's not because I give them more freedom or advantage. It's opposite.

"The leadership group and captains have to show more and give more than the others."

Rodri was on the leadership group last season but now looks likely to leave this summer.

Maresca previously said he will have an English player as part of the group, meaning Phil Foden and Marc Guehi will be considered.

But there could be a lot of movement at City before September 1 so Maresca is keeping his options open until then.

He said: "At the moment, Ruben and Erling. But I want to wait until the end of the window to pick two more."

Maresca had said Haaland scores too often to be his skipper, as he wants the man with the armband to come to the bench after each goal.

That makes Dias hot favourite for the armband and the new boss knows all about his qualities.

He said: "Ruben's shown during his time here how he is as a player in terms of leadership."

By MARTIN BLACKBURN

Meanwhile, Maresca says he wants young winger Ryan McAidoo to stay with the squad this season after impressing in pre-season.

A host of clubs would like to take the 18-year-old on loan this summer but his Italian gaffer loves to use his wingers.

Maresca said: "One of the surprises has been Ryan McAidoo, which nobody expected. He was very good.

"For him, the best thing is to stay with us, to learn and be around the first team every day.

"Try to be intelligent and try to learn from Antoine Semenyo and Jeremy Doku.

"When I say try to learn, it's not in terms of how to dribble.

"It's about working hard as it can be difficult with young players.

"They can stop working because they feel like they are ready . . . when they are not."

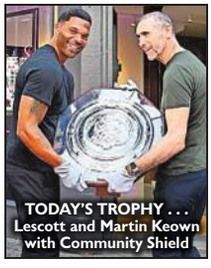
Foden 'faces massive test'

By JON WEST

JOLEON LESCOTT believes Manchester City midfielder Phil Foden is facing the biggest test of his career.

The 26-year-old was in and out of the side last term and did not make the England World Cup squad, though he has penned a new four-year City contract.

And former City defender Lescott insists the pressure is still on Foden because, at club level, he has never played for anyone other than departed boss Pep Guardiola — now replaced by Enzo Maresca.



TODAY'S TROPHY . . . Lescott and Martin Keown with Community Shield

Lescott said: "It's a massive season. We have to understand that this is the first new manager for Phil.

"The other players have played under other managers and know how different managers work, so there could be teething problems.

"But having seen footage of games and posts online, he looks happy — and that's important. He's someone who's obsessed with the game so, if he's in a happy place in his football, then he's good."

Lescott won the title twice with City and, asked about Maresca's prospects, he added: "I do see them winning something. I just don't know what that is."

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COMMUNITY SHIELD

The Rodfather PART II

Elliot can take over from midfield boss if City get an offer they can't refuse

RODRI'S reign as the finest defensive midfielder in the Premier League looks to be nearing an end.

The Spaniard was head and shoulders above the rest between 2020 and 2024 – even winning the Ballon D'Or a couple of years ago.

And the 30-year-old showed he is still a colossus in that position when he led Spain to World Cup glory last month.

Manchester City may not have seen him at his imperious best since he suffered cruciate ligament damage against today's Community Shield opponents Arsenal almost two years ago. But if, as expected,

By MARTIN BLACKBURN

Rodri joins Barcelona before the end of the month, filling the void will be a huge challenge for new boss Enzo Maresca *(left)*.

Yet the Italian may already have the heir to Rodri's throne in Elliot Anderson, City's £116million summer signing from Nottingham Forest.

The England midfielder believes he has similar qualities to Rodri, but is willing to play in any role.

Anderson, 23, said: "I can do various things within midfield and I'll see where I get used. I'll play anywhere. Creating things, driving forward or the other role if they ask me to do that."

His versatility has also been recognised by his new manager.

Maresca said: "He's a holding midfielder. Yes, a holding midfielder.

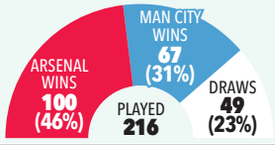
"But he can also be an attacking midfielder.

"The good thing about Elliot is he is young, so you can work with him and help him to improve as a six or an eight arriving in the box."

City are expected to move to sign a replacement for Rodri if he does return to LaLiga.

There is a long-term interest in Enzo Fernandez, although Chelsea's £120million demand for the Argentina star is more than City want to pay. So

HEAD-TO-HEAD (All comps)



SHIELD FACTS

4 ARSENAL'S Mikel Arteta won both of his Community Shield games as a player (2014, 2015), and has been victorious in his two as a manager (2020, 2023).

ARSENAL v MAN CITY

3pm, TNT Sports 1 & talkSPORT

HOW THEY COMPARED LAST SEASON

(All competitions)

Anderson (Nottm F)		Rodri (Man City)
50	GAMES	33
4,166	MINS PLAYED	2,184
83	AVE MINS P/GAME	66
	PER 90 MINUTES	
90	TOUCHES	114
65	PASSES	100
8.1	POSSESSION WON	6.2
1.1	INTERCEPTIONS	0.9

THE SEQUEL . . . Anderson could soon be cast as the main man if Rodri joins Barcelona

that increases the onus on Anderson. But, while he has often had help in protecting the back four, Maresca feels it is a role he can manage on his own.

He added: "At Forest, he was playing next to Ibrahim Sangare while, with England, he was next to Declan Rice – so two physical players were with him.

"In some games, he doesn't need a physical player next to him.

"It depends a little bit on the game plan and the other team.

"At the moment we have Rodri as a No 6 – a top player.

"It depends a little bit on the player. If you have a really good No 6, it is enough.

"But if you have dynamic players who can play in different positions, that is perfect." Maresca believes the huge transfer fee will not weigh heavily on Anderson, dubbed the Geordie Maradona at his previous clubs.

He said: "There are many good things on the ball and off the ball but also in terms of Elliot's personality.

"He showed his personality with Forest and the national team.

"I like when players can play in different positions. I prefer players who can play in different positions and Elliot can play as a six, as an eight.

"He is good in all the positions that he plays."

Anderson hopes to play in today's Community Shield against Arsenal at Wembley, despite having reported for training with City for the first time on Thursday. He was one of the players given extra time off having gone deep into the World Cup.

That has left Maresca with little time to get his squad together ahead of the new campaign.

He said: "Since day one we started with many young players but when the senior players arrived, it's nice because you can see the environment.

"Now it's a matter of playing every three days, trying to win as much as possible and creating the right chemistry between players, manager, fans, club, everyone."

There has been a high squad turnover since Maresca left his City coaching role to become Leicester manager three years ago.

He added: "Pre-season has been good because, as the new manager, you can connect with the players – not only inside the pitch but also outside the pitch.

"There are players I have needed to learn about. We have time to create and know each other in the right way."

Some of the understudies who impressed on a pre-season tour of Hong Kong and South Korea could be squeezed out by the return of more established stars.

Maresca said: "The pre-season can be a bit tricky because you can fall in love with players.

"And then during the season they are not the same.

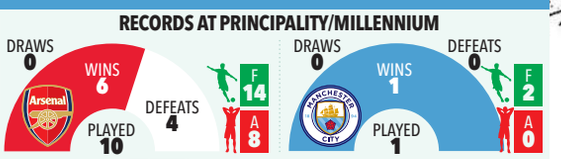
"Pre-season has been good for some players but when the real business starts, we need to see again."

1 ENZO MARESCA will be the first Manchester City boss whose first game in charge is the Community Shield. Maurizio Sarri (Chelsea, 2018) was the last manager to make his bow in this match.

2

TODAY will be only Manchester City's second game at Cardiff's Principality/Millennium Stadium, with the other being a UEFA Cup qualifying tie against TNS in August 2003 (won 2-0).

RECORDS AT PRINCIPALITY/MILLENNIUM



BOUADDI . . . City target

Barca bid £60m for Spain skip

By JON WEST

BARCELONA have tabled a fresh £60million offer to try to prise Rodri from Manchester City.

The Catalans stepped up their pursuit of Spain's World Cup winning captain after seeing two previous bids rejected.

But City are set to reject it as they are holding out for £70m for the 2024 Ballon d'Or winner — even though the midfielder has just one year left on his contract.

The Etihad giants have already spent £116m on England's Elliot Anderson, Rodri's natural successor.

Chelsea have so far rebuffed City's attempts to sign Enzo Fernandez, with the Blues' Friday 5pm deadline for a £120m sale having come and gone.

But City also want Morocco wonderkid Ayyoub Bouaddi, 18, valued at £85m by French club Lille.

Their head coach Davide Ancelotti said: "There are negotiations. There is interest from so many clubs. He is 18 years old but he looks like he is 32 when he is on the pitch.

> Bouaddi will be one of Europe's best midfielders – DAVIDE ANCELOTTI

"Technically, he is really complete. He is also physical, really strong in duels.

"He's going to be one of the best midfielders in Europe for the next ten years."

Rodri, 30, will not feature in today's Community Shield with Prem champions Arsenal after surgery on a minor back problem.

Real Madrid had been the initial frontrunners for the City star's signature.

But an injury to Frenkie de Jong prompted Barca to swoop — and Rodri's representatives have since confirmed the Nou Camp is his preferred destination.

A fourth offer could see the deal completed in the next few days.

Barcelona sporting director Deco also wants ex-City stars Julian Alvarez and defender Joao Cancelo, from Atletico Madrid and Saudi outfit Al-Hilal.

thesun.co.uk/sport

Sun Sport

3 golds for Amy

By ROB MAUL

AMY HUNT sprinted to a hat-trick of European golds — and goes for the quad tonight.

The Newark star, 24, dominated leg two as the women's 4x100 metres relay squad cruised to the title.

Dina Asher-Smith, Hunt, Success Eduan and Imani-Lara Lansiquot ran a Euro-leading time of 42.05sec to crush Switzerland by 1.07.

Hunt bids for an unprecedented clean sweep of **FOUR** titles with the mixed 4x100m relay.

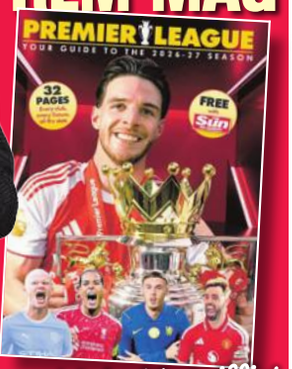
She said: "That was stunning for it to come together."

Great Britain's men also took 4x100m relay gold in Birmingham.

Relay great — Page 52

HUNT BALL . . . track queen Amy is all smiles after third gold at the Euros

FREE INSIDE
FAB 32-PAGE PREM MAG

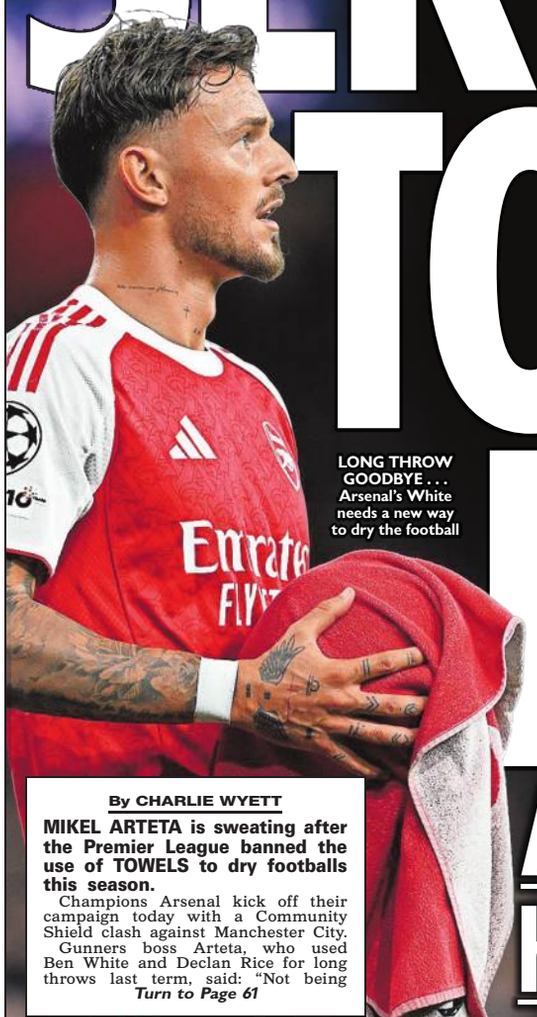


'Arry thinks it's triffic!

COMMUNITY SHIELD, 3pm

ARSENAL v MAN CITY

SERIOUS TOWEL PLAY



LONG THROW GOODBYE . . . Arsenal's White needs a new way to dry the football

Arteta says ban will harm set-piece kings

By CHARLIE WYETT

MIKEL ARTETA is sweating after the Premier League banned the use of TOWELS to dry footballs this season.

Champions Arsenal kick off their campaign today with a Community Shield clash against Manchester City.

Gunners boss Arteta, who used Ben White and Declan Rice for long throws last term, said: "Not being

Turn to Page 61

Marc, set, go again

From KATHERINE WALSH in Wroclaw

MARCUS RASHFORD made his first Manchester United appearance in 611 DAYS against Ruben Amorim — the man who exiled him.

The England forward *(left)*, 28, came on as a 61st-minute sub with Kobbie Mainoo in the 4-2 loss to AC Milan in Poland. The Italians are managed by Amorim.

Rashford wore the No 9 shirt and looks set to start the season at Old Trafford after Barcelona failed to trigger a £26million option-to-buy clause in June.

His last appearance for United came in a

Turn to Page 60

Boo boys dog Enz

By JACK ROSSER

WANTAWAY Enzo Fernandez was loudly booed by Chelsea fans on a toxic return to Stamford Bridge.

Some Blues supporters heckled his every touch and even cheered when he was fouled in a 3-1 friendly win over Real Sociedad.

Manchester City target Fernandez *(right)* has been trying to force a move away.

The boos began when Fernandez, 25, replaced Reece James and took the armband but other fans clapped when he came on.

The midfielder — who scored for Argentina against England in the World

Turn to Page 60

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It's Trawl over now

POPULAR stayer Trawlerman has been retired after picking up a leg injury at Glorious Goodwood.

The John Gosden-trained eight-year-old won several big long-distance races, including the Gold Cup in a record time last year.

He returned late this season after developing a rare eye condition, which meant he had to wear special goggles in bright sunlight.

Gosden said he picked up a knock when second to Scandinavia last month, and he'll now join fellow Godolphin legend Rebel's Romance for a chilled-out retirement at Wood Ditton Stud.

By JACK KEENE

Gosden said: "Unfortunately he came out of the Goodwood Cup with a leg issue and is being retired. He has become a part of the family here and we'll all miss him."

BRILLIANT BRI ON ELITE LIST

BRIAN HUGHES joined an exclusive club at Perth when Dolly Dior gave him his 2,000th career winner. The 40-year-old, who joins Sir AP McCoy and Richard Johnson as Britain's most decorated jockeys, said: "I'm proud to have reached the figure. I've had a lot of help from a lot of people to get me to this point."

Zeus chasing Deau

ZEUS OLYMPIOS is "improving" as he chases a first Group 1 in today's Prix Jacques le Marois (2.50).

The Karl Burke-trained four-year-old got off the mark for the season with a battling win in the Summer Mile at Ascot last month.

With Bow Echo retiring earlier this week Deauville's big race has been thrown wide open, and jockey Clifford Lee reckons his 4-1 shot can take full advantage.

Lee (*right*) said: "I rode him in a piece of work last week and he felt fantastic. I think he has improved with each run this year, so you've got to feel pretty confident.

"Since he won the Joel Stakes at Newmarket last year we've always thought he would be a Group 1 horse. It will be a tough race and it's a good field, but he's got a strong chance."

By JACK KEENE

Deauville colours – Page 2

HOME OF RACING

THE Favourite

Sunday, August 16, 2026

COP A LOAD

Hector pulls out stops with 209-1 treble

By JACK KEENE at Newbury

RED-HOT Hector Crouch cannily Pulled a fast one in the Hungerford Stakes.

He made the bold decision to peel away from the rest of the field to find the quickest strip of ground three furlongs out – and 15-2 shot **Coppull** did the rest.

It completed a 209-1 treble on a memorable afternoon at Newbury for the in-form jockey, who had earlier steered the day's big gamble **Wine Dark Sea** (7-2) and **Addison Grey** (9-2) to victory.

But no doubt the highlight was Coppull's Group 2 win, with Clive Cox's classy colt relishing the step up to seven furlongs for the first time.

He'd run a blinder to finish a close fourth over six furlongs in the July Cup last time out, but he saw out the longer trip in good style under a fine ride.

Crouch grinned: "I've got to credit Clive, he was the one who went out there and said that part of the track was the better place to be.

"I did my own thing on a horse who is extremely game, it was a very well-executed plan and I was lucky to be the one on top today.

"It's been a fantastic day, it's very hard to come to the big meetings and compete against the big yards and big riders."

The horse was trimmed into

Turn to Page 2

HOT COP . . . Coppull pulls away from his rivals to win the Hungerford Stakes at Newbury, the final leg of a stonking treble on the card for in-form jockey Hector Crouch (*left*)

FIRST PAST THE POST FOR RACING

The biggest and the best pullout

. . . SEVEN DAYS A WEEK!

Favourite THE BIGGEST AND THE BEST COLOUR

DEAUVILLE

GOING: GOOD, LIVE ON SKY

2.50 PRIX JACQUES LE MAROIS STAKES (GRP 1) winner €472,231; 1m (10 runners)

1 1-3341 ZEUS OLYMPIOS 36 (D)
(6) K Burke (UK) 4-9-5 ..... **Clifford Lee** 95
Runs: 8 Wins: 5 (3F,A,G) Places: 1 €326,057
Hasn't quite lived up to billing yet this season, more like it Ascot, player

2 1118-1 DREAMLINER 140 (CD)
(2) S Wattel 4-9-5 ..... **Theo Bachelot** 84
Runs: 11 Wins: 5 (5S) Places: 2 €139,732
Grp 3 win on soft last time, this harder and been off a while, watched

3 20-971 SIXPENCE 70 (B,T★;D)
(5) H Tanaka (Jpn) 5-9-5 ..... **Yutaka Take** 93
Runs: 13 Wins: 6 (A,2F,G) Places: 1 €2,242,210
Top level winner back in Japan, looks No1 of the challengers, threat

4 036-10 STRAUSS 112 (D)
(1) R Takei 5-9-5 ..... **Joao Moreira** 88
Runs: 14 Wins: 4 (F,2G) Places: 3 €748,583
Bit more to find than fellow raider, wouldn't rule out though, interesting

5 14-224 MORE THUNDER 36 (BF)
(8) W Haggas (UK) 5-9-5 .. **Tom Marquand** ●99
Runs: 14 Wins: 5 (2F,GS,2G) Places: 4 €552,475
Talented but needs luck, hold-up style should be suited by this, fancied

6 -11118 NO LUNCH 36 (D)
(3) C Ferland 5-9-5 ..... **Maxime Guyon** 81
Runs: 19 Wins: 10 (S,6A,2GS) Places: 1 €223,368
Found out in Group 2 at Ascot and this is harder, others look stronger

7 -15311 SIR TOMMY CEN 73 (C,D)
(7) P Olave 4-9-5 ..... **Aurelien Lemaitre** 85
Runs: 12 Wins: 5 (S,A,3GS) Places: 2 €95,365
Steadily rising through the ranks but this is big ask, e-way very best

8 113-15 RAYIF 35 (C,D)
(10) F Graffard 3-8-12 ... **Mickael Barzalona** 94
Runs: 5 Wins: 3 (S,GS,G) Places: 1 €439,712
French 2,000 Guineas winner, better expected in Jean Prat, go well

9 -15611 THESECRETADVERSARY 35 (C)
(9) J Stack (Ire) 3-8-12 **Christophe Soumillon** 98
Runs: 10 Wins: 4 (F,2G) Places: 3 €411,229
Jersey winner improved again last time in France, no shock if winning

10 -71122 PRECISE 14 (D)
(4) A O'Brien (Ire) 3-8-9 ..... **Ryan Moore** 97
Runs: 10 Wins: 6 (2F,3G) Places: 3 €1,329,412
Been busy this year with Irish Guineas and Ascot wins, tougher here

BETTING: 3 Precise, 7-2 More Thunder, Thesecretadversary, Zeus Olympios, 11-2 Rayif, 12 Sixpence, 20 Strauss, 33 Dreamliner, No Lunch, 50 Sir Tommy Cen

WHERE FAVOURITES FINISHED: 1 5 2 1 6

2025: Diego Velazquez 4-9-6 10-1, C Soumillon 3-1 (A O'Brien), drw 10, 10 ran.

GREYHOUND ROUND-UP

SELECTIONS

■**SUNDERLAND: 11.09 People Watching (nb) (2-1-6) 11.27 Whyaye Gan On (6-2-4) 11.43 Crafty Momo (3-6-4) 12.01 Ardmoulin Eagle (6-1-2) 12.18 Tullymurry Peg (6-4-2) 12.34 Burnpark Pheonix (5-4-6) 12.51 Statsman (6-4-2) 1.08 Dream And Do (5-6-1) 1.26 Duggies Stitch (4-6-1) 1.42 Eskimo Bolt (nap) (2-1-6) 1.59 Rein Back (5-1-6) 2.14 Sunnyside Fergie (6-2-1).**

■**SHEFFIELD: 2.29 Rapido Ana (3-4-2) 2.48 Born Scooby (nap) (2-1-4) 3.07 Tullymurry Sioux (3-1-4) 3.26 So Its Strate (2-4-1) 3.44 Epic Command (nb) (3-1-2) 4.03 Ballintee Roxy (1-6-5) 4.22 Alien Bat (6-2-3) 4.41 Holding Hollie (2-3-4) 4.59 Romeo Force (3-4-2) 5.18 Shortwood Cloud (2-5-1) 5.37 Birdwell Belle (6-4-5) 5.56 Longacres Shotta (4-5-6)**

■**HOVE: 2.23 Clairekeith Dexi (1-4-2) 2.41 Irrelevent (3-1-2) 3.01 Alright Irene (nap) (3-1-2) 3.19 Tall Trees (3-1-5) 3.38 Punkrock Pitstop (4-3-6) 3.57 Hypershock (nb) (4-6-2) 4.16 Yougo Jazz (2-6-4) 4.34 Brulee Bullet (2-6-3) 4.53 Punk Rock Willow (1-2-4) 5.12 Montalto Ranger (5-4-3) 5.31 Ballymac Kinga (6-1-2) 5.49 Slippy Donal (3-2-6)**

RETURNS

■**MONMORE: 11.01 Whisky N Coke 7-4 (3-4-5 BAGS F £24.29 TC £43.67). 11.18 Easy Dude 6-5f (4-2-3 £9.29 TC £24.12). 11.34 Exhilarated 9-2 (3-5-4 £22.27 TC £74.60). 11.52 Mystical Cash 11-4 (2-4-3 £11.15 TC £25.05). 12.09 Moss King 9-4f (2-1-5 £10.19 TC £24.33). 12.26 Dashgrove Posh 2-1f (2-5-1 £10.22 TC £21.37). 12.42 Zenith Quincy 3-1 (1-3-4 £10.58). 12.59 Noduff Alpha 9-4f (3-1-2 £11.01 TC £26.71). 1.17 Common Canter 3-1 (3-6-2 £14.23 TC £46.19). 1.33 Sugar Candice Evensf (4-1-5 £4.86 TC £14.73). 1.51 Hello Katie 3-1 (4-5-2 £12.81 TC £44.29). 2.07 Union Finale 11-8f (3-6-4 £9.31 TC £18.88).**

■**TOWCESTER: 2.18 Westwind Ron 2-1jt (3-2-5 BAGS F £14.00). 2.38 Hitthelids Mateo 4-1 (2-1-4 £32.44 TC £100.60). 2.58 The Rising Sun 5-1 (3-1-2 £12.68). 3.18 Brentfordpenguin 13-8 (2-5-3 £17.34). 3.38 Jacktavern Zeus 9-4 (4-3-6 £8.07 TC £19.90). 3.58 Ballymac Dashel 13-8f (1-2-3 £6.92 TC £17.42). 4.18 Hareofthebear 11-8f (3-2-4 £22.57 TC £62.06). 4.38 Flitwick Trigger 15-8jt (4-5-5 £16.89 TC £71.48). 4.58 Flee From Gossip 6-4f (5-2-4 £7.95). 5.18 Catunda Stella 7-1 (5-4-6 £64.24 TC £225.57). 5.36 Is This Wise 10-3 (2-3-1 £18.53). 5.55 Benjamin Barclay 4-6f (5-2- £4.60).**

TEMPLEGATE

RACING'S NO1 TIPSTER STEVE MULLEN

AMERICAN QUEEN (4.45 Pontefract, nap) can rule.

Richard Hughes's filly started the season with a fine second in the Nell Gwyn and put in another good display at York last month.

The drop down to Listed company, combined with a decent low draw, can help her add to her tally.

HIGH DEGREE (5.15 Pontefract, nb) has been found a good opportunity.

William Haggas's gelding caught a tartar at Newmarket last time but was well clear of the third.

Cheekpieces are on now and they could help eke out further improvement.

PALLADAS (2.35, Southwell) looked good when scoring on debut at Kempton in January.

Absent since, Charlie Appleby's colt can win this before aiming higher.

★ TEMPLEGATE NAP
AMERICAN QUEEN
4.45 Pontefract
Drop to Listed level can see talented filly get back on track

★ TEMPLEGATE NB
HIGH DEGREE
5.15 Pontefract
Caught a tartar latest and has been found good opportunity

★ TEMPLEGATE TREBLE
PALLADAS
2.35 Southwell
Looked good on debut early in year and can double his tally

Queen is all quality

Newmarket last time but was well clear of the third.

Cheekpieces are on now and they could help eke out further improvement.

PALLADAS (2.35, Southwell) looked good when scoring on debut at Kempton in January.

Absent since, Charlie Appleby's colt can win this before aiming higher.

PONTEFRACT LIVE ON ITV4: 3.45

3.45 ENTER ITV7 FOR FREE NOVICE STAKES (Class 3) 2YO; win £8,640; 6f (5 runners)

1 MAGIC HARRY
(5) T Clover 9-7 ..... **Daniel Tudhope**
85k breeze-up buy, yard going well with juveniles, big threat on paper

2 NORTH COATES
(3) M & D Easterby 9-7 ..... **Billy Garritty**
Might need more time on pedigree, one to watch with future in mind

3 PRINCELAND
(4) S & E Crisford 9-7 ..... **Harry Davies**
320k yearling, lots of speed on paper, stallion can do little wrong

4 2 VARZI 95 (BF)
(1) K R Burke 9-7 ..... **Sam James**
Runs: 1 Places: 1 £9,668
2-1 on debut in good race at York, off since, market check best here

5 DIAMONDSFORYOU
(2) R & P Fahey 9-2 ..... **Oisin Orr**
Plenty of speed in pedigree, yard can ready one but is a bit quiet

BETTING: Evens Varzi, 2 Princeland, 15-2 Magic Harry, 8 Diamondsforyou, 20 North Coates

WHERE FAVES FINISHED & 2025: No corresponding race.

4.15 SKY BET FOR THE FANS FILLIES' HCAP (3) winner £12,562; 1m (5 runners)

1 37-187 TWO B TANNED 47 (H;D)
(5) J Camacho 5-10-2 **Tom Kiely-Marshall (5)** 90
Runs: 18 Wins: 6 (F,5G) Places: 1 £43,170
In and out this season, better than bare result last time, not ruled out

2 2-128 SI GRASS 19 (D)
(3) C Johnston 3-9-5 .... **Callum Shepherd** 93
Runs: 4 Wins: 1 (A) Places: 2 £8,795
Fluffed lines in good race at Goodwood, this more like it, unexposed

3 2-2121 LUNA CELESTE 26 (D)
(2) T Clover 3-9-5 ..... **Daniel Tudhope** ●99
Runs: 5 Wins: 2 (2F) Places: 3 £17,925
Cosy win at Nottingham, up 6lb but looks capable, big player again

4 51815 DARZAH 26 (D)
(1) W Haggas 3-9-5 ..... **Cieren Fallon** 97
Runs: 5 Wins: 2 (2F) £14,056
Beat Luna two back but stuffed by her last time, should bounce back

5 42521 QUISANA 13 (H;D)
(4) E J-Houghton 3-9-1 .... **Charles Bishop** 96
Runs: 5 Wins: 1 (F) Places: 1 £13,097
Off the mark at Notts latest, handicap bow now, market good guide

BETTING: 2 Luna Celeste, 3 Quisana, 7-2 Darzah, 4 Si Grass, 8 Two B Tanned

WHERE FAVES FINISHED & 2025: No corresponding race.

Sunracing FORM

TWO B TANNED (9-4) 28-1 led, hung left when ridden and headed 1f out, weakened final furlong, 7th of 9 (btn 3¾l) to Haayimm (9-5) (Musselburgh 1m 1f hcap (3) £12,885 good).

SI GRASS (8-7) 18-1 switched right start and rear, pushed along 2f out, no real impression, 8th of 14 (btn 3½l) to Rumba Numba (9-7) (Goodwood 1m hcap (3) £25,770 good).

LUNA CELESTE (9-3) 15-2 made all, ridden over 1f out, kept on, bt Distant Shore (9-7) ½l **DARZAH** (9-9) 3-1 raced in second, pushed along well over 2f out, weakened inside final furlong, last (btn 8¾l) (5 ran) (Nottingham 1m hcap (4) £5,496 good to firm).

QUISANA (9-2) 7-1 made all, shaken up over 2f out, ridden along over 1f out, faced challenge inside final furlong, kept on, just did enough, bt Moonlit Surf (9-2) nk (5 ran) (Nottingham 1m mdn (4) £5,400 good to firm).

PRO BETS

EYECATCHER: ZARAK PASHA (3.20 Curragh) looked a winner in waiting when finishing well in a 1m maiden at Galway latest.
SUPER SPEED: ALFA WHITEBURD

(6.45 Pontefract) clocked a fast time when winning over course and distance on her last start.
GAMBLED ON: MISS NIGHTCAP (4.45 Pontefract) was well supported before scooting home at Leicester last month.

COP A LOAD

From Page One

10-1 from 12s for the Sprint Cup at Haydock on September 5, and that Group 1 is still on the table according to his trainer.

Cox said: "He was unlucky not to be a place closer at least in the July Cup but he always gave me the impression he would stretch another furlong.

"He's got a lot of class and reminds me an awful lot of Lethal Force who won this race in 2012 and went on to be champion sprinter the year after.

"He's still quick enough for six furlongs and while I'm not convinced he likes it really soft, with the dry summer we've had we've got choices now.

"If he comes back all right we could still run in the Haydock Sprint Cup and that would be with a bit of confidence after today."

In the opening Geoffrey Freer Stakes, Crouch made every yard of the running to win aboard Wine Dark Sea.

The Harry Charlton-trained four-year-old was backed off the boards, from 16-1 into 7-2, and he made a lot of punters very happy.

He was recently bought by Australian owners and may well have run his last race in Britain, as he'll soon head Down Under for a crack at the Melbourne Cup.

Crouch added: "He was very tenacious, he battled well up the straight and was quite impressive.

"He was bought with the aim to go down to Melbourne and he needed to finish third or better today to qualify, so we've done a bit better than that. Hopefully he continues his progress down there."

At Ripon, the £100,000 Great St Wilfrid Handicap went to The Horse Watchers syndicate that scooped the prize 12 months previously with Intervention.

Yesterday it was 17-2 shot Royal Zabeel, partnered by Jason Watson, in the winner's enclosure.

4.45 SKY BET CLUB FLYING FILLIES' STAKES (LISTED) (1) win £39,214; 6f (11 runners)

1 52046- ARABIAN DUSK 382 (T★;D)
(4) S & E Crisford 4-9-4 ..... **Harry Davies** 92
Runs: 11 Wins: 1 (G) Places: 3 £133,601
Mixed it in Group races last season, off for over a year, market steer

2 135690 BRAZILIAN ROSE 18 (H;D)
(1) R Menzies 5-9-4 ..... **Kaiya Fraser** 88
Runs: 38 Wins: 8 (8A) Places: 5 £76,928
Been chasing black type since Southwell win, this no easier, unlikely

3 -70220 DASH OF AZURE 18
(10) R Beckett 4-9-4 ..... **Edward Greatrex** 91
Runs: 15 Wins: 2 (A,G) Places: 6 £64,968
Best form has been at Chester, patchy profile, needs her best here

4 3-4224 MAGIC BASMA 50 (D)
(11) K Ryan 4-9-4 ..... **Tom Eaves** 95
Runs: 14 Wins: 1 (G) Places: 6 £63,295
Spring form reads well but needs more to get head in front, e-way

5 24-284 AMERICA QUEEN 37 (D)
(2) R Hughes 3-9-1. ..... **Daniel Tudhope** ●99
Runs: 6 Wins: 1 (G) Places: 2 £100,215
Solid again York last month, repeat of that may be enough, big player

6 211-00 CATCHING THE MOON 37 (D)
(9) R & P Fahey 3-9-1. ..... **Oisin Orr** 85
Runs: 5 Wins: 2 (S,F) Places: 1 £43,069
Grp 3 winner last year, shockers this campaign, has to bounce back

7 09-641 KILLAVIA 23
(8) B Millman 3-9-1. ..... **Lewis Edmunds** 86
Runs: 9 Wins: 2 (F,G) Places: 1 £26,366
Stepped up to win Ascot handicap, worth a shot but this tougher still

8 2211 MISS NIGHTCAP 25 (D)
(7) E Smyth-Osbourne 3-9-1 **Alistair Rawlinson** 87
Runs: 4 Wins: 2 (F,A) Places: 2 £18,271
Won as liked at Leicester, shot up weights so may as well have a go

9 213-75 ROYAL FIXATION 37 (D)
(3) K R Burke 3-9-1 ..... **Sam James** 96
Runs: 6 Wins: 2 (2F) Places: 2 £199,065
Hasn't kicked on yet this season, more up sleeve when drops right

10 210445 RUBY'S ANGEL 19 (D)
(6) H Palmer 3-9-1 ..... **Jason Hart** 82
Runs: 12 Wins: 2 (F,G) Places: 4 £86,693
Loads to find on paper, will need a few to underperform to get in mix

11 51P-11 SING THE BLUES 19 (D)
(5) M Dunne 3-9-1 ..... **Cieren Fallon** 87
Runs: 6 Wins: 3 (F,2G) £47,617
Goodwood win was another step up, this demands more again

BETTING: 5-2 America Queen, 3 Royal Fixation, 5 Magic Basma, 7 Dash Of Azure, 8 Arabian Dusk, 12 Sing The Blues, 14 Miss Nightcap

WHERE FAVOURITES FINISHED: 1 3 4 2 1-8

2025: Rosy Affair 4-9-4, B Loughnane 3-1 JtFav (G Boughey), drw 11, 10 ran.

Sunracing FORM

ARABIAN DUSK (8-13) 18-1 mid-division, headway 1f out, switched left, kept on, not trouble leaders, 6th of 13 (2½l) to Tabiti (8-13) (Goodwood 7f Grp 3 (1) £39,105 good).

DASH OF AZURE (9-6) 10-1 held up in midfield, ridden 2f out, kept on same pace final furlong, 10th of 13 (btn 8½l) to Flora Of Bermuda (9-9)

BRAZILIAN ROSE (9-6) 150-1 almost unseated start, held up, went wide 3f out, ridden 2f out, weakened over 1f out, 12th (btn 16l) (13 ran) (Goodwood 7f Grp 3 (1) £62,381 good to firm).

DASH OF AZURE (9-2) 12-1 midfield, chased leaders 2f out, ran on well and every chance inside final 110yds, no extra towards finish, btn 1¼l by Bellarchi (9-2) **MAGIC BASMA** (9-2) 4-1 prominent, chased leaders 2f out, every chance final 110yds, no extra finish, 4th (btn 1l) **BRAZILIAN ROSE** (9-2) 40-1 always rear, 6th (btn 2¾l) (7 ran) (Chester 7f Listed (1) £34,488 good).

AMERICA QUEEN (9-0) 8-1 led, ridden and headed 2f out, edged left, chased winner final furlong, no extra and lost two places inside final 110yds, 4th of 13 (btn 1½l) to Flora Of Bermuda (9-6) **ROYAL FIXATION** (9-0) 12-1 held up rear, headway and ridden 2f out, kept on same pace final furlong, 5th (btn 3l) **CATCHING THE MOON** (9-0) 66-1 restless in stalls, behind, last (well btn) (York 6f Grp 3 (1) £56,710 good to firm).

KILLAVIA (9-9) 13-2 prominent, ridden over 1f out, led 1f out, ran on well, bt Lara Antipova (9-7) 1½l (9 ran) (Ascot 5f hcap (4) £13,425 good to firm).

MISS NIGHTCAP (9-10) 5-2 always led, ridden to assert 1f out, well in command, pushed out, bt Cotai Belle (9-6) 3½l (5 ran) (Leicester 6f hcap (4) £8,374 good to firm).

SING THE BLUES (8-11) 7-1 rear, headway 2f out, pressed leaders 1f out, drifted left final furlong but ridden and led final 110yds, bt Woohoo (7-11) nk **RUBY'S ANGEL** (8-11) 18-1 mid-division, pushed along 2f out and improved, kept on one pace, 5th (btn 3l) (20 ran) (Goodwood 6f hcap (3) £25,770 good).

5.15 SKY BET PRICE BOOSTS HANDICAP (3) winner £12,562; 1m 2f (8 runners)

1 6-2352 HIGH DEGREE 30 (P★;BF)
(5) W Haggas 4-10-2 ..... **Cieren Fallon** 97
Runs: 10 Wins: 1 (G) Places: 6 £31,241
Beaten jolly six times in a row, will cash in eventually, cheekpieces on

2 -62449 AMMES 15 (V)
(7) J Owen 4-9-13 ..... **Jason Hart** 96
Runs: 13 Wins: 1 (G) Places: 5 £53,260
Not disgraced at Goodwood, might be tad high in weights, e-way

3 049121 JEZ BOMB 21 (CD)
(3) S England 5-9-8 ..... **Shane Gray** ●99
Runs: 42 Wins: 10 (3F,4A,3G) Places: 14 £79,416
Big career best to win here smartly last time, in form of life, rock solid

4 1-5382 WITHOUT COMPROMISE 21 (D)
(4) A Brittain 5-9-5 ..... **Cam Hardie** 90
Runs: 21 Wins: 3 (3A) Places: 6 £26,122
Beaten fair and square by Jez Bomb latest, hard to see how reverses

5 555153 FARASI LANE 14
(6) M Hammond 8-9-3 ..... **Aiden Brookes** 92
Runs: 68 Wins: 9 (5A,3GS,G) Places: 13 £165,954
Hasn't followed up Ripon win, needs more to get in picture, e-way best

6 16 SHOOF BAEED 38 (D)
(2) C Johnston 3-9-2 .... **Callum Shepherd** 95
Runs: 2 Wins: 1 (G) £7,688
Donny race was strong, could have more up sleeve in handicaps

7 552147 FINANCER 8 (B;D)
(8) T Easterby 5-9-1 ..... **David Allan** 91
Runs: 31 Wins: 4 (2F,2G) Places: 6 £78,724
Nothing to shout about last time, has to bounce back, capable with best

8 -44650 MR SEAGULL 17 (V★;C)
(1) H Palmer 3-8-6 ..... **Luke Morris** 84
Runs: 9 Wins: 1 (F) Places: 1 £11,881
Form has fallen off a cliff, hard to fancy now, others much stronger

BETTING: 2 High Degree, 5-2 Jez Bomb, 6 Ammes, 7 Shoof Baeed, 10 Without Compromise, 14 Financer, 16 Farasi Lane

WHERE FAVES FINISHED & 2025: No corresponding race.

Sunracing

HIGH DEGREE (10-3) 10-11 fav kept wide early, quickly switched right and led after 1f, pushed along when headed 1f out, chased winner inside final furlong, no extra finish, btn 2½l by Al Aali (10-0) (6 ran) (Newmarket 1¼m hcap (3) £9,020 good to firm).

AMMES (9-9) 12-1 mid-division, made headway 2f out, hung right when ridden over 1f out, no extra inside final furlong, 9th of 15 (btn 4¼l) to Crest of Fire (9-6) (Goodwood 1m 1f hcap (3) £25,770 good to firm).

JEZ BOMB (9-6) evens fav dwelt, held up in rear, ridden over 2f out, switched right for headway over 1f out, led under 1f out, won going away, bt **WITHOUT COMPROMISE** (9-10) 22-1 mid-division, pushed along over 2f out, kept on, took second over 110yds out, no match for

5.45 SKY BET BUILD A BET winner £16,493; 5f

1 171110 BADRI 6 (CD
(1) M Herrington 9-10-
Runs: 76 Wins: 15 (4F,7A,GS,3
Never got going at Windsor, is high i

2 4-U493 FLUORESCE
(2) E Bethell 4-9-7 ...
Runs: 11 Wins: 3 (2F,A)
Yard in good form, Hamilton run very

3 410026 BAKER BLUE
(6) D Cunha 3-9-7 ...
Runs: 15 Wins: 2 (2A)
Not beaten miles at Goodwood, bett

4 645715 ROCKING EN
(4) T Clover 6-9-6. ...
Runs: 44 Wins: 9 (6F,2A,G)
Solid again last time, lots of pace, tra

5 070860 KYLIAN 22 (V
(3) R Cowell 5-9-5 ...
Runs: 32 Wins: 6 (4A,GS,G)
Talented on day but not shown that f

6 070237 VINTAGE CL
(8) R & P Fahey 7-9-0
Runs: 64 Wins: 10 (3F,2S,A,2GS,2
Solid form of late, might need few m

7 340110 ONE AND GO
(5) I Williams 3-8-12 .
Runs: 16 Wins: 3 (A,2G)
Run came to end with thump at Goo

8 046150 REIGNING PI
(7) R Carr 7-8-9. ...
Runs: 77 Wins: 10 (S,2F,2A,GS,4
Ripon win only encouragement of la

BETTING: 9-4 Fluorescence, 4 Rocki Blue, 8 Vintage Clarets, 10 One And Gone

WHERE FAVES FINISHED & 2025: No

Sunracing

BADRI (9-12) 8-1, mid-division, pushed along 2f out, found nil, 13th of 16 (btn 6½l) to Trefor (9-4) (Windsor 6f hcap (2) £41,232 good to firm).

FLUORESCENCE (9-7) 5-1 mid-division, improved 1f out, ran on strongly and pressed leaders inside final 110yds, narrowly held on line, 3rd of 11 (btn hd) to Corolla Point (10-0) (Hamilton 5f hcap (2) £15,462 good).

BAKER BLUE (9-9) 28-1 led, ridden along over 1f out, headed inside final furlong, no extra final 110yds, 6th of 18 (btn 3l) to Naana's Shadow (9-8)

ONE AND GONE (8-11) 28-1 took keen hold, raced centre, front rank, ridden along over 2f out, weakened over 1f out, 13th (btn 7l) (Goodwood 5f hcap (3) £25,770 good to firm).

ROCK
VINTA
REI

6.15 SKY BET EXTRA PLAC winner £12,562; 2m 1

1 435095 POLE STAR
(2) C Johnston 4-10-2
Runs: 15 Wins: 3 (S,2G)
Calmer waters today, might make tha

2 /08-00 LAAFY 50 (V
(6) B Ellison 10-10-1 .
Runs: 22 Wins: 4 (F,S,GS,G)
Form figures tell the tale, needs mira

3 5-1136 LETSBEFRA
(5) J Goldie 6-9-10 ...
Runs: 23 Wins: 5 (F,GS,3G)
Was star in this series last year, won t

4 676111 SIXTY PLUS
(4) J Owen 6-9-9 ....
Runs: 6 Wins: 3 (3F)
Yard can do little wrong, this horse o

5 231067 TREASURE I
(3) T Easterby 4-9-2 .
Runs: 11 Wins: 2 (F,G)
Form has plateaued, needs to find ar

6 7-2111 CAMPEONA
(1) Sir M Prescott 3-8-
Runs: 7 Wins: 3 (3F)
Improved up in trip and in handicaps

BETTING: 11-8 Campeona, 9-4 Sixty P Star, 12 Treasure Islands, 25 Laafy

WHERE FAVES FINISHED & 2025: No

EACH-WAY

HAVE an each-way double at Pontef not disgraced at Goodwood last ti little wrong at present. Pair him who ran well latest and is 3lb below

RS, FORM AND TIPS

- 6.45 GOOD TO FIRM (GOOD)

TEMPLEGATE	TOM PEPPER
3.45 ..... Varzi	3.45 ..... Princeland
4.15 ..... Si Grass	4.15 ..... Darzah
4.45.AMERICA QUEEN (nap)	4.45.Catching The Moon
5.15 ..... High Degree (nb)	5.15 ..... Farasi Lane
5.45 ..... Baker Blue	5.45.FLUORESCENCE (nap)
6.15 ..... Campeona	6.15 ..... Sixty Plus
6.45 ..... Veblen Good	6.45.Alfa Whiteburd (nb)

TEMPLEGATE'S TRIO: America Queen and High Degree (double, both Pontefract) with Palladas (Southwell).
TOM PEPPER'S DOUBLE: Fluorescence and Alfa Whiteburd (both Pontefract).
SUNRATINGS' NAP: JEZ BOMB (5.15 Pontefract).
THE JUDGE: SIXTY PLUS (6.15 Pontefract).

■TIC-TAC: Left-handed oval, undulating track of 2m, stiff 3f uphill climb to the finish. ■DRAW: Low numbers best in sprints. ■LEADING TRAINERS (2021-2026): T Easterby 33-354, R & P Fahey 23-190, K R Burke 22-110, D O'Meara 18-132. THIS SEASON: R Carr 5, I Furtado 5, E Bethell 4. ■TOP JOCKEYS (2021-2026): J Hart 32-209, D Tudhope 31-158, D Allan 21-195, Joanna Mason 18-129. THIS SEASON: J Hart 11, D Allan 4, C Hardie 4. ■LONGEST TRAVELLER: Killavia (4.45) trained at Cullompton. Round trip of 516 miles. ■TRAINERFAX: R & P Fahey won the 4.45 in 2017 and 2024. ■FIRST RUN SINCE WIND OP: None. ■JACKPOT: 1-6. ■LIVE ON RACING TV

FORM

er, 3l/4 (5 ran) (Pontefract 1l/4m (3) £8,762 good to firm).
SI LANE (10-2) 28-1 towards rear, dway and ridden over 2f out, ed on from over 1f out, 3rd of (btn 5l/4) to Tiger (9-12) (Chester hcap (4) £7,731 good).
F BAEED (9-10) 16-1 led, asked effort 2f out, headed 1f out, kened final furlong, 6th of 8 (btn o Hatteen (9-4) (Doncaster 1l/4m sks (2) £41,232 good to firm).
CER (8-12) 28-1 midfield, ridden t, kept on same pace 1f out, 7th (83/4l) to Arctic Thunder (9-9) dock 1m hcap (3) £16,200 good).
EAGULL (8-10) 22-1 midfield, ken up waiting for room 2f out, f headway 1f out, weakened furlong, 14th of 19 (btn 51/4l) to usive Code (9-9) (Goodwood 1m (3) £25,770 good to firm).

HANDICAP (2) (8 runners)

)
-0 .....**Jason Hart** 98
G) Places: 14 £305,557
n weights, return here big help

NCE 15 (D)
..... **Oisin Orr** ●99
Places: 3 £42,781
strong, make big case for here

E 17 (D)
...**Callum Rodriguez** 96
Places: 5 £27,341
er off with Badri from two back

NDS 22 (V;D)
..... **Cieren Fallon** 95
Places: 7 £107,392
ck should suit, right in the mix

;D)
.....**Paul Mulrennan** 86
Places: 6 £148,454
or a while, back to drawing board

ARETS 19 (D)
.... **Ethan Tindall (5)** 90
2G)Places: 12 £357,535
ore pounds off back, e-way sniff

ONE 17 (D)
..**Ryan Kavanagh (3)** 94
Places: 4 £46,191
dwood, this better, interesting

ROFIT 19 (B;CD)
.....**James Sullivan** 91
G) Places: 14 £124,517
e, course form, needs more

ng Ends, 5 Badri, 6 Baker
e, 12 Kylian
corresponding race.

FORM

ING ENDS (9-3) 18-1 fly jumped t, chased leaders far side, hed along well over 1f out, no a over 110yds out, 5th of 13 (btn to Ali Ways Glamorous (9-4) **IAN** (9-4) 10-1 awkward start, ards rear, pushed along well f 1f out, no response and eased ing stages, 12th (btn 5l) (Ascot 5f o (2) £30,924 good to firm).
AGE CLARETS (8-5) 22-1 mid-sion, ridden 2f out, stayed on l 110yds, nearest finish, 7th of btn 21/4l) to Twilight Calls (8-12)
GNING PROFIT (8-3) 50-1 lt, mid-division, pushed along over 2f out and faded, rallied l 110yds, never involved, 11th 21/4l) (Goodwood 5f hcap (2) 655 good).

ES HANDICAP (3) lf (6 runners)

8
.....**Jason Hart** 97
Places: 2 £120,543
at count, big weight but capable

)
..... **Ben Robinson** 82
Places: 4 £77,766
cle turnaround from big weight

NK 57 (CD)
... **Lauren Young (5)** 98
Places: 3 £87,863
his '24, no shock if bouncing back

17
..... **Cieren Fallon** ●99
£10,677
n the up, 3lb rise won't stop him

SLANDS 23
..... **David Allan** 88
Places: 2 £19,121
nother gear and quick in this

15
-8 ..... **Luke Morris** 97
Places: 1 £15,824
, this harder today, big player
lus, 7-2 Letsbefrank, 5 Pole

corresponding race.

THIEF

fract. AMMES (5.15) was me and his yard can do with POLE STAR (6.15), w his last winning mark.

Sunracing FORM

POLE STAR (9-0) 13-2 raced wide early, handy, lost position over 6f out, tracked leaders, pushed along well over 2f out, stayed on, not pace to challenge, 5th of 10 (btn 2l) to Dancing In Paris (9-6) (Ascot 2m hcap (2) £41,803 good to firm).
LAAFY (9-10) 66-1 held up in rear, ridden over 2f out, passed beaten rivals final furlong, never in contention, 10th of 20 (btn 61/4l) to Believitanducan (9-6) **TREASURE ISLANDS** (8-13) 11-1 midfield, pushed along over 2f out, no telling impression, 12th (btn 8l) (Newcastle 2m hcap (2) £38,655 AW).
LETSBEFRANK (8-3) 17-2 dwelt in rear, ridden over 2f out, kept on inside final furlong, nearest finish, 6th of 12 (btn 4l) to Square Necker (9-7) **POLE STAR** (9-4) 12-1 midfield, ridden over 3f out, weakened over 1f out, 11th (btn 81/4l) (Ayr 1m 5f hcap (2) £21,600 soft).
SIXTY PLUS (10-6) 2-5 fav chased leader, ridden to lead over 3f out, pressed for lead over 1f out, kept on, held on finish, bt Beggarman (9-4) nk (4 ran) (Nottingham 13/4m hcap (6) £3,402 good to firm).
TREASURE ISLANDS (9-0) 13-2 led, pushed along and headed 3f out, battled on until faded 1f out, 7th of 13 (63/4l) to Vaguely Royal (8-12) (York 2m hcap (4) £12,885 good to firm).
CAMPEONA (9-0) 8-15 fav held up in last, pushed along 3f out, hung left thereafter, went second over 1f out, challenged final 110 yards, stayed on, led towards finish, bt An Bradan Feasa (10-0) nk (3 ran) (Lingfield 2m hcap (5) £4,397 good to firm).

6.45 SKY BET YOUNG LIVES VS CANCER HCAP (3) winner £12,562; 6f (9 runners)

1 -10334 **VEBLEN GOOD 22 (CD)**
(3) D O'Meara 4-10-0 .....**Daniel Tudhope** 97
Runs: 11 Wins: 2 (A,G) Places: 6 £35,901
Consistent all season, won here in April, only 2lb higher today, player

2 682111 **ALFA WHITEBURD 11 (CD)**
(6) I Furtado 5-9-10 .....**Jason Hart** ●99
Runs: 30 Wins: 7 (2F,4A,G) Places: 4 £57,189
Easy win here again last time, up 5lb, that looks generous, one to beat

3 0-3917 **RARE CHANGE 37 (CD)**
(8) R Hughes 4-9-9 .....**Cieren Fallon** 91
Runs: 21 Wins: 4 (S,2F,G) Places: 3 £55,726
Goodwood win came on soft, poor latest, needs more again, risky

4 -55858 **RUSSET GOLD 37 (C)**
(5) K Ryan 6-9-7 .....**Tom Eaves** 92
Runs: 29 Wins: 2 (F,G) Places: 5 £59,180
Tried in strong handicaps all season, this no easier, mark is slipping

5 250227 **YES I'M MALI 22 (V;D)**
(2) D O'Meara 4-9-7.....**Mark Winn** 95
Runs: 27 Wins: 4 (F,A,2G) Places: 6 £100,304
Knocking on door, better than bare result latest, drawn well, threat

6 844116 **THE GOOD BISCUIT 11 (CD)**
(4) R Carr 5-9-6 .....**Joanna Mason** 96
Runs: 34 Wins: 7 (2S,4F,G) Places: 6 £61,822
No excuses behind Alfa here last time, loves it here, bounce back

7 695338 **HAVANA RUM 22 (CD)**
(1) R & P Fahey 6-9-1.....**Ethan Tindall (5)** 90
Runs: 49 Wins: 6 (S,F,2A,2G) Places: 15 £92,758
Yard still haven't hit straps, course form, claimer back on, e-way best

8 4-0620 **MONDAMMEJ 15 (C,D)**
(7) A Brittain 9-8-11.....**Cam Hardie** 89
Runs: 81 Wins: 10 (3F,7A) Places: 16 £209,894
Comes from back, needs luck in running especially here, good mark

9 132006 **FISCAL POLICY 9 (CD)**
(9) R Carr 7-8-11 .....**James Sullivan** 87
Runs: 47 Wins: 9 (F,6A,2G) Places: 12 £64,565
Bit better latest but form has fallen away, needs more in hot race

BETTING: 5-2 Alfa Whiteburd, 9-2 Veblen Good, 7 The Good Biscuit, 8 Rare Change, Yes I'm Mali, Havana Rum, Fiscal Policy, 10 Russet Gold, 16 Mondammej
WHERE FAVES FINISHED & 2025: No corresponding race.

Sunracing FORM

VEBLEN GOOD (9-1) 18-1 held up towards rear, headway when not much room over 2f out, went third inside final furlong, lost third towards finish, 4th of 21 (btn 1l) to Stratusnine (9-7) **YES I'M MALI** (8-8) 22-1 held up towards rear of mid-division, headway 2f out, edged right inside final furlong, never on terms, 7th (btn 31/4l) **HAVANA RUM** (8-3) 33-1 mid-division, headway when not much room 2f out, not much room when outpaced over 1f out, kept on again inside final 100 yards, 8th (btn 42/4l) (York 6f (2) £51,540 good to firm).
ALFA WHITEBURD (9-9) 9-4 fav made all, pushed along 2f out, two lengths clear entering final furlong, kept on, bt Aberama Gold (9-6) 13/4l **THE GOOD BISCUIT** (9-12) 7-2 prominent, ridden over 2f out, lost third over 1f out, soon faded, 6th (btn 4l) (8 ran) (Pontefract 6f hcap (4) £5,234 good to firm).
RARE CHANGE (8-12) 33-1 held up in rear of mid-division, headway and ridden over 2f out, kept on same pace final furlong, no extra towards finish, 7th of 17 (btn 21/4l) to Northern Express (9-9) (York 7f hcap (3) £15,462 good to firm).
RUSSET GOLD (9-6) 10-1 prominent, led, headed before halfway, pushed along over 1f out, weakened inside final 110yds, 8th of 11 (btn 51/4l) to Amazing Journey (9-2) (Ascot 6f hcap (3) £16,200 good to firm).
MONDAMMEJ (9-8) 33-1 towards rear, pushed along before halfway, lost touch over 1f out, last of 12 (btn 91/4l) to Accrual (9-9) (Thirsk 5f hcap (4) £6,281 good).
FISCAL POLICY (9-8) 6-1 in touch with leaders, ridden over 2f out, kept on same pace over 1f out, 6th of 10 (btn 31/4l) to Fifty Nifty (9-6) (Newmarket 6f hcap (4) £6,542 good to firm).

LONG SHOT **ONE AND GONE (5.45 Pontefract) found Goodwood too tough last time but was on a roll before that and a return to calmer waters here should help him get competitive.**

RACING RESULTS

DONCASTER
Going: Good to firm

2.00: 1 ECHALAR Conor Whiteley (9-1); **2 Amidst The Chaos** (11-4 jtfav); **3 Project Geofin** (11-4 jtfav). 7 ran. 13/4l; nk. I Williams. T: £11.50; £4.50, £2.10. Ex: £50.40. Trifecta: £161.90. CF: £34.26.
2.30: 1 WUDD S M Levey (3-10 fav); **2 Cercis** (12-1); **3 Hope And Joy** (250-1). 4 ran. 3l; 8l. R Hannon. T: £1.30; Ex: £4. Trifecta: £34.80. CF: £5.20.
3.05: 1 IWASJUSTSAYING J Mitchell (3-1); **2 Noble Prince** (2-5 fav); **3 Son Of A Fish** (12-1). 4 ran. 2l; 41/4l. C Johnston. T: £4; Ex: £4. Trifecta: £9.60. CF: £4.76. NR: Jessica, Mino.
3.37: 1 DOCUMENTING J Mitchell (11-2); **2 Starliner** (11-1); **3 Bella Bisbee** (10-1). 12 ran (Rock Opera 4-1 fav). 1l; nk. K Frost. T: £7.20; £2.30, £4, £3.50. Ex: £94.70. Tricast: £610.51. Trifecta: £1904.40. CF: £69.54. NR: Sunriseontheboyne.
4.10: 1 GOLDEN LONG S M Levey (5-2 fav); **2 Ancient Stalo** (5); **3 Brummell** (10-1). 10 ran. shd; 1/4l. Lemos Souza. T: £3.50; £1.60, £2, £3.30. Ex: £17. Tricast: £110.40. Trifecta: £152.10. CF: £15.25.
4.45: 1 VEGA'S VIRTUE O McSweeney (9-1); **2 Napolian** (11-1); **3 Taradif** (22-1). 7 ran (Celtic Chariot 15-8 fav). shd; 1/2l. T Easterby. T: £10; £2.80, £3.90. Ex: £68.50. Trifecta: £523.50. CF: £98.18.
5.20: 1 IS SHE NOW Toby Moore (11-4); **2 Sound Gloria** (5-6 fav); **3 Lednikov** (16-1). 7 ran. 3/4l; 3/4l. D Bourke. T: £3.75; £1.40, £1.30. Ex: £6.40. Tricast: £26.67. Trifecta: £37.70. CF: £5.50. NR: Just Adair.
PLACEPOT: £2,960.40
QUADPOT: £305

DUNDALK
Going: Standard

1.15: 1 INSTITUTE W M Lordan (11-8 fav); **2 Grande Cuvee** (9-2); **3 Beach Barbie** (20-1). 12 ran. 21/4l; 1/2l. A P O'Brien. T: £2.38; £1.02, £2.20, £4.80. Ex: €10.20. Trifecta: €71.30. CF: €7.73. NR: Famed Again, Tudor Flame.
1.50: 1 TOSCA NO CANDIS Donagh O'Connor (10-3); **2 Crayons In The Sky** (15-8 fav); **3 Hip Hop Chrissy** (11-2). 14 ran. 3/4l; 3/4l. Robson Aguiar. T: €4.60; €1.40, €1.20, €1.80. Ex: €12.80. Trifecta: €53.40. CF: €10.23.
2.25: 1 DARK ACE A Caffrey (7-2 fav); **2 All The Girls** (25-1); **3 Sir Les Patterson** (4-1). 12 ran. 1l/4l; nk. A McGuinness. T: €4.50; €1.60, €6.90, €1.50. Ex: €95.70. Tricast: €378.39. Trifecta: €837.70. CF: €100.40.
3.00: 1 TREK HOME T Casey (11-4); **2 Emiza** (10-3); **3 Punica Granatum** (6-5 fav). 14 ran. 1l; nk. Daniel Murphy. T: €3.75; €1.20, €1.50, €1.10. Ex: €16.10. Trifecta: €31.10. CF: €12.84. NR: Anaverna, Carry The Dream, My Shayla.
3.30: 1 ILE DE FRANCE W M Lordan (4-5 fav); **2 Moliere** (12-1); **3 Aachen** (12-1). 13 ran. nk; 1l/4l. A P O'Brien. T: €1.80; €1.10, €2.40, €2.40. Ex: €11.80. Trifecta: €116.90. CF: €13.83.
4.00: 1 REPONSE FINALE R Whearty (6-4 fav); **2 Roman Harry** (20-1); **3 Movin And Groovin** (10-1). 14 ran. 3/4l; 1/2l. G Cromwell. T: €2.50; €1.30, €5.70, €2.70. Ex: €48.20. Tricast: €242.90. Trifecta: €298.80. CF: €43.57. NR: Angel Of Promise, Due In June, Polanco.
4.35: 1 TOUCH THE MOON C D Hayes (15-2); **2 Star Harbour** (11-2); **3 Follow Me** (20-1). 14 ran (Slieve Binnian 7-2 fav). 1/2l; nk. W Durkan. T: €8.50; €2.30, €2.40, €4.60. Ex: €56.30. Tricast: €835.91. Trifecta: €1093.50. CF: €48.10.
5.10: 1 COPPER CRAFT R Whearty (4-1); **2 Navajo Point** (6-1); **3 Dancing Steve** (10-3 fav). 14 ran. 1l/4l; 1l/4l. A Oliver. T: €5; €1.70, €2, €1.80. Ex: €35.60. Tricast: €93.47. Trifecta: €205.20. CF: €29.20. NR: Chloe's Boy, Without Love, Yquem.
PLACEPOT: €9.30

LINGFIELD
Going: Standard

5.13: 1 BELLE OF KT Millie Wonnacott (11-8 fav); **2 Sea Of Charm** (16-1); **3 Belle Amie** (4-1). 9 ran. 7l; 1l/4l. J S Moore. T: £2.38; £1.10, £2.90, £1.70. Ex: £19.80. Tricast: £76.26. Trifecta: £102.90. CF: £27.35.
5.46: 1 UNCLE FRANK Georgia Dobie (6-5 fav); **2 He's Readytorumble** (7-2); **3 Postremo** (50-1). 10 ran. 2l; 1l/4l. C Cox. T: £2.20; £1.10, £1.40, £8.60. Ex: £7. Trifecta: £92.50. CF: £5.23. NR: Silent Sadhu.
6.16: 1 WYLE COP P-L Jamin (4-9 fav); **2 London Is Blue** (6-1); **3 Stock Market** (10-1). 4 ran. 2l/4l; 3/4l. Jack Jones. T: £1.45; Ex: £3.30. Trifecta: £8.40. CF: £3.63.
6.46: 1 LOGI BEAR L Morris (9-4 fav); **2 Far Too Fizzy** (10-1); **3 Kimbara** (11-4). 8 ran. shd; 31/4l. J Butler. T: £3.25; £1.40, £1.80, £1.50. Ex: £25.50. Tricast: £63.82. Trifecta: £99.40. CF: £25.75.
7.16: 1 SANSANETTI P Cosgrave (10-11 fav); **2 Makes Me Wonder** (18-1); **3 Wrist Art** (13-2). 8 ran. 1l/4l; 1l/4l. S C Williams. T: £1.91; £1.10, £3.80, £1.70. Ex: £16.30. Tricast: £78.23. Trifecta: £94.40. CF: £22.85.
7.46: 1 FALLACIOUS PROMISE L Morris (1-2 fav); **2 Chapman's Peak** (16-1); **3 Dark Rosa** (4-1). 6 ran. 31/4l; 1/4l. J Butler. T: £1.50; £1.10, £5.60. Ex: £8.20. Trifecta: £27.50. CF: £11.28.
PLACEPOT: £4.50
QUADPOT: £2.30

MARKET RASEN
Going: Good

5.30: 1 CENTURION'S SISTER D McMenamin (11-4 fav); **2 Way Maker** (3-1); **3 Eagle One** (22-1). 10 ran. 71/4l; 21/4l. N Richards. T: £3.75; £1.30, £1.40, £4.80. Ex: £11. Trifecta: £93.90. CF: £11.91.
6.04: 1 LORIKO H Skelton (5-4); **2 Eternal Angel** (4-7 fav); **3 Destination Unkown** (100-1). 3 ran. hd; 7l. D Skelton. T: £2.25; Ex: £2. Trifecta: £1.80. CF: £2.48. NR: Mayo.
6.34: 1 GOWER PRINCE R McLernon (12-1); **2 Miss Denver** (7-1); **3 Ghasham** (10-3 fav). 8 ran. 9l; 14l. J & A O'Neill. T: £13; £2.30, £2.30, £1.50. Ex: £81.70. Tricast: £348.77. Trifecta: £303.40. CF: £93.28.
7.04: 1 KIWI DE COTTE H Skelton (13-2); **2 Ernest Gray** (3-1 fav); **3 Parikarma** (11-2). 6 ran. 11/2l; 2l/4l. D Skelton. T: £7.50; £3.10, £2. Ex: £21.90. Trifecta: £134.40. CF: £27.11.
7.34: 1 HUCKLEBERRY STING J Andrews (11-10 fav); **2 Ribeye** (9-4); **3 Uncle Al** (8-1). 6 ran. 1/2l; 7l. T Ellis. T: £2.10; £1.10, £1.50. Ex: £3.80. Tricast: £10.29. Trifecta: £12.30. CF: £4.15. NR: Huit Reflets, La Quarite.
8.04: 1 BALLYNOE BOY D McMenamin (7-1); **2 No More Bolero** (3-1); **3 Ashdown Forest** (15-8 fav). 10 ran. 1/2l; 4l. N Richards. T: £9.30; £2.30, £1.40, £1.30. Ex: £37.80. Tricast: £56.41. Trifecta: £118. CF: £29.20.
PLACEPOT: £33.30
QUADPOT: £6.30

NEWBURY
Going: Good to firm

1.25: 1 WINE DARK SEA H Crouch (7-2); **2 Tabletalk** (5-2); **3 Dubai Honour** (2-1 fav). 5 ran. 1l/4l; nk. Harry Charlton. T: £4.50; £2.20, £1.50. Ex: £12.50. Trifecta: £25.80. CF: £12.19. NR: Mount Atlas.
1.55: 1 RHYTHM N HOOVES M Ghiani (7-2 fav); **2 Hypnotised** (15-2); **3 Hucklesbrook** (12-1). 12 ran. nk; 3/4l. R Cowell. T: £4.50; £1.80, £2.50, £4.70. Ex: £38.40. Tricast: £295.94. Trifecta: £569.80. CF: £31.65. NR: Seven Questions.
2.35: 1 ADDISON GREY H Crouch (9-2); **2 Havana Pusey** (25-1); **3 Scoville** (5-2 fav). 8 ran. 1l/4l; nk. C Cox. T: £5.60; £1.80, £4.20, £1.60. Ex: £128.80. Tricast: £340.69. Trifecta: £494.40. CF: £102.50.
3.10: 1 COPPULL H Crouch (15-2); **2 Prince Of India** (14-1); **3 Symbol Of Honour** (5-2 fav). 9 ran. 1l/4l; 3/4l. C Cox. T: £8.50; £2.30, £3.30, £1.50. Ex: £73. Tricast: £338.27. Trifecta: £392.50. CF: £104.76.
3.42: 1 GAMBLING MAN R Hornby (5-1); **2 Mister Whippy** (10-3); **3 Silent Force** (17-2). 13 ran (Mosheer 9-4 fav). 3/4l; 1l/4l. A Perrett. T: £6; £2.70, £1.90, £1.70. Ex: £22.30. Trifecta: £178.90. CF: £22.32.
4.20: 1 EXPLODE W Buick (6-1); **2 Masterinthewoods** (11-8 fav); **3 Great Bedwyn** (3-1). 5 ran. 41/4l; 3/4l. Faye Bramley. T: £7; £2.40, £1.20. Ex: £13.80. Trifecta: £34.90. CF: £15.11. NR: Nicator.
4.55: 1 RUNMAN W Buick (3-1); **2 Wild Thoughts** (6-1); **3 Golden Knight** (7-4 fav). 4 ran. 1l; 21/4l. J & T Gosden. T: £4; Ex: £15.60. Trifecta: £22.70. CF: £17.79. NR: Dream Camp, Lost Signal.
JACKPOT: Not won, pool of £2,543.94 carried over.
PLACEPOT: £65.10
QUADPOT: £11.30

NEWMARKET
Going: Good to firm

1.35: 1 BIN JAHWAR B Loughnane (1-3 fav); **2 Waaqed** (7-2); **3 Al Qayed** (8-1). 3 ran. 81/4l; 3l. C Appleby. T: £1.34; Ex: £1.60. Trifecta: £1.40. CF: £1.87.
2.10: 1 HAVANA BLUE R Sexton (6-4 fav); **2 Archduke Ferdinand** (11-2); **3 Act Of Violence** (5-1). 10 ran. 1/2l; 31/4l. J Camacho. T: £2.50; £1.30, £2, £2. Ex: £12.60. Tricast: £33.96. Trifecta: £57.40. CF: £9.92.
2.43: 1 DOJIN C Fallon (11-1); **2 Hello Friend** (13-2); **3 Reem Rak** (7-4 fav). 5 ran. ns; nk. S Woods. T: £12; £2.70, £2.40. Ex: £40.90. Trifecta: £140.90. CF: £71.10. NR: Green Sky.
3.13: 1 KODI BEAR LIGHT C Lee (9-1); **2 Fire Thunder** (6-1); **3 Eabha** (1-2 fav). 5 ran. ns; 3/4l. K R Burke. T: £10; £2.50, £1.90. Ex: £39.80. Trifecta: £63.70. CF: £56.18.
3.50: 1 FEMME BEAUTY C Lee (8-1); **2 Dont Get Me Wrong** (17-2); **3 Del Corso** (1-3 fav). 4 ran. 1/2l; 1l/4l. Gerard O'Leary (IRE) . T: £9; Ex: £39.70. Trifecta: £53.10. CF: £52.98.
4.25: 1 LIGHTNING GLORY S De Sousa (10-3); **2 Lovers Leap** (7-4 jtfav); **3 Stormy Music** (7-4 jtfav). 5 ran. 3/4l; 1/2l. S & E Crisford. T: £4.34; £1.80, £1.40. Ex: £11.50. Trifecta: £18.70. CF: £9.53.
5.00: 1 CHERRY COBBLER C R Lyons (2-1 fav); **2 Norcross Brow** (3-1); **3 Mister Mojito** (5-2). 6 ran. 6l; 31/4l. S C Williams. T: £3; £1.50, £1.80. Ex: £8. Trifecta: £18. CF: £8.31. NR: Bucklow Hill.
PLACEPOT: £514.30
QUADPOT: £175.50

PERTH
Going: Good

1.40: 1 TRY THEM B Hughes (7-4 fav); **2 Crackalackin** (4-1); **3 St Just In Time** (3-1). 7 ran. 31/4l; 11/4l. P Neville. T: £2.75; £1.40, £2. Ex: £7.80. Trifecta: £30.40. CF: £9.66.
2.15: 1 GLEN TO GLEN K Woods (10-1); **2 Ras Kassar** (2-1); **3 Follow Your Luck** (7-2). 5 ran (Tamarind Bay 6-5 fav). 1l/4l; 6l. Nick Scholfield. T: £11; £2.90, £1.50. Ex: £38.30. Trifecta: £125.80. CF: £31.46.
2.50: 1 FOLLOW CHARLIE Murray Dodd (7-2 fav); **2 Annie Agnew** (8-1); **3 Summergrounds** (5-1). 9 ran. 11/2l; 41/4l. R M Smith. T: £4.50; £1.60, £2.80, £1.70. Ex: £37.80. Tricast: £140.25. Trifecta: £233. CF: £31.84. NR: Dream's Ka, Harry.
3.32: 1 DOLLY DIOR B Hughes (10-1); **2 Magic Gloves** (8-1); **3 Broken Ice** (10-3). 11 ran (Drumlee Myth 11-4 fav). 11/2l; shd. P Neville. T: £11.20; £3.20, £2.50, £1.50. Ex: £79.70. Tricast: £331.16. Trifecta: £553.70. CF: £87.71.
4.05: 1 NAP HAND Fern O'Brien (5-1); **2 Fidendum** (11-1); **3 Filibustering** (3-1 fav). 8 ran. 31/4l; 41/4l. C Gordon. T: £6; £1.40, £1.90, £3.30. Ex: £60.50. Tricast: £192.53. Trifecta: £289.30. CF: £55.81.
4.40: 1 BUTTON ROCK D R Fox (9-2); **2 McGregors Charge** (3-1 jtfav); **3 Collingham** (13-2). 7 ran (Shantou Show 3-1 jtfav). 1l/4l; 21/4l. A B Hamilton. T: £5.60; £2.40, £2.10. Ex: £25.90. Trifecta: £113.90. CF: £19.52.
5.15: 1 GAME SHADOW A Harvey (13-8); **2 Downtown Nashville** (6-5 fav); **3 Dark Tide Rising** (7-1). 4 ran. 5l; 4l. J McConnell (IRE) . T: £2.63; Ex: £4. Trifecta: £8.20. CF: £4.12.
PLACEPOT: £203.80
QUADPOT: £44

RIPON
Going: Good-good to firm in places

1.45: 1 CORAL COVE J Hart (1-4 fav); **2 Bedwyr** (66-1); **3 Temple Court** (18-1). 13 ran. 61/4l; 3/4l. James Owen. T: £1.30; £1.10, £9.50, £4.20. Ex: £28.40. Trifecta: £330.90. CF: £57.51.
2.20: 1 ROGUE JEWEL D Tudhope (5-6 fav); **2 Does Mary Know** (5-4); **3 Green Bay Dream** (4-1). 5 ran. 11/2l; 21/2l. E Bethell. T: £1.84; £1.10, £1.50. Ex: £3.10. Trifecta: £4.70. CF: £3.01.
2.55: 1 WOODSTOCK Oisin Orr (11-2); **2 Mark's Choice** (16-1); **3 Magic Boy** (7-2 fav); **4 Glory Hyde** (12-1). 20 ran. 1/2l; nk; 1/2l. R Carr. T: £6.50; £2.10, £2.60, £2, £3.80. Ex: £122.50. Tricast: £379.78. Trifecta: £971.40. CF: £88.80.
3.25: 1 ROYAL ZABEEL Jason Watson (17-2); **2 I'm Next** (33-1); **3 Lord Roxby** (10-3 fav). 14 ran. 21/2l; nk. M Appleby. T: £11.70; £3.40, £7.20, £1.80. Ex: £371. Tricast: £1140.33. Trifecta: £4527.40. CF: £280.53. NR: Musical Touch.
3.55: 1 MURASHAH Oisin Orr (13-8 fav); **2 His Finest Hour** (22-1); **3 Garden Oasis** (16-1). 10 ran. 31/4l; 21/4l. E Bethell. T: £2.63; £1.30, £4.30, £2.10. Ex: £37.80. Tricast: £449.80. Trifecta: £388.10. CF: £45.40. NR: Jungle Ruler.
4.30: 1 CLOCKER Oisin Orr (10-11 fav); **2 Talitha Rouge** (9-4); **3 Blue Tulip** (7-2). 4 ran. 11/2l; 4l. E Bethell. T: £1.91; Ex: £2.60. Trifecta: £3.70. CF: £3.24. NR: Musical Accord.
5.05: 1 SAXON GRACE Shane Gray (6-4 fav); **2 Riddikulus** (6-1); **3 Sunny Orange** (9-2). 13 ran. 1l; 21/4l. D Bourke. T: £2.50; £1.20, £2.50, £2.20. Ex: £12.80. Tricast: £35.89. Trifecta: £52.90. CF: £11.16. NR: Daring Leader, Marlena's Prince.
PLACEPOT: £21.90
QUADPOT: £18.40

TRAMORE
Going: Good to yielding

4.50: 1 U S NAVY SPEARHEAD Jessica O'Gorman (18-1); **2 Mawhibah** (5-4 fav); **3 Essential Comedy** (14-1). 6 ran. 1l; nk. P G Fahey. T: €20.50; €6.10, €1.20. Ex: €44.70. Trifecta: €401.90. CF: €43.07.
5.25: 1 DAVY CROCKETT D King (2-1); **2 Solness** (6-5 fav); **3 Kaleo Ametsa** (28-1). 10 ran. nk; 81/4l. W P Mullins. T: €3; €1.10, €5.90, €1.10. Ex: €5.20. Trifecta: €38.80. CF: €5.13.
Following a stewards' inquiry, Shirzan who finished 1st was disqualified and placed 10th.
5.55: 1 A PRETTY PENNY Shay Wallace (9-2); **2 Love Orchid** (14-1); **3 Sunrush** (4-1). 8 ran (Rodeo Blues 7-4 fav). nk; 1l/4l. Debbie Cody. T: €5.70; €1.40, €2.50, €1.70. Ex: €81.40. Trifecta: €352.50. CF: €65.71.
6.25: 1 PREPARATIONS S Coen (4-1); **2 Nathema** (18-1); **3 Limestone Red** (10-1). 9 ran (Stepdance 5-2 fav). 1l/4l; 1/2l. A Slattery. T: €5; €1.70, €4.50, €2.40. Ex: €63.20. Tricast: €684.20. Trifecta: €415.60. CF: €74.45. NR: Duleek Street, Metamorphous.
6.55: 1 RAKKI B M Coen (7-2); **2 Daboya** (6-1); **3 Churchwarden** (2-1 fav). 7 ran. 1l/4l; 1/2l. W P Mullins. T: €4.50; €2, €2.80. Ex: €22.50. Trifecta: €52.30. CF: €25.62.
7.25: 1 SPASIBA B M Coen (3-1); **2 Miss Gitana** (11-2); **3 Zoffman** (4-1). 8 ran (Delta 9-4 fav). 4l; 1/2l. W P Mullins. T: €4; €1.40, €1.90, €1.40. Ex: €26.80. Tricast: €68.14. Trifecta: €79.80. CF: €21.05. NR: Dream On Baby.
7.55: 1 GALLO DELL CIELO Robyn Donaghue-Leahy (6-1); **2 Fine Print** (28-1); **3 Fire Coral** (22-1). 12 ran (Bynx 2-1 fav). 7l; 3l. P J Flynn. T: €7; €1.70, €6.50, €6.80. Ex: €197.40. Tricast: €3499.77. Trifecta: €7218.80. CF: €174.34. NR: Bhean Saibhre, Maxwell Smart.
PLACEPOT: €116.30

CURRAGH CARD ON ITV4: 3.55 - 5.25

EAMONN HAMES
1.35 ...Alrashdeyah
2.10 ...Coincidenza
2.45 ...Bundle Of Interest
3.20 GRAND CRU CLASSE (nap)
3.55 Youcansaythatagain (nb)
4.25 A Boy Named Susie
4.55 ...New Bond Street
5.25 ...Harry's Hill

TOM PEPPER
1.35 ...Howlin Wolf
2.10 ...Heart Of You
2.45 ...Comfort Line
3.20 ...Zarak Pasha
3.55 ...Thyer
4.25 ...Omni Man
4.55 ...Grayrobin
5.25 ...Happy Henry

■TIC-TAC: Right-handed horseshoe-shaped track of 2 miles, with a run in of 3f and an uphill finish. 5f and 6f races are run on the straight track. ■DRAW: Stalls stand side (Low), far rails (High) ■LEADING TRAINERS WITH RUNNERS (2021-2026): A P O'Brien 164-757, J P O'Brien 86-803. THIS SEASON: A P O'Brien 19, J P O'Brien 12. ■TOP JOCKEYS WITH RIDES (2021-2026): D Browne McMonagle 56-497, W M Lordan 41-406. THIS SEASON: D Browne McMonagle 6, C D Hayes 5. ■LONGEST TRAVELLER: Thyer (3.55). Round trip of 222 miles. ■JACKPOT: Races 3-6. PLACEPOT: Races 1-6. ■LIVE ON RACING TV

GOING: GOOD TO FIRM (GOOD)

1.35 IRISH STALLION FARMS EBF NURSERY HANDICAP; 2-y-o; value to the winner €20,101; 6f. (9 runners)

1 (1) 65814 **I READY 17 (B★;CD)** P Flynn 10-0 ... **Dylan McMonagle 92**
2 (2) 8022 **BANKS OF THE BOYNE 17** M Mulvany 9-12 ... **Wesley Joyce (3) 97**
3 (7) 8716 **SHESTHEDEVIL 25 (D)** P Magee 9-12 ... **Jack Kearney (3) 95**
4 (6) 820 **HIGH MORALS 16** W Durkan 9-8 ... **Chris Hayes 85**
5 (9) 2787 **CELESTIAL CROWN 23** J Murtagh 9-3 ... **Ben Coen 88**
6 (3) 747 **AWAY AND GONE 46 (T★)** D O'Brien 8-13 ... **Gavin Ryan 87**
7 (8) 774 **HOWLIN WOLF 44** J Davison 8-12 ... **James Ryan 89**
8 (4) 408 **ALRASHDEYAH 44** D O'Brien 8-10 ... **Oisin Murphy 94**
9 (5) 57032 **MR MONTAUK 11** J O'Brien 8-8 ... **Declan McDonogh ●99**

BETTING: 2 Mr Montauk, 5-2 Banks Of The Boyne, 8 Shesthedevil, I Ready, 10 Away And Gone, Howlin Wolf, 14 Alrashdeyah, 20 High Morals, Celestial Crown
WHERE FAVOURITES FINISHED: 6 9 7 2 1-2
2025: Sir Alfie 9-10 Nicola Burns 5-1 JtFav (G M Lyons) drawn 4, 12 ran.

2.10 IRISH EBF MEDIAN SIRES SERIES MAIDEN; 2-y-o; value to the winner €15,000; 6f. (19 runners)

1 (3) 2 **THE PIPEMAN 36** N Lupini 9-8 ... **Wayne Lordan ●99**
2 (7) 49 **THIS THAT 4** G Lyons 9-8 ... **Gary Carroll 79**
3 (4) **CAT BLADE** R Aguiar 9-6 ... **Donagh O'Connor —**
4 (13) 00 **CLOSED LOOP 11** S Davis 9-6 ... **Leigh Roche 70**
5 (19) 00 **RUN JOHNNY RUN 25** F Hand 9-6 ... **Robert Whearty 70**
6 (1) 7 **WILLIAMSBURG 31** D Marnane 9-6 ... **Luke McAteer 94**
7 (6) **KINDACAN** J Murtagh 9-3 ... **Ben Coen —**
8 (11) **LION OF FORTUNE** K Cotter 9-2 ... **Rory Cleary —**
9 (10) 5 **THE LONG HAUL 24** T McCourt 9-2 ... **James Ryan 81**
10 (18) **COINCIDENZA** D O'Brien 9-1 ... **Oisin Murphy —**
11 (12) **FIGHTING TEARS** A Oliver 9-1 ... **Ronan Whelan —**
12 (5) 5 **HEART OF YOU 16** J Harrington 9-1 ... **Shane Foley 95**
13 (9) **MICKIAN THOMAS** R Devine 9-0 ... **Gavin Ryan —**
14 (17) 57 **CROMANE 16** J Murphy 8-13 ... **Seamie Heffernan 84**
15 (14) **KILLASHEE SUPREME** E & P Harty 8-13 ... **Jamie Powell —**
16 (2) 67 **ROEILLAUN 23** N Meade 8-13 ... **Chris Hayes 90**
17 (8) **TAVERNISE** R O'Sullivan 8-13 ... **Siobhan Rutledge —**
18 (16) 59 **LITTLE DIVA 31 (H★)** T McCourt 8-11 ... **Wesley Joyce (3) 77**
19 (15) **SAVANNAH SUN (P★)** M Browne 8-9 ... **Jimmy Dalton (7) —**

BETTING: 10-3 The Pipeman, 9-2 Williamsburg, 5 Heart Of You, Coincidenza, 15-2 Cat Blade, 10 Roeillaun, This That, Kindacan, Cromane
WHERE FAVOURITES FINISHED: 7 4-5 1 5
2025: Mushaffar 9-2 Dylan McMonagle 5-1 (J P O'Brien) drawn 12, 19 ran.

2.45 MELBOURNE CUP CARNIVAL HANDICAP; value to the winner €10,800; 1m. (16 runners)

1 (6) 6437-07 **BUNDLE OF INTEREST 9 (V)** W McCreery 4-10-1 ... **Dylan McMonagle 90**
2 (7) 1977454 **NEO SMART 9 (BF,C,D)** J Bolger 5-9-12 ... **Declan McDonogh 95**
3 (15) 1710880 **KITTY BEAR 19 (D)** A Slattery 4-9-9 ... **Orla Tynan (7) 88**
4 (10) 9-75206 **TOFINO 33 (CD)** G Cromwell 4-9-8 ... **Gary Carroll 91**
5 (5) 445-0 **MARAMBO 33** C Timmons 4-9-7 ... **James Ryan 85**
6 (12) 4312564 **COMFORT LINE 10 (V;D)** A McGuinness 9-9-6 ... **Adam Caffrey 97**
7 (2) 3550-60 **PALLATINE HILLS 10** E & P Harty 4-9-6 ... **Jamie Powell 93**
8 (13) 754-7 **SHEREKIYA 13** D Weld 3-9-6 ... **Chris Hayes 86**
9 (3) 0-95804 **LAMBERELLA 36** D Marnane 3-9-5 ... **Luke McAteer 88**
10 (16) -039517 **DINAMINE 10 (D)** M Mulvany 8-9-3 ... **Wesley Joyce (3) 96**
11 (4) 0-7538 **AVEC GRAND PLAISIR 11** J Fahey 3-9-2 ... **Ronan Whelan 90**
12 (9) 6609 **SANCERRE ROCK 65 (P★,T★)** A Slattery 3-9-1 ... **Andy Slattery 78**
13 (1) 022-023 **ELLA'S GOLD 47 (P★)** M Smith 3-9-0 ... **Robbie Colgan 98**
14 (11) /60-842 **NAVAJO POINT 1** M Hassett 4-9-0 ... **Ben Coen 92**
15 (8) 1541925 **ALTO SAX 32 (B;D)** P Fahey 5-8-10 ... **Reese Holohan (7) ●99**
16 (14) 00-0004 **CANNONBALL QUEEN 10** S Duffy 4-8-7 ... **Nathan Crosse 94**

BETTING: 5 Ella's Gold, Comfort Line, 13-2 Cannonball Queen, 8 Alto Sax, Neo Smart, 10 Dinamine, Navajo Point, 14 Bundle Of Interest
WHERE FAVOURITES FINISHED: 5
2025: Tofino 3-8-13 Gary Carroll 11-1 (G Cromwell) drawn 3, 21 ran.

3.20 VELO 'OFFICIAL COFFEE AT THE CURRAGH' IRISH EBF MAIDEN; 2-y-o; winner €13,200; 1m 1f. (11 runners)

1 (8) **ALBANY COUNTY** A P O'Brien 9-7 ... **Jack Cleary (5) —**
2 (7) 4 **BREATH OF PARADISE 74** J Harrington 9-7 ... **Shane Foley 91**
3 (3) **DANCINGINTHECITY** J O'Brien 9-7 ... **Declan McDonogh —**
4 (9) **GRAND CRU CLASSE** A Oliver 9-7 ... **Ben Coen —**
5 (1) **MOON SAND** J O'Brien 9-7 ... **Scott McCullagh —**
6 (5) **PALAZZO SERRISTORI** A P O'Brien 9-7 ... **Ronan Whelan —**
7 (10) **PLAY OF LIGHT** J Bolger 9-7 ... **Seamie Heffernan —**
8 (6) 3 **THOMAS CHIPPENDALE 15** A P O'Brien 9-7 ... **Wayne Lordan 97**
9 (2) **TOMMY QUICK** J O'Brien 9-7 ... **Chris Hayes —**
10 (11) 42 **ZARAK PASHA 15** J O'Brien 9-7 ... **Dylan McMonagle ●99**
11 (4) **ANGELS HAVE WINGS** D O'Brien 9-2 ... **Gavin Ryan —**

BETTING: 11-10 Zarak Pasha, 7-2 Thomas Chippendale, 7 Palazzo Serristori, 10 Dancinginthecity, 12 Albany County, 14 Tommy Quick, Moon Sand
WHERE FAVOURITES FINISHED and 2025: No corresponding race.

3.55 TOTE NEVER BEATEN BY SP HANDICAP winner €12,600; 1m 2f (12 runners)

1 -03699 **SONORAN 36**
(1) G Lyons 4-10-0 ... **Gary Carroll 89**
Runs: 11 Wins: 1 Places: 2 €15,374
Not built on debut win, slipping down weights but needs to show more

2 00-653 **THYER 15 (V)**
(6) M Ahern 5-9-10 ... **Leigh Roche 92**
Runs: 16 Wins: 2 (2G) Places: 4 €21,260
Running himself into form, return to 10f no harm, give good account

3 71 **YOUCANSAYTHATAGAIN 30**
(8) A Oliver 3-9-10 ... **Ben Coen 98**
Runs: 2 Wins: 1 (G) €5,950
Solid on debut, stepped up to win at D Royal, opening mark fair, player

4 663260 **GREAT MOVER 19**
(11) W McCreery 4-9-9 ... **Dylan McMonagle 94**
Runs: 24 Wins: 1 (S) Places: 8 €26,023
Glimpses of form but remains 8lb above mark of sole win, e-w squeak

5 110880 **UNTERBERG 15**
(4) L Hourigan 7-9-7 ... **Oisin Murphy 85**
Runs: 33 Wins: 7 (F,6A) Places: 4 €50,035
In good form early season, better on AW but hcapper giving him chance

6 77-719 **ADMIRAL WILL BROWN 20 (D)**
(2) P Magee 3-9-5 ... **Wesley Joyce (3) 88**
Runs: 6 Wins: 1 (G) €7,438
Navan win on stable bow, couldn't build on that at Galway, jury's out

7 -96836 **LIBERATION DATE 22**
(12) J Foley 3-9-5 ... **Orla Tynan (7) 94**
Runs: 8 Wins: 1 (A) Places: 2 €23,843
Curragh third (for this pilot) good but never happy at Galway latest, place

8 17-68 **MIGHTY DANU 38**
(9) G Cromwell 3-9-4 ... **Jack Kearney (3) 89**
Runs: 4 Wins: 1 €9,785
Galway maiden win on debut, set some stiff tasks since, in the hunt

9 637 **STORZANDO 15**
(5) M Mulvany 3-9-4 ... **Declan McDonogh 90**
Runs: 3 €1,240
D Royal third highlight so far, never going Galway latest, hcap bow, sniff

10 11-728 **BLACKJACK HILLS 17 (B)**
(3) M Smith 4-8-13 ... **Robbie Colgan 91**
Runs: 11 Wins: 2 (S,A) Places: 1 €13,422
Sole turf win came on heavy, appears in hcapper's grip, other preferred

11 541 **GUINELOT 27 (H;D)**
(10) K Condon 3-8-12 ... **Shane Foley ●99**
Runs: 3 Wins: 1 €7,066
Tenacious for Ballinrobe maiden win, opening mark fair, on shortlist

12 132139 **NIBRAS RAINBOW 4 (B)**
(7) P Flynn 6-8-7 ... **Chris Hayes 92**
Runs: 57 Wins: 6 (F,2A,2G) Places: 15 €55,908
Gone well since rejoined this yard (albeit blip latest), little leeway in mark

BETTING: 4 Guinelot, 5 Youcansaythatagain, Thyer, 8 Liberation Date, Great Mover, 10 Storzando, Nibras Rainbow, 12 Sonoran
WHERE FAVES FINISHED and 2025: No corresponding race.

■**TRAINERFAX:** A P O'Brien won the 4.25 in 2020, 2022 and 2024. G M Lyons won the 4.55 in 2017, 2020, 2021 and 2022.

4.25 NEWBRIDGE ROYAL WHIP STAKES (GRP 3) (1) winner €42,000; 1m 2f (5 runners)

1 821325 **COWARDOFTHECOUNTY 10 (C)**
(3) J O'Brien 4-9-9 ... **Declan McDonogh 95**
Runs: 15 Wins: 3 (2G) Places: 2 €99,253
In doldrums last year but better this season, first try at 10f, respected

2 3-9854 **OMNI MAN 10 (D)**
(4) J O'Brien 4-9-9 ... **Dylan McMonagle 96**
Runs: 12 Wins: 2 (2G) Places: 3 €62,567
Best yet in Grp 3 at Leop latest, could give fav the most to think about

3 22-342 **A BOY NAMED SUSIE 43**
(2) D O'Brien 3-9-2 ... **Oisin Murphy ●99**
Runs: 8 Wins: 1 (S) Places: 4 €372,990
Chased home Constitution River at Ascot, clear form pick, one to beat

4 23419- **CHARLES FORT 328 (BF)**
(1) A P O'Brien 3-9-2 ... **Wayne Lordan 92**
Runs: 5 Wins: 1 Places: 2 €14,298
Cork maiden winner, 10f should suit but this tough ask on belated return

5 14 **REBEL ASCENDANT 97 (P★;D)**
(5) J Davison 3-9-2 ... **James Ryan 93**
Runs: 2 Wins: 1 (S) €9,769
Folded tamely at Roscommon, capable of better but doesn't look up to this

BETTING: 4-11 A Boy Named Susie, 5 Omni Man, 9 Cowardofthecounty, 16 Charles Fort, 33 Rebel Ascendant
WHERE FAVOURITES FINISHED: 1 1 2 1 4
2025: Zahrann 3-9-2, B Coen 2-1 (J P Murtagh), drawn 2, 6 ran.

Sunracing FORM

COWARDOFTHECOUNTY (9-9) 13-2 mid-division, ridden 1f out, kept on well final 150 yards, 5th of 8 (btn 5l) to Isaac Newton (9-2) (Leopardstown 1m Grp 3 (1) €42,000 good).
OMNI MAN (9-9) 16-1 tracked leader, ridden under 2f out, kept on final furlong, 4th of 7 (btn 2½l) to Ethical Diamond (9-9) (Leopardstown 1½m Grp 3 (1) €42,000 good).
A BOY NAMED SUSIE (8-13) 20-1 in rear, going okay 3f out, chased winner entering final furlong, stayed on same pace, btn 3l by Constitution River (8-13) (7 ran) (Sandown 1¼m Grp 1 (1) £560,200 good to firm).
CHARLES FORT (9-5) 5-4 fav tracked leader, led entering straight, headed 1f out, weakened, 9th of 12 (btn 8¾l) to Yaupon De Replay (9-0) (Fairyhouse 6f Listed (1) €27,000 yielding).
REBEL ASCENDANT (9-10) 4-1 tracked leaders, pushed along 2f out, soon no extra, 4th of 5 (btn 6¼l) to Nil Bua Gan Dua (9-5) (Roscommon 1¼m auct €18,000 good).

4.55 HILLS JUVENILE SPRINT STAKES (LSTD) (1) 2-Y-O; winner €30,000; 5f (10 runners)

1 811 **GRAYROBIN 23 (D)**
(3) K McGivern 9-5 ... **Chris Hayes ●99**
Runs: 3 Wins: 2 (F,G) €27,273
2-2 for this yard, fully entitled to chance arm in this grade, taken seriously

2 13037 **STAR PROSPECT 13 (CD)**
(5) J O'Brien 9-5 ... **Dylan McMonagle 93**
Runs: 5 Wins: 1 (S) Places: 1 €19,802
Third to Grayrobin at Cork, C&D winner on debut, from top yard, go well

3 217 **APRIL MIST 25 (D)**
(8) G Lyons 9-0 ... **Gary Carroll 92**
Runs: 3 Wins: 1 (G) Places: 1 €14,545
Found out at this level at Naas last month, more of the same likely here

4 129 **ARMOR SUPREME 60 (D)**
(2) D Dias 9-0 ... **Rossa Ryan 97**
Runs: 3 Wins: 1 (G) Places: 1 €30,512
Chinned at York (Lstd) and no disgrace at Royal Ascot latest, dangerous

5 6544 **ARROWSTOCK 2**
(4) D McLoughlin 9-0 ... **Ben Coen 88**
Runs: 3 €2,636
Held her own at this level at Navan second start, interesting at a price

6 375126 **BRAZILIAN DIVA 18 (D)**
(6) D Dias 9-0 ... **Diego Lima 98**
Runs: 6 Wins: 1 (G) Places: 1 €23,427
Good second at Naas (Lstd) and no disgrace Molecomb latest, in mix

7 14 **CONCORDE LANDED 25 (H★;BF,D)**
(7) P Twomey 9-0 ... **Wayne Lordan 94**
Runs: 2 Wins: 1 (G) €12,975
Sent off fav for Naas Lstd and experience will have done her good, threat

8 533 **NEW BOND STREET 7**
(10) P Twomey 9-0 ... **Oisin Murphy 94**
Runs: 3 Places: 2 €4,430
Promise all maiden starts, and races to be won with her if not this one

9 9889 **STELLAR PATH 11**
(1) K Cotter 9-0 ... **Shane Foley 70**
Runs: 4 €0
Excused nursery debut latest but still shooting for the moon here, avoid

10 **THE BADDIE**
(9) D Dias 9-0 ... **Gavin Ryan —**
Space Traveller filly, tough assignment for newcomer, look elsewhere

BETTING: 9-4 Armor Supreme, 5-2 Concorde Landed, 5 New Bond Street, 6 Grayrobin, 17-2 Brazilian Diva, 8 Star Prospect, 10 April Mist
WHERE FAVOURITES FINISHED: 1 1 4 5 1
2025: Ipanema Queen 9-0, D McMonagle 6-5 Fav (A Murray), drw 3, 7 ran.

5.25 BET WITH TOTE ON RACING & SPORTS HANDICAP; value to the winner €10,800; 5f. (12 runners)

1 (1) 91-0671 **MARY SHOELACES 29 (B;CD)** E & P Harty 5-10-2 **Jessica O'Gorman (7) 97**
2 (3) 8184-69 **SOULFUL DIVA 25 (D)** D Marnane 3-10-2 ... **Nathan Crosse 86**
3 (10) 6225198 **ARCTIC STEPS 43 (D)** R O'Sullivan 4-10-1 ... **Dylan McMonagle 90**
4 (2) 08-3642 **BOLD OPTIMIST 43 (CD)** D McLoughlin 6-9-13 ... **Ben Coen ●99**
5 (4) 6706062 **HARRY'S HILL 29 (CD)** M Hassett 8-9-13 ... **Paddy Harnett (5) 97**
6 (12) 2331315 **HAPPY HENRY 29 (D)** W McCreery 5-9-11 ... **Leigh Roche 98**
7 (8) 19100-0 **SURPASS AND SHINE 39 (D)** P Flynn 5-9-11 ... **Seamie Heffernan 85**
8 (6) 052-8 **KISS DON'T TELL 2** D McLoughlin 3-9-10 ... **Scott McCullagh 92**
9 (9) 0680000 **HEART OF ETERNITY 23** D Hogan 4-9-0 ... **Mel Sheridan (7) 75**
10 (7) 526-060 **BALLYSAX LIL' MICK 53 (D)** K Brown 8-8-7 ... **Wesley Joyce (3) 87**
11 (5) 9760 **PURE VALOUR 46** J Coogan 4-8-7 ... **Reese Holohan (7) 80**
12 (11) -018350 **LADY LANDHORT 2** D McLoughlin 3-8-7 ... **Conor Cusack (7) 95**

BETTING: 10-3 Harry's Hill, Bold Optimist, 11-2 Mary Shoelaces, Happy Henry, 10 Lady Landhort, Kiss Don't Tell, Arctic Steps, 16 Ballysax Lil' Mick, Soulful Diva
WHERE FAVOURITES FINISHED: 0 3
2025: Clonmacash 4-9-1 Sam Coen 11-1 (A McGuinness) drawn 13, 12 ran.

SOUTHWELL AW

GOING: STANDARD

EAMONN HAMES
1.30 ...Astrological
2.00 ...The Spotlight Kid
2.35 ...Palladas
3.10 ...Prosperity
3.40 ...Tina's Indian
4.10 ...Space Party
4.40 ...Yordan
5.10 ...Massimo Blue

TOM PEPPER
1.30 ...Yaa Min
2.00 ...Barleybrown
2.35 ...Assiri Heights
3.10 ...Electric Gambler
3.40 ...Great Dream
4.10 ...Iron Dome
4.40 ...Yordan
5.10 ...Ahead Of Fashion

■TIC-TAC: Round left-handed tapeta all-weather track of 1m 2f. There is a straight 5f course. ■DRAW: No advantage. ■LEADING TRAINERS WITH RUNNERS (2021-2026): M Appleby 58-578, M Herrington 46-336, A Balding 40-265, S Dixon 38-618. THIS SEASON: M Herrington 10, I Williams 7, A Balding 7. ■TOP JOCKEYS WITH RIDES (2021-2026): D Muscutt 52-395, H Crouch 47-204, K O'Neill 40-445, B Loughnane 39-295. THIS SEASON: D E Hogan 11, R Hornby 10, Jason Watson 8. ■LONGEST TRAVELLER: Valvano (3.40) trained at Kimpton Down. Round trip of 362 miles. ■FIRST RUN SINCE WIND OP: Motazzen (1.30), Savile Row (3.10), Valvano (3.40). ■LIVE ON SKY SPORTS RACING

1.30 HANDICAP (Class 4); winner £5,653; 1m 4f. (12 runners)

1 (7) 1223 **WONDER 111 (CD)** J Fanshawe 5-10-4 ... **T Langley (5)**
2 (8) -690 **MEHMAS CHAMPION 58** D O'Meara 4-10-4 . **B Robinson**
3 (12) 1633 **YAA MIN 45 (D)** H Burton 4-10-1 ... **J Callan**
4 (4) 0530 **NAPLES 53** Steph Hollinshead 4-9-12 ... **D Costello**
5 (10) 186- **BONDI 310 (D)** D Carroll 4-9-9 ... **Z Wheatley**
6 (1) 16-9 **MOTAZZEN J82 (CD)** H Knight 8-9-8 .. **L Coughlan (3)**
7 (3) -529 **JINDRI 22 (CD)** J Chapple-Hyam 4-9-8 ... **H Crouch**
8 (9) -866 **TYPICAL WOMAN 86 (D)** I Williams 7-9-7 .. **B Loughnane**
9 (2) -014 **GALLANT LION 58 (D)** I Williams 6-9-5 ... **J Watson**
10 (11) 1413 **DOMINATION 38** H Bethell 3-9-4 ... **S Bowen**
11 (5) 2131 **ASTROLOGICAL 55** M Botti 3-9-4 ... **M Ghiani**
12 (6) 6479 **CLIFF DANGER 42** P Sly 3-8-13 ... **K O'Neill**

Astological ●99, Wonder 98, Yaa Min 97.
5-2 Astrological, 7-2 Wonder, 11-2 Gallant Lion, 13-2 Yaa Min, Domination, 16 Typical Woman, Naples, 25 Cliff Danger, Bondi

2.00 HANDICAP (6); winner £4,711; 1m. (14 runners)

1 (4) -005 **TARDAFF 17** I Williams 4-9-9 ... **B Loughnane**
2 (7) 6297 **RIBSTON PIPPIN 29 (CD)** L Souza 4-9-8 **D Keenan**
3 (13) 6628 **BARLEYBROWN 52 (BF,D)** R Carr 6-9-8 **P McDonald**
4 (10) 7852 **MERCURIUS POWER 22 (CD)** J Macey 8-9-7. **R Dawson**
5 (8) 7071 **LOVE YOU MORE 34 (H;D)** J Parr 4-9-7 ... **J Callan**
6 (3) -700 **IMPLIED VOLATILITY 41** J Candlish 4-9-6. **G Wood**
7 (11) 3536 **THE SPOTLIGHT KID 17 (B;D)** D Ivory 7-9-5 ... **R Hornby**
8 (14) 0471 **CREATE 19 (CD)** S Dixon 6-9-5 ... **K O'Neill**
9 (6) 8732 **HERETIC 66 (BF,CD)** M Herrington 7-9-5 **D Probert**
10 (2) -679 **SPLINTERWOOD 41** M Appleby 4-9-4 ... **D Muscutt**
11 (12) 60-9 **HAVE YOU A MINUTE 61 (CD)** T Tate 6-9-4. **H Crouch**
12 (1) /05- **MUDDY MARVELLOUS 257** S Spencer 6-9-3. **D Swift**
13 (9) -822 **TIMEBAR 22** S Bowring 5-9-3 ... **J Gilligan**
14 (5) 6906 **EVELYN'S PHOENIX 15 (D)** T Easterby 5-9-2 **D Fentiman**

Barleybrown ●99, Heretic 98, Love You More 97.
4 Mercurius Power, 6 Barleybrown, Love You More, 7 Heretic, Create, Timebar, 10 Evelyn's Phoenix, Ribston Pippin

2.35 NOVICE STAKES (4); winner £5,400; 1m. (11 runners)

1 (9) 1 **PALLADAS 200 (D)** C Appleby 3-9-11 **B Loughnane**
2 (2) 87 **CULLINAN WOLF 30** S Spencer 4-9-10 ... **D Swift**
3 (3) 9 **WATS ON TIGER 61** B Rothwell 4-9-10 ... **F McManoman**
4 (6) 9- **ASSIRI HEIGHTS 389 (BF)** A Balding 3-9-4.. **R Hornby**
5 (1) 44 **BLUE BOY JUNIOR 90** D & N Barron 3-9-4. **D Nolan**
6 (5) 0 **JETPACK JIMMY 51** S Whitaker 3-9-4 ... **A Elliott**
7 (4) **MERCANTILE** D & C Kubler 3-9-4 ... **E Nader**
8 (8) 5 **SALVEZZA 17** E Walker 3-9-4 ... **K Shoemark**
9 (7) 24 **STAR OF THE DESERT 38** J Ramsden 3-9-4. **D Muscutt**
10 (10) 66 **WYVILL 17** I Williams 3-9-4 ... **D Probert**
11 (11) 22 **REGAL DESIRE 54** B Ellison 3-8-13 ... **non-runner**

Palladas ●99, Blue Boy Junior 93, Star Of The Desert 85.
1-2 Palladas, 7 Assiri Heights, 11 Blue Boy Junior, 20 Star Of The Desert, 25 Mercantile, Salvezza, 33 Jetpack Jimmy

3.10 NOVICE STAKES (4); winner £5,400; 1m. (11 runners)

1 (5) 0-55 **RUA MOR 76** S England 4-9-10 ... **R Dawson**
2 (7) 1 **PROSPERITY 20 (D)** K R Burke 3-9-6 ... **P Jamin**
3 (8) 6/4- **PEACEFUL SPIRIT 499** L Mullaney 4-9-5.. **S Kirrane**
4 (2) **AL JOLSON** S & E Crisford 3-9-4 ... **J Mitchell**
5 (4) 7 **ELECTRIC GAMBLER 55** J & A O'Neill 3-9-4 **J Watson**
6 (11) 4 **ELITE APPROACH 109** J Ramsden 3-9-4... **T Langley (5)**
7 (9) 6 **MAJESTIC RULER 76** J & S Birkett 3-9-4.. **D Hogan**
8 (3) 243- **SAVILE ROW 308 (T★,V★)** A Brittain 3-9-4.. **H Russell**
9 (6) **SOTTO IL SASSO** B Meehan 3-9-4 ... **J Leavy**
10 (1) 0 **ZE GUCCI POOCHIE 24** M Dunne 3-9-4. **S D Bowen**
11 (10) 8-5 **MY PREROGATIVE 13** Killahena/McPherson 3-8-13 .. **C Hutchinson**

Prosperity ●99, Savile Row 92, Elite Approach 91.
Evs Prosperity, 4 Al Jolson, 9-2 Peaceful Spirit, 6 Savile Row

3.40 HANDICAP (3); winner £9,631; 7f. (14 runners)

1 (10) 33-6 **VALVANO 141** R Beckett 5-9-12 ... **H Crouch**
2 (8) 2431 **LEGAL REFORM 156 (CD)** M Herrington 9-9-11 .... **D Probert**
3 (5) /40- **MIDNIGHT THUNDER 569 (T★)** S bin Suroor 4-9-11 **K O'Neill**
4 (4) -691 **GREAT DREAM 60 (D)** S Spencer 4-9-9 ... **D Swift**
5 (7) 4043 **TINA'S INDIAN 65 (D)** B Toomey 5-9-9 .. **B Loughnane**
6 (1) 9330 **WILLEM TWEE 20 (V)** D Coakley 7-9-6 ... **R Hornby**
7 (9) -109 **SKIPPER 83 (B★)** H Al Jehani 5-9-6 ... **James Doyle**
8 (3) 661- **DIXIELAND BLUES 326 (C,D)** S & E Crisford 4-9-6 **J Mitchell**
9 (12) 0-07 **AURORA MAJESTY 15 (D)** A Watson 4-9-5 **P Jamin**
10 (2) 1098 **SHIPLAKE 62 (H;CD)** K De Foy 4-9-5 ... **D Muscutt**
11 (6) 1-62 **SOVEREIGN OCEAN 50 (D)** M Botti 3-9-5 **M Ghiani**
12 (14) 0510 **UTMOST GOOD FAITH 15 (E★;D)** S Williams 3-9-5.. **R Dawson**
13 (11) 8850 **DIVINE LIBRA 18 (D)** C Hills 6-9-4 ... **J Watson**
14 (13) -351 **KISSKODI 71 (D)** H Eustace 4-9-4 ... **G Wood**

Sovereign Ocean ●99, Dixieland Blues 98, Legal Reform 97.
7-2 Dixieland Blues, 11-2 Valvano, Sovereign Ocean, Legal Reform, 13-2 Great Dream, 12 Tina's Indian, Midnight Thunder, 16 Shiplake

4.10 MAIDEN STAKES (4); winner £5,400; 6f. (10 runners)

1 (2) **BLAZING GADEN J81** D Jeffreys 5-9-10.. **D Costello**
2 (7) 68 **COSMIC BOND 24** D Shaw 3-9-7 ... **F McManoman**
3 (1) 5 **EXTENDED CREDIT 30** C Hills 3-9-7 ... **R Hornby**
4 (8) **IRON DOME** C Cox 3-9-7 ... **P McDonald**
5 (4) **PERSIAN GATE** A Watson 3-9-7 ... **P Jamin**
6 (6) 5- **POISON ARROW 342** R Spencer 3-9-7 ... **G Wood**
7 (3) 32 **SPACE PARTY 83 (BF)** H Candy 3-9-7 ... **N Currie**
8 (9) 3- **STORM FORCE 445 (BF)** R & P Fahey 3-9-7 **James Doyle**
9 (10) **ATOMIK (T★)** J Ramsden 3-9-2 ... **D Muscutt**
10 (5) 90 **I CAN DREAM 64** H Candy 3-9-2 ... **T Greatrex**

Space Party ●99, Extended Credit 93, Cosmic Bond 80.
9-4 Space Party, 3 Storm Force, 13-2 Iron Dome, 10 Poison Arrow

4.40 MAIDEN STAKES (4); winner £5,400; 6f. (9 runners)

1 (2) **BEAUTIFUL RUMOUR** S Dixon 4-9-10 ... **K O'Neill**
2 (7) 53 **EL GHUWAH 25** J Ramsden 3-9-7 ... **A Jary (3)**
3 (3) **MR G FORCE** D Ivory 3-9-7 ... **J Egan**
4 (9) 4 **ODDJOB 40** E Walker 3-9-7 ... **K Shoemark**
5 (1) 45 **PROJECT WALLACE 61** D Carroll 3-9-7 **Z Wheatley**
6 (8) 88 **SMOOTH FLIGHT 33** H Candy 3-9-7 ... **N Currie**
7 (4) 2 **YORDAN 18** K Ryan 3-9-7 ... **J Callan**
8 (5) 22 **BLACK ORCHID 73** R & P Fahey 3-9-2... **B Loughnane**
9 (6) 3 **COSMIC GIRL 82 (H)** A Balding 3-9-2 **C Hutchinson**

Project Wallace ●99, Oddjob 96, Yordan 96.
3 Yordan, Black Orchid, 4 Project Wallace, Oddjob, 7 Cosmic Girl

5.10 APPRENTICE HANDICAP (6); winner £4,711; 6f. (14 runners)

1 (10) 5533 **MASSIMO BLUE 26 (BF,CD)** D Cunha 4-10-0 **K McHugh**
2 (6) 0640 **TOUGH ENOUGH 23 (D)** A Brittain 6-10-0 **O Carmichael**
3 (3) -058 **LESLEY'S BOY 62 (D)** R & P Fahey 4-9-12 **J Dickson**
4 (12) -313 **TOPTIME 27 (CD)** S Bowring 8-9-10. **J Bradnam (3)**
5 (4) 3508 **SOUTHERN WARRIOR 26 (D)** O Williams 3-9-10 **J Fernandes (3)**
6 (7) 6236 **ORANGE EMPEROR 19 (H)** J Fanshawe 3-9-9 **A D'Arcy (5)**
7 (9) 5265 **FEDERAL ENVOY 12 (C)** C Clover 5-9-9 **T Moore (3)**
8 (14) 3132 **ON KEY 17** S Dixon 4-9-8 ... **C Tucker (3)**
9 (2) 7245 **AHEAD OF FASHION 63 (BF)** D F Davis 3-9-8 **D Murphy**
10 (5) 7563 **BLACKJACK 33 (B;CD)** A Brown 9-9-7 **A Redman (3)**
11 (8) 67-4 **TORFRIDA 59 (D)** P Sly 6-9-7 ... **I Chalmers (5)**
12 (1) 8425 **BIG APPLE JACK 29** M & D Easterby 4-9-6 **C Whiteley**
13 (13) 0545 **GREAT SUCCESS 43** S Dixon 3-9-2 ... **A Egan**
14 (11) 5552 **STARSONG 21 (CD)** M Appleby 7-9-1.... **J Maher (7)**

Massimo Blue ●99, Torfrida 98, Toptime 97.
9-2 Massimo Blue, 5 On Key, Toptime, Starsong, 10 Torfrida

TRAMORE

GOING: GOOD

EAMONN HAMES
1.45 ...Ballybollen
2.20 ...Doctor Confusion
2.55 ...Market Ready
3.30 ...Carry On Heidi
4.05 ...Nastya
4.35 ...Presenting Lad
5.05 ...Lockeen Rose

TOM PEPPER: 1.45 Speed For Fun, 2.20 Annie's Angel, 2.55 Lady Lena, 3.30 Future Prospect, 4.05 A Snow White Park, 4.35 Kingdom Calling, 5.05 Village Dream

■TIC-TAC: Right-handed, undulating, sharp track of 7f, with a steep descent to the final bend and an uphill finish. There are 4 hurdles and 5 fences per circuit. ■LEADING TRAINERS WITH RUNNERS (2021-2026): W P Mullins 47-141, G Elliott 29-171, H De Bromhead 28-155, P J Rothwell 11-131. THIS SEASON: G Elliott 2, D H Kelly 2, H De Bromhead 1. ■TOP JOCKEYS WITH RIDES (2021-2026): D J O'Keeffe 27-186, D Mullins 18-137, B Hayes 12-92, P W Mullins 8-13. THIS SEASON: S Ewing 3, B Hayes 2, Alan O'Sullivan 2. ■LONGEST TRAVELLER: Winnie Mcgoogan (5.05) trained at Meath. Round trip of 276 miles. ■JACKPOT: Races 3-6. PLACEPOT: Races 1-6. ■TRAINERFAX: G Elliott won the 3.30 in 2016, 2017 and 2023. H De Bromhead won the 4.05 in 2019 and 2023. W P Mullins won the 1.45 in 2018, 2020 and 2023, and won the 2.55 in 2017 and 2018. ■LIVE ON RACING TV

1.45 MAIDEN HURDLE; winner €7,200; 2m 1f. (10 runners)

1 928- **LOUIESCALL F18** D Kelly 5-11-12 ... **D King**
2 2220 **PENZANCE 14** J Hanlon 6-11-12 ... **H Sexton (7)**
3 F2 **SPEED FOR FUN 27 (H★)** W P Mullins 5-11-12 **B Hayes**
4 4 **BALLYBOLLEN 26 (BF)** H Bromhead 5-11-4 ... **D O'Keeffe**
5 930/ **CAIRO KING 829 (T★)** A Slattery 7-11-4 ... **J Younge (7)**
6 U264 **CAPTAIN HANLEY 8 (H)** E O'Connell 6-11-4 ... **D Mullins**
7 06 **GRABAT 31** P Fenton 5-11-4 ... **N Moore (5)**
8 3-9 **SANKOFA 13** D Kelly 5-11-4 ... **J Shinnick**
9 36 **BOBBY KIROVA 23** M Butler 4-11-1 ... **P Cody (7)**
10 **IVATT F15** G Elliott 4-11-1 ... **D Gilligan**

Penzance ●99, Speed For Fun 97, Ballybollen 94.
5-2 Speed For Fun, 3 Ivatt, 9-2 Ballybollen, 13-2 Louiescall, 15-2 Penzance, Captain Hanley, 12 Bobby Kirova, 33 Grabat

2.20 HANDICAP HURDLE; winner €6,000; 2m 1f. (16 runners)

1 2-01 **LIBERATED LIGHT F9 (C)** J & T Kiely 7-11-12 ... **non-runner**
2 5-45 **ANNIE'S ANGEL F17 (P★)** A McGuinness 4-11-11 **M Kenneally (5)**
3 6P-8 **DOCTOR CONFUSION 26 (T★)** H Bromhead 5-11-11 **D O'Keeffe**
4 80-1 **INA MINA 13 (H★;D)** T O'Brien 5-11-11 ... **J Shinnick**
5 655P **PAHLAVI 35 (P★)** J Hanlon 9-11-11 ... **H Sexton (7)**
6 96-7 **COLESBERG 93** J Flavin 5-11-9 ... **J Canavan (7)**
7 /0-5 **GLENDOWER 24** E Doyle 5-11-7 ... **D Meyler**
8 0P05 **TRUCKERS CRUISING 10** G Elliott 8-11-7 ... **S Ewing**
9 9-07 **LANZHOU 3** J Flavin 5-11-5 ... **D King**
10 8P-6 **OWL'S DELIGHT 24** R Donohoe 7-11-0 ... **P O'Hanlon**
11 9/7F **VAIRUE 13** H Markham 10-10-13 ... **J Williamson (3)**
12 5694 **CINNABAR MOTH 2** L Doyle 5-10-11 ... **A O'Sullivan (5)**
13 /06- **DEPECHE MO 445** E Larkin 8-10-4 **S Cleary-Farrell (7)**
14 6026 **SURVIVING MURMANSK 8 (CD)** J Barcoe 8-10-3 **C Stone-Walsh**
15 -P78 **DOYEN OG 37 (B,T★)** A Sexton 7-10-2 ... **C Lamon (7)**
16 00P- **MAXIOS LADY 324** P Rothwell 5-10-2... **S O'Callaghan (3)**

Ina Mina ●99, Truckers Cruising 98, Annie's Angel 97.
7-2 Ina Mina, 9-2 Surviving Murmansk, Truckers Cruising, 7 Annie's Angel, 15-2 Depeche Mo, 12 Glendower

2.55 MAIDEN HURDLE; winner €7,200; 2m 5f. (11 runners)

1 137- **SOMETHING FABULOUS 134** J McConnell 6-11-5 **A Harvey**
2 FPF6 **AJP FALCO 37** D Kelly 5-11-4 ... **S Flanagan**
3 85F3 **GOODMANCON 12** P Breen 6-11-4 ... **I Power**
4 -508 **L'AS DE WATT 13 (T★)** P Fenton 5-11-4 ... **N Moore (5)**
5 3-4P **MARKET READY 31** S Aherne 5-11-4... **A McGuinness (7)**
6 0-PP **SOUTH OF KILLERIG 84 (P★)** E Sheehy 6-11-4 **H Sexton (7)**
7 P-58 **BURY YOUR PAST 13** G O'Loughlin 4-11-0 ... **non-runner**
8 -06U **EYECANBOOGIE 31** E McNamara 6-10-11 ... **G Noonan**
9 FP80 **FLOWING FAST 13** G O'Loughlin 5-10-11 ... **D King**
10 32- **LADY LENA 294 (BF)** W P Mullins 6-10-11 ... **B Hayes**
11 0 **THELITTLEREDFOX 30** D Ahern 5-10-11 **M Kenneally (5)**

Lady Lena ●99, Market Ready 94, Goodmancon 92.
Evens Lady Lena, 4 Something Fabulous, 5 Market Ready, 10 Goodmancon, 14 L'as De Watt, 20 Ajp Falco, South Of Killerig

3.30 MARES BEGINNERS CHASE; winner €7,800; 2m 6f. (9 runners)

1 333- **CARRY ON HEIDI 157** J Patrick Baragry 6-11-7 **D O'Keeffe**
2 -852 **COSTANUCI 24** J Queally 9-11-7 ... **I Power**
3 04P7 **ELLENS PRIDE 24** S Curling 6-11-7 ... **D King**
4 3F22 **FUTURE PROSPECT 25 (H;BF)** W P Mullins 6-11-7 **D Mullins**
5 4-P6 **KAYLASJET 25 (T★)** M Quigley 5-11-7 ... **non-runner**
6 4-33 **LA NOTE VERTE 25** W P Mullins 6-11-7 ... **J Slevin**
7 4000 **LISS EILE 24** G Ahern 6-11-7 ... **M Kenneally (5)**
8 7F6- **MISS FOURIE 323** G Elliott 9-11-7 ... **S Ewing**
9 /41- **STRAIGHT HOME 426** W P Mullins 9-11-7 ... **B Hayes**

Future Prospect ●99, La Note Verte 98, Miss Fourie 94.
9-4 Future Prospect, 3 Straight Home, La Note Verte, 4 Miss Fourie, 10 Carry On Heidi, 25 Costanuci, 50 Ellens Pride

4.05 HANDICAP CHASE; winner €9,000; 2m 6f. (10 runners)

1 0-06 **INTENSE APPROACH 8 (B)** J McConnell 7-12-0 **A Harvey**
2 0-96 **MARV MICHAEL 62 (B)** L Doyle 8-12-0 ... **H Sexton (7)**
3 2053 **WATCH THE WEATHER 14** R Cody 10-12-0 **P Cody (7)**
4 F-1P **NASTYA 25** H Bromhead 7-11-9 ... **D O'Keeffe**
5 02U5 **TULLYVEERY LAD 2 (B;CD)** R Cody 10-11-5 .. **D Meyler**
6 1355 **ORKNEYS JACK 12** L Young 7-10-12 ... **A O'Sullivan (5)**
7 4P90 **GENERAL CLERMONT 10** D Fitzgerald 10-10-11 **S Ewing**
8 522U **A SNOW WHITE PARK 19** Mags Mullins 5-10-8 **D Mullins**
9 -048 **THAT'S ABOUT RIGHT 19 (D)** P Rothwell 8-10-5 **T Power Roche**
10 3B30 **POURQUOI POI 26 (BF)** P Flynn 5-10-4 ... **D King**

Nastya ●99, Watch The Weather 98, A Snow White Park 97.
3 Nastya, 4 A Snow White Park, 11-2 Pourquoi Poi, Watch The Weather, 10 Tullyveery Lad, Intense Approach

4.35 HANDICAP CHASE; winner €6,000; 2m. (10 runners)

1 920P **PRESENTING LAD 47 (CD)** M McNiff 10-12-0 ... **D King**
2 -258 **BOSSING IT 44 (BF)** D O'Brien 6-11-9 ... **S Flanagan**
3 P0-7 **ITSALONGLONGROAD F40 (CD)** D O'Sullivan 12-11-6 **S O'Callaghan (3)**
4 4960 **KATHERINE 13 (H★)** A Sexton 9-11-1 ... **H Sexton (7)**
5 -604 **KINGDOM CALLING 31** E McCarthy 6-10-13 **G Noonan**
6 -587 **POLLY POPPINS 25** B Crowley 6-10-12 **T Power Roche**
7 -P96 **RAY GUN 2** J Flavin 4-10-7 ... **J Canavan (7)**
8 08-5 **NOBODY 13 (H)** B Walsh 5-10-5 ... **J Williamson (3)**
9 5795 **BALLINABOOLA GOLD 9** R Donohoe 5-10-3 **D Mullins**
10 0P69 **ROBIN ELITE 2** E O'Sullivan 8-10-0 ... **K Murphy (7)**

Bossing It ●99, Polly Poppins 98, Kingdom Calling 97.
2 Bossing It, 5 Ballinaboola Gold, 13-2 Presenting Lad, Kingdom Calling, 10 Nobody, 11 Itsalonglongroad, Polly Poppins, 14 Ray Gun

5.05 MARES NAT HUNT FLAT; winner €6,601; 2m 1f. (12 runners)

1 **FRAU BLUCHER** M Quigley 5-11-11 ... **Mr D Doyle (7)**
2 S- **LOCKEEN ROSE 239** R Hackett 6-11-11 .. **Mr L Hackett (7)**
3 **MOOT HALL** E Griffin 5-11-11 ... **Ms N Bradley (7)**
4 862- **MYLUCKYMAKER 124** J McConnell 5-11-11 **Mr F Buckley (7)**
5 -066 **PAMELAISBRASS 10** J Carr 5-11-11 ... **Mr J Dunne (7)**
6 6-0 **SUPER FREAK 31** T Cooper 5-11-11 ... **Mr H Swan**
7 5 **VILLAGE DREAM 31** W P Mullins 6-11-11... **Mr P Mullins**
8 **WINNIE MCGOOGAN** P Mulligan 5-11-11 ... **J Carroll (7)**
9 **A CHAIRDE GO LEIR** P Fahy 4-11-8 **Mr D O'Sullivan (7)**
10 **ANNA QUAINTANCE** P Fahey 4-11-8 ... **Mr A Ryan (5)**
11 407 **BLUEBELL BREEZE 15** A Leahy 4-11-8 **Mr D McGill (7)**
12 FP-D **THE TWO MARY'S 14** J Hanlon 4-11-8 ... **Mr F Maguire**

Myluckymaker ●99, Village Dream 95, Pamelaisbrass 91.
2 Village Dream, 5 Myluckymaker, 17-2 Anna Quaintance, 9 Super Freak, The Two Mary's, 12 Bluebell Breeze, 14 Pamelaisbrass

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CORONATION STREET

JIGGERY-POKERY

It seems the cards are always stacked in Idris' favour, and this week he takes that metaphor and runs with it. Adam advises Alya to stand firm and not let her chunk of Speed Daal go for less than £50,000, so Alya effectively tells Idris to deposit his £35,000 where the sun doesn't shine. Later, Ollie pipes up that he's a bit of a card sharp when it comes to poker, which leads Idris to think of a way to use the chef outside of the kitchen…

When he admits to Leanne that he can't find the extra £15,000 to buy Alya out, she offers Idris a £5,000 loan. But he then tells Ollie that he's arranging a secret – and rigged – poker game and that he would like for him to play on his behalf, in return for a cut of the winnings. Lauren overhears the plotting and warns Ollie of the risks involved. Meanwhile, Kit wants in, and crime-boss Fiona suggests the stakes are doubled… Oooh!

Idris is on high alert during the game, while Brody helps himself to shots. The game ends with Ollie victorious (surprise, surprise) and Fiona is incandescent that she's down a tonne of cash. Idris then gives Brody a tongue-lashing for stealing drinks, so the teen spills all and tells Leanne that Idris arranged for Ollie to gamble her money. She is *not* a happy bunny upon hearing this and Idris tries to placate her by insisting he was always on to a winner. Will she give in and reward the dodgy businessman with forgiveness?

JAILHOUSE SHOCK

Sarah's a prison novice, that much we know, but this week she's going to get the naivety knocked out of her – possibly even literally – when Kacey, the inmate she saw as her protector, attacks her…

Todd is back and visits Sarah in prison, where he tells her that she's a "good mate" (we'd say so, she murdered your violent husband!), which is a nice sentiment, but not exactly helpful. Later, Kacey tells Sarah that her son has been arrested for armed robbery and begs her to get Kit to help, and even though Sarah says she and Kit are no longer together, Kacey doesn't care and gives her a stark warning...

Sarah calls Todd, who tells Kit that Sarah needs him. When Kit turns up at the clink, Sarah shares her predicament and he explains that getting involved could cost him his job (he's teetering on the edge at the best of times), and that this is exactly the reason Sarah broke it off with him in the first place. Kit's decision not to meddle leaves Sarah in a *very* vulnerable position and Kacey's threats come to fruition…

My storyline with... Junade Khan (Idris)

"Adam has never liked Idris, so he's encouraging Alya to stick to her guns, forcing Idris to operate in the shadows. He is constantly trying to get Alya to one side to talk secretly, because as soon as Adam is involved, his plans are usually at risk.

"Idris sets up a high-stakes poker game, but he's definitely miscalculated getting involved with Fiona. He knows how to 'dip his toe in the water' and isn't scared of mixing in dangerous circles, but he's playing a risky game. I get the impression he is aware of her and the people she mixes with, but he may have underestimated *her*…

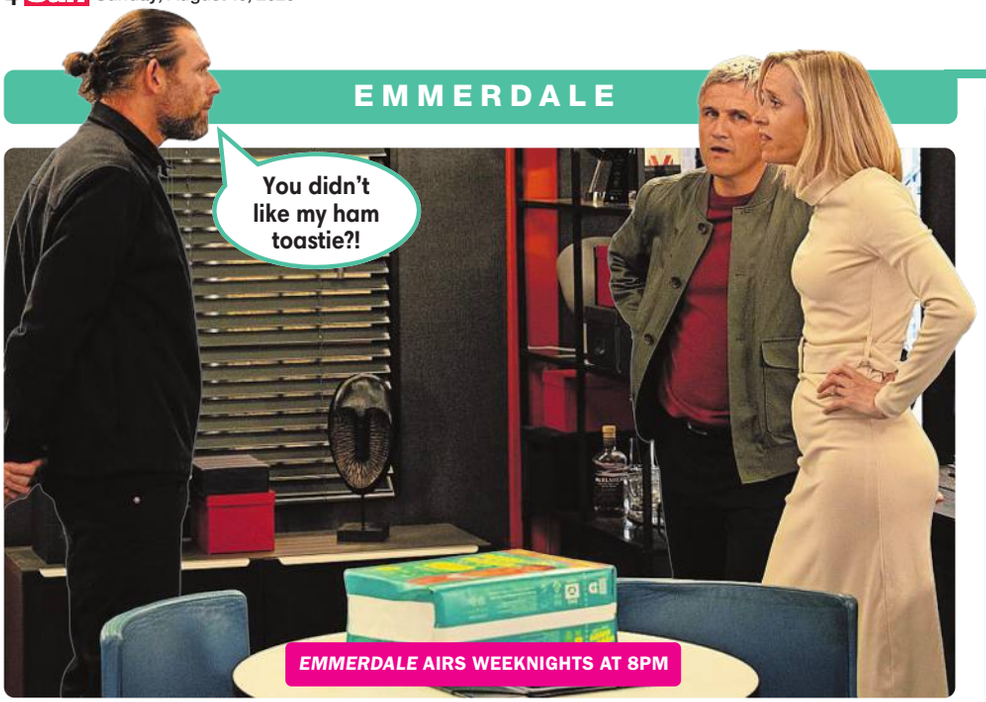
"I've started to truly embrace the character of Idris. He's brilliant because he has so many dimensions. While he isn't liked by everyone, there is a lot of vulnerability there, especially in his relationships with Leanne, Sam, Brody and Alya."

THE DARK DESTROYER

Do you remember way back when Todd used to be a bit evil? Well, the dark version of the undertaker rears its ugly head with a vengeance this week. When Todd tells George that Christina has been on another spending spree, George revokes his invitation for a trip to Somerset that she'd been excited about. Later in the week, Todd discusses a funeral with a woman called Celeste in the Rovers, and Glenda takes a fancy to Celeste's driver, Fraser, and the pair agree to a date.

Celeste confides in Todd that the send-off is for *her*, as she only has six weeks left to live, and they discuss her wish for a Dolly Parton-themed ceremony. Glenda, Mary and Christina later pull Todd up on drinking heavily since his return, and Glenda goes a step further, telling him that if he continues to treat his friends badly, he won't have any left. Her words sting, so when Celeste shares that Fraser is gay, Todd forms a sordid little plan to get back at the barmaid… Is 'bad Todd' sticking around?

EMMERDALE



EMMERDALE AIRS WEEKNIGHTS AT 8PM

DIRTY BUSINESS

Kev's efforts to stay on the straight and narrow fail miserably this week, as he finds himself doing Caleb and Ruby's dirty work and robs Jimmy's haulage van.

With Ruby and Caleb in possession of damning CCTV footage that proves Kev was the one who attacked Billy, he's left with no choice but to steal Jimmy's latest shipment. Knowing the robbery will force Jimmy to sell his firm, Ruby is chuffed when things go to plan, but Kev is fuming to find out that he's taken a big risk for a delivery of *nappies*! Ruby reminds Kev that she and Caleb are the ones in control, but when Kev later spots them with their laptop, he smashes it up, hoping to destroy all evidence...

At Joe and Dawn's 'sten do' (see right), Billy is shocked when a drunk Kev apologises for attacking him and he realises Caleb and Ruby knew all along. Kev then warns Caleb and Ruby that he'll expose all of their dodgy dealings if they continue to risk his freedom. Meanwhile, Billy is determined to start his new life with Dawn right now, but he's fuming when Caleb reveals that he can have their new passports on Joe and Dawn's wedding day.

LOVE AND DEATH?

Shooting the groom is certainly one way to get out of a wedding, and it looks like Dawn just might be capable of doing exactly that this week when Joe surprises her with a joint stag-and-hen do.

On Tuesday, with Joe off at his stag do, Billy and Dawn prepare to make their escape from the village as they tell Clemmie that they're heading on holiday. However, Graham is *always* watching and interrupts their plans when he advises the exes that they're going on a little trip. As they arrive at a field, Billy and Dawn panic, thinking Joe knows and is out for revenge, but their fear soon turns to relief when Joe appears and reveals that it's a surprise 'sten do'.

As the guests prepare for a clay pigeon shoot, Billy and Dawn worry as they realise Caleb is unable to reach them. Soon, the bride-to-be steps up for her chance to shoot, but Billy is concerned when she instead aims her shotgun at Joe – is she really capable of murdering her fiancé right there in front of everybody?

EASTENDERS

ON THE RUN?

Amy's in a state about the confession she made to Craig and asks him to keep it secret, and although he says he'll do his best, they're both in a tricky situation now he knows what she's done. Has she learnt nothing about keeping schtum around cops, growing up in Walford? Sure, her dad is a detective, but even he bends the rules!

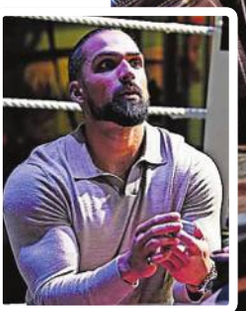
At the station, Craig finds out he's been suspended because of a complaint made against him, meaning he's off the Joel case. Later, oblivious to the impact of his words, Jack tells Amy the police are likely to find Joel's attacker, which would be music to Ross' ears, as he wants justice, but it freaks Amy out so much, she decides to do a runner. However, Craig rumbles her, scuppering her escape plan.

After a row with Joel that lands her a mouthful from Vicki, struggling Amy is grateful when Craig promises to be there for her. But we know shady copper Craig is only out for himself and not to be trusted, by Ross, his colleagues or a vulnerable Amy.

PRI NUPTIAL DEAL?

He certainly hasn't been the best partner in the past, but now Ravi is sure that he knows what he wants, and he's determined to prove he's the man for Priya. When he goes looking for advice, Zack tells Ravi that he should show Priya how he truly feels. Spurred on by Zack's words, Ravi vows to make a *very* big gesture.

But he'd be punching walls if he knew that saucy Priya's busy hooking up with Max again! Max wakes up the next morning in Priya's bed, having overslept, which is far from ideal, given that it's the day of Cindy's hen do. Spotting that he's missed several calls from his fiancée, Max does a runner and is full of excuses when he catches up with Cindy.



It's not long before Cindy calls on Priya to help with the party plans, which makes Priya feel guilty, and that only gets worse when Ravi asks her to meet him at the Boxing Den and proposes. She hotfoots it to Max's to end their affair, before joining Cindy's party. But can she really walk away without major consequences?

EASTENDERS AIRS MONDAY TO THURSDAY AT 7.30PM

HOLLYOAKS

JENSON BUTTS IN

Warren's tearing himself up over Jenson's death – you'll recall he shot his brother in fury after Jenson failed to show up on time to donate bone marrow to Sebastian (an over-reaction, even for Warren), only to later realise his sibling did have good intentions after all. The more observant of you will also have twigged straight away that shooting 'Jenson' while he had a bag over his head was a classic *Hollyoaks* trick, and Warren unknowingly killed Gemma's henchman Billy instead.

Now Jenson's back in the village, watching Warren and Mercedes from afar, and he later sneaks into his brother's flat intent on retrieving something. Meanwhile, the guilt is threatening to overwhelm Warren, and Myra is concerned when it appears that Mercy is upset about a recent discovery. Realising Jenson doesn't have any intention of playing dead, Gemma tries to discover why he's still hanging around – and on Wednesday, after *months* of mystery, Jenson's real connection to Warren is finally revealed. Prepare for your jaw to drop.

CAUGHT WED HANDED?

It's the week of Imran and Leah's epic multi-faith wedding, but it seems neither of them are particularly wedded (pun intended) to getting hitched. Leah's been having steamy sessions with Prince, reasoning that she's essentially a free agent until the ring is actually on her finger, while Imran's making phone calls to a mystery person who seems to be the one he'd really like to be marrying.

Still, the groom is touched when sort-of-stepdad Donny announces he's arranged a stag do exploring the local coastline (is that a good idea?). It's worth noting that Donny's getting everything on video, especially when Leah throws a tantrum about loverboy Prince snubbing her. However, she has a change of heart after spending time with a fragile Vicky, and orders Prince to focus on his girlfriend from now on.

As the day of the wedding comes round, Leah needs to chat to her fiancé – she's learnt that Imran has deleted the video he made featuring his darkest secret. Regardless, Leah is soon walking down the aisle and sharing some touching vows with Imran in front of all their loved ones. But when it's Imran's turn, he states he has a confession to make…

***HOLLYOAKS* AIRS MONDAY TO WEDNESDAY 7PM ON E4, WITH EPISODES STREAMING ON CHANNEL 4 FROM 7AM**

HOME AND AWAY

***HOME AND AWAY* AIRS WEEKDAYS 6.30PM ON 5STAR WITH EPISODES STREAMING ON 5 FROM 6AM**

A ROCK IS A HARD PLACE

When Mackenzie, Eden and Abigail don't hear from Levi, Cash and Mali, they start to worry – and they have good reason to. Levi's just regained consciousness, but his arm's still trapped underneath a large rock. So it's over to Cash and Mali to save the day, or so they hope…

Mali helps Cash abseil down, before running off through the bush in desperate need of a phone signal to call for help. This leaves Cash to try to free Levi's arm from the boulder, but after several attempts to lift it, he fails, and spots Levi's fingers starting to turn blue.

Springing into medical professional mode, Levi tells Cash that they don't have much time – and that Cash needs to roll the rock off (brings a whole new meaning to 'rock 'n' roll'), even if it means breaking his arm. As Cash begins to move the boulder, Levi cries out in pain and then passes out. Eventually, Cash manages to free Levi's arm and strap it up, just as a rescue chopper flies above them. But poor Levi's torment isn't over yet as he's rushed to hospital and heads in for an X-ray, where he receives potentially life-altering news…

SON-STOPPABLE?

Dana's gutted that Sonny was a no-show at her big proposal and decides to tell him what she had planned. However, his reaction only makes things worse. So he challenges her to ask the question again, and this time he accepts. Soon, they're celebrating in Salt, but Sonny sneaks away after one of Beau's clients gets in touch wanting steroids.

Later in the week, Harper suggests the happy couple throw a party – an idea that doesn't go down well with Beau because he wants Harper all to himself. But soon everyone gathers to toast to Dana and Sonny. Remi even makes an appearance and, while he's there, does some snooping, questioning Harper on Beau and Sonny's "friendship". Beau then confronts Harper on "flirting" with Remi and, losing his temper, slaps her across the face, leaving Harper petrified.

Meanwhile, Remi tells Sonny to fess-up to his drug-dealing. Of course, Sonny refuses, so Remi heads straight to the police station…

SUNDAY 16 AUGUST

BBC1

HD: Freeview 101 Sky 101 Virgin 101 FreeSat 101

6.00 am Breakfast (S)
7.25 LIVE European Athletics Championships: Birmingham 2026 Coverage of day seven featuring the women's and men's marathons. (S)
10.35 FILM Lyle, Lyle, Crocodile Musical comedy, starring Javier Bardem, Constance Wu and Winslow Fegley. (2022) ★★★★ (S)
12.15 Bargain Hunt (R,S)

7.30pm European Athletics...

1.00 BBC News (S)
1.15 Songs Of Praise (S)
1.50 Money For Nothing (R,S)
2.35 Escape To The Country In Gloucestershire. (R,S)
3.05 The Mating Game Animals for whom the odds of successfully mating are unusually high. (R,S)
4.05 Homes Under The Hammer Property auctions. (R,S)
5.05 BBC News (S)
5.20 BBC Regional News (S)
5.30 Countryfile Adam Henson is in Cumbria. (S)
6.30 Antiques Roadshow (R,S)
7.30 LIVE European Athletics Championships: Birmingham 2026 Gabby Logan presents coverage of the evening session on the seventh and final day from Alexander Stadium, where medals are awarded in eight events. (S)
10.00 BBC News At Ten (S)
10.25 BBC Regional News (S)
10.30 FILM Mission: Impossible 2 A secret agent battles a former spy-turned-criminal mastermind intent on stealing a deadly man-made virus. John Woo's action thriller sequel, starring Tom Cruise and Dougray Scott. (2000) ★★★ (S) Then **Weather For The Week Ahead**
12.30-6am BBC News (S)

BBC2

HD: Freeview 102 Sky 102 Virgin 102 FreeSat 102

6.25 am Countryfile (R,S)
7.25 Breakfast (S)
9.00 Prayer And Reflection (R,S)
9.30 FILM Top Hat Musical, starring Fred Astaire. (1935) ★★★★★ (B/W,S)
11.05 The Best Dishes Ever (R,S)
11.35 The Great British Sewing Bee Sport week. (R,S)
12.35 FILM Superman IV: The Quest For Peace Starring Christopher Reeve and Mark Pillow. (1987) ★ (S)

9.30pm QI

2.00 LIVE Cricket: The Hundred The women's final. Coverage of the showpiece match, held at Lord's. Start-time at **2.15**. (S)
6.00 LIVE Cricket: The Hundred The men's final. Coverage of the showpiece match, held at Lord's. Start-time at **6.00**. (S)
9.30 QI (9/18) Ed Byrne, Cally Beaton and Jack Dee join regular Alan Davies on the comedy panel quiz, with Sandi Toksvig asking questions on the theme of all things theatrical. (R,S)
10.00 FILM The French Connection Two New York cops use unorthodox methods to break a drug ring smuggling heroin into the US from France. Fact-based thriller, with Gene Hackman and Tony Lo Bianco. (1971) ★★★★★ (S)
11.40 FILM Bonnie And Clyde Fact-based gangster drama about the infamous couple who went on a headline-grabbing crime spree across the American Midwest during the 1930s. With Warren Beatty and Faye Dunaway. (1967) ★★★★★ (S)
1.30-2am Sign Zone: Ann Droid Sue goes camping to see a meteor storm. (R,S,SL)

ITV1

HD: Freeview 103 Sky 103 Virgin 103 FreeSat 103

6.00 am James Martin's American Adventure (R,S)
7.00 James Martin's Saturday Morning (R,S)
9.25 ITV News (S)
9.30 Love Your Weekend With Alan Titchmarsh (R,S)
11.30 Fern Britton: Inside The Vet's A dog has a tumour removed. (S)
12.30 Tom Kerridge Cooks Italy Tom explores Italy's mountains. (R,S)

10.15pm Sunny Nights

1.00 ITV News (S)
1.05 Force Of Nature (R,S)
2.10 FILM Octopussy James Bond spy adventure, starring Roger Moore. (1983) ★★ (S)
4.45 The Chase Celebrity Special (R,S)
5.45 The Chase Around The World (R,S)
6.40 ITV News (S)
6.50 Regional News (S)
7.00 Force Of Nature (4/6) A look at how animals adapted to the cold are struggling in a warming world. (S)
8.00 Van Der Valk (3/3) A scientist researching cancer is found dead. With Marc Warren. (S)
10.00 ITV News (S)
10.15 NEW Sunny Nights (1/8) American sibling entrepreneurs are dragged into the Sydney underworld after encountering a con artist. Australian comedy drama, with Will Forte. (S)
11.15 NEW 25 Years In Afghanistan Revisiting the subject of My Childhood, My Country – 20 Years in Afghanistan. (S)
1.05 Shop On TV
3.00 Inside Iran: War & Revolution (R,S,SL)
4.10 Unwind With ITV (S)
5.10-6am Motorsport UK (R,S)

CHANNEL 4

HD: Freeview 104 Sky 104 Virgin 104 FreeSat 104
Wales HD: Freeview 110 Sky 108 Virgin 108 FreeSat 106

6.20 am Cheers (R,S)
7.40 Everybody Loves Raymond Two episodes. (R,S)
8.30 The Simpsons (R,S)
9.00 The Simpsons (R,S)
9.30 The Simpsons (R,S)
10.00 Sunday Brunch Tim Lovejoy and Simon Rimmer chat to Al Murray, Layton Williams, Danny O'Donoghue, Gareth Malone and Saffron Hocking, and there's music by Mystery Jets. (S)

8pm Richard E Grant's Very...

1.00 The Dog House (R,S)
2.00 Four In A Bed (R,S)
2.35 Four In A Bed (R,S)
3.05 Four In A Bed (R,S)
3.35 Four In A Bed (R,S)
4.05 Four In A Bed (R,S)
4.35 Our Farm Next Door: Amanda, Clive And Kids Documentary. (R,S)
5.35 Worst House On The Street On the Isle of Sheppey. (R,S)
6.30 C4 News (S)
7.00 Gogglebox Compilation of highlights from series 27, in which the Goggleboxers check out more of the biggest and best TV. (S)
8.00 Richard E Grant's Very Modern Odyssey (3/4) Richard searches for the mythical hypnotic lotus fruit in Tunisia. (S)
9.00 The Piano Mika, Claudia Winkleman and Jon Batiste prepare the finalists for the biggest concert of their lives. (S)
10.00 Celebrity Gogglebox Stars give their thoughts on Casualty, Clarkson's Farm and Heretic. (R,S)
11.05 FILM Alice, Darling Thriller, starring Anna Kendrick. (2022) ★★★ (S)
12.45 Ramsay's Hotel Hell (R,S,SL)
1.35 Secret Lives Of Gypsy Wives (R,S,SL)
2.25-3.20am Couples Come Dine With Me (R,S,SL)

CHANNEL 5

HD: Freeview 105 Sky 105 Virgin 105 FreeSat 105

6.00 am Milkshake! Followed by **Entertainment News On 5**
9.15 FILM The SpongeBob SquarePants Movie Children's animated comedy, with the voices of Tom Kenny, Bill Fagerbakke, Clancy Brown and Scarlett Johansson. (2004) ★★★★ (S)
11.00 Happy Campers: The Caravan Park Two episodes. (R,S)

9pm Inside the Four Seasons:...

1.00 Cruising With Susan Calman (R,S)
2.00 Cruising With Susan Calman (R,S)
3.00 Croc Watch With Steve Backshall (R,S)
4.00 Croc Watch With Steve Backshall (R,S)
5.00 Sicily With Michael Portillo (R,S) Followed by **5 News Weekend**
6.30 Birds Of A Feather: 30 Years Of Laughs (R,S)
8.00 Dogs Behaving (Very) Badly (10/16) In Cheltenham, Graeme Hall meets labrador Onni and poodle cross Fergus, who make focusing on driving virtually impossible for owners Debbie and Gary. (R,S)
9.00 Inside The Four Seasons: Park Lane (3/5) Director of engineering Gary begins the Presidential Suite refresh. (S)
10.00 When Caravan Holidays Go Horribly Wrong (3/5) Accounts of disastrous caravan vacations, including a grizzly bear incursion. (R,S)
11.30 Britain's Worst Weather Disasters (1/2) The most extreme weather events. (R)
1.00 Cruise TV With LoveitBookit Latest deals. (R,S)
2.00-2.50am GPs: Behind Closed Doors Medical cases. (R,S)

REGIONAL VARIATIONS

S4C 6am Cyw **9.00** Y Cosmos **10.00** Gwesty Aduniad **11.00** Garddio A Mwy **11.30** Cartrefi Cymru **12noon** Natur Cymru **1pm** Yr Afon **2.00** Iaith Ar Daith **3.00** Priodas Pum Mil **4.00** Arfordir Cymru: Sir Benfro **4.35** Y Fets **5.40** Cefn Gwlad **6.40** Pobol Y Cwm Omnibws **7.45** Newyddion S4C A'r Tywydd **8.00** Sioe Môn 2026 **9.00** Cynefin **10.00** Y Babell Lên 2026 **10.30** Y Babell Lên 2026 **11.00-11.35pm** Cymoedd Roy Noble

SUNDAY'S TOP TV

ITV2

11.40am Deal Or No Deal **1.40** Celebrity Catchphrase **2.45 FILM!** Charlotte's Web. Family drama, with the voice of Julia Roberts. (2006) **4.35 FILM!** Matilda. Children's fantasy comedy, starring Mara Wilson and Danny DeVito. (1996) **6.40 FILM!** Hairspray. An overweight teen dreams of appearing on a TV dance show. Musical comedy, starring Nikki Blonsky and John Travolta. (2007) **9.00 NEW EPISODE!** The Only Way Is Essex. In the Albanian sunshine, friendships are tested and are loyalties questioned. **10.00** Olivia Attwood: The Price Of Perfection **11.00** Family Guy **12.05** American Dad! **1.05** Plebs **1.35** G'wed **2.05** Changing Ends **2.30-3am** Unwind With ITV

ITV3

12noon Poirot **2.15** Midsomer Murders **10.00** Vera **11.50** Wycliffe **12.55** The Dark **1.55-2.20am** George And Mildred

ITV4

10.30am Cadfael **12.10** River Monsters **1.10** Sharpe **3.30 LIVE SPORT!** ITV Racing: Sky Bet Sunday Series. The final round from Pontefract. **7.00** Sharpe **9.15 FILM!** Under Siege 2: Dark Territory. Action adventure sequel, starring Steven Seagal. (1995) **11.20 NEW EPISODE!** The Summit Australia. A raging waterfall splinters the group. **12.35** Minder **1.30** Two And A Half Men **2.50-3am** Unwind With ITV

BBC THREE

7pm EastEnders **9.00** Vigil. A detective investigates a suspicious death on a nuclear submarine. **10.00** Vigil. Amy suspects her investigation has been deliberately obstructed. **11.00** Vigil. Kirsten believes the murders were part of a coordinated attack. **12.00 FILM!** Mothers' Instinct. Thriller, with Anne Hathaway and Jessica Chastain. (2024) **1.30-3.55am** Him & Her

ITV2 6.40pm Hairspray

BBC FOUR

7pm The Best Of Bill Oddie Goes Wild **7.30** Birding With Bill Oddie **8.00** Bill Oddie's Top Ten Birds. Bill counts down the UK's 10 most-loved and 10 most-hated birds. **9.00 NEW!** Debuts At The Proms. A celebration of moments that made Proms history. **10.00** Black Watch. A 2007 performance of Gregory Burke's play, starring Brian Ferguson. **11.35** Black Watch: A Soldier's Story. Examining the National Theatre of Scotland's play. **12.35** Jane Austen: The Unseen Portrait? **1.35** Debuts At The Proms **2.35-3.05am** The Best Of Bill Oddie Goes Wild

E4

11.55am The Simpsons **12.25 FILM!** Mr Popper's Penguins (2011) **2.15** The Simpsons **4.45** Cruising Paradise: Above And Below Deck **5.50 NEW SERIES!** Lego Masters Australia **7.30 LIVE SPORT!** WAFCON Final. The showpiece match in the Women's Africa Cup of Nations. Kick-off at **8.00**. **10.45** The Inbetweeners **12.50** Gogglebox. The households' opinions on The Great Celebrity Bake Off for Stand Up to Cancer. **1.55** Below Deck: Mediterranean **3.50** The Inbetweeners **4.15-6am** Hollyoaks Omnibus

MORE4

12noon A Place In The Sun **3.50** Come Dine With Me **6.20** Four In A Bed **9.00** Surgeons: Life In Their Hands. Jolene undergoes marathon surgery. **10.00** 24 Hours In A&E **12.05** Surgeons: Life In Their Hands **1.10** 24 Hours In A&E **3.20-3.50am** A Place In The Sun

SUNDAY 16 AUGUST

FILM4

11am Deck The Halls (2006) **12.50** Playing With Fire (2019) **2.45** Enemy Mine (1985) **4.55** The Golden Voyage Of Sinbad (1974) **7.05** Dog (2022) **9.00** Missing (2023) **11.15** Kingsman: The Golden Circle (2017) **2.00-3.55am** Fremont (2023)

U&DAVE

7.10am Top Gear **8.00** Yukon Gold **11.00** Red Bull Soapbox Race 2023 **1.00** Mortimer & Whitehouse: Gone Fishing **3.00** The Hairy Bikers' Chicken And Egg **5.00** Would I Lie To You? **7.00** Guy Martin: Proper Jobs **8.00** Pete Wicks: For Dogs' Sake **9.00** Have I Got A Bit More News For You. Angela Rippon hosts **10.00** QI **10.35** Mock The Week **12.00** Live At The Apollo **2.05** QI XL **3.05-4am** Parks And Recreation

5USA

9am Blue Bloods **11.45** Columbo: A Bird In The Hand **1.45** Columbo **10.00** Law & Order: Special Victims Unit **1.55** NCIS: Los Angeles **2.55-3.50am** Murder, She Wrote

5STAR

7.30am EFOLDi Mobility Scooters **8.00** Friends **10.00** Nightmare Tenants, Slum Landlords **11.00** Shoplifters: Caught Red Handed **1.00** Traffic Cops **5.00** Police Interceptors **9.00** Trauma Room One **10.00** Surgeons: A Matter Of Life Or Death **11.00** A&E After Dark **12.00** Killer On The Run **1.00** **NEW EPISODE!** Text Me When You Get Home **1.55** Skin A&E **2.45** GPs: Behind Closed Doors **3.35-4am** Friends

SKY MIX

6am Border Patrol **7.00** Border Security: America's Front Line **9.00** UK Border Force **10.00** Nothing To Declare **12.00** Caught On Dashcam **2.00** Police 24/7 **4.00** **NEW EPISODE!** Wildlife ER **5.00** **NEW EPISODE!** The Kimberley: Australia's Wild West **6.00** **NEW EPISODE!** Wolves And Lions: Old Enemies **7.00** Caught Red Handed **9.00** Forensics: Catching The Killer **11.00** Caught On Dashcam **1.00** Killer In My Village **2.00** Motorway Patrol **4.00-6am** Border Patrol

REALLY

6am Fantasy Homes By The Sea **8.00** Celebrity Fantasy Homes **10.00** Derelict Rescue **11.00** My Lottery Dream Home **3.00** Escape To The Country **5.00** A Place In The Sun **9.00** Long Lost Family. Cases include a family torn apart by the birth of a war time baby. **10.00** Who Do You Think You Are? **11.00** Help! My House Is Haunted **4.00-6am** My Lottery Dream Home

U&W

6.10am Classic Neighbours **7.00** Neighbours **8.00** Classic Neighbours **11.00** My Family **1.00** The Supervet **2.00** The Supervet: Noel Fitzpatrick **6.00** Inside The Ambulance **8.00** Inside The Operating Theatre **9.00** Inside The Operating Theatre **10.00** Brit Cops Down Under. Double bill. **12.00** Stacey Dooley Sleeps Over **1.00** Butchers Of The Bayou **1.55-3am** Don't Hate Your House With The Property Brothers

TNT Sports 1 2pm
FA Community Shield

U&VESTERDAY

6.10am Abandoned Engineering **8.00** Great Continental Railway Journeys **10.00** Great Canal Journeys **11.00** Canal Boat Diaries **3.00** Mediterranean With Simon Reeve **5.00** Operation Grand Canyon With Dan Snow **7.00** 1066: A Year To Conquer England **8.00** Bangers & Cash **10.00** Canal Boat Diaries **1.00** Flipping Bangers **2.00-3am** Abandoned Engineering

TALKING PICTURES

6am **FILM!** Up River (1979) **7.45** The Great Holdup **8.00** The Lucy Show **8.30** **FILM!** My Outlaw Brother (1951) **10.10** **FILM!** X The Unknown (1956) **11.45** Batman **12.15** **FILM!** A Hole Lot Of Trouble (1971) **12.50** **FILM!** North West Frontier (1959) **3.25** New Seekers: Keep Britain Tidy **3.30** For The Love Of Ada **4.00** The Man From UNCLE **5.00** The Footage Detectives **6.00** **FILM!** The Railway Children. With Jenny Agutter. (2000) **8.05** **FILM!** The Quatermass Xperiment (1955) **9.45** **FILM!** Confessions Of A Driving Instructor (1976) **11.30** The Heritage Chart Show **12.35** **FILM!** Out Of The Fog (1962) **1.55** **FILM!** The Hitch-Hiker (1953) **3.25** Cinebox Memories **3.30** The Rogues **4.30** The Adventures Of Robin Hood **5.00** The Buccaneers **5.30-6am** Supercar

SKY ATLANTIC

6am Richard E Grant's Hotel Secrets **8.00** Homicide: Life On The Street **10.15** The Last Of Us **9.00** House Of The Dragon. Game of Thrones prequel, starring Matt Smith. Last in the series. **10.25** Gomorrah: The Origins **12.35** Homicide: Life On The Street **2.40** Billions **3.40** Urban Secrets **4.35** Sort Of **5.05-6am** Urban Secrets

SKY WITNESS

6am Caught Red Handed **8.00** A1: Britain's Longest Road **9.00** Customs UK **10.00** Stop, Search, Seize **11.00** Border Patrol **12.00** Customs UK **1.00** UK Border Force **2.00** Nothing To Declare **8.00** Caught On Dashcam **10.00** The Rookie **11.00** Law & Order: Criminal Intent **12.00** FBI & FBI: Most Wanted **2.00** **NEW EPISODE!** Law & Order: Special Victims Unit **3.00** Brit Cops: Law & Disorder **4.00** A1: Britain's Longest Road **5.00-6am** Road Wars

U&GOLD

7.20am Only Fools And Horses **5.40** Dad's Army **6.15** Fawlty Towers: The Play **8.20** Fawlty Towers **9.00** The Office **9.40** Gavin & Stacey **10.20** The Royle Family **11.35** Fawlty Towers **12.20** Only Fools And Horses **2.25** The Royle Family **3.25-4am** Fawlty Towers

COMEDY CENTRAL

8am The Comedy Bus **8.35** Gods Of The Game **9.00** Impractical Jokers **10.30** Friends **7.30** Bradley & Barney Walsh: Breaking Dad **8.00** The Best Of Mr Bean **9.00** **FILM!** Instant Family (2018) **11.20** Jimmy Carr's Am I The A**hole? **12.20** 8 Out Of 10 Cats **2.00** Gods Of The Game **2.30** The Comedy Bus **2.55** Modern Horror Stories **3.00** Russell Howard: Wonderbox **3.50** Bradley & Barney Walsh: Breaking Dad **4.15-5am** Stupid Central

SKY COMEDY

8am Sort Of **8.25** Will & Grace **11.00** The Office Movers **1.30** Community **4.00** Will & Grace **6.30** The US Office **9.00** Alan Carr: Regional Trinket. A stand-up show by the comedian. **10.00** Tom Davis: Underdog **11.15** Ania Magliano: I Can't Believe You've Done This **12.15** The Reluctant Landlord **3.10-5am** The Rehearsal

SKY ONE

6am S.W.A.T **9.00** A Cheetah's Pride **10.00** Macaque Island **11.00** The Simpsons **1.00** Best Medicine **2.00** **LIVE SPORT!** The Hundred Live. The women's final. Start-time at **2.15**. **5.30** **LIVE SPORT!** The Hundred Live. The men's final. Start-time at **6.00**. **9.30** **FILM!** Mr & Mrs Smith. Comedy adventure, with Brad Pitt. (2005) **11.45** La Brea **1.40** The Walking Dead: Dead City **2.40** Road Wars **5.00-6am** Highway Patrol

SKY SCI-FI

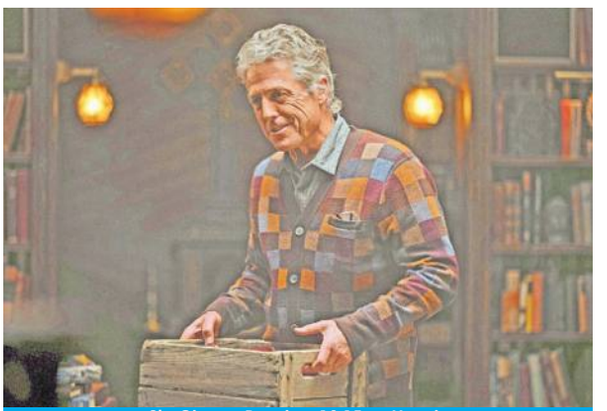
6am Most Haunted **11.00** Stargate SG-1 **4.00** Stargate Atlantis **9.00** Stargate Universe **12.00** **FILM!** Jurassic Attack. Adventure, with Gary Stretch (2013) **1.45** The Walking Dead **5.00-6am** Most Haunted

DISCOVERY

6am Wheeler Dealers **12.00** Building Off The Grid **2.00** Alaska: Homestead Rescue **9.00** Barnwood Builders. The team helps a widower build an antique log cabin. **10.00** In The Eye Of The Storm. Eyewitnesses capture dozens of tornadoes **11.00** Mighty Truckers **12.00** Kindig Customs **3.00-5am** American Chopper

TLC

7am Young Sheldon **10.00** The Big Bang Theory **8.00** Georgie And Mandy's First Marriage **9.00** Mock The Week: Summer Specials **10.00** Unacceptable **11.00** Mock The Week: Summer Specials **12.00** Young Sheldon **12.30** Dr Pimple Popper **2.30** Say Yes To The Dress: UK **3.00** My 600lb Life **5.00-6am** Say Yes To The Dress



Sky Cinema Premiere 10.15pm Heretic

SKY CINEMA PREMIERE

6.55am Song Sung Blue (2025) **9.10** Tom And Jerry: Forbidden Compass (2025) **10.55** Signal One (2026) **12.35** Hamnet (2025) **2.50** Seven Snipers (2026) **4.25** Mortal Kombat II (2026) **6.25** Signal One (2026) **8.00** Hamnet (2025) **10.15** Heretic (2024) **12.10** Normal (2026) **1.45** Lurker (2025) **3.40** Looney Tunes: The Day The Earth Blew Up (2024) **5.15-7am** Tom And Jerry: Forbidden Compass (2025)

SKY CINEMA COMEDY

6.30am The Cinema List: Remakes (2026) **7.00** American Pie 2 (2001) **9.00** American Pie: The Wedding (2003) **10.40** American Reunion (2012) **12.35** Bean (1997) **2.10** Mr Bean's Holiday (2007) **3.45** Yesterday (2019) **5.50** Logan Lucky (2017) **8.00** You've Got Mail (1998) **10.00** Bridget Jones: Mad About The Boy (2025) **12.05** The Naked Gun (2025) **1.40** The Whole Nine Yards (2000) **3.30** The Cable Guy (1996) **5.20-7.15am** Kingpin (1996)

SKY CINEMA ACTION

7am Kong: Skull Island (2017) **9.00** Bad Boys (1995) **11.00** Bad Boys II (2003) **1.30** Spider-Man: No Way Home (2021) **4.00** Superman (2025) **6.15** Normal (2026) **8.00** Bullet Train (2022) **10.10** Kraven The Hunter (2024) **12.20** The Internship (2026) **2.05** Sisu: Road To Revenge (2025) **3.45-5.40am** Shenandoah (1965)

GREAT! MYSTERY

8.10am Diagnosis Murder **9.10** **FILM!** Murder, She Baked: A Chocolate Chip Cookie Mystery (2015) **10.06** Good News On GREAT! **11.00** Murder, She Wrote **9.00** Hailey Dean Mysteries **9.56** Good News On GREAT! **11.46** Good News On GREAT! **12.40** Good News On GREAT! Extra **12.50** **FILM!** A Bride's Nightmare (2020) **2.20** Good News On GREAT! Extra **2.30** **FILM!** My Baby Gone (2017) **4.00-4.50am** Diagnosis Murder

SKY SPORTS MAIN EVENT

12noon Sports Sunday **12.30** **LIVE SPORT!** EFL. Watford v Southampton. Kick-off at **1.30**. **3.45** **LIVE SPORT!** EFL. Burnley v West Ham United. Kick-off at **4.00**. **6.00** **LIVE SPORT!** The Hundred Live. The men's final. Start-time at **6.00**. **9.30** **LIVE SPORT!** PGA Tour Golf. The FedEx St Jude Championship. **11.00** **LIVE SPORT!** Tennis. The Cincinnati Open. **12.00** **LIVE SPORT!** Tennis. The Cincinnati Open. **4.00-6am** Sky Sports Catch Up

SKY SPORTS FOOTBALL

12noon EFL Highlights **12.30** **LIVE SPORT!** EFL. Watford v Southampton. Kick-off at **1.30**. **3.45** **LIVE SPORT!** EFL. Burnley v West Ham United. Kick-off at **4.00**. **6.30** EFL Highlights **7.00** EFL League One Goals **7.30** EFL League Two Goals **8.00** EFL Highlights **11.00** EFL League One Goals **11.30** EFL League Two Goals **12.00** SPFL Greatest Games **2.00** EFL Greatest Games **3.00** SPFL Highlights **3.30** EFL Greatest Games **4.00** EFL Cup **5.00** Best Goals Of The Carabao Cup 2020/21 **5.30-6am** EFL Trophy Football

TNT SPORTS 1

12noon **LIVE SPORT!** Men's Cycling Pro Series. Coverage of the fourth stage of the Tour of Czechia. **1.30** The Fantasy Show **2.00** **LIVE SPORT!** FA Community Shield. Arsenal v Manchester City. Kick-off at **3.00**. **6.00** The Breakdown **6.45** No Filter Football **7.00** Men's Cycling Pro Series **8.00** Test Cricket Highlights **9.00** **LIVE SPORT!** MLB. Los Angeles Dodgers v Milwaukee Brewers. Start-time at **9.10**. **12.00** Training Day **12.15** **LIVE SPORT!** MLB. Houston Astros v Seattle Mariners. Start-time at **12.20**. **3.00** Sports Reload **3.15** British Superbikes **4.15** Test Cricket Highlights **5.15am-1.30pm** **LIVE SPORT!** Test Cricket. Sri Lanka v India.

TNT SPORTS 2

10.30am **LIVE SPORT!** ABB FIA Formula E World Championship. Start-time at **10.40**. **12.15** No Filter Football **12.30** **LIVE SPORT!** Snooker China Open. Coverage of the second session of the final of the tournament. **4.00** **LIVE SPORT!** Men's Cycling Pro Series. Stage four of the Arctic Race of Norway. **5.15** TNT Sports Reload **5.30** MLB Highlights **6.30** **LIVE SPORT!** MLB. Atlanta Braves v Arizona Diamondbacks. Start-time at **6.35**. **9.30** FA Community Shield **11.00** CPL Highlights **11.30** **LIVE SPORT!** CPL. Saint Lucia Kings v Barbados Tridents. **3.45** TNT Sports Cricket Reload **4.00** Hard Knocks: Training Camp With The Seattle Seahawks **5.00-6am** LIV Golf

TNT SPORTS 3

12noon MLB Highlights **1.00** **LIVE SPORT!** British Superbikes. Coverage from the second day of the seventh round of the season. **6.00** MotoGP Highlights **7.00** **LIVE SPORT!** European Athletics Championships **9.30** TNT Sports Reload **10.00** Snooker China Open **12.00** British Superbikes **1.00** Serie A – Full Impact **2.00** **LIVE SPORT!** NWSL. Angel City FC v Washington Spirit. Kick-off at **2.00**. **4.15** TNT Sports Reload **4.30-6am** Ultimate Pool

DON'T MISS

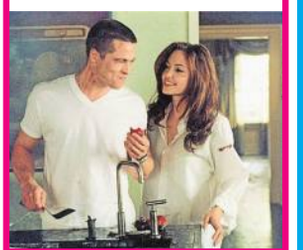
MORE OF TODAY'S BEST TELLY

Sky Sports Main Event 3.45pm EFL

E4 5.50pm Lego Masters Australia

U&Dave 8pm
Pete Wicks: For Dogs' Sake

BBC Three 9pm Vigil



Sky One 9.30pm Mr & Mrs Smith

U&Gold 9.40pm Gavin & Stacey

MONDAY 17 AUGUST

BBC1

HD: Freeview 101 Sky 101 Virgin 101 FreeSat 101

6.00 am Breakfast (S)
9.30 Countryfile Treasures John Craven explores North Yorkshire. (R,S)
10.30 Garden Rescue A relaxing garden in Liverpool. (R,S)
11.15 Homes Under The Hammer Following the progress of properties in Norwich, Cardiff and Dover. (R,S)
12.15 Bargain Hunt The teams scour Ardingly antiques fair in West Sussex. (S)

7.30pm EastEnders

1.00 BBC News At One (S)
2.00 Money For Nothing (S)
2.45 Escape To The Country (S)
3.30 The Repair Shop (R,S)
4.30 The Answer Run (S)
5.15 Pointless (R,S)
6.00 BBC News At Six (S)
6.30 BBC Regional News (S)
7.00 The One Show Roman Kemp and Lauren Laverne present the first visit of the week to the studio. (S)
7.30 SOAP EastEnders A situation escalates for Nicola and George. (S)
8.00 Child Maintenance: Parents Under Pressure – Panorama Krupa Padhy asks whether the child maintenance system is failing parents and their children. (S)
8.30 Scam Interceptors (6/15) Hacker Jim Browning catches scammers at work on their own CCTV. (R,S)
9.00 Death In Paradise (7/9) A reggae rap artist is shot dead at a soundcheck for a concert. (R,S)
10.00 BBC News At Ten (S)
10.30 BBC Regional News (S)
10.40 Have I Got News For You (6/10) (R,S)
11.10 FILM Mission: Impossible III Action thriller sequel, starring Tom Cruise. (2006) ★★★★ (S)
1.10-6am BBC News (S)

REGIONAL VARIATIONS

BBC ONE WALES As main BBC ONE except: 9.00-10pm Buried With Michael Sheen **BBC TWO WALES As main BBC TWO except: 9.00-10pm** Death In Paradise

BBC2

HD: Freeview 102 Sky 102 Virgin 102 FreeSat 102

6.45 am Beechgrove Garden George Anderson and Brian Cunningham tackle viewers' questions. (R,S)
7.15 The Answer Run Jason Manford hosts the fast-paced quiz show. (R,S)
8.00 Sign Zone: The Repair Shop The team revive a cherished rocking horse and a spectacular set of conga drums. (R,S,SL)
9.00 BBC News (S)

9pm Buried With Michael Sheen

1.00 Richard Osman's House Of Games (R,S)
1.30 The Finish Line (R,S)
2.15 Do You Know Your Place? Quiz show. (R,S)
2.45 Animal Park Summer (R,S)
3.30 Serengeti II (R,S)
4.30 Vintage Antiques Roadshow (R,S)
5.15 Flog It! (R,S)
6.00 Richard Osman's House Of Games (R,S)
6.30 Bear Grylls: Wild Reckoning (R,S)
7.00 Global Eye Investigations from BBC correspondents all over the world. (S)
7.30 Mastermind (5/31) (S)
8.00 Only Connect (6/34) (S)
8.30 University Challenge (6/37) Bath takes on City St George's in the quiz. (S)
9.00 NEW Buried With Michael Sheen (1/2) The actor investigates allegations of toxic contamination in south Wales. (S)
10.00 Mortimer & Whitehouse: Gone Fishing (4/6) (R,S)
10.30 Newsnight (S) Followed by **Weather**
11.05 NEW Disclosure: Welcome To Glasgow Claims that parts of the city have become no-go zones. (S)
12.05 A House Through Time (R,S)
1.05 Sign Zone: Countryfile From West Sussex. (R,S,SL)
2.00-2.45am Bergerac (R,S,SL)

In Paradise
S4C 6am Cyw **12noon** Newyddion S4C A'r Tywydd **12.05pm** Ffasiwn Drefn **12.30** Heno **1.00** Straeon Harri Parri **2.00** Newyddion S4C A'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion S4C A'r Tywydd **3.05** Miwsig Fy Mywyd **4.00** Awr Fawr: Blwi **4.10** Awr Fawr: Sam Tan **4.20** Awr Fawr: Anifeiliaid Bach Y Byd **4.30** Awr Fawr: Crawc A'i Ffrindiau **4.40** Awr Fawr: Dal Dy Ddannedd **5.00** Stwnsh: Dennis A Dannedd **5.10** Stwnsh: Byd Rwtsh Dai Potsh **5.25** Stwnsh: Bwystfil **5.35** Stwnsh: He-Man A Meistri'r Bydysawd **6.00** Arfordir Cymru: Sir Benfro **6.30** Lowri Morgan: Her 333 **7.00** Heno **7.30** Newyddion S4C A'r Tywydd **8.00** Sgwrs Dan Y Lloer **8.25** Garddio A Mwy **8.55** Newyddion S4C A'r Tywydd **9.00** Cefn Gwlad **9.58** Y Tywydd **10.05** Y Deis

ITV1

HD: Freeview 103 Sky 103 Virgin 103 FreeSat 103

6.00 am Good Morning Britain Morning magazine featuring a lively mix of news and current affairs, plus health, entertainment and lifestyle features. (S)
10.00 This Morning Daily magazine, featuring a mix of celebrity chat, showbusiness news, lifestyle features, topical discussion, health advice and more. (S)

9pm Long Lost Family: Born...

1.30 ITV Lunchtime News (S)
1.55 Regional News (S)
2.00 Dickinson's Real Deal (R,S)
3.00 Deal Or No Deal (R,S)
4.00 Tipping Point (R,S)
5.00 The Chase (R,S)
6.00 Regional News (S)
6.30 ITV Evening News (S)
7.30 Fletchers' Family Farm (10/10) Kelvin is in the market for a bull. (R,S)
8.00 SOAP Emmerdale Ruby orchestrates the theft of Jimmy's shipment. (S)
8.30 SOAP Coronation Street Sarah refuses to use her contacts to help. (S)
9.00 Long Lost Family: Born Without Trace – What Happened Next Foundling Susanne Barrow reveals further discoveries after meeting her half-brother Ian in 2024, while Tom Yeo discusses a development after his appearance. (S)
10.00 ITV News (S)
10.30 Regional News (S)
10.45 Cold Case Forensics: In The Blood (3/3) Angela Gallop reveals how clues in blood helped solve two crimes. (R,S)
11.40 The Assembly (R,S)
12.05 Shop On TV
3.00 The Staircase (R,S,SL)
4.05 Unwind With ITV (S)
5.10-6am Dickinson's Real Deal From Nottingham. (R,S,SL)

CHANNEL 4

HD: Freeview 104 Sky 104 Virgin 104 FreeSat 104
Wales HD: Freeview 110 Sky 108 Virgin 108 FreeSat 106

6.30 am The King Of Queens Triple bill. (R,S)
7.45 Everybody Loves Raymond Three episodes. (R,S)
9.10 Frasier (R,S)
11.10 Ramsay's Kitchen Nightmares USA From Brooklyn, New York. (R,S)
12.05 C4 News (S)
12.10 Find It, Fix It, Flog It Henry and Simon meet a couple with a penchant for Star Wars collectibles. (R,S)

8pm Martin & Roman's Irish...

1.10 The Great House Giveaway A crumbling house. (R,S)
2.10 Countdown (S)
3.00 A Place In The Sun (R,S)
4.00 The Great B&B Challenge Six couples compete. (R,S)
5.00 Château DIY (R,S)
6.00 American Pickers (R,S)
7.00 C4 News (S)
8.00 Martin & Roman's Irish Road Trip (2/3) Martin and Roman Kemp explore Meath and Dublin, from the Boyne Valley tombs and the Hill of Tara to the Hellfire Club ruins and Slane Castle, mixing myths, music and memories. (S)
9.00 Celebrity Hunted Two celebrities on the run drop in at a show bar in Leeds. A social media post provokes the hunters to raid a retirement home and a couple of fugitives pop up live on the BBC. Continues tomorrow. (S)
10.00 Secret Lives Of Gypsy Wives Trewley's first song enjoys mixed success. (S)
11.05 Surgery Secrets Of The Super Rich (5/6) (R,S)
12.05 NEW Walter Presents: Everybody Lies (S)
1.00 Ramsay's Hotel Hell (R,S,SL)
1.50-3.45am FILM Blue Bayou Drama, directed by and starring Justin Chon. (2021) ★★★★ (S)

CHANNEL 5

HD: Freeview 104 Sky 105 Virgin 105 FreeSat 105

6.00 am Milkshake!
9.15 Jeremy Vine The broadcaster and guests discuss the issues of the day, with phone-ins. (S)
11.30 Storm & Alexis Discussion, presented by Storm Huntley and Alexis Conran. (S) Followed by **5 News**
12.50 Matt Allwright Debate on the day's biggest stories, and advice to help viewers save money. (S)

8pm Street Cops: Catching The Yobs

2.20 FILM An Affair To Die For Thriller, starring Ryan Francis. (2023) ★★★ (S)
4.00 Castle (R,S)
4.55 Love Nature (R,S)
5.00 5 News With Dan Walker International news. (S)
6.00 Cyprus: Jewel Of The Med (R,S) A profile of the island, which enjoys 11 months of sunshine. Followed by **5 News Update**
7.00 Traffic Cops Officers are on the lookout for a suspected cloned car. (R,S) Followed by **5 News Update**
8.00 Street Cops: Catching The Yobs Officers chase a teen after finding a studded baseball bat. (S)
9.00 Fare Dodgers: At War With The Law Investigators hunt for a woman thought to owe more than £2,300 in unpaid fares. (S)
10.00 Police Interceptors: Taking Down The Shoplifting Gangs (3/4) Two brothers whose shoplifting is out of control. (R,S)
11.05 Traffic Cops (8/20) A reckless motorcyclist puts lives in danger. (R,S)
12.05 Car Pound Cops (R,S)
1.00 Cruise TV With LoveitBookit Teleshopping. (R,S)
2.00-2.50am GPs: Behind Closed Doors Doctors travel across the country. (R,S)

10.35-11.40pm Y Fets

FREEVIEW AND SATELLITE CHANNELS

ITV2

11.10am Charmed **12.10** Deal Or No Deal **1.10** Supermarket Sweep **2.10** The Floor **3.10** The Only Way Is Essex **4.10** The Real Housewives Of Potomac **5.00** The Real Housewives Of Beverly Hills **6.00** Celebrity Catchphrase **7.00** The Floor **8.00** The 1% Club **9.00 NEW EPISODE!** The Only Way Is Essex. The group's holiday in Albania continues. Junaid proposes to Joe – but will he say yes? **10.00** Family Guy **11.30** American Dad! **12.35** Bob's Burgers **1.30** Plebs **1.55** Deep Fake Neighbour Wars **2.20-3am** Unwind With ITV

ITV3

11.35am Heartbeat **1.35** Midsomer Murders **3.35** Classic Emmerdale **4.40** Classic Coronation Street **5.50** Heartbeat **8.00** Midsomer Murders. A killer uses ancient torture methods to punish modern-day 'sinners'. **10.00** Grantchester. A familiar face arrives unannounced at the vicarage. **11.55** Trial & Retribution **1.55** George And Mildred **2.20-2.30am** Unwind With ITV

ITV4

11.20am Robin Of Sherwood **12.25** Magnum, PI **2.35** The Casebook Of Sherlock Holmes **3.45** Boon **4.50** The Professionals **5.55** Minder **7.00** Formula E Highlights **8.00** The Motorbike Show **9.00 FILM** Apollo 13. Fact-based drama, starring Tom Hanks. (1995) **11.50 NEW EPISODE!** Star Trek: Strange New Worlds **1.00** Lost **1.50** Motorsport UK **2.45-3am** Unwind With ITV

BBC THREE

7pm NEW EPISODE! The Catch Up **7.05** Deadly 60 **8.00** The Great British Sewing Bee **9.00** Top Gear **10.00** Silent Witness **12.00 FILM** Red Eye (2005) **1.15** OnlyFans: Inside The Machine **2.15** My Insta Scammer Friend **3.00-4am** Vigil

BBC FOUR

7pm The Architecture The Railways Built **7.40** The Flying Gardener **7.55** The Art Of Spain **9.00** Mastermind **9.30** Call My Bluff **10.00** Art On The BBC: Michelangelo – The Good, The Bad And The Ugly **11.00** Art & Design: The Journey – Arena **11.25** Wainwright: The Man Who Loved The Lakes **12.25** The Flying Gardener **12.40** The Art Of Spain **1.40** Art & Design: The Journey – Arena **2.05-3.05am** Art On The BBC: Michelangelo – The Good, The Bad And The Ugly

E4

12noon The Simpsons **2.00** Brooklyn Nine-Nine **3.00** Modern Family **5.00** The Simpsons **6.30** Hollyoaks **7.30** The Simpsons **8.00** The Great Celebrity Bake Off for Stand Up to Cancer **9.00 NEW EPISODE!** Below Deck Down Under **10.00** Gogglebox **11.00** First Dates **12.05** Naked Attraction **1.10** Below Deck Down Under **2.10** Vanderpump Rules **3.00** Ramsay's Kitchen Nightmares USA **3.55** The Simpsons **4.20** The Goldbergs **5.10-6am** Brooklyn Nine-Nine

MORE4

11.35am Four In A Bed **12.40** Come Dine With Me. Dinner parties. **3.20** Four In A Bed **5.50** Car S.O.S. Double bill. **7.55** Grand Designs **9.00 NEW!** Celebrity PopMaster TV **10.00** 24 Hours In A&E **12.05** 999: On The Front Line **1.10** 24 Hours In A&E **3.20-3.50am** A Place In The Sun

FILM4

11am The Son Of Robin Hood (1958) **12.40** The Comancheros (1961) **2.50** Man In The Saddle (1951) **4.35** Charade (1963) **6.50** Fisherman's Friends: One And All (2022) **9.00** Brassed Off. Drama, starring Pete Postlethwaite. (1996) **11.10** Glass (2019) **1.45-3.45am** Cuban Fury (2014)

TALKING PICTURES

11.35am FILM Live It Up (1963) **1.00** Richard The Lionheart **1.35 FILM** Sleeping Car To Trieste (1948) **3.30** Discovering Westerns **5.00 FILM** Doctor In Love (1960) **7.00** The Footage Detectives **8.00** Maigret **9.50 FILM** The Key (1958) **12.25 FILM** Breathless (1960) **2.15 FILM** The Killings At Outpost Zeta (1980) **4.05** Le Mans Car Racing **4.25** The Veil **5.00-6am** The Man From UNCLE

GREAT! ACTION

1pm The Unit **2.00** Burn Notice **4.00 FILM** Stonados (2013) **6.00** The Unit **7.00** Burn Notice **9.00 FILM** Parker. Action thriller, starring Jason Statham. (2013) **11.30** The Avengers **12.30** The New Avengers **1.30** The Persuaders! **2.30 FILM** NYC: Tornado Terror (2008) **4.05** Coast Guard Alaska **4.50** Air Rescue **5.40-6am** Good News On GREAT! Extra

TUESDAY 18 AUGUST

BBC1

HD: Freeview 101 Sky 101 Virgin 101 FreeSat 101

6.00 am Breakfast (S)
9.30 Countryfile Treasures (R,S)
10.30 Garden Rescue Creating a Moroccan-inspired courtyard garden. (R,S)
11.15 Homes Under The Hammer The progress of properties in Derby, North Shields and Norwich. (S)
12.15 Bargain Hunt Philip Serrell and Tim Weeks assist the teams at an antiques centre in Devon. (R,S)

9pm Celebrity MasterChef

1.00 BBC News At One (S)
2.00 Money For Nothing (S)
2.45 Escape To The Country (S)
3.30 The Repair Shop (R,S)
4.30 The Answer Run (S)
5.15 Pointless (R,S)
6.00 BBC News At Six (S)
6.30 BBC Regional News (S)
7.00 The One Show Roman Kemp and Lauren Laverne present a mix of nationwide reports and live studio-based chat. (S)
7.30 SOAP EastEnders Ravi turns to Zack for advice. (S)
8.00 The Great British Sewing Bee (6/10) Sophie Willan hosts children's week, with the contestants following a pattern for a tutu, creating made-to-measure superhero outfits and repurposing fleece into cuddly toys. (S)
9.00 NEW Celebrity MasterChef (1/15) Joe Pasquale, Jason Mohammad, Emily Campbell, Shakira Khan and Jay McGuiness compete. (S)
10.00 BBC News At Ten (S)
10.30 BBC Regional News (S)
10.40 FILM The Untouchables Brian De Palma's crime thriller, with Kevin Costner and Robert De Niro. (1987) ★★★★★ (S)
12.35 The Hit List (R,S)
1.25-6am BBC News (S)

BBC2

HD: Freeview 102 Sky 102 Virgin 102 FreeSat 102

6.30 am Escape To The Country Alistair Appleton helps a family find a home with land for horses in Aberdeenshire. (R,S)
7.15 Money For Nothing Transforming a large bookcase. (R,S)
8.00 Sign Zone: The Great British Sewing Bee The sewers tackle the wide world of sport. (R,S,SL)
9.00 BBC News (S)

7.30pm Race Against The Tide

1.00 Richard Osman's House Of Games (R,S)
1.30 The Finish Line (R,S)
2.15 Do You Know Your Place? Quiz show. (R,S)
2.45 Animal Park Summer (R,S)
3.30 Serengeti II (R,S)
4.30 Vintage Antiques Roadshow (R,S)
5.15 Flog It! (R,S)
6.00 Richard Osman's House Of Games (R,S)
6.30 Bear Grylls: Wild Reckoning (R,S)
7.00 Nigellissima (3/6) (R,S)
7.30 NEW Race Against The Tide (1/6) Sand sculpting competition. (S)
8.00 NEW Saving Lives At Sea (1/10) There's a 999 call about a fisherman who has fallen overboard. (S)
9.00 NEW Emergency 24/7 (1/6) A look at the emergency department at Southmead Hospital, Bristol. (S)
10.00 Live At The Apollo (6/7) Stand-up comedy. (R,S)
10.30 Newsnight (S)
11.05 The Vampire Lestat: Interview With The Vampire (5/7) (S)
11.55 The Vampire Lestat: Interview With The Vampire (6/7) (S)
12.50 Sign Zone: Uncanny (R,S,SL)
1.50-2.35am Captive Audience: A Real American Horror Story (R,S,SL)

ITV1

HD: Freeview 103 Sky 103 Virgin 103 FreeSat 103

6.00 am Good Morning Britain Morning magazine featuring a lively mix of news and current affairs, plus health, entertainment and lifestyle features. (S)
10.00 This Morning Daily magazine, featuring a mix of celebrity chat, showbusiness news, lifestyle features, discussion, health advice and more. (S)

7.30pm Inside The Langham...

1.30 ITV Lunchtime News (S)
1.55 Regional News (S)
2.00 Dickinson's Real Deal (R,S)
3.00 Deal Or No Deal (R,S)
4.00 Tipping Point (R,S)
5.00 The Chase (R,S)
6.00 Regional News (S)
6.30 ITV Evening News (S)
7.30 Inside The Langham: Britain's First Grand Hotel (5/6) Reception supervisor Rodrigo welcomes a dancing idol of his. (S)
8.00 SOAP Emmerdale Joe has a surprise for everyone. (S)
8.30 SOAP Coronation Street Kit leaves Sarah to deal with Kacey's threat. (S)
9.00 True Crime Presents: No Escape – Married To A Stalker The murder of Raneem Oudeh by her ex-partner. (S)
10.00 ITV News (S)
10.30 Regional News (S)
10.45 FILM Octopussy James Bond investigates the mysterious death of a fellow agent in East Berlin and uncovers a plot to start a third world war. Spy adventure, starring Roger Moore. (1983) ★★ (S)
1.10 Shop On TV
3.00 The Summit (R,S,SL)
3.50 Unwind With ITV (S)
5.05-6am Long Lost Family: Born Without Trace – What Happened Next (R,S,SL)

CHANNEL 4

HD: Freeview 104 Sky 104 Virgin 104 FreeSat 126
Wales: Freeview 110 Sky 108 Virgin 108 FreeSat 106

6.30 am The King Of Queens American comedy starring Kevin James. (R,S)
7.45 Everybody Loves Raymond Ray Romano stars. (R,S)
9.10 Frasier (R,S)
11.10 Ramsay's Kitchen Nightmares USA (R,S)
12.05 C4 News (S)
12.10 Find It, Fix It, Flog It Henry and Simon meet a man who has been collecting since childhood. (R,S)

8pm The Great ADHD Myth?

1.10 The Great House Giveaway Property show. (R,S)
2.10 Countdown (S)
3.00 A Place In The Sun (R,S)
4.00 The Great B&B Challenge Nichola and Roy welcome their first guests. (R,S)
5.00 Château DIY (R,S)
6.00 American Pickers (R,S)
7.00 C4 News (S)
8.00 NEW The Great ADHD Myth? Psychiatrist and writer Max Pemberton challenges conventional thinking about ADHD, to investigate if the rise in diagnoses is down to genuine disorder or a result of other traits. (S)
9.00 Celebrity Hunted Gloria Hunniford provides a safe haven for two fugitives. The hunters track two runners to a Leeds show bar, and close in on a capture in Scotland. (S)
10.00 Gogglebox I'm a Celebrity... Get Me Out of Here! comes under scrutiny. (R,S)
11.05 Secret Lives Of Gypsy Wives Trewley's first rap song enjoys mixed success, and her Christmas present for her mum misfires. (R,S)
12.05 Building Monaco's Superhomes (R,S,SL)
1.05 Ramsay's Hotel Hell (R,S,SL)
1.55-2.45am The Piano (R,S,SL)

CHANNEL 5

HD: Freeview 104 Sky 105 Virgin 105 FreeSat 105

6.00 am Milkshake!
9.15 Jeremy Vine The broadcaster and guests discuss the issues of the day, with phone-ins and viewers' correspondence. (S)
11.30 Storm & Alexis Discussion and debate. (S) Followed by **5 News**
12.50 Matt Allwright Debate on the day's biggest stories and consumer advice. (S)

9pm The Georgians With Rob...

2.20 FILM Living Next To Danger Thriller, starring Kristi Murdock. (2023) ★★ (S)
4.00 Castle (R,S)
4.55 Love Nature (R,S)
5.00 5 News With Dan Walker (S)
6.00 Gibraltar: Jewel Of The Med (R,S) Followed by **5 News Update**
7.00 Police Interceptors Two men in a van embark on a dangerous race. (R,S) Followed by **5 News**
8.00 Motorway Cops: Catching Britain's Speeders An uninsured Mercedes van refuses to stop on the M6, leading officers on a dangerous pursuit before patrols force it off the road and arrest the suspected drink-driver. (S)
9.00 NEW The Georgians With Rob Rinder & Ruth Goodman Rob and Ruth look at the coronation of King George IV in 1820 – one of the most lavish and controversial royal events in British history. (S)
10.30 James Bulger: The Trial The story of the 1993 murder trial of Jon Venables and Robert Thompson. (R,S)
12.05 Serial Killer Wives (R,S)
1.00 Cruise TV With LoveitBookit Teleshopping. (R,S)
2.00-2.50am GPs: Behind Closed Doors Documentary. (R,S)

REGIONAL VARIATIONS

BBC ONE NORTH WEST As main BBC ONE except: 1.35-1.45pm North West Today; Weather **BBC TWO WALES As main BBC TWO except: 7.00-7.30pm** SOS: Extreme Rescues **S4C 6am** Cyw **12noon** Newyddion S4C A'r Tywydd **12.05pm** Codi Pac **12.30** Heno **1.00** Bwrdd I Dri **1.30** Arfordir Cymru: Sir Benfro **2.00** Newyddion S4C A'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion S4C A'r Tywydd **3.05** Gwesty Aduniad **4.00** Awr Fawr: Blociau Lliw **4.05** Awr Fawr: Twm Twrch **4.15** Awr Fawr: Fferm Fach **4.30** Awr Fawr: Blero Yn Mynd I Ocido **4.45** Awr Fawr: Byd Tad-Cu **5.00** Stwnsh: Dreigiau – Marchogion Berc **5.25** Stwnsh: Y Smyrffs **5.40** Stwnsh: Un Cwestiwn **6.00** Y Ci Perffaith **6.30** Codi Hwyl **7.00** Heno **7.30** Newyddion S4C A'r Tywydd **8.00** Pobol Y Cwm **8.25** Nol O'r Dibyn Gyda Iolo Williams **8.55** Newyddion S4C A'r Tywydd **9.00** Siwrna Scandi Chris **10.00** Iaith Ar Daith **11pm-12.05am** Y Cosmos

FREEVIEW AND SATELLITE CHANNELS

ITV2

11.10am Charmed **12.10** Deal Or No Deal **1.10** Supermarket Sweep **2.10** The Floor **3.10** The Only Way Is Essex **4.10** The Real Housewives Of Potomac **5.00** The Real Housewives Of Beverly Hills **6.00** Celebrity Catchphrase **7.00** The Floor **8.00** The 1% Club **9.00 NEW EPISODE!** Olivia Attwood: The Price Of Perfection **10.00** Family Guy **11.35** American Dad! **12.35** Bob's Burgers **1.30** Plebs **1.55** Deep Fake Neighbour Wars **2.20-3am** Unwind With ITV

ITV3

11.30am Heartbeat **1.35** Midsomer Murders **3.35** Classic Emmerdale **4.40** Classic Coronation Street **5.50** Heartbeat **8.00** Vera **10.00** Grantchester **11.50** Trial & Retribution **1.55** George And Mildred **2.20-2.30am** Unwind With ITV

ITV4

11.25am Robin Of Sherwood **12.25** Magnum, PI **2.35** The Casebook Of Sherlock Holmes **3.45** Boon **4.50** The Professionals **5.55** Minder **7.00** The Motorbike Show **8.00** The Grand Fishing Adventure **9.00** Ice Road Truckers **10.00 NEW EPISODE!** All Elite Wrestling: Collision **12.00** Dark Side Of The Ring **12.55** Benidorm **1.50** BattleBots **2.45-3am** Unwind With ITV

BBC THREE

7pm NEW EPISODE! The Catch Up **7.05** Deadly 60 **8.00** Top Gear **9.00 FILM** Mission: Impossible 2. Action thriller sequel, starring Tom Cruise. (2000) **11.00 FILM** Mission: Impossible III (2006) **12.55** FIFA World Cup 2026 **1.30** Man Like Mobeen **2.45-3.45am** Vigil

BBC FOUR

7pm The Architecture The Railways Built. Tim Dunn visits Ribblehead Viaduct in the Yorkshire Dales. **7.45** The Flying Gardener. Creating stunning vistas using trees. **8.00** To The Manor Born. Audrey and DeVere clash over church. **8.30** Keeping Up Appearances **9.00** Rise Of The Clans **10.00** Britain In Focus: A Photographic History **11.00** The Secret Genius Of Plants **11.55** Deep, Down And Dirty: The Science Of Soil **12.50** Britain In Focus: A Photographic History **1.50** The Flying Gardener **2.05-3.05am** Rise Of The Clans

E4

12noon The Simpsons **2.00** Brooklyn Nine-Nine **3.00** Modern Family **5.00** The Simpsons **6.30** Hollyoaks **7.30** The Simpsons **8.00 NEW EPISODE!** Vanderpump Rules **9.00 NEW EPISODE!** Below Deck Down Under **10.00** First Dates **11.05** Gogglebox **12.10** Naked Attraction **1.15** Below Deck Down Under **2.10** Vanderpump Rules **3.00** Ramsay's Kitchen Nightmares USA **3.50** The Simpsons **4.15** The Goldbergs **5.05-6am** Brooklyn Nine-Nine

MORE4

11.35am Four In A Bed **12.40** Come Dine With Me **3.20** Four In A Bed **5.50** Car S.O.S **7.55** Grand Designs **9.00 NEW SERIES!** PopMaster TV **10.00** 24 Hours In A&E **12.05** 999: On The Front Line **1.10** 24 Hours In A&E **3.20-3.50am** A Place In The Sun

FILM4

11am The Kid Who Would Be King (2019) **1.20** The Woodlanders (1997) **3.15** Shenandoah (1965) **5.20** The Lost World (1960) **7.15** Horizon Line. Thriller, starring Allison Williams. (2020) **9.00** 65. Sci-fi adventure, starring Adam Driver. (2023) **10.50** The Woman King (2022) **1.30-3.35am** Ravenous (1999)

TALKING PICTURES

10.45am FILM The Strange Love Of Martha Ivers (1946) **1.00** The Adventures Of William Tell **1.35 FILM** Green For Danger (1946) **3.25** What's On TPTV With Noel **3.35** The Bespoke Overcoat **4.20 FILM** The Gentle Sex (1943) **6.10** Look At Life **6.25** Whiplash **6.55** The Man From UNCLE **7.55** Buccaneer **9.00 FILM** A Dandy In Aspic. Spy thriller, starring Laurence Harvey. (1968) **11.10** Fortean TV **11.45** Legend Of The Witches **1.25 FILM** At War With The Army (1950) **3.15** Tales Of Frankenstein **3.50** Look At Life **4.00-5am** Target: The Corruptors

GREAT! ACTION

1pm The Unit **2.00** Burn Notice **4.00 FILM** Predestination (2014) **6.00** The Unit **7.00** Burn Notice **9.00 FILM** The Vault. Thriller, starring Freddie Highmore. (2021) **11.25** The Avengers **12.25** The New Avengers **1.25** The Persuaders! **2.25 FILM** Firequake (2014) **4.00-4.45am** Coast Guard Alaska

WEDNESDAY 19 AUGUST

BBC1

HD: Freeview 101 Sky 101 Virgin 101 FreeSat 101

6.00 am Breakfast (S)
9.30 Countryfile Treasures John Craven explores the history of the River Nidd. (R,S)
10.30 Garden Rescue (R,S)
11.15 Homes Under The Hammer Properties in Staffordshire, Nottinghamshire and Liverpool. (S)
12.15 Bargain Hunt Teams compete in the Herefordshire market town of Leominster. (R,S)

8pm Fake Or Fortune? What...

1.00 BBC News At One (S)
2.00 Money For Nothing (S)
2.45 Escape To The Country From the Scottish Highlands. (R,S)
3.30 The Repair Shop (R,S)
4.30 The Answer Run (S)
5.15 Pointless (R,S)
6.00 BBC News At Six (S)
6.30 BBC Regional News (S)
7.00 The One Show Presented by Clara Amfo and JB Gill. (S)
7.30 SOAP EastEnders It is the day of Cindy and Kim's hen dos. (S)
8.00 Fake Or Fortune? What Happened Next An update on a 2018 edition exploring whether two sketchbooks found in a garden shed in France were really the work of Toulouse-Lautrec. (S)
9.00 Celebrity MasterChef (2/15) Joe Pasquale, Jason Mohammad, Emily Campbell, Shakira Khan and Jay McGuiness cook for Paddy McGuinness. (S)
10.00 BBC News At Ten (S)
10.30 BBC Regional News (S)
10.40 MOTD: UEFA Champions League Action from the play-off round first-leg. (S)
11.30 FILM PREMIERE Monkey Man Action thriller, starring Dev Patel and Sharlto Copley. (2024) ★★★★ (S)
1.30-6am BBC News (S)

REGIONAL VARIATIONS

S4C 6am Cyw **11.00-12noon** Camau Bach **11.00** Abadas **11.15** Cywion Bach **11.20** Caru Canu A Stori **11.30** Octonots **11.45** Jen A Jim A'r Cywiadur

BBC2

HD: Freeview 102 Sky 102 Virgin 102 FreeSat 102

6.15 am Homes Under The Hammer The progress of properties in Derby, North Shields and Norwich. (R,S)
7.15 Money For Nothing Bag-maker Neil jumps at the chance to save an inflatable castle. (R,S)
8.00 Sign Zone: Great Japanese Railway Journeys (R,S,SL)
8.30 Great Continental Railway Journeys (R,S,SL)
9.00 BBC News (S)

10pm Couples Therapy

1.00 Richard Osman's House Of Games (R,S)
1.30 The Finish Line (R,S)
2.15 Do You Know Your Place? Quiz show. (R,S)
2.45 Animal Park Summer (R,S)
3.30 Serengeti II (R,S)
4.30 Vintage Antiques Roadshow (R,S)
5.15 Flog It! (R,S)
6.00 Richard Osman's House Of Games (R,S)
6.30 Bear Grylls: Wild Reckoning (R,S)
7.00 Today At The Test England v Pakistan. (S)
8.00 Digging For Britain (6/6) Alice Roberts explores archaeological treasures in the west of Britain. (R,S)
9.00 NEW Murder Trial: Death Of A Dog Walker (2/2) Part two of two. With Brian Low's family seeking justice and answers, David Campbell takes the stand to defend himself. (S)
10.00 NEW Couples Therapy (1/9) Dr Orna Guralnik talks Marjorie and Jason through their differences. (S)
10.30 Newsnight (S) Followed by **Weather**
11.05 Couples Therapy (S)
12.05 Buried With Michael Sheen Part one of two. (R,S)
1.05 Sign Zone: Amityville: An Origin Story (R,S,SL)
1.55-2.55am Evolution (R,S,SL)

12noon Newyddion S4C A'r Tywydd **12.05pm** Cartrefi Cymru **12.30** Heno **1.00** Lowri Morgan: Her 333 **1.30** Garddio A Mwy **2.00** Newyddion S4C A'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion S4C A'r Tywydd **3.05** Siwrna Scandi Chris **4.00** Awr Fawr: Howie

ITV1

HD: Freeview 103 Sky 103 Virgin 103 FreeSat 103

6.00 am Good Morning Britain Morning magazine featuring a lively mix of news and current affairs, plus health, entertainment and lifestyle features. (S)
10.00 This Morning Daily magazine, featuring a mix of celebrity chat, showbusiness news, lifestyle features, topical discussion, health advice and more. (S)

9pm Professor T

1.00 ITV Lunchtime News (S)
1.20 Regional News (S)
1.30 LIVE ITV Racing: From York Day one of the Ebor Meeting. (S)
4.30 Tipping Point: Best Ever Finals (R,S)
5.00 The Chase (R,S)
6.00 Regional News (S)
6.30 ITV Evening News (S)
7.30 Inside The Langham: Britain's First Grand Hotel (6/6) (S)
8.00 SOAP Emmerdale Kev makes a confession. (S)
8.30 SOAP Coronation Street Idris coaches Ollie ahead of the poker night at Speed Daal. (S)
9.00 NEW Professor T (1/6) Drama, starring Ben Miller and Barney White. (S)
10.00 ITV News (S)
10.30 Regional News (S)
10.45 Long Lost Family: Born Without Trace – What Happened Next (R,S)
11.40 British Touring Car Championship Highlights Highlights. (S)
1.05 Shop On TV
3.00 Love & Death (R,S)
3.50 Inside The Langham: Britain's First Grand Hotel Rodrigo welcomes a dancing idol of his. (R,S,SL)
4.15 Unwind With ITV (S)
5.30-6am Tom Kerridge Cooks Italy (R,S,SL)

4.05 Awr Fawr: Dreigiau Cadi **4.20** Awr Fawr: Pentre Papur Pop **4.30** Awr Fawr: Ein Byd Bach Ni **4.40** Awr Fawr: Waw! **5.00** Stwnsh: Li Ban **5.15** Stwnsh: Gwrach Y Rhibyn **5.35** Stwnsh: Mabinogi-ogi **6.00** Dan Do **6.30** Adeiladu'r Freuddwyd: Camp Out West **7.00** Heno

CHANNEL 4

HD: Freeview 104 Sky 104 Virgin 104 FreeSat 126
Wales: Freeview 110 Sky 108 Virgin 108 FreeSat 106

6.30 am The King Of Queens Triple bill. (R,S)
7.45 Everybody Loves Raymond Three episodes. (R,S)
9.10 Frasier (R,S)
11.10 Ramsay's Kitchen Nightmares USA From Yonkers, New York (R,S)
12.05 C4 News (S)
12.10 Find It, Fix It, Flog It A mother and son hoping to restore a windmill in Lincolnshire. (R,S)

9pm Love You To Death

1.10 The Great House Giveaway From West Yorkshire. (R,S)
2.10 Countdown (S)
3.00 A Place In The Sun (R,S)
4.00 The Great B&B Challenge Michelle's curdled curry leaves a bad taste. (R,S)
5.00 Château DIY (R,S)
6.00 American Pickers (R,S)
7.00 C4 News (S)
8.00 Extraordinary Extensions A Croydon couple build a barn extension inspired by their passions for cars and crafts. Plus, a revisit to a Manchester property to see whether a glass extension has been a success. (S)
9.00 NEW Love You To Death (1/3) New series. The story of Lisa Hayden-Johnson's shocking deception, during which she fabricated her son Matthew's illness. Continues tomorrow. (S)
10.00 NEW Outback Murder Highway (1/4) Crime documentary investigating killings along a 500-mile Australian road. (S)
11.05 Outback Murder Highway (2/4) The murder of three motorcyclists. (S)
12.05 Murder Case: The Digital Detectives (R,S,SL)
1.00-2.50am Celebrity Hunted A couple of fugitives pop up live on the BBC. (R,S,SL)

7.30 Newyddion S4C A'r Tywydd **8.00** Pobol Y Cwm **8.25** Cartrefi Cymru **8.55** Newyddion S4C A'r Tywydd **9.00** Priodas Pum Mil **10.00** Y Deis **10.30-11.35pm** Ty Ffit

CHANNEL 5

HD: Freeview 104 Sky 105 Virgin 105 FreeSat 105

6.00 am Milkshake!
9.15 Jeremy Vine The broadcaster and guests discuss the issues of the day, with phone-ins. (S)
11.30 Storm & Alexis Discussion and debate, presented by Storm Huntley. (S) Followed by **5 News**
12.50 Matt Allwright Debate on the day's biggest stories, and advice to help viewers save money. (S)

9pm 999: Critical Condition

2.20 FILM The Body In The Attic Thriller, starring Abigail Hawk. (2023) ★★★ (S)
4.00 Castle (R,S)
4.55 Love Nature (R,S)
5.00 5 News With Dan Walker The day's headlines. (S)
6.00 Capri: Jewel Of The Med (R,S) Followed by **5 News Update**
7.00 Car Pound Cops (8/8) Tracking cars as they are seized for a variety of offences. (R,S) Followed by **5 News Update**
8.00 Casualty 24/7: Every Second Counts Dr Darya Pospyelova looks after a woman who has been bleeding from her nose for over three hours. (S)
9.00 999: Critical Condition (6/6) A man worries that he may never walk again after a road traffic accident. (S)
10.00 A&E: Crash Scene Emergency The work of University Hospital Coventry's trauma unit. (R,S)
11.05 Ambulance: Code Red A 64-year-old has collapsed at work with a suspected cardiac arrest. (R,S)
12.05 A&E After Dark (R,S)
1.00 Cruise TV With LoveitBookit Teleshopping. (R,S)
2.00-2.50am GPs: Behind Closed Doors (R,S)

FREEVIEW AND SATELLITE CHANNELS

ITV2

11.10am Charmed **12.10** Deal Or No Deal **1.10** Supermarket Sweep **2.10** The Floor **3.10** The Only Way Is Essex **4.10** The Real Housewives Of Potomac **5.00** The Real Housewives Of Beverly Hills **6.00** Celebrity Catchphrase **7.00** The Floor **8.00** The 1% Club. Quiz show. **9.00** Family Guy **11.35** American Dad! **12.35** Bob's Burgers **1.30** G'wed **1.55** Transaction **2.20-3am** Unwind

ITV3

11.30am Heartbeat **1.35** Midsomer Murders **3.35** Classic Emmerdale **4.40** Classic Coronation Street **5.50** Heartbeat **8.00** Midsomer Murders. A man is mauled. **10.00** Grantchester **11.50** Trial & Retribution. Crime drama. **1.55** George And Mildred **2.20-2.30am** Unwind With ITV

ITV4

11.25am Robin Of Sherwood **12.30** Magnum, PI **2.35** The Casebook Of Sherlock Holmes **3.45** Boon **4.50** The Professionals **5.55** Minder **7.00** The Motorbike Show **8.00** Who Wants To Be A Millionaire? Christmas Special **9.00 FILM** RoboCop 3. Sci-fi thriller sequel, starring Robert Burke and Nancy Allen. (1993) **11.05** All Elite Wrestling: Collision **1.05** Benidorm **2.00-3am** BattleBots

BBC THREE

7pm NEW EPISODE! The Catch Up **7.05** Deadly 60 **8.00 FILM** Mission: Impossible. Action thriller, starring Tom Cruise and Jon Voight. (1996) **9.45 NEW EPISODE!** Guy Montgomery's Guy Mont Spelling Bee **11.20 FILM** Yesterday (2019) **1.05** Ladhood **2.45-3.45am** Vigil

BBC FOUR

7pm Villages By The Sea **7.30** Canal Boat Diaries **8.00 NEW!** Simon Sebag Montefiore Remembers – Rome: A History Of The Eternal City. Simon Sebag Montefiore looks back at the series on the iconic city of Rome. **8.15** Rome: A History Of The Eternal City **9.15** Mary Beard's Ultimate Rome: Empire Without Limit. A look at the Roman Empire. **10.15** I, Claudius **12.00** The Australian Wars **12.55** Canal Boat Diaries **1.25** Rome: A History Of The Eternal City **2.25** Villages By The Sea **2.55-3.55am** Mary Beard's Ultimate Rome: Empire Without Limit

E4

12noon The Simpsons **2.00** Brooklyn Nine-Nine **3.00** Modern Family **5.00** The Simpsons **6.30** Hollyoaks **7.30** The Simpsons **8.00 NEW EPISODE!** Vanderpump Rules. The cast reunite to discuss the events of the season. **9.00** Gogglebox **11.05** First Dates **12.10** Naked Attraction **1.15** Gogglebox **2.15** Vanderpump Rules **3.05** The Simpsons **3.30** Brooklyn Nine-Nine **4.20** The Goldbergs **5.10-6am** Ramsay's Kitchen Nightmares USA

MORE4

11.35am Four In A Bed **12.40** Come Dine With Me **3.20** Four In A Bed **5.50** Car S.O.S **7.55** Grand Designs **9.00** The Roman Empire By Train With Alice Roberts **10.00** 24 Hours In A&E **12.10** 999: On The Front Line **1.15** 24 Hours In A&E **3.25-3.55am** A Place In The Sun

FILM4

11am Dora And The Lost City Of Gold (2019) **1.05** Journey To The Center Of The Earth (1959) **3.55** Von Ryan's Express (1965) **6.25** Moonfall (2022) **9.00** Fury. Second World War drama, starring Brad Pitt. (2014) **11.40pm-2.50am PREMIERE** The Beast (2023)

TALKING PICTURES

11.20am FILM The Interrupted Journey (1949) **1.00** The Buccaneers **1.35 FILM** Ring Of Spies (1964) **3.20** Look At Life **3.35** I Couldn't Have Believed It! **3.45** Dial 999 **4.20 FILM** The End Of The Affair (1955) **6.30** Give Us A Clue **7.00** Out Of Town **7.35 FILM** Genevieve. Comedy, starring Dinah Sheridan. (1953) **9.20 FILM** The Story Of Esther Costello. Drama, starring Joan Crawford. (1957) **11.25 FILM** Open Fire (1994) **1.35 FILM** The Resurrection Of Zachary Wheeler (1971) **3.40** Melodies Of The Moment: Glimpses **4.00** Stagecoach West **5.00-6am** The Man From UNCLE

GREAT! ACTION

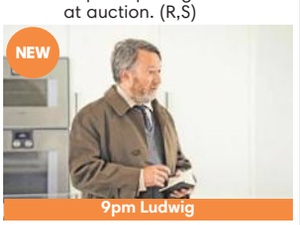
12.50pm The Unit **1.50** Burn Notice **3.50 FILM** Battle For The Skies (2013) **6.00** The Unit **7.00** Burn Notice **9.00 FILM** Pistol Whipped. Action thriller, starring Steven Seagal. (2008) **11.15** The Avengers **12.15** The New Avengers **1.15** The Persuaders! **2.15 FILM** Meteor Storm (2010) **3.45** Air Rescue **4.10** Good News On GREAT! Extra **4.20-6am** Air Rescue

THURSDAY 20 AUGUST

BBC1

HD: Freeview 101 Sky 101 Virgin 101 FreeSat 101

6.00 am Breakfast (S)
9.30 Countryfile Treasures John Craven tells the story of three women. (R,S)
10.30 Garden Rescue (R,S)
11.15 Homes Under The Hammer Featuring properties in Newcastle-under-Lyme, Stafford and Worthing. (S)
12.15 Bargain Hunt Two teams scour Ardingly antiques fair to pick up bargains to sell at auction. (R,S)



9pm Ludwig

1.00 BBC News At One (S)
2.00 Money For Nothing (S)
2.45 Escape To The Country From Cornwall. (R,S)
3.30 The Repair Shop (R,S)
4.30 The Answer Run (S)
5.15 Pointless (R,S)
6.00 BBC News At Six (S)
6.30 BBC Regional News (S)
7.00 The One Show With Roman Kemp and Clara Amfo. (S)
7.30 SOAP EastEnders Priya takes advice from an unlikely source. (S)
8.00 Dragons' Den (8/14) Evan Davis presents as entrepreneurs pitch water-saving powder-to-liquid hair care, traditional confectionery, handcrafted spice blends and a travel start-up. (S)
9.00 NEW Ludwig (1/6) A murder at a theatre sees John take centre stage. (S)
10.00 BBC News At Ten (S)
10.30 BBC Regional News (S)
10.40 NEW The Truth About My Murder New series. The police investigation into a murder at Wentwood Forest in 1996. (S)
11.20 NEW The Truth About My Murder The discovery of a body in a suitcase next to the M4 motorway. (S)
12.40 Alan Carr's Picture Slam Game show. (R,S)
1.30-6am BBC News (S)

REGIONAL VARIATIONS

BBC ONE WALES As main BBC ONE except: 12.40am Buried With Michael Sheen **1.40-6am** BBC News **S4C 6am** Cyw **12noon** Newyddion S4C A'r Tywydd

BBC2

HD: Freeview 102 Sky 102 Virgin 102 FreeSat 102

6.30 am Escape To The Country Jules Hudson helps a couple find a family home in Herefordshire. (R,S)
7.15 Money For Nothing Sarah Moore is on the lookout for items she can save and sell on at Witley recycling centre in Surrey. (R,S)
8.00 Sign Zone: Gardeners' World Monty Don has a radical re-think. (R,S,SL)
9.00 BBC News (S)

9pm A House Through Time

1.00 Richard Osman's House Of Games (R,S)
1.30 The Finish Line (R,S)
2.15 Do You Know Your Place? Quiz show. (R,S)
2.45 Animal Park Summer (R,S)
3.30 Serengeti II (R,S)
4.30 Vintage Antiques Roadshow (R,S)
5.10 Flog It! (R,S)
6.00 Richard Osman's House Of Games (R,S)
6.30 Richard Osman's House Of Games (R,S)
7.00 Today At The Test England v Pakistan. (S)
8.00 The Big Deal With Steph McGovern (2/6) The remaining six pairs team up to source and sell artwork for homes. (S)
9.00 A House Through Time (2/4) The lives of Victorian-era residents of the house on Calton Hill are assessed. (S)
10.00 Red Dwarf (2/6) The Inquisitor arrives. (R,S)
10.30 Newsnight (S) Followed by **Weather**
11.05 Emergency 24/7 (1/6) (R,S)
12.05 FILM Tár Drama, starring Cate Blanchett and Nina Hoss. (2022) ★★★ (S)
2.35-3.35am Sign Zone: The Mother Of All Cons Documentary examining the story behind charity Believe in Magic. (R,S,SL)

12.05pm Cais Quinnell **12.30** Heno **1.00** Codi Hwyl **1.30** Sgwrs Dan Y Lloer **2.00** Newyddion S4C A'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion S4C A'r Tywydd **3.05** Am Dro! **4.00** Awr Fawr: Caban Banana Gareth **4.05** Awr Fawr: Chwedlau Tinga Tinga

ITV1

HD: Freeview 103 Sky 103 Virgin 103 FreeSat 103

6.00 am Good Morning Britain Morning magazine featuring a lively mix of news and current affairs, plus health, entertainment and lifestyle features. (S)
10.00 This Morning Daily magazine, featuring a mix of celebrity chat, showbusiness news, lifestyle features, topical discussion and more. Including Local Weather. (S)

8.30pm Coronation Street

1.00 ITV Lunchtime News (S)
1.20 Regional News (S)
1.30 LIVE ITV Racing: From York Day two of the Ebor Meeting. (S)
4.30 Tipping Point: Best Ever Finals Compilation. (R,S)
5.00 The Chase (R,S)
6.00 Regional News (S)
6.30 ITV Evening News (S)
7.30 Tom Kerridge Cooks Italy (6/6) Tom explores Sicily's citrus heritage. (S)
8.00 SOAP Emmerdale Caleb tries to ruin Joe's day. (S)
8.30 SOAP Coronation Street Leanne has a go at Idris for gambling. (S)
9.00 The Chase Around The World (6/6) The teams land in the final city, Athens, where they must defeat all the Chasers. (S)
10.00 ITV News (S)
10.30 Regional News (S)
10.45 FILM Skyfall James Bond hunts the mastermind behind a terrorist attack on MI6, and discovers a former agent with revenge in mind. Action thriller, starring Daniel Craig and Javier Bardem. (2012) ★★★★★ (S)
1.20 Shop On TV
3.00 Love & Death (R,S)
4.00 Unwind With ITV (S)
5.05-6am Deal Or No Deal: Celebrity Special (R,S,SL)

4.20 Awr Fawr: Help Llaw **4.35** Awr Fawr: Mojo Swoptops **4.50** Awr Fawr: Annibendod **5.00** Stwnsh: Byd Rwtsh Dai Potsh **5.15** Stwnsh: Larfa **5.20** Stwnsh: Dyffryn Mwmin **5.45** Stwnsh: Cuddio **6.00** Cynefin **7.00** Heno **7.30** Newyddion S4C A'r Tywydd

CHANNEL 4

HD: Freeview 104 Sky 104 Virgin 104 FreeSat 126
Wales: Freeview 110 Sky 108 Virgin 108 FreeSat 106

6.30 am The King Of Queens Triple bill. (R,S)
7.45 Everybody Loves Raymond Three episodes. (R,S)
9.10 Frasier (R,S)
11.10 Ramsay's Kitchen Nightmares USA Gordon Ramsay assists the owners of a struggling restaurant in Brooklyn. (R,S)
12.05 C4 News (S)
12.10 Find It, Fix It, Flog It Fixing up a pinball machine. (R,S)

8pm Renovation Rescue

1.10 The Great House Giveaway A house bought at auction that's been condemned, not once but twice. (R,S)
2.10 Countdown (S)
3.00 A Place In The Sun (R,S)
4.00 The Great B&B Challenge The stress takes its toll at Michelle and Steve's Mad Hatter's tea party. (R,S)
5.00 Château DIY (R,S)
6.00 American Pickers (R,S)
7.00 C4 News (S)
8.00 Renovation Rescue In South Wales, a fed-up family complete their renovation themselves. (S)
9.00 Love You To Death (2/3) Lisa's world implodes as a truth is revealed: Matthew's illnesses are not as they seem. Matthew comes to terms with a new reality. (S)
10.00 Love You To Death (3/3) Matthew meets the professionals who worked on his case. (S)
11.05 Outback Murder Highway A look the disappearance of Tony Jones. (S)
12.05 Outback Murder Highway The disappearance of Jayden Penno-Tompsett. Last in the series. (S)
12.55 Crime Scene Cleaners The work of crime scene cleaners. (R,S,SL)
1.50-2.40am Ramsay's Kitchen Nightmares USA (R,S,SL)

8.00 Pobol Y Cwm **8.25** Gwlad Y Basg: Gwilym Bowen Rhys **8.55** Newyddion S4C A'r Tywydd **9.00** Sioe Sir Benfro 2026 **10.00** Taclo'r Ty **10.30-11.35pm** Yr Afon

CHANNEL 5

HD: Freeview 104 Sky 105 Virgin 105 FreeSat 105

6.00 am Milkshake!
9.15 Jeremy Vine The broadcaster and guests discuss the issues of the day, with phone-ins. (S)
11.30 Storm & Alexis Discussion and debate, presented by Storm Huntley. (S) Followed by **5 News**
12.50 Matt Allwright Debate on the day's biggest stories, and advice to help viewers save money. (S)

9pm Benidorm Is Murder

2.20 FILM Sins In The Family Thriller, starring Moniqua Plante. (2023) ★★ (S)
4.00 Castle (R,S)
4.55 Love Nature (R,S)
5.00 5 News With Dan Walker The day's headlines. (S)
6.00 Corsica: Jewel Of The Med (R,S) Cameras focus on the French island. Followed by **5 News Update**
7.00 Around The World In First Class (4/4) A visit to Hong Kong. (R,S) Followed by **5 News Update**
8.00 The Yorkshire Vet Matt Smith helps a cow who has suffered a prolapse. (S)
9.00 Benidorm Is Murder (4/6) Dennis and Rosa investigate the death of a former jackpot winner. (S)
10.00 Killer At The Crime Scene The murder of Karla Godoy, who vanished while on holiday in Peru. (R,S)
11.05 Fare Dodgers: At War With The Law Investigators hunt for a woman thought to owe more than £2,300 in unpaid fares. (R,S)
12.05 Street Cops: Catching The Yobs Officers chase a teen after finding a studded baseball bat. (R,S)
1.00 Cruise TV With LoveitBookit Teleshopping. (R,S)
2.00-2.55am GPs: Behind Closed Doors (R,S)

FREEVIEW AND SATELLITE CHANNELS

ITV2

11.10am Charmed **12.10** Deal Or No Deal **1.10** Supermarket Sweep **2.10** The Floor **3.10** The Only Way Is Essex **4.10** The Real Housewives Of Potomac **5.00** The Real Housewives Of Beverly Hills **6.00** Celebrity Catchphrase **7.00** The Floor **8.00** The 1% Club Kids Special **9.00** Romesh Ranganathan's Parents' Evening **10.00** Changing Ends **10.35** Family Guy **11.35** American Dad! **12.35** Bob's Burgers **1.30** Deal Or No Deal **2.20-3am** Unwind With ITV

ITV3

11.30am Heartbeat **1.35** Midsomer Murders **3.35** Classic Emmerdale **4.40** Classic Coronation Street **5.50** Heartbeat **8.00** Vera **10.00** Midsomer Murders **11.55** Trial & Retribution **1.55** George And Mildred **2.20-2.30am** Unwind With ITV

ITV4

11.30am Robin Of Sherwood **12.30** Magnum, PI **2.35** The Casebook Of Sherlock Holmes **3.45** Boon **4.50** The Professionals **5.50** Sharpe **8.00** Who Wants To Be A Millionaire? Celebrity Special **9.00** Benidorm **11.00 NEW EPISODE!** Black Sails **12.05** Hell's Kitchen **1.00** The Professionals **2.00-3am** Minder

BBC THREE

7pm NEW EPISODE! The Catch Up **7.05** Deadly 60 **8.00** Sort Your Life Out With Stacey Solomon. Stacey helps the Bufton family from Surrey declutter their home. **9.00 NEW EPISODE!** Better Date Than Never **10.00** He Had It Coming **1.15** A Good Girl's Guide To Murder **2.40** Better Date Than Never **3.40-3.55am** Calamity James

BBC FOUR

7pm Villages By The Sea **7.30** Canal Boat Diaries **8.00** The Bridge: Fifty Years Across The Forth **9.00 FILM** The French Connection (1971) **10.40** The Poughkeepsie Shuffle: Tracing 'The French Connection' **11.35 FILM** The Graduate (1967) **1.15** Canal Boat Diaries **1.45** The Poughkeepsie Shuffle: Tracing 'The French Connection' **2.40-3.10am** Villages By The Sea

E4

12noon The Simpsons. Animation. **2.00** Brooklyn Nine-Nine **3.00** Modern Family **5.00** The Simpsons **8.00 NEW EPISODE!** Vanderpump Rules. Last in the series. **9.00 NEW EPISODE!** Cruising Paradise: Above And Below Deck. Love is in the air on the Star Princess. **10.00** Gogglebox **11.05** First Dates **12.10** Naked Attraction **1.15** Cruising Paradise: Above And Below Deck **2.10** Vanderpump Rules **3.00** Ramsay's Kitchen Nightmares USA **3.50** The Goldbergs **4.40-6am** Brooklyn Nine-Nine

MORE4

11.35am Four In A Bed **12.40** Come Dine With Me **3.20** Four In A Bed **5.50** Car S.O.S **7.55** Grand Designs **9.00** 24 Hours In A&E **11.05** 999: On The Front Line **1.15** 24 Hours In A&E **3.25-3.55am** A Place In The Sun

FILM4

11am The Battle At Apache Pass (1952) **12.45** Ride Lonesome (1959) **2.20** Siege Of The Saxons (1963) **4.15** Cleopatra (1963) **9.00** Heat. Thriller, starring Robert De Niro and Al Pacino. (1995) **12.20** Chopper (2000) **2.15-4am** We're All Going To The World's Fair (2021)

TALKING PICTURES

10.30am FILM Scandal Sheet (1952) **12.10** The Bespoke Overcoat **12.55** Cinebox Memories **1.00** The Adventures Of Sir Lancelot **1.35** By The Dome It's Known **2.50 FILM** First Comes Courage (1943) **4.35 FILM** Albert RN (1953) **6.20** Strange But True **6.55** The Brothers **8.00** Mark Saber **8.30** The Wheeltappers And Shunters Social Club **9.20 FILM** Assault (1970) Thriller, starring Suzy Kendall. **11.10 FILM** Deux Hommes Dans La Ville (1973) **1.10 FILM** I, The Jury (1953) **2.55 FILM** Castle Sinister (1948) **4.00** Burke's Law **5.00-6am** The Man From UNCLE

GREAT! ACTION

10.50am FILM Hell River (1974) **1.00** The Unit **2.00** Burn Notice **4.00 FILM** Assault On Station 33 (2021) **5.50** Good News On GREAT! Extra **6.00** The Unit **7.00** Burn Notice **9.00 FILM** The Transporter Refueled. Action thriller sequel, starring Ed Skrein. (2015) **11.05** The Avengers **12.05** The New Avengers **1.05** The Persuaders! **2.05 FILM** Stonados (2013) Disaster movie, starring Paul Johansson. **3.40** Coast Guard Alaska **4.25** Air Rescue **5.40-6am** Good News On GREAT! Extra

FRIDAY 21 AUGUST

BBC1

HD: Freeview 101 Sky 101 Virgin 101 FreeSat 101

6.00 am Breakfast (S)
9.30 Countryfile Treasures Judi Dench joins Charlotte Smith in the grounds of Inveraray Castle. (R,S)
10.30 Garden Rescue (R,S)
11.15 Homes Under The Hammer Featuring properties in Plymouth, Stoke and Pembroke Dock. (R,S)
12.15 Bargain Hunt Eric Knowles presents from an antiques fair in Lewes. (S)

9.30pm Ann Droid

1.00 BBC News At One (S)
2.00 The Hairdresser Mysteries A mysterious American charms the village. Last in the series. (S)
2.45 Escape To The Country In Buckinghamshire. (R,S)
3.30 The Repair Shop (R,S)
4.30 The Answer Run (S)
5.15 Pointless (R,S)
6.00 BBC News At Six (S)
6.30 BBC Regional News (S)
7.00 The One Show Celebrity interviews and topical stories hosted by Angellica Bell and JB Gill. (S)
7.30 The Travelling Auctioneers (3/20) Globetrotter Jenny needs help clearing the family home. (R,S)
8.00 Celebrity MasterChef (3/15) The celebrities work in teams to serve up a three-course meal. (S)
9.00 Would I Lie To You? (5/9) With Richie Anderson, Chris McCausland, Taj Atwal and Katherine Parkinson. (R,S)
9.30 Ann Droid (6/6) Michael decides to return Linda, but Sue wonders if she can live without her. (S)
10.00 BBC News At Ten (S)
10.30 BBC Regional News (S)
10.40 FILM 27 Dresses Romantic comedy, starring Katherine Heigl and James Marsden. (2008) ★★★ (S)
12.30-6am BBC News (S)

BBC2

HD: Freeview 102 Sky 102 Virgin 102 FreeSat 102

6.15 am Homes Under The Hammer The progress of properties in Staffordshire, Nottinghamshire and Liverpool. (R,S)
7.15 Money For Nothing (R,S)
8.00 Sign Zone: A House Through Time David Olusoga charts history through the successive inhabitants of an Edinburgh house. (R,S,SL)
9.00 BBC News (S)

9pm Bergerac

1.00 Richard Osman's House Of Games Quiz show. (R,S)
1.30 The Finish Line (R,S)
2.15 Do You Know Your Place? Owain Wyn Evans, Greg Rutherford and Abby Cook visit Bangor. (R,S)
2.45 Animal Park Summer (R,S)
3.30 Serengeti II (R,S)
4.30 Flog It! (R,S)
5.00 LIVE Gymnastics: European Championships 2026 Coverage of the third day of the men's event. (S)
7.00 LIVE Athletics: Diamond League Lausanne The Athletissima. Coverage of the 12th meeting of the campaign, held at Stade Olympique de la Pontaise in Switzerland. (S)
9.00 Bergerac (6/6) The race is on to find Kim before she comes to harm. (S)
9.50 The Secret Genius Of Modern Life (R,S)
10.00 QI (10/18) (R,S)
10.30 Newsnight (S) Then **Weather**
11.05 FILM PREMIERE Silent Roar Comedy drama, starring Louis McCartney and Fiona Bell. (2023) ★★★ (S)
12.30 Today At The Test (R,S)
1.30 Sign Zone: Child Maintenance: Parents Under Pressure – Panorama (R,S,SL)
2.00-3am The Big Deal With Steph McGovern (R,S,SL)

ITV1

HD: Freeview 103 Sky 103 Virgin 103 FreeSat 103

6.00 am Good Morning Britain Morning magazine featuring a lively mix of news and current affairs, plus health, entertainment and lifestyle features. (S)
10.00 This Morning Magazine, featuring a mix of celebrity chat, showbusiness news, lifestyle features, health and beauty advice, topical discussion and more. Including Local Weather. (S)

10pm The Twisted Tale Of...

1.00 ITV Lunchtime News (S)
1.20 Regional News (S)
1.30 LIVE ITV Racing: From York Coverage of the third day of the Ebor Meeting, including feature race the Nunthorpe Stakes. (S)
4.30 Tipping Point: Best Ever Finals Endgames. (R,S)
5.00 The Chase (R,S)
6.00 Regional News (S)
6.30 ITV Evening News (S)
7.30 Abbey Clancy: Celebrity Homes (5/6) (R,S)
8.00 SOAP Emmerdale Jimmy sells his haulage business as he is struggling with financial pressures. (S)
8.30 SOAP Coronation Street Glenda, Mary, and Christina chide Todd for his heavy drinking. (S)
9.00 Who Wants To Be A Millionaire? Celebrity Special (R,S)
10.00 The Twisted Tale Of Amanda Knox (8/8) Amanda must confront the man who branded her a murderer. (S)
11.00 ITV News (S)
11.30 Regional News (S)
11.50 FILM Rush Hour Comedy adventure, starring Jackie Chan. (1998) ★★★ (S)
1.30 Shop On TV
3.00 Force Of Nature (R,S,SL)
3.50 Long Lost Family (R,S,SL)
4.45-6am Unwind With ITV (S)

CHANNEL 4

HD: Freeview 104 Sky 104 Virgin 104 FreeSat 126
Wales: Freeview 110 Sky 108 Virgin 108 FreeSat 106

6.30 am The King Of Queens Three episodes. (R,S)
7.45 Everybody Loves Raymond Three episodes. (R,S)
9.10 Frasier (R,S)
11.10 Ramsay's Kitchen Nightmares USA Gordon Ramsay heads Max's Bar & Grill in New Jersey. (R,S)
12.05 C4 News (S)
12.10 Find It, Fix It, Flog It The lads head to Birmingham. (R,S)

8pm Surgery Secrets Of The...

1.10 The Great House Giveaway A dated property bought at auction in Greater Manchester. (R,S)
2.10 Countdown (S)
3.00 A Place In The Sun (R,S)
4.00 The Great B&B Challenge The first couple is eliminated. (R,S)
5.00 Château DIY (R,S)
6.00 F1 Dutch Grand Prix Sprint Qualifying Highlights Steve Jones presents action from the battle for Sprint Race positions. (S)
6.30 A Place In The Sun (R,S)
7.00 C4 News (S)
8.00 Surgery Secrets Of The Super Rich (6/6) Victoria undergoes a skin tightening treatment, and JC invests in the growing trend of fat banking. (S)
9.00 8 Out Of 10 Cats Does Countdown Jimmy Carr hosts the comedy words-and-numbers quiz. (R,S)
10.00 Big Fat Quiz: Best Bits A compilation of comedic rants from the show. (S)
11.05 Sarah Millican: Bobby Dazzler A stand-up special touching on various adult themes. (R,S)
12.10 FILM Sumotherhood Comedy drama, with Adam Deacon. (2023) ★★ (S)
1.50-2.40am Secret Lives Of Gypsy Wives (R,S,SL)

CHANNEL 5

HD: Freeview 104 Sky 105 Virgin 105 FreeSat 105

6.00 am Milkshake!
9.15 Jeremy Vine The broadcaster discusses the issues of the day, with phone-ins and viewers' correspondence. (S)
11.30 Storm & Alexis Discussion and debate, with Storm Huntley and Alexis Conran. (S) Followed by **5 News**
12.50 Matt Allwright Debate on the day's biggest stories, and consumer advice. (S)

8pm Alexander Armstrong In...

2.20 FILM Stranger In My Home Thriller, starring Angela Cole. (2023) ★★ (S)
4.00 Castle (R,S)
4.55 Love Nature (R,S)
5.00 5 News With Dan Walker (S)
6.00 Croatia: Jewel Of The Med A look at Hvar, the Croatian island in the Adriatic Sea. (R,S) Followed by **5 News Update**
7.00 Tom Read Wilson's Grand Tour (3/3) Tom embarks on a scenic journey through Tuscany. (R,S) Followed by **5 News Update**
8.00 Alexander Armstrong In Sri Lanka (2/3) The presenter embarks on the second leg of his Sri Lankan adventure. (R,S)
9.00 Heat (1/4) Two families of British ex-pats reunite in Victoria, Australia, for a summer holiday, with dramatic results. Drama, starring Danny Dyer. (R,S)
10.05 Heat (2/4) Word of the fires spreading adds extra anxiety to the household. Darren McMullen stars. (R,S)
11.05 Piers Morgan: Uncensored The bold, opinion-led news and debate show hosted by Piers Morgan. (S)
1.00 Cruise TV With LoveitBookit Teleshopping. (R,S)
2.00-2.50am GPs: Behind Closed Doors Documentary. (R,S)

REGIONAL VARIATIONS

BBC ONE WALES As main BBC ONE except: **7.30-8pm** Best Of Weatherman Walking **S4C 6am** Cyw **12noon** Newyddion S4C A'r Tywydd **12.05pm** Pysgod I Bawb **12.30** Heno **1.00** Y Ci Perffaith **1.30** Dan Do **2.00** Newyddion S4C A'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion S4C A'r Tywydd **3.05** Ty Ffit **4.00** Awr Fawr: Octonots **4.10** Awr Fawr: Og Y Draenog Hapus **4.20** Awr Fawr: Misho **4.30** Awr Fawr: Joni Jet **4.45** Awr Fawr: Parc Glan Gwil **5.00** Stwnsh: Lego Ffrindiau: Amdani Ferched! **5.10** Stwnsh: Bwystfil **5.20** Stwnsh: Prys A'r Pryfed **5.35** Stwnsh: Ar Goll Yn Oz **6.30** Garddio A Mwy **7.00** Heno **7.30** Newyddion S4C A'r Tywydd **8.00** Mike Bubbins: Un Mewn Miliwn **8.55** Newyddion S4C A'r Tywydd **9.00** Am Dro! **10.00** Y Deis **10.30-11.35pm** Miwsig Fy Mywyd

FREEVIEW AND SATELLITE CHANNELS

ITV2

11.10am Charmed **12.10** Deal Or No Deal **1.10** Celebrity Supermarket Sweep **2.10** The Floor **3.10** The Only Way Is Essex **4.10** The Real Housewives Of Potomac **5.00** The Real Housewives Of Beverly Hills **6.00** Celebrity Catchphrase **7.00** The Floor **8.00** The 1% Club Valentine's Special **9.00 FILM** The Batman (2022) **12.25** Family Guy **1.25** American Dad! **2.20** Bob's Burgers **2.45-3am** Unwind With ITV

ITV3

11.30am Heartbeat **1.35** Midsomer Murders **3.35** Classic Emmerdale **4.40** Classic Coronation Street **5.50** Heartbeat **8.00** Doc Martin **10.00** Lewis. A botanist unearths a body. **11.50** Trial & Retribution **1.45** George And Mildred **2.15-2.30am** Unwind With ITV

ITV4

10am LIVE SPORT! World Series Of Darts: Australian Masters **2.00** River Monsters **2.30** Magnum, PI **3.40** Boon **4.45** The Professionals **5.50** Sharpe **8.00** Who Wants To Be A Millionaire? Celebrity Special **9.00 FILM** RoboCop 3 (1993) **11.05** All Elite Wrestling: Dynamite **1.05** Dark Side Of The Ring **2.00** Two And A Half Men **2.50-3am** Unwind With ITV

BBC THREE

7pm NEW EPISODE! The Catch Up **7.10** Deadly 60 **7.40 FILM** Chicken Run. Animated comedy, featuring the voice of Mel Gibson. (2000) **9.00** Death In Paradise **10.00** Not Going Out **10.55** This Country **1.45** Funboys **2.00** Funboys **3.40-3.55am** Rocket Fuel

BBC FOUR

7pm Today At The Test **8.00 NEW!** Miles Davis: A Celebration At The Proms. A tribute to the trumpeter to mark what would've been his centenary in 2026. **9.15** TOTP: 1982 **9.55** TOTP: 1987 **10.25** Nick Lowe: BBC Four Sessions **11.25** K.d. Lang: BBC Four Sessions **12.25** Damien Rice: BBC Four Sessions **1.25** TOTP: 1982 **2.00** TOTP: 1987 **2.30-3.50am** Miles Davis: A Celebration At The Proms

E4

12noon The Simpsons **2.00** Brooklyn Nine-Nine **3.00** Modern Family **5.00** The Simpsons **8.00** The Great Celebrity Bake Off For Stand Up To Cancer **9.00** Celebrity Gogglebox For SU2C **10.00** Gogglebox **11.05 FILM** Alita: Battle Angel (2019) **1.30 FILM** The 355 (2022) **3.40** The Goldbergs **4.30-6am** Brooklyn Nine-Nine

MORE4

11.35am Four In A Bed **12.40** Come Dine With Me Paralympics Special **3.20** Four In A Bed **5.50** Car S.O.S **7.55** Grand Designs **9.00 NEW EPISODE!** Carpe Diem **10.05** 24 Hours In A&E **12.15** 999: On The Front Line **1.20** 24 Hours In A&E **3.25-3.55am** A Place In The Sun

FILM4

11am The Golden Voyage Of Sinbad (1974) **1.10** Enemy Mine (1985) **3.25** River Of No Return (1954) **5.15** Deck The Halls (2006) **7.05** Flamin' Hot. Comedy drama, starring Jesse Garcia. (2023) **9.00** Honest Thief. Crime thriller, starring Liam Neeson. (2020) **11.05** The Forever Purge (2021) **1.10-3.05am** Little Monsters (2019)

TALKING PICTURES

11.25am FILM So Long At The Fair (1950) **1.05** The Edgar Wallace Mystery Theatre **2.15** The Adventures Of Robin Hood **2.50 FILM** Ghost Ship (1952) **4.20** Look At Life **4.30** The Cheaters **5.00** A Family At War **6.00** Rumpole Of The Bailey **7.00** Z Cars **8.00** Public Eye **9.05 FILM** Mort D'un Pourri. Crime thriller, starring Alain Delon and Ornella Muti. (1977) **11.35** Cellar Club With Caroline Munro **11.40** Supernatural **12.45** Cellar Club With Caroline Munro **12.50 FILM** Les Yeux Sans Visage (1960) **2.40** Cellar Club With Caroline Munro **2.45 FILM** Tread Softly Stranger (1958) **4.30** The Vise **5.00-6am** The Man From UNCLE

GREAT! ACTION

10.50am FILM Any Gun Can Play (1967) **1.00** The Unit **2.00** Burn Notice **4.00 FILM** Eye For An Eye (2019) Mystery thriller, starring John Travolta and Morgan Freeman. **6.00** The Unit **7.00** Burn Notice **9.00 FILM** High Plains Drifter (1973) Western, directed by and starring Clint Eastwood. **11.20** The Avengers **12.20** The New Avengers **1.20** The Persuaders! **2.20 FILM** Disaster Zone: Volcano In New York (2006) **3.55** Coast Guard Alaska **5.25** Air Rescue **5.50-6am** Good News On GREAT! Extra

SATURDAY 22 AUGUST

BBC1

HD: Freeview 101 Sky 101 Virgin 101 FreeSat 101

6.00 am Breakfast (S)
10.00 Saturday Kitchen With special guest Dermot O'Leary. (S)
11.30 Anna Haugh's Big Irish Food Tour Anna heads to Galway. (R)
12.00 Bargain Hunt Two teams compete in Newark. (R,S)
12.45 The Football Interview A conversation with a leading football personality. (S)

7.15pm Paddington

1.00 BBC News (S)
1.15 Money For Nothing (R,S)
2.00 Homes Under The Hammer Proeprty auctions. (R,S)
3.00 Escape To The Country With Ginny Buckley. (R,S)
3.45 Final Score (S)
5.25 BBC News (S)
5.35 BBC Regional News (S)
5.45 The Hit List (S)
6.30 Alan Carr's Picture Slam With contestants from Bristol, Lisburn and Wolverhampton. (S)
7.15 FILM Paddington A bear from the Peruvian jungle starts a new life in London, but catches the eye of a sinister taxidermist. Family comedy, starring Hugh Bonneville and Sally Hawkins, with the voice of Ben Whishaw. (2014) ★★★★★ (S)
8.40 The Weakest Link (9/16) Quiz, hosted by Romesh Ranganathan. (R,S)
9.30 How Are You? It's Alan (Partridge) (6/6) A tragic death leads to a moment of catharsis for Alan. (R,S)
10.00 BBC News (S)
10.20 Match Of The Day Action from the opening Premier League matches. (S)
11.40 FILM Something In The Water Thriller, starring Hiftu Quasem. (2024) ★★★ (S)
1.05-6am BBC News (S)

BBC2

HD: Freeview 102 Sky 102 Virgin 102 FreeSat 102

6.00 am Children's Programmes
8.10 The Dumping Ground (R,S)
8.40 Newsround (S)
8.45 Around The World In 80 Gardens (R,S)
9.45 This Wild Life (R,S)
10.15 FILM The Third Man Thriller, starring Joseph Cotten and Orson Welles. (1949) ★★★★★ (B/W,S)
11.55 The Great British Sewing Bee (R,S)
12.55 Race Against The Tide (R,S)

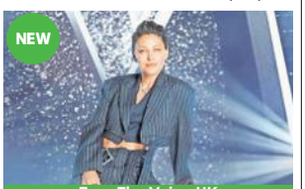
8pm Marvin Gaye: A Tribute At The...

1.25 FILM We Dive At Dawn Second World War adventure, starring John Mills. (1943) ★★★ (B/W,S)
3.00 LIVE Gymnastics: European Championships 2026 Coverage of the fourth day of the men's event. (S)
6.00 Flog It! (R,S)
7.00 Today At The Test England v Pakistan. Action from the fourth day of the First Test. (S)
8.00 NEW Marvin Gaye: A Tribute At The Proms The BBC Concert Orchestra celebrates the singer-songwriter and musician with arrangements of hits including Ain't No Mountain High Enough and I Heard It Through The Grapevine. (S)
9.30 NEW Marvin Gaye: Greatest Hits – Live In Amsterdam 1976 A concert by the soul singer in the Dutch capital. (S)
10.25 Diana Ross At The BBC Archive performances by the singer. (R,S)
11.25 A Night Of Wonder A 1995 studio concert by Stevie Wonder. (R,S)
12.30 Motown Master: Lamont Dozier At The BBC (R,S)
1.30 Motown At The BBC (R,S)
2.30-3.30am Sign Zone: Ludwig David Mitchell stars. (R,S,SL)

ITV1

HD: Freeview 103 Sky 103 Virgin 103 FreeSat 103

6.00 am James Martin's American Adventure (R,S)
6.55 FILM Moonraker James Bond spy adventure, starring Roger Moore. (1979) ★★★★ (S)
9.25 ITV News (S)
9.30 ITV Racing: The Opening Show A look ahead to the day's racing. (S)
10.30 James Martin's Saturday Morning With the Shires and Alexis Ffrench. (R,S)



7pm The Voice UK

1.00 ITV News (S)
1.15 LIVE ITV Racing: From York Coverage of the fourth and final day of the Ebor Meeting. (S)
4.30 The Chase (R,S)
5.30 ITV News (S)
5.45 Regional News (S)
6.00 Deal Or No Deal: Celebrity Special Comedian Katherine Ryan takes on the Banker. (S)
7.00 NEW The Voice UK (1/10) Emma Willis returns with the spinning-chair singing contest, with Tom Jones, Will.i.am, Tom Fletcher and Danny Jones joined by new coach Kelly Rowland. (S)
8.15 The 1% Club Quiz, hosted by Lee Mack. (R,S)
9.20 ITV News (S)
9.35 FILM Spectre James Bond goes in search of the elusive mastermind behind a secret criminal network with links to his own past. Spy thriller, starring Daniel Craig and Christoph Waltz. (2015) ★★★★ (S)
12.20 English Football League Highlights (S)
1.40 Shop On TV
3.00 WhatsApp Obsession: The Murder Of Stephanie Hansen (R,S,SL)
3.50 Unwind With ITV (S)
5.05-6am Fern Britton: Inside The Vet's (R,S,SL)

CHANNEL 4

HD: Freeview 104 Sky 104 Virgin 104 FreeSat 104
Wales HD: Freeview 110 Sky 108 Virgin 108 FreeSat 106

6.10 am Cheers (R,S)
8.00 Everybody Loves Raymond Three episodes. (R,S)
9.25 Frasier Triple bill. (R,S)
10.55 The Simpsons Homer starts mentoring Nelson. (R,S)
11.25 The Simpsons (R,S)
11.55 The Simpsons (R,S)
12.20 The Simpsons The greatest love stories of all time. (R,S)
12.50 The Simpsons Homer reminisces about the time he was in a band. (R,S)

8pm Doctor Strange

1.20 Four In A Bed (R,S)
1.50 Four In A Bed (R,S)
2.20 Four In A Bed (R,S)
2.55 Four In A Bed (R,S)
3.25 Four In A Bed (R,S)
3.55 George Clarke's Amazing Spaces (R,S)
4.55 Grand Designs A malthouse-inspired home in the Lincolnshire Wolds. (R,S)
6.00 C4 News (S)
6.30 F1 Dutch Grand Prix Sprint And Qualifying Highlights The sprint race and the battle for grid positions. (S)
8.00 FILM Doctor Strange An American surgeon becomes a warrior in an inter-dimensional battle between the forces of light and darkness. Fantasy adventure, starring Benedict Cumberbatch and Chiwetel Ejiofor. (2016) ★★★★ (S)
10.15 FILM Everything Everywhere All At Once A middle-aged Chinese immigrant is swept up into an adventure in which she alone can save existence by exploring other universes. Fantasy comedy, starring Michelle Yeoh. (2022) ★★★★★ (S)
12.50 Ramsay's Kitchen Nightmares USA (R,S,SL)
1.40-4.25am Love You To Death Documentary. (R,S,SL)

CHANNEL 5

HD: Freeview 104 Sky 105 Virgin 105 FreeSat 105

6.00 am Milkshake! Followed by **Entertainment News On 5**
9.15 Secrets Of The Royal Palaces (R,S)
11.00 Westminster Abbey: Behind Closed Doors A look inside one of the UK's most renowned buildings. (R,S)
12.00 Westminster Abbey: Behind Closed Doors Clerk of the works Ian Bartlett tackles a serious problem on the roof. (R,S)

6pm Sussex: Jewel Of The South...

1.00 The Royals: Uncensored (S)
2.00 Coastal Adventures With Helen, Jules & JB (R,S)
3.00 Coastal Adventures With Helen, Jules & JB (R,S)
3.55 FILM From Time To Time Family fantasy adventure, with Alex Etel and Maggie Smith. (2009) ★★★★ (S)
6.00 Sussex: Jewel Of The South Coast The Passmores face a challenging summer at their farm. Last in the series. (S) Followed by **5 News Weekend**
7.00 Cycling: Vuelta A España 2026 Highlights of the first stage of the final Grand Tour of the year. (S)
8.00 The Jobless Prince: What Will Harry Do Next? A look at what the future holds for the Duke of Sussex. (R,S)
9.30 NEW Nigel Farage: Where Does The Money Come From? A look at the finances of the leader of Reform UK. (S)
10.30 When TV News Goes Horribly Wrong Moira Stuart narrates a compilation of TV news disasters. (R,S)
12.30 Cops (R,S) Followed by **Entertainment News On 5**
1.00 Cruise TV With LoveitBookit (R,S)
2.00-2.50am GPs: Behind Closed Doors (R,S)

REGIONAL VARIATIONS

BBC TWO WALES As main BBC TWO except: 6pm Nigellissima **6.30-7pm** SOS: Extreme Rescues **S4C 6am** Cyw **8.10-10.00** Stwnsh Sadwrn **8.10** Prys A'r Pryfed **8.20** Bwystfil **8.30** Lego DREAMZzz **8.55** Chwarter Call **9.10** Y Smyrffs **9.20** He-Man A Meistri'r Bydysawd **9.40** Y Galeri Luniau **10.00** Annibendod **10.15** Garddio A Mwy **10.45** Dan Do **11.15** Cartrefi Cymru **11.45** Sgwrs Dan Y Lloer **12.15pm** Y Ci Perffaith **12.45** Sain Ffagan **1.15** Prosiect Pum Mil **2.15** Busnes Bwyd **3.15** Taclo'r Ty **3.45** Iaith Ar Daith **4.45** Ein Llwybrau Celtaidd **5.20** Stori'r Iaith **6.20** Cynefin **7.20** Newyddion S4C A'r Tywydd **7.35** Sgwrs Ar Y Beic **8.00** Noson Lawen **9.00** Tafwyl 2026 **10.15** Cariad Heb Ffiniau: Poliamori A Fi **11.15-11.50pm** Gwlad Y Basg: Gwilym Bowen Rhys

FREEVIEW AND SATELLITE CHANNELS

ITV2

11.45am Deal Or No Deal **12.45** Wheel Of Fortune **1.50** Celebrity Catchphrase **2.50 FILM** Charlotte's Web (2006) **4.40 FILM** Matilda. Comedy, starring Mara Wilson. (1996) **6.45 FILM** Hairspray. Musical comedy, starring Nikki Blonsky and John Travolta. (2007) **9.00 FILM** Batman Begins. Comic-book adventure, starring Christian Bale. (2005) **11.45** Family Guy **12.45** American Dad! **1.45** Plebs **2.15** Transaction **2.40-3am** Unwind With ITV

ITV3

10.05am A Touch Of Frost **12.10** The Darling Buds Of May **2.30** Midsomer Murders **10.10** Vera **12.00** Inspector Morse **2.10-2.30am** Unwind With ITV

ITV4

10am LIVE SPORT! World Series Of Darts: Australian Masters **2.00** Made In Britain **2.30** The Grand Fishing Adventure **3.35** Sharpe **8.00** Cycling: Women's Tour Of Britain Highlights. Action from stage four. **9.00** English Football League Highlights **10.35** All Elite Wrestling: Dynamite **12.35** Minder **1.35** Two And A Half Men **2.50-3am** Unwind With ITV

BBC THREE

7pm Doctor Who **8.30 NEW EPISODE!** Ghosts US. Three episodes. **9.30** Mrs Brown's Boys New Year Special 2023 **10.00** Mrs Brown's Boys New Year Special 2024 **10.30** Nighty Night **11.30** Schitt's Creek **2.05** My Mate's A Bad Date **2.30-4am** Doctor Who

BBC FOUR

7pm Planet Earth: An Elephant's Tale **7.05** Life On Earth **8.00** Hidden Wales: Last Chance To Save **9.00 NEW EPISODE!** Kabul **10.45** To The Manor Born **11.15** Keeping Up Appearances **11.45** The Bridge: Fifty Years Across The Forth **12.45** Life On Earth **1.40** Hidden Wales: Last Chance To Save **2.40-3.40am** Deep, Down And Dirty: The Science Of Soil

E4

11.35am Ramsay's Kitchen Nightmares USA **12.30 FILM** Mr Popper's Penguins (2011) **2.25** The Simpsons **9.00** Celebrity Gogglebox **10.00** Gogglebox **12.15** First Dates **1.20** Below Deck: Mediterranean **3.45-6am** Brooklyn Nine-Nine

MORE4

11.35am A Place In The Sun **2.40** Come Dine With Me **5.20** Four In A Bed **8.00** Griff's Canadian Adventure. The province of Quebec. **9.00** 24 Hours In A&E **11.05** 999: On The Front Line **1.10** 24 Hours In A&E **3.20-3.45am** The Perfect Pitch

FILM4

11am Sherlock Holmes: Terror By Night (1946) **12.25** Cloudy With A Chance Of Meatballs (2009) **2.15** Cloudy With A Chance Of Meatballs 2 (2013) **4.10** Hidden Figures (2016) **6.50** Free Guy (2021) **9.00** LA Confidential. Crime thriller, starring Russell Crowe and Guy Pearce. (1997) **11.45** 65. Sci-fi adventure, starring Adam Driver. (2023) **1.35-3.50am** First Love. Crime drama, starring Sakurako Konishi. (2019)

TALKING PICTURES

12noon FILM The Mummy (1959) **1.45** The Last Film Show **2.00 FILM** Time Lock (1957) **3.30** Cinebox Memories **3.35** Whiplash **4.10 FILM** Hobson's Choice (1953) **6.20** Cinebox Memories **6.25** Dick Turpin **7.00** Maigret **8.00** The Duchess Of Duke Street **9.05 FILM** The Hound Of The Baskervilles. Sherlock Holmes adventure, starring Richard Roxburgh. (2002) **11.05** Scotland Yard **11.45** Eurotrash **12.20 FILM** Sin In The Suburbs. Drama, starring Judy Young. (1964) **2.10** Nicole Kidman: Eyes Wide Open **3.15 FILM** A Hole Lot Of Trouble. Short comedy, starring Arthur Lowe. (1971) **3.50** Look At Life **4.00** One Step Beyond **4.35** Tales Of Frankenstein **5.10** The Midlands In The 1960s **5.30-6am** Honey West

GREAT! ACTION

11.30am FILM Buck And The Preacher (1972) **1.45 FILM** The Captain From Castile (1947) **4.45 FILM** The Jewel Of The Nile (1985) **7.05 FILM** The Trust. Comedy thriller, starring Nicolas Cage and Elijah Wood. (2016) **9.00 FILM** Road To Perdition. Depression-era gangster drama, starring Tom Hanks and Paul Newman. (2002) **11.30 FILM** Pistol Whipped. Action thriller, starring Steven Seagal. (2008) **1.45** The Persuaders! **2.45 FILM** Super Collider. Thriller, starring Robin Dunne. (2013) **4.15** Coast Guard Alaska **5.00** Air Rescue **5.50-6am** Good News On GREAT! Extra

Puzzles

Code word

In this crossword, each letter of the alphabet appears as a code number. Crack the code to complete the grid. We have given you some letters to start you off. Once you've completed the puzzle, transfer the appropriate letters to the smaller grid to spell out the name of a *Coronation Street* actress.

10	11	7	6	11	14	■	9	26	6	14	11	20
6	■	6	■	12	■	19	■	4	■	4	■	4
9	16	11	10	18	6	10	■	13	18	20	20	26
26	■	15	■	15	■	6	■	24	■	20	■	5
■	9	26	11	4	■	2	13	10	22	19	9	20
17	■	15	■	■	■	16	■	15	■	■	■	14 D
13	12	12	6	13	10	■	18	4	15	9	2	20
14	■	■	■	17	■	23	■	■	■	3	■	25
23	15	12	26	15	15	10 L	■	19	4	20	24	■
15	■	13	■	26	■	20	■	11	■	16	■	13
4	11	1	15	26	■	17	6 U	21	21	11	12	23
15	■	13	■	15	■	15	■	21	■	12	■	15
14	15	10	6	14	15	■	8	13	23	23	15	14

A B C ~~D~~ E F G H I J K ~~L~~ M N O P Q R S T ~~U~~ V W X Y Z

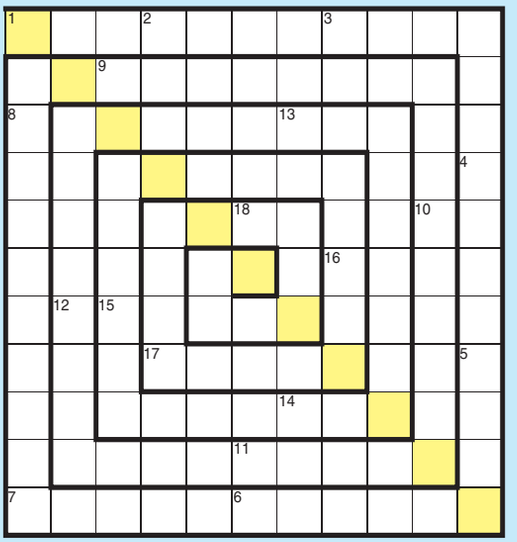
1	2	3	4	5	6 U	7	8	9	10 L	11	12	13
14 D	15	16	17	18	19	20	21	22	23	24	25	26

8	15	12	12	11	15

3	2	13	10	19	11	12	15

Word spiral

In this puzzle, the last letter of each solution word is the first letter of the next. Once completed, the shaded diagonal letters – read left to right – will spell out the name of a former *Home and Away* character.



1 Wander (4)
2 Stage trickery (5)
3 Of an elegant understated style (7)
4 Leader of a clan (5)
5 Newspaper for which no charge is made (9)
6 Zodiac sign, the Bull (6)
7 Old river vessel with a paddle wheel (9)
8 Pleasure outing (4)
9 Looking on the dark side (11)
10 Safe for young ones (10)
11 Spanish dance (8)
12 Without paying much money (2,3,5)
13 Football field 'box' (7,4)
14 Sweet and innocent (7)
15 Wonkiness (11)
16 Break, wreck (5,2)
17 Spinach-eating cartoon sailor (6)
18 Accent, stress (8)

Mind the gap

Fill these three-letter words into the spaces on the right, so that each row spells out a word. Once completed, the shaded column – read top to bottom – will spell out the surname of an *EastEnders* actor.

CAM
DIN
EAU
FEE
NIB
SKI
WIN

O	V	E	R				D
C	H	A	T				X
T	I				E	S	S
W	O	O	D				D
C	A	N				A	L
O	V	E	R				E
F	R	I				N	G

Arrow word

Follow the arrows to fill in your answers. Then rearrange the letters in the shaded squares to spell out the first name of an *Emmerdale* character.

Sides in a competition		Female servants		Pneumatic car parts		Hoodlums		A long time	Reject as false
Traditional Indian dress		___ Adams, US actress				Was equipped with			
				Red cosmetic powder					
Operates		Colouring agent				Low-down, info			
				Cheeky, bold					

Kriss kross

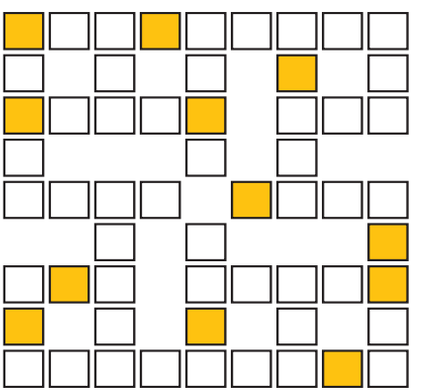
Using logic, fit all the words in the grid. Then rearrange the shaded squares to spell out a *Hollyoaks* location (7,5).

3 letters
ANY
GUT
JAM
MAN
MAR
TRY

4 letters
DEFT
RAFT
RAKE
YURT

5 letters
ANGEL
DEMUR
EIDER
EVADE
FUNNY
TILER

9 letters
ENJOYMENT
RHYMESTER



Answers

CODE WORD: JENNIE MCALPINE

L	I	Q	U	I	D	■	S	T	U	D	I	O	■	■
S	K	I	L	F	U	L	■	A	F	O	O	T	■	■
T	■	E	■	E	U	■	W	■	O	■	H	■	■	■
■	S	T	I	R	■	C	A	L	V	P	S	O	■	■
R	I	V	E	T	■	B	U	Z	Z	I	N	G	■	■
E	■	A	■	E	■	E	■	Z	■	N	■	E	■	■
E	A	■	T	■	O	■	I	■	K	■	A	■	■	■
G	E	N	T	E	E	L	■	P	R	O	W	■	■	■
D	■	■	■	B	■	G	■	■	■	M	■	X	■	■
A	N	N	U	■	L	■	F	R	E	S	C	O	■	■
B	■	■	E	■	K	■	■	■	■	■	■	D	■	■
D	E	L	U	D	E	■	J	A	G	G	E	D	■	■
V	C	M	R	H	U	Q	J	S	L	I	N	A	■	■
D	E	K	B	F	P	O	Z	Y	G	W	X	T	■	■

WORD SPIRAL: RICKY SHARPE

S	U	R	U	A	T	E	E	H	S	E	■	■	■	■
T	E	M	A	L	E	O	O	R	P	E	■	■	■	■
E	N	L	E	G	N	A	E	R	D	R	■	■	■	■
A	C	I	P	U	H	S	A	A	L	F	■	■	■	■
M	O	C	O	S	A	H	M	Y	I	E	■	■	■	■
B	N	R	P	I	S	P	S	T	H	I	■	■	■	■
O	T	O	E	Y	E	M	S	L	C	H	■	■	■	■
A	H	O	K	E	D	N	E	A	I	C	■	■	■	■
T	E	C	H	E	A	P	E	N	T	I	■	■	■	■
R	I	P	E	S	S	I	M	I	S	S	■	■	■	■
R	O	A	M	A	G	I	C	L	A	S	■	■	■	■

MIND THE GAP
OVERFEED,
CHATEAUX,
TIDINESS,
WOODWIND,
CANNIBAL,
OVERCAME,
FRISKING,
FENWICK

ARROW WORD

U	S	E	S	■	S	A	S	S	Y	■	■	■	■	■
■	M	■	D	Y	E	■	G	E	N	■	■	■	■	■
S	A	R	I	■	R	O	U	G	E	■	■	■	■	■
■	E	■	A	M	Y	■	T	■	H	A	D	■	■	■
T	■	M	■	T	■	O	U	G	E	■	■	■	■	■

RHONA

KRISS KROSS

E	N	J	O	Y	M	E	N	T	■	■	■	■	■	■
I	■	A	■	U	■	V	■	R	■	■	■	■	■	■
D	E	M	U	R	■	A	N	Y	■	■	■	■	■	■
E	■	■	T	■	■	■	D	■	■	■	■	■	■	■
R	A	F	T	■	D	E	F	T	■	■	■	■	■	■
■	U	■	■	R	■	A	N	G	E	L	■	■	■	■
M	A	N	■	A	N	G	E	L	■	■	■	■	■	■
A	■	N	■	K	■	U	■	E	■	■	■	■	■	■
R	H	Y	M	E	S	T	E	R	■	■	■	■	■	■

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FREE TO ENTER

THE Sun

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in association with

MIDNITE

£3.5m
RAYAN
Bournemouth

Rayan mighty

CHERRIES STAR & LE FEE SET OFF DT SPIDEY-SENSES

By NICK ELLIOTT

SUCCESSFUL Dream Team bosses channel their inner Martin Lewis to find value for money — and we reckon there's a bargain Brazilian offering bang for your buck.

With Eli Junior Kroupi injured, winger Rayan (£3.5million) could be key for new Bournemouth chief Marco Rose's first games.

The Samba winger averaged a goal or assist every 160 minutes in the Prem last season.

And he should benefit from the Cherries' busy schedule — with Europa League commitments.

The same could be said for Sunderland's Enzo Le Fee (£3m).

One of the first names on Regis Le Bris' teamsheet, the French playmaker known for his Spider-Man celebration has multiple routes to points and will quickly be deemed underpriced if the Black Cats start well again.

Iliman Ndiaye (£3.5m) is a target for some big clubs and, as Everton's penalty-taker, he should be on the radar of Dream Team bosses.

Elsewhere, Newcastle wing king Harvey Barnes (£3.5m) may prove to be a smart selection in his price range.

Barnes reached double figures for goals in four previous DT campaigns, with his 16 in 2025-26 the best of his career.

With Anthony Gordon having departed for Barcelona, Barnes should start every big game.

Lastly, identifying cheap options among Champions League clubs is a difficult task — but Liverpool whizkid Rio Ngumoha (£3.5m) might just fit the bill.

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STATS THE WAY TO DO IT, GAFFER

By NICK ELLIOTT

DREAM TEAM bosses would do well to remind themselves of last season's top performers when weighing up their options for the new campaign.

Top points scorer Erling Haaland (£8.5m) was in a league of his own for goals (38) and shots on target (86), while Bruno Fernandes (£7m) dominated the playmaking stats with 25 assists and 33 big chances created.

It's little wonder the Manchester rivals are the two most expensive players ahead of Gameweek 1.

Rayan Cherki (£5m) *(below)* finished second to Fernandes in both creativity metrics and will be a real threat to United's Portugal international if he gets more minutes under Enzo Maresca at Manchester City.

Arsenal centre-backs Gabriel (£5.5m) and William Saliba (£5m) ranked first and second respectively for clean sheets among defenders, while keeper team-mate David Raya (£5m) notched most (28) overall.

The Gunners are unmatched when it comes to frustrating opponents but Mikel Arteta's Premier League title favourites come at a steep price.

Crystal Palace's underrated wing-back Tyrick Mitchell (£4.5m) made the most tackles with 143 in all comps. Joao Palhinha and Neco Williams completed the podium.

In regards to bonus points, Jeremy Doku (£5m) just pipped Elliot Anderson (£4.5m) with 76 to the England midfielder's 74.

The Belgian winger's incredible dribbling meant he registered twice as many successful take-ons as anyone else. Doku and Anderson will be City team-mates this season so gaffers should look to the Etihad for their bonus points.

Lewis Hall (£3.5m) topped the metric among defenders with an impressive 68, 13 more than the next-best performer in his position.

SCAN QR CODE

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DEFENDERS

Gabriel	Arsenal	£5.5m
William Saliba	Arsenal	£5m
Jurrien Timber	Arsenal	£5m
Riccardo Calafiori	Arsenal	£4.5m
Ben White	Arsenal	£4.5m
Cristhian Mosquera	Arsenal	£4.5m
Matty Cash	Aston Villa	£4m
Ezri Konsa	Aston Villa	£4m
Ian Maatsen	Aston Villa	£3.5m
Pau Torres	Aston Villa	£3.5m
Antonio Silva	Bournemouth	£3.5m
Adrien Truffert	Bournemouth	£3.5m
James Hill	Bournemouth	£3m
Juanlu Sanchez	Bournemouth	£3m
Nathan Collins	Brentford	£3m
Michael Kayode	Brentford	£3m
Sepp van den Berg	Brentford	£3m
Kristoffer Ajer	Brentford	£2.5m
Rico Henry	Brentford	£2.5m
Ferdi Kadioglu	Brighton	£3.5m
Maxim De Cuyper	Brighton	£3.5m
Luka Vuskovic	Brighton	£3.5m
Mats Wieffer	Brighton	£3.5m
Pascal Struijk	Brighton	£3m
Lewis Dunk	Brighton	£3m
Reece James	Chelsea	£4m
Maxence Lacroix	Chelsea	£4m
Levi Colwill	Chelsea	£3.5m
Marco Palestra	Chelsea	£3m
Jorrel Hato	Chelsea	£3m
Malo Gusto	Chelsea	£3m
Pep Chavarria	Chelsea	£3m
Milan van Ewijk	Coventry	£2.5m
Bobby Thomas	Coventry	£2m
Aurele Amenda	Coventry	£1.5m
Daniel Munoz	Crystal Palace	£5m
Tyrick Mitchell	Crystal Palace	£4.5m
Chris Richards	Crystal Palace	£4m
Jaydee Canvot	Crystal Palace	£3.5m
James Tarkowski	Everton	£3m
Jarrad Branthwaite	Everton	£3m
Michael Keane	Everton	£2.5m
Jake O'Brien	Everton	£2.5m
Joachim Andersen	Fulham	£3m
Calvin Bassey	Fulham	£3m
Antonee Robinson	Fulham	£3m
Timothy Castagne	Fulham	£2.5m
Kenny Tete	Fulham	£2.5m
Charlie Hughes	Hull	£2m
Elliot Stroud	Hull	£2m
Ryan Giles	Hull	£2m
Matt Targett	Hull	£1.5m
Leif Davis	Ipswich	£2m
Issa Diop	Ipswich	£2m
Dara O'Shea	Ipswich	£2m
Ben Johnson	Ipswich	£1.5m
Gabriel Gudmundsson	Leeds	£2.5m
Jaka Bijol	Leeds	£2.5m
Joe Rodon	Leeds	£2.5m
Tarik Muharemovic	Leeds	£2.5m
Jayden Bogle	Leeds	£2.5m
Virgil van Dijk	Liverpool	£5m
Milos Kerkez	Liverpool	£4.5m
Jeremie Frimpong	Liverpool	£4.5m
Jeremy Jacquet	Liverpool	£4m
Ronald Araujo	Liverpool	£4m
Conor Bradley	Liverpool	£3.5m
Marc Guehi	Man City	£5m
Josko Gvardiol	Man City	£5m
Matheus Nunes	Man City	£5m
Nico O'Reilly	Man City	£5m
Ruben Dias	Man City	£4.5m
Rayan Ait-Nouri	Man City	£4m
Lisandro Martinez	Man Utd	£4m
Diogo Dalot	Man Utd	£4m
Harry Maguire	Man Utd	£3.5m
Luke Shaw	Man Utd	£3.5m
Matthijs de Ligt	Man Utd	£3.5m
Leny Yoro	Man Utd	£3m
Lewis Hall	Newcastle	£3.5m
Malick Thiaw	Newcastle	£3.5m
Tino Livramento	Newcastle	£3m
Sven Botman	Newcastle	£3m
Dan Burn	Newcastle	£3m
Neco Williams	Nottm Forest	£4m
Nikola Milenkovic	Nottm Forest	£3m
Murillo	Nottm Forest	£3m
Ola Aina	Nottm Forest	£2.5m
Ousmane Diomande	Nottm Forest	£3m
Nordi Mukiele	Sunderland	£3m
Dan Ballard	Sunderland	£3m
Thomas Meunier	Sunderland	£3m
Omar Alderete	Sunderland	£3m
Trai Hume	Sunderland	£2.5m
Reinildo	Sunderland	£2.5m
Pedro Porro	Tottenham	£4m
Micky van de Ven	Tottenham	£3.5m
Jan Paul van Hecke	Tottenham	£3.5m
Marcos Senesi	Tottenham	£3.5m
Andy Robertson	Tottenham	£3m
Djed Spence	Tottenham	£3m

GOALKEEPERS

David Raya	Arsenal	£5m
Kepa	Arsenal	£3m
Emi Martinez	Aston Villa	£4.5m
Marco Bizot	Aston Villa	£2.5m
Djordje Petrovic	Bournemouth	£3.5m
Caoimhin Kelleher	Brentford	£3m
Bart Verbruggen	Brighton	£4m
Robert Sanchez	Chelsea	£3.5m
Mike Penders	Chelsea	£2.5m
Carl Rushworth	Coventry	£3m
Dean Henderson	Crystal Palace	£4m
Jordan Pickford	Everton	£3.5m
Bernd Leno	Fulham	£3m
Kostas Tzolakis	Hull	£2m
Kjell Scherpen	Ipswich	£2m
James Trafford	Leeds	£3m
Lucas Perri	Leeds	£2.5m
Alisson	Liverpool	£4.5m
Gigi Donnarumma	Man City	£4.5m
Senne Lammens	Man Utd	£4m
Lukas Hornicek	Newcastle	£3m
Matz Sels	Nottm Forest	£2.5m
Robin Roefs	Sunderland	£3m
Antonin Kinsky	Tottenham	£3m

Bru- boys

SHOULD YOU FA

IT can be difficult to resist shiny new toys but predicting which of the Premier League's summer additions will hit the ground running is easier said than done.

Last season, Florian Wirtz (£5m) was among the most selected players in Dream Team following his transfer to Liverpool – and we all know how that worked out.

Whereas Hugo Ekitike (£5m) looked instantly at home at Anfield and racked up plenty of points before Christmas.

So which of the new recruits will thrive this time around?

Christos Tzolis (£4m) has looked sharp during Arsenal's pre-season (unlike the Gunners' defence) and the Greek winger will seem very affordable if he is given a run of starts from the get-go.

Elsewhere, Johan Manzambi (£4m) is an exciting addition to Aston Villa's midfield and could flourish quickly under Unai Emery's tutelage once he has recovered

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ETTER

AVOUR NEWBIES?

£4m BRUNO GUIMARAES Arsenal

£5m JOAO PEDRO CHELSEA

By NICK ELLIOTT

from a knee knock. The Swiss international notched three goals and two assists at the World Cup in just 200 minutes of action.

Bournemouth and Brighton have made typically smart signings at centre-back.

The Cherries have acquired Antonio Silva (£3.5m) from Benfica, while the Seagulls signed Luka Vuskovic (£3.5m) from Spurs.

Goalscoring defenders are worth their weight in gold – and Croatia ace Vuskovic netted 13 league goals across two seasons while on loan at Westerlo and Hamburg.

Morgan Rogers (£5m) has been a top-tier Dream Team midfielder in recent times – but will he keep pace this season at new club Chelsea without European football?

Conversely, Bruno Guimaraes (£4m) suddenly looks more appealing having migrated south from Newcastle to Arsenal.

Elliot Anderson (£4.5m) was a bonus point machine last term but swapping Forest for Manchester City may alter his playing style.

Bukayo Saka	Arsenal	£5.5m
Declan Rice	Arsenal	£5m
Eberechi Eze	Arsenal	£4.5m
Martin Odegaard	Arsenal	£4.5m
Bruno Guimaraes	Arsenal	£4m
Christos Tzolis	Arsenal	£4m
Gabriel Martinelli	Arsenal	£4m
Noni Madueke	Arsenal	£4m
Johan Manzambi	Aston Villa	£4m
John McGinn	Aston Villa	£4m
Emi Buendia	Aston Villa	£3.5m
Alejandro Garnacho	Aston Villa	£3.5m
Joao Gomes	Aston Villa	£3.5m
Amadou Onana	Aston Villa	£3.5m
Rayan	Bournemouth	£3.5m
Justin Kluivert	Bournemouth	£3.5m
Alex Scott	Bournemouth	£3m
Tyler Adams	Bournemouth	£3m
Marcus Tavernier	Bournemouth	£3m
Dango Ouattara	Brentford	£3m
Mikkel Damsgaard	Brentford	£3m
Mamadou Sangare	Brentford	£3m
Kevin Schade	Brentford	£3m
Jaidon Anthony	Brentford	£2.5m
Yankuba Minteh	Brighton	£4m
Kaoru Mitoma	Brighton	£4m
Pascal Gross	Brighton	£3.5m
Diego Gomez	Brighton	£3.5m
Jack Hinshelwood	Brighton	£3.5m
Cole Palmer	Chelsea	£5m
Morgan Rogers	Chelsea	£5m
Estevao	Chelsea	£3.5m
Pedro Neto	Chelsea	£3.5m

MIDFIELDERS

£4.5m ELLIOT ANDERSON Man City

Enzo Fernandez	Chelsea	£5m
Moises Caicedo	Chelsea	£3.5m
Valentin Barco	Chelsea	£3m
Jordan Henderson	Chelsea	£2.5m
Caleb Yirenkyi	Coventry	£2.5m
Jack Rudoni	Coventry	£2.5m
Victor Torp	Coventry	£2.5m
Gustavo Hamer	Coventry	£2.5m
Ismaila Sarr	Crystal Palace	£4.5m
Yeremy Pino	Crystal Palace	£3.5m
Adam Wharton	Crystal Palace	£3.5m
Daichi Kamada	Crystal Palace	£3m
Dwight McNeil	Crystal Palace	£3m
K Dewsbury-Hall	Everton	£3.5m
Iliman Ndiaye	Everton	£3.5m
James Garner	Everton	£3.5m
Hayden Hackney	Everton	£3m
Christian Norgaard	Everton	£3m
Brennan Johnson	Everton	£3m
Oscar Bobb	Fulham	£3m
Sander Berge	Fulham	£3m
Alex Iwobi	Fulham	£3m
Kevin	Fulham	£3m
Josh King	Fulham	£2.5m
Emile Smith Rowe	Fulham	£2.5m
Shea Charles	Fulham	£2.5m
Mohamed Belloumi	Hull	£2m
David Akintola	Hull	£2m
Sasa Lukic	Ipswich	£2.5m
Daizen Maeda	Ipswich	£2.5m
Jaden Philogene	Ipswich	£2.5m
Abdul Fatawu	Ipswich	£2m
Harry Wilson	Leeds	£3.5m
Anton Stach	Leeds	£3m
Ethan Ampadu	Leeds	£2.5m
Brenden Aaronson	Leeds	£2.5m
Sean Longstaff	Leeds	£2.5m
Dominik Szoboszlai	Liverpool	£6m
Florian Wirtz	Liverpool	£5m
Cody Gakpo	Liverpool	£4.5m
Ryan Gravenberch	Liverpool	£4m
Victor Munoz	Liverpool	£4m
Alexis Mac Allister	Liverpool	£3.5m
Rio Ngumoha	Liverpool	£3.5m
Antoine Semenyo	Man City	£6m
Rayan Cherki	Man City	£5m
Jeremy Doku	Man City	£5m
Rodri	Man City	£5m
Elliot Anderson	Man City	£4.5m
Phil Foden	Man City	£4.5m
Bruno Fernandes	Man Utd	£7m
Matheus Cunha	Man Utd	£4.5m
Bryan Mbeumo	Man Utd	£4.5m
Youri Tielemans	Man Utd	£4.5m
Marcus Rashford	Man Utd	£4m
Amad Diallo	Man Utd	£3.5m
Kobbie Mainoo	Man Utd	£3.5m
Andrey Santos	Man Utd	£3m
Harvey Barnes	Newcastle	£3.5m
Anthony Elanga	Newcastle	£3m
Joelinton	Newcastle	£3m
Lewis Miley	Newcastle	£3m
Jacob Ramsey	Newcastle	£3m
Morgan Gibbs-White	Nottm Forest	£4m
Dan Ndoye	Nottm Forest	£3m
Callum Hudson-Odoi	Nottm Forest	£3m
Enzo Le Fee	Sunderland	£3m
Noah Sadiki	Sunderland	£3m
Granit Xhaka	Sunderland	£3m
Chemsdine Talbi	Sunderland	£3m
Mohammed Kudus	Tottenham	£4m
James Maddison	Tottenham	£4m
Mateus Fernandes	Tottenham	£3.5m
Sandro Tonali	Tottenham	£3.5m
Archie Gray	Tottenham	£3m

STRIKERS

Viktor Gyokeres	Arsenal	£5m
Kai Havertz	Arsenal	£4.5m
Gabriel Jesus	Arsenal	£4m
Ollie Watkins	Aston Villa	£5m
Tammy Abraham	Aston Villa	£3m
Brian Madjo	Aston Villa	£2.5m
Eli Jnr Kroupi	Bournemouth	£4m
Evanilson	Bournemouth	£3.5m
Alvaro Rodriguez	Bournemouth	£3m
Igor Thiago	Brentford	£4.5m
Callum Wilson	Brentford	£2.5m
Georginio Rutter	Brighton	£3.5m
Stefanos Tzimas	Brighton	£2.5m
Charalampos Kostoulas	Brighton	£2.5m
Joao Pedro	Chelsea	£5m
Danny Welbeck	Chelsea	£3.5m
Liam Delap	Chelsea	£3m
Hadji Wright	Coventry	£2.5m
Ellis Simms	Coventry	£2m
Jean-Philippe Mateta	Crystal Palace	£4m
Jorgen Strand Larsen	Crystal Palace	£2m
Beto	Everton	£2.5m
Thierno Barry	Everton	£2.5m
Rodrigo Munoz	Fulham	£2.5m
Jonah Kusi-Asare	Fulham	£2m
Oli McBurnie	Hull	£2m
Mason Burstow	Hull	£1.5m
Emersonn	Ipswich	£2m
Chuba Akpom	Ipswich	£2m
George Hirst	Ipswich	£2m
Dominic Calvert-Lewin	Leeds	£3.5m
Noah Okafor	Leeds	£3m
Lukas Nmecha	Leeds	£2.5m
Alexander Isak	Liverpool	£6m
Hugo Ekitike	Liverpool	£5m
Erling Haaland	Man City	£8.5m
Omar Marmoush	Man City	£4.5m
Benjamin Sesko	Man Utd	£4m
Joshua Zirkzee	Man Utd	£3m
William Osula	Newcastle	£3m
Yoane Wissa	Newcastle	£3m
Nick Woltemade	Newcastle	£3m
Igor Jesus	Nottm Forest	£3m
Chris Wood	Nottm Forest	£3m
Brian Brobbey	Sunderland	£3m
Wilson Isidor	Sunderland	£3m
Dominic Solanke	Tottenham	£3.5m
Richarlison	Tottenham	£3.5m

£2.5m BRIAN MADJO Aston Villa

WHAT YOU CAN WIN

OVERALL WINNER £60,000

2nd: £15,000
3rd: £5,000
4th: £3,000
5th: £2,000
6th-10th: £1,000

GAMEWEEK 1 WINNER: £1,000

GAMEWEEK WINNERS AFTER WEEK 1: £250

HOW TO SCORE

ALL PLAYERS

Goal	+6pts
Assist	+3
Shot on target	+1
Big chance created	+1
Tackles (per two)	+1
Appearance (up to 60 minutes)	+1
Appearance (60 minutes or more)	+1
Yellow card	-1
Red card	-3
Own goal	-2
Penalty miss	-3

GOALKEEPERS & DEFENDERS ONLY

Clean sheet (min 60mins played)	+5
Each goal conceded over one	-1

GOALKEEPERS ONLY

Saves (per two)	+1
Penalty save	+3

● Players can also earn bonus points — zero, one, three or five per fixture.

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